

City of Greenbelt
Recreation
Activity Guide
WINTER 2017



Festival of Lights!



Events & Exhibitions

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**Recreation Department
Business Office**
99 Centerway
301-397-2200

www.greenbeltmd.gov/recreation



GOBBLE WOBBLE

Greenbelt Youth Center

Thursday, November 24, 9:00am

Spend Thanksgiving morning with the Greenbelt Recreation Department as we host the tenth annual Gobble Wobble. The Gobble Wobble is roughly a 5K race (2 laps) and a 1.5 mile fun run/walk (1 lap) around Buddy Attick Park lake path. All registrants will receive a Gobble Wobble shirt.

\$15/individual, \$50/family 4-pack (before 11/24)

\$20/individual, \$70/family 4-pack (on 11/24)



CONTRA DANCES

Community Center Gym, 7:00pm-9:45pm; Beginner lessons at 6:30pm
\$10 per person (cash at door) for all dancers 18+; \$5 for those 7-17 and free for those 6 and under.

These dances take place at the Greenbelt Community Center gym on the first Saturday of the month when the gym is not reserved for other events.

Contra dance is fun, fun, fun! It is danced to live music which can have an array of instruments depending on the band. There is a caller who calls the dance by doing a "walk through" before each dance. Once you get the moves for the dance, the pattern just repeats itself. Easy! At the beginning of each evening dance, there is a 30-minute lesson to go over all the basic steps that will be called.

Saturday, January 7: Lindsey Dodson calling to the music Waverley Station: David Knight (fiddle) and Liz Donaldson (piano).

Saturday, April 1: Perry Shafran calling to the music of Organic Family Band: Jakob Raitzyk (fiddle/foot percussion), Rebekah Geller (fiddle), Michael Raitzyk (guitar), and Judith Geller (french horn).

The City of Greenbelt is co-sponsoring Contra Dances with the Folklore Society of Greater Washington (FSGW).

ART EXHIBITIONS

Greenbelt Community Center Art Gallery

Room 112. Open during all facility hours except when reserved.

Guests of all ages are invited to enjoy curated exhibits of outstanding contemporary art in many media by regional artists. Stop by and see what's on view!



Paintings by Emily Dierkes

November 21 - January 6

Citing influences as diverse as Futurism, Islamic patterns and nail art, Dierkes creates dynamic shaped-panel compositions. Her paintings beautifully balance surface and depth, speed and stability, exuding confidence and joy amidst a jagged visual world.

Paintings by Mike McConnell

January 16 - March 24

Each of McConnell's paintings invites the viewer on a journey of discovery through a dense and vibrant landscape. His bright palette and flattened rendering style reflect both the influence of modern art and also his long, parallel career as an illustrator.



COMMUNITY ART DROP-IN DAYS

Greenbelt Community Center

Select Sundays, 1:00pm-3:00pm. FREE. All ages welcome.

January 8: Wring in the New Year! Tie dye workshop with Artist in Residence Erin Cassell. Tie-dye one bandana for yourself and one to donate to the Casey Cares Program.

March 5: Join Artist in Residence Karen Arrington and help make a bottle cap mural!*

*Immediately following this workshop, a matinee performance of the Greenbelt Youth Musical will take place at 3:00 pm. **Advance ticket purchase recommended. See below for additional information.**

ARTFUL AFTERNOON

Greenbelt Community Center

Sunday, February 5, 1:00pm-4:00pm.

Free all-ages craft workshop with artist Karla Lawrence, 1:00pm-3:00pm. Studio Open House and sale with the Greenbelt Community Center's Artists in Residence, 1:00pm-4:00pm. Art Gallery and Greenbelt Museum exhibits open.



THE 2017 GREENBELT YOUTH MUSICAL: *BURIED TREASURE*

Director: Chris Cherry

Greenbelt Community Center

Saturday, March 4, 7:00pm

Sunday, March 5, 3:00pm

Saturday March 11, 2:00pm and 7:00pm

Tickets: \$5; advance sales at 301-397-2208

Josh is as brave as a lion, Harriet is as wise as an owl, and Miranda is always as good as gold – or so they think, until an adventure in the Underworld challenges their surface notions and impels the trio to a deeper understanding of courage, wisdom, and goodness. In a world where dragons and gnomes are real, can three high-school kids break a spell of ignorance and rescue Sophia, the Underworld's rightful queen?

FESTIVAL OF LIGHTS

COMMUNITY TREE LIGHTING WITH SANTA

Roosevelt Center

Friday, December 2, 7:00pm

All ages welcome - FREE

Holiday lights will adorn the tree in the traditional spirit of the Festival of Lights season. A musical performance by the Greenbelt Concert Band Brass Choir will herald Santa's grand entrance to help light the tree. Complimentary cookies and hot chocolate will be provided by the Recreation Department. Immediately following the tree lighting, please come inside the Old Greenbelt Theatre and enjoy the original 1966 animated version of the Dr. Seuss classic, *How the Grinch Stole Christmas*.



Assemblages by Rachel Cross

FESTIVAL OF LIGHTS JURIED ART AND CRAFT FAIR

Greenbelt Community Center

Saturday, December 3, 10:00am-5:00pm

ERHS Dixieland Band: 2:30pm-4:30pm

Sunday, December 4, 10:00am-4:00pm

FREE all-ages craft workshop with

Amanda Larson: 1:00pm-3:00pm

Artists' studio open house and sale: 1:00pm-4:00pm

Klezmer concert: 1:30pm-3:30pm

Greenbelt Arts Center café open during all fair hours

Shop for original, hand-made wares, direct from local artisans. Also, Greenbelt Museum and Friends of Greenbelt Theatre gifts and books by local authors. Great gifts for all occasions!

GREENBELT FARMERS MARKET – OUTDOOR HOLIDAY MARKET

Behind the Greenbelt Municipal Building,
25 Crescent Road

Sunday, December 4, 10:00am-2:00pm

Info: www.greenbeltfarmersmarket.org



SANTA'S VISIT

Ages Pre-K+

Greenbelt Youth Center

Saturday, December 10, 10:00am-12:00pm

Santa has fit time into his busy holiday schedule! All children will receive a FREE picture with Santa!

ELVES' WORKSHOP 139502-1

Ages 7-12

Greenbelt Youth Center

Saturday, December 10, 1:30pm-3:30pm

\$5 per person

Pre-registration is required. Spend the afternoon with Santa's Elves creating holiday crafts and cookies.



NORTH POLE CALLING

Ages pre-school through second grade

Tuesday, December 13 - Thursday, December 15

6:00pm-7:30pm

FREE

Santa and his helpers will make a special call to your home to check whether your kids are being naughty or nice. Complete the informational flyer available online and throughout the City facilities for your child's opportunity to chat.



THE SNOW QUEEN

Greenbelt Community Center Gym, 15 Crescent Road.

Saturday, December 17, 3:00pm-4:00pm

FREE

The Greenbelt Dance Studio, a program of Greenbelt Department of Recreation, presents an original production of Hans Christian Anderson's *The Snow Queen*. The inspiration for the movie *Frozen*, *The Snow Queen* tells the story of a brave young girl who rescues her best friend from the clutches of the cold-hearted Snow Queen. Our production features a talented cast of over twenty performers ages 5 and up performing a range of dance styles including ballet, jazz, tap, contemporary and more.



GREENBELT CONCERT BAND HOLIDAY LIGHTS CONCERT

Greenbelt Community Center Gym

Sunday, December 18, 4:00pm

Hear all your holiday favorites, played live by the members of your community band.



Pre-School Programs

MOM'S MORNING OUT

Ages 3-5

This traditional pre-school program provides activities that encourage social development, listening to and following directions and gross motor skills. Children must be fully potty trained before they are eligible to register. Program is not offered on some scheduled Prince George's County public school holidays, school closures and delays due to inclement weather or emergencies. Please fill out a "Student Profile" packet when registering your child. Fees may be paid in three payments. First payment is due with registration. Second payment is due 02/28/2017. Final payment is due 04/14/2017. Program is licensed by Maryland State Department of Education (MSDE).

127503-1 Tu/Th 9:00am-12:00pm/YC-AC
 40 mtgs: 1/3 - 5/25 (No class 4/18, 4/20)
 MMO TU/TH Ages 3-4 R: \$600, NR: \$720

127503-2 M/W/F 9:00am-1:00pm/YC-AC
 57 mtgs: 1/4 - 5/26 (No class 1/16, 2/20, 4/17-21)
 MMO M/W/F Ages 4-5 R: \$1140, NR: \$1368
 Instructor: Gaye Houchens & Brenna Lauer

ACTIVE PLAY & ATHLETICS

Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov

TUMBLE BUGS 112501-1

Ages 2-4

This parent-child class encourages your child to practice balance and coordination through creative play that supports social interaction and offers age appropriate activities and games in a fun and safe environment. Spaces are limited. If classes are canceled due to inclement weather, they will be made up as the facility schedules allow.

M 9:30am-10:15am/YC-GYM
 8 mtgs: 1/9 - 3/13 (No class 1/16, 2/20)
 R: \$28, NR: \$36
 Instructor: Jeriann King

GYMBORAMA 112502-1

Ages birth-3

This parent-child playgroup offers creative free play and activities. Each class concludes with instructor-led rhymes, action songs and finger-plays. Spaces limited. If classes are canceled due to inclement weather, they will be made up as the facility schedules allow.

F 9:30am-10:15am/YC-GYM
 10 mtgs: 1/13 - 3/17
 R: \$35, NR: \$45
 Instructor: Katherine McElhenny

FACILITY CODES:

CC=Community Center, YC=Youth Center,
 SHLRC=Springhill Lake Recreation Center,
 BF=Braden Field



DANCE

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

BABY MUSIC 124202-1 **Ages birth-3**

This parent - child class will help parents and small children enjoy music together in daily life. Explore nursery rhymes and folk songs, games and movement, recorded music, age-appropriate instruments and more.

Tu 10:45am-11:30am/CC-201
7 mtgs: 1/24 - 3/7 **R: \$35, NR: \$40**
Instructor: Melissa Sites

DANCE TOGETHER 124203-1 **Ages 1-3**

Dance Together is a movement class for children ages 1-3 and a participating adult. (Children who are not yet walking are permitted to accompany participating adult and sibling.) This is a fun, upbeat exploration of movement, music and storytelling intended to help parents and young children incorporate dance, movement games and rhythm play into their daily life. Parents and children should come dressed comfortably and ready to move in bare feet.

W 10:30am-11:15am/CC-202
8 mtgs: 1/25 - 3/15 **R: \$48, NR: \$54**
Instructor: Angella Foster

CREATIVE MOVEMENT **Ages 3-4**

A joyful exploration of movement, music and imagination! Emphasis is on developing each child's creativity and confidence through dance, storytelling and rhythmic games. In-studio performance on the last day of class! Students should wear clothes easy to move in and bare feet. No jeans or costumes please.

124200-TU Tu 4:15pm-5:00pm/CC-10
14 mtgs: 1/24 - 5/9 (No class 3/28, 4/18)
R: \$98, NR: \$105
Instructor: Angella Foster

124200-WE W 4:15pm-5:00pm/CC-10
14 mtgs: 1/25 - 5/10 (No class 3/1, 4/19)
R: \$98, NR: \$105
Instructor: Ashley Thomas

PRE-DANCE **Ages 4-5**

Aspiring young dancers discover the basics of ballet, jazz & modern dance in a fun, nurturing environment. Emphasis is on developing the discipline, confidence and coordination needed for Pre-Ballet or Pre-Jazz/Tap. In class performance on last day of class! Students should wear comfortable clothes and bare feet.

134200-MO M 4:00pm-4:45pm/CC-10
14 mtgs: 1/23 - 5/8 (No class 2/20, 4/17)
R: \$98, NR: \$105
Instructor: Angella Foster

134200-SA Sa 10:15am-11:00am/CC-10
14 mtgs: 1/28 - 5/13 (No class 4/15, 4/22)
R: \$98, NR: \$105
Instructor: Ashley Thomas

CREATIVE ARTS

Contact: Ivy McCormick, 240-542-2060,
imccormick@greenbeltmd.gov



PRE-SCHOOL ART EXPLORATION **Ages birth-5**

Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers' socialization. Different tools and materials will be introduced, encouraging visual and tactile discovery. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary. This is a parent-child activity; caregivers must please enroll, attend and actively participate. When registering: section 1 is for children; section 2 is for caregivers.

Tu 9:30am-10:30am/CC-113
10 mtgs: 1/3 - 3/7
123201-1 Ages birth-5 **R: \$50, NR: \$65**
123201-2 Ages 16+ (Caregivers required)
FREE
Instructor: Sally Davies



Elementary/ Middle School Programs

VISUAL ARTS

Contact : Ivy McCormick, 240-542-2060,
imccormick@greenbeltmd.gov

CERAMIC HAND-BUILDING Ages 5-15

Children learn hand-building and decorating techniques, creating pottery and sculpture. All materials provided.

133208-1 Th 4:15pm-5:30pm/CC-304
10 mtgs: 1/5 - 3/9 R: \$101, NR: \$131
Instructor: Judy Goldberg-Strassler

133208-2 Sa 9:30am-10:45am/CC-304
8 mtgs: 1/14 - 3/4 R: \$84, NR: \$110
Instructor: Janna Riley

POTTERY ON THE WHEEL 143251-1 Ages 10-18

Discover the creative possibilities of the potter's wheel. Personalized attention enables students to follow their imagination while cultivating technical skills. Recycled clay is available at no charge for participants under age 16. Participants ages 16+: Ceramic Open Studio is included and purchase of new clay is required.

W 4:15pm-6:00pm/CC-305
9 mtgs: 1/4 - 3/1 R: \$105, NR: \$137
Instructor: Gina Mai Denn

AFTERSCHOOL ART ADVENTURES Ages 5-12

Come play, draw, plan and create with us as we explore different themes through a variety of artistic mediums. Class meets at Greenbelt Elementary. Non-GES students may register on or after 1/16. Family members are encouraged to attend the final class meeting and participate in an art project. Classes must meet minimum enrollment by Thursday, 1/19, in order to run.

133600-1 M 3:30pm-4:30pm
8 mtgs: 1/23 - 3/20 (No class 2/20)
R: \$64, NR: \$79

133600-2 W 3:30pm-4:30pm
8 mtgs: 1/25 - 3/15 R: \$64, NR: \$79

SEE ALSO: *Master the Basics of Tie Dye*, p. 14

HEALTH & FITNESS

YC Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov
SHLRC Contact: Frank Jones, 240-542-2123,
fjones@greenbeltmd.gov

AFTER SCHOOL FIT CLUB-YC 132501-1 Ages 5-12

Does your child have a lot of energy to burn when they leave school? Keep your child active, with the After School Fit Club. "Free play" will occur during the first hour and the second hour consists of structured games/activities led by staff. Registration for this program is required, but there is no registration fee. Participants are only required to purchase a valid Greenbelt Recreation Facility ID. A parent/guardian must remain in the facility during the program.

Tu/Th 3:00pm-5:00pm/YC-Gym
1/10 - 5/25 (No class 4/18, 4/20)

FIT CLUB-SHLRC 132437-1 Ages 8-12

Get fit after school. The fit club at Springhill Lake Recreation Center will provide an hour of exercise in various sports. This program is free of charge to City of Greenbelt facility ID holders.

W/F 2:30pm-3:30pm/SHLRC-GYM
16 mtgs: 1/4 - 2/24

JEET KUNE DO 132436-1 Ages 8-14

Jeet Kune Do is a form of martial arts founded by famed martial artists Bruce Lee. Students will learn the basic tools of this martial arts system. You will also learn the discipline and philosophy that helped establish this non-classical martial art.

Th 6:00pm-7:00pm/SHLRC-GYM
8 mtgs: 1/5 - 2/23 R: \$80, NR: \$100

TKA KARATE Ages 5-12

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.

M 6:30pm-7:30pm/YC-Gym
9 mtgs: 1/9 - 3/20 (No class 1/16, 2/20)
R/NR: \$54

SPECIAL INTEREST

TABLE TENNIS CLUB 187520-01 **Ages 8+**
 Table Tennis Club meets every week for fun and challenging play. Sharpen your skills playing with new folks every week! Annual membership fee required. Waived fee for current recreation members and pool pass holders!

Th 7:30pm-9:30pm/YC-MPR
13 mtgs: 1/5 - 3/30 **R/NR: \$20**

CRAZY 8 CLUB **Ages 6-11**
 Join Springhill Lake Recreation Center and Bedtime Math's Crazy 8s, where you'll build stuff, run, and jump, make music, and make a mess....it's a totally new kind of after school club.

137436-1 W 3:15pm-4:00pm/SHLRC-GAME
7 mtgs: 1/4 - 2/15 **Ages 6-8**

137436-2 W 4:15pm-5:00pm/SHLRC-GAME
7 mtgs: 1/4 - 2/15 **Ages 9-11**

STRATEGY GAMES CLUB 187501-1 **Ages 10+**
 Exercise your brain playing a variety of strategy games, Carcassonne, Mah Jongg, Ticket to Ride, Blokus, Cribbage. Traditional strategy games - Chess, Checkers, Backgammon, and Jenga - are also available. Come join in the fun!

Tu 7:15pm-9:15pm/YC-MPR
12 mtgs: 1/3 - 3/21 **FREE**
Instructor: Karen Haseley

DANCE / THEATER

Contact: Angella Foster, 240-542-2067
 afoster@greenbeltmd.gov

The minimum age requirement for all classes should be met by the first class meeting. For more performance opportunities for performers ages 5-Teen, register for Dance Performance Club. Helpful hints for getting your young dancer ready for class at: www.greenbeltmd.gov/dance.

PRE-JAZZ/TAP 134204-WE **Ages 5-7**

Pre-Jazz gives energetic young dancers an opportunity to develop the rhythmic accuracy, discipline and coordination needed to begin a more formal study of jazz dance forms. In a positive but structured environment, students will learn elementary jazz positions and phrases as well as short, upbeat choreographed dances for in-class showings. Uniform: Students should wear leggings or sweat pants with a snug fitting top. Tap shoes required for this class; jazz shoes are optional. In-studio performance on last day of class.

W 4:15pm-5:00pm/CC-106
14 mtgs: 1/25 - 5/10 (No class 3/1, 4/19)
R: \$98, NR: \$105
Instructor: Angella Foster



PRE-BALLET

Ages 5-7

In Pre-Ballet, young dancers will develop the proper posture, flexibility and discipline needed to begin a more formal study of classical ballet. In a joyful but structured environment, students will learn the elementary positions and movement phrases of ballet as well as some basic character dance steps used in traditional story ballets like *The Nutcracker* and *Swan Lake*. Uniform: Girls -- Pink or black leotard, pink footless tights and bare feet (optional: pink leather ballet slippers). Boys -- Plain white t-shirt, black leggings or sweatpants, bare feet (optional: black leather ballet slippers). In-studio performance on last day of class.

134201-MO M 4:45pm-5:30pm/CC-10
14 mtgs: 1/23 - 5/8 (No class 2/20, 4/17)
R: \$98, NR: \$105
Instructor: Angella Foster

134201-TH Th 4:15pm-5:00pm/CC-10
14 mtgs: 1/26 - 5/11 (No class 3/2, 4/20)
R: \$98, NR: \$105
Instructor: Catherine Fischer

BALLET & JAZZ BASICS 134206-1

Ages 5-7

A fun, fast-paced introduction to musical theater jazz styles set to music from popular Broadway shows past and present. Dancers will learn a variety of choreographed dance routines with an emphasis on turning and jumping skills. Uniform: Students should wear snug fitting comfortable clothes. Jazz slippers or dance sneakers preferred but not required. In-studio performance on last day of class.

Sa 11:00am-Noon/CC-10
14 mtgs: 1/28 - 5/13 (No class 4/15, 4/22)
R: \$126, NR: \$135
Instructor: Ashley Thomas

BALLET I 134202-1

Ages 7-11

An introduction to the grace and discipline of classical ballet. This class teaches young dancers the basic posture and body positions which lay the foundation of this beautiful dance form. Emphasis is on developing each student's flexibility, strength and musicality. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured in bun. Boys - black ballet shoes, black leggings, snug white t-shirt. In-studio performance on last day of class.

Tu 5:00pm-6:00pm/CC-10
14 mtgs: 1/24 - 5/9 (No class 3/28, 4/18)
R: \$126, NR: \$135
Instructor: Angella Foster

MUSICAL THEATER TAP I/II 134207-1 **Ages 7-11**

Perfect for students interested in any aspect of performing arts, but musicals in particular! Learn classic tap steps featured in movie musicals like *Singin' in the Rain* and *42nd Street*. Uniform: Black jazz pants or leggings, snug fitting plain t-shirt and black or tan tap shoes. No character heels please. In-studio performance on last day of class. *Note: Tap classes meet on the stage in the Community Center gym, not in the dance studio.*

W 5:00pm-6:00pm/CC-106
14 mtgs: 1/25 - 5/10 (No class 3/1, 4/19)
R: \$126, NR: \$135
Instructor:TBD

MUSICAL THEATER JAZZ II/III 144204-1 **Ages 8-15**

A fun, fast-paced introduction to musical theater jazz styles set to music from popular Broadway shows past and present. Dancers will learn a variety of choreographed dance routines with an emphasis on turning and jumping skills. Uniform: Students should wear snug fitting comfortable clothes. Jazz slippers or dance sneakers preferred but not required. In-studio performance on last day of class.

Sa 12:00pm-1:00pm / CC-10
14 mtgs: 1/28-5/13 (No class 4/15, 4/22)
R: \$126, NR: \$135
Instructor: Ashley Thomas

BALLET II 134211-1 **Ages 8-15**

A continuation of Ballet I/II. Students must have completed at least one full year of ballet training. Emphasis is on developing each dancer's understanding and mastery of the basic movements and performance quality characteristics of classical ballet. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured in bun. Boys - black ballet shoes, black leggings, snug white t-shirt. In-studio performance on last day of class.

Th 5:00pm-6:00pm/CC-10
14 mtgs: 1/26 - 5/11 (No class 3/2, 4/20)
R: \$126, NR: \$136
Instructor: Catherine Fischer

CONTEMPORARY DANCE 134205-1 **Ages 8-15**

Contemporary dance combines elements of ballet, yoga, Pilates, basic tumbling and modern dance to create a fusion that is fun, expressive and great exercise. No previous dance experience necessary. Uniform: Bare feet, black yoga pants, or leggings and snug top. In-studio performance on last day of class.

Tu 6:00pm-7:00pm/CC-10
14 mtgs: 1/24 - 5/9 (No class 3/28, 4/18)
R: \$126, NR: \$135
Instructor: Angella Foster

BALLET III/IV 134212-1 **Ages 8-15**

A continuation of Ballet II/III. Students must have completed at least three full years of ballet training. Emphasis is on developing each dancer's understanding and mastery of the fundamentals of jumping and turning as well as the poise and performance quality characteristic of classical ballet. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured in bun. Boys - black ballet shoes, black leggings, snug white t-shirt. In-studio performance on last day of class.

Th 6:00pm-7:00pm/CC-10
14 mtgs: 1/26 - 5/11 (No class 3/2, 4/20)
R: \$126, NR: \$135
Instructor: Catherine Fischer

MUSICAL THEATER TAP II/III 144205-1 **Ages 10-16**

A continuation of Tap I/II. This class is designed to give students a chance to further develop the clarity and precision of their tapping as well as hone their performance skills for the stage. Uniform: Black jazz pants or leggings, snug fitting t-shirt and black or tan tap shoes. No character heels please. Must have completed at least one full year of tap study or receive permission of instructor to enroll. In-studio performance on last day of class. *Note: Tap classes meet on the stage in the Community Center gymnasium, not in the dance studio.*

W 6:00pm-7:00pm/CC-106
14 mtgs: 1/25 - 5/10 (No class 3/1, 4/19)
R: \$126, NR: \$135
Instructor:TBD



BALLET V 144201-1 **Ages 10-16**

A continuation of Ballet IV. Students must have completed at least three full years of ballet training. This class will focus on the continued mastery of classical ballet vocabulary with an emphasis on advanced jumping and turning skills. In addition, students will learn short variations to work on their performance quality and acting skills. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck. Boys - black ballet shoes, black leggings, snug white t-shirt. In-studio performance on last day of class.

M 5:45pm-7:00pm/CC-10
14 mtgs: 1/23 - 5/8 (No class 2/20, 4/17)
R: \$140, NR: \$150
Instructor: Angella Foster



**DANCE
PERFORMANCE
CLUB**
Ages 5-16

Ready, set, dance! Dance Performance Club is designed for young dancers who have had at least one year of dance training and are ready to step into the spotlight. Ready, set, dance! This session we will be creating our own original production set to the music of Holst's *The Planets Suite*. Students learn choreography based on the theme of journeying into space and exploring other uncharted territory. **Performance date: Friday, May 26 at 6:00pm.** Uniform: Girls -- Black leotard (straps, no sleeves preferred), pink footless or convertible tights and pink leather ballet shoes; Boys -- snug-fitting white t-shirt, black sweatpants or leggings and black leather ballet slippers. Uniform will serve as the foundation for costume pieces provided by dance program. Prerequisite: Students must also be concurrently enrolled in a weekly dance technique class offered by the Greenbelt Department of Recreation or receive special permission from Angella Foster (afoster@greenbeltmd.gov) to participate.

134208-1 Ages 5-7

F 4:30pm-5:30pm/CC-10

8 mtgs: 3/24 - 5/26 (No class 4/14, 4/21)

R: \$95, NR: \$105

Instructor: Angella Foster

134208-2 Ages 8-16

F 4:30pm-6:30pm/CC-10

10 mtgs: 3/10 - 5/26 (No class 4/14, 4/21)

R: \$110, NR: \$120

Instructor: Angella Foster

GREENBELT YOUTH MUSICAL 144230-1 Grades 7-12



Come be a part of the 17th Greenbelt Youth Musical! Teen performers will present a new version of *Buried Treasure*, an original musical written and directed by Chris Cherry. This is an open-enrollment program, so everyone who signs up is cast in the show. Attendance is required at casting rehearsals, dress rehearsals and all performances. Participants also must generally be available for weekend rehearsals starting January 6. Visit www.greenbeltmd.gov/youthmusical to view the full schedule, read a description of the show, and learn about the casting and rehearsal process.

CASTING REHEARSALS: December 18 and 19, 6:00pm-8:00pm
REGULAR REHEARSALS: Fridays: 5:30pm-8:30pm
 Saturdays: 2:00pm-6:00pm
 Sundays: 5:00pm-7:00pm
SHOW DATES: Saturday, March 4: 7:00pm
 Sunday, March 5: 3:00pm
 Saturday, March 11: 2:00pm and 7:00pm
 R: \$173, NR: \$196

Director: Christopher Cherry

SCHOOL'S OUT

Ages 5-12



Each School's Out day has a theme (see below). The program runs from 9:00am-3:30pm. Lunch and afternoon snack will be provided. Before care is available beginning 7:00am for an additional \$7/child per session. After-care is also available from 3:30pm-6:00pm for an additional \$10/child per session. PRE-REGISTRATION REQUIRED. Spaces are limited and program often fills to capacity.

PORT DISCOVERY 136501-1

Join us for a day highlighted by a visit to this great children's museum. Port Discovery offers three floors of fun, interactive exhibits.

Friday, January 20

R: \$40, NR: \$48

Greenbelt Youth Center

SKY ZONE INDOOR TRAMPOLINE PARK 136502-1

Join us on a trip to Sky Zone in Columbia, home of wall-to-wall trampolines. Participants will have a blast jumping, all while getting a great workout.

Friday, February 10

R: \$40, NR: \$48

Greenbelt Youth Center

SPRING CAMP PROGRAMS

Monday, April 17- Friday, April 21

Resident Registration:

Monday, February 1 until filled

Non-Resident Registration:

Monday, February 15 until filled



SPRING CAMP 236501-1

Ages 5-12

Warmer days are on their way, and Spring Break is right around the corner! We'll keep your kid's break action packed with a combination of events both at the Youth Center and off premises. All campers must be in kindergarten through sixth grade and are responsible for providing their own non-perishable lunch and drink.

9:00am-3:30pm

Greenbelt Youth Center

R: \$194, NR: \$232

Before Care: 7:00am-9:00am - \$28/child

After Care: 3:30pm-6:00pm -\$33/child

SPRING CIRCUS CAMP 236203-1

Ages 8-14

Join former Ringling Brothers and Barnum and Bailey Circus performer Greg May

for a fun-filled spring break and learn how to juggle, walk on stilts, balance on a rolling globe or balance board, and more! Campers are safely taught at their individual skill level. They will demonstrate their new skills in performance on Friday afternoon at 2:30pm. Campers must bring a non-perishable lunch each day.

9:00am-3:30pm

Greenbelt Community Center

R: \$194, NR: \$232

Before Care: 7:00am-9:00am - \$28/child

After Care: 3:30pm-6:00pm - \$33/child

(Before and After Care are at the Greenbelt Youth Center.)



SUMMER DAY CAMPS

Kinder Camp, Camp Pine Tree, Creative Kids Camp, Circus Camp, Camp Encore, and Youth on the Go (YOGO) are among the day camp choices the Greenbelt Recreation Department plans to offer this coming summer, providing a wide range of aquatic, athletic, and artistic choices for campers ages 3^{1/2} to 17. Look for the Camp Brochure in early January or check the city website at www.greenbeltmd.gov for details.

Registration for Summer Camps begins on February 1, 2017 for Residents and February 15, 2017 for Non-Residents.



Home School Programs

HOMESCHOOL ARTS PROGRAMS
 Contact: Ivy McCormick, 240-542-2060
 imccormick@greenbeltmd.gov

HOMESCHOOL CERAMICS: HAND-BUILDING
133201-1 **Ages 5-15**

Learn a variety of hand-building techniques by creating pots and sculpture. All materials provided. Children may participate by themselves, or caregivers can register, too! (Off-line registration needed for caregivers).

Th 1:00pm-2:15pm/CC-304

10 mtgs: 1/5 - 3/9

R: \$87, NR: \$113

Instructor: Judy Goldberg-Strassler

ADVANCED HOMESCHOOL HAND-BUILDERS
Ages 10-17

If a student has completed our Homeschool Hand-building class within the past two sessions and would like to advance their skills, instructor Gina Mai Denn may be able to accommodate them. With advance permission from the instructor, hand-builders may be able to join the wheel class, depending on the experience level of the participating throwers. Please write to Ivy McCormick at imccormick@greenbeltmd.gov to request admission.

HOMESCHOOL CERAMICS: POTTER'S WHEEL
133215-1 **Ages 10-17**

Take on the potter's wheel and learn the fundamental skills to create and decorate your own pots and sculpture. All materials provided. Children may participate by themselves, or caregivers can register, too! (Off-line registration needed for caregivers).

Tu 11:00am-12:30pm/CC-305

9 mtgs: 1/3 - 2/28

R: \$108, NR: \$141

Instructor: Gina Mai Denn

HOMESCHOOL WONDERFUL WORKS ON PAPER 3D
133258-1 **Ages 6-12**

We will focus on making 3-D works with paper including paper mache animals, origami mobiles, quilling, using paper molds, and creating paper sculptures and wall pieces. Each week, students will learn about a featured artist or cultural practice featuring paper arts. Young artists will build their portfolios as they build their artistic skills and knowledge.

W 11:00am-12:00pm/CC-113

8 mtgs: 1/4 - 2/22

R: \$71, NR: \$86

Instructor: Rachel Cross

**LOOK FOR ALL CHILDREN, HOMESCHOOL, ADULT
 SWIM CLASSES ON PAGES 26-31**

**Greenbelt Aquatic & Fitness Center information can be found at
www.greenbeltmd.gov/GAFC and by following them on their facebook page!**



Teen & Adult Programs

VISUAL ARTS

Contact: Ivy McCormick, 240-542-2060,
imccormick@greenbeltmd.gov

WATERCOLOR PAINTING 153210-1 Ages 16+

All levels of painting skills are welcome to join this class. Teaching Artist Valerie Watson is prepared to meet you where you are. Learn traditional watercolor techniques and vocabulary while cultivating your creativity.

Th 7:00pm-9:00pm/CC-113

8 mtgs: 1/5 - 2/23

R: \$89, NR: \$116

Instructor: Valerie Watson

PAINTING FROM PHOTOGRAPHS 153212-1 Ages 16+

Participants will learn to take photographs and use them as inspiration for painting. Our goal will not be to make an identical replica of the photograph but use it as a basis for developing a painting. We will explore how changing colors, cropping and altering composition can bring a painting to life.

W 7:00pm-9:00pm/CC-113

5 mtgs: 1/18 - 2/15

R: \$65, NR: \$85

Instructor: Racquel Keller

BEATS AND BRUSHES-IN FULL SWING 153214-1

Ages 16+

Want to beat away the winter blues? Join us in an exploration of music, color and art. This class is inspired by one of the most important American modernists, Stuart Davis (1892–1964). Davis's work was jazz-inspired and resulted in visually complex compositions. Our first class will be at the National Gallery of Art to spend time looking over 100 of Stuart Davis's works. We will then take what we have learned into the studio for the remaining classes where we will experiment with how different music influences our creativity.

Sa 9:00am-12:00pm/CC-113

7 mtgs: 1/7 - 2/18

R: \$122, NR: \$159

Instructor: Racquel Keller

MASTER THE BASICS OF TIE-DYE 153222-1

Ages 10+

Master the basics of tie-dye. This in-depth 4-week workshop covers everything you need to create out-of-sight tie dye. Topics include color, techniques, tools, patterns and basic shapes. By the end of the course, students will complete 4 projects. Multiple patterns will be introduced each week, such as rainbows, the Earth, cupcakes, hearts, and many more. Come with curiosity and questions!

Tu 4:15pm-5:30pm/CC-113

4 mtgs: 1/17 - 2/7

R: \$50, NR: \$60

Instructor: Erin Cassell

The City of Greenbelt Arts Programs are sponsored in part by the Maryland-National Capital Park and Planning Commission and the Maryland State Arts Council.

Thank you!

SEW FOR CHARITY 153242-1**Ages 16+**

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies and power strips/cords.

Th 10:00am-2:00pm/CC-113**10 mtgs: 1/5 - 3/9****R: \$5, NR: \$10****CERAMICS**

Contact: Ivy McCormick, 240-542-2060,
imccormick@greenbeltmd.gov

**FUNCTIONAL HAND-BUILDING 163201-1****Ages 18+**

Learn the techniques to make cups, bowls, plates, and other useful objects by using only your hands and hand tools. Learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. Beginners and all levels welcome. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

Tu 7:00pm-9:30pm/CC-304**10 mtgs: 1/3 - 3/7****R: \$118, NR: \$154****Instructor: Sandra Dwiggin****CERAMIC DECORATION & ART TILES 153259-1****Ages 16+**

Learn ceramic surface decoration and glazing techniques which can be applied in class to art tiles and/or wheel-thrown and hand-built wares. Interested students will learn



key aspects of creating art tiles, including planning designs, shaping, handling, decorating, drying, and mounting. Includes Ceramics Open Studio and use of a shelf. NOTE: Each quarterly session the instructor teaches different decorating techniques so there is always something new to learn.

W 7:00pm-9:30pm/CC-304**10 mtgs: 1/4 - 3/8 (No class 2/1)****R: \$131, NR: \$170****Instructor: Mary Gawlik****LEVEL 1 POTTERY 153281-1****Ages 16+**

Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf is not guaranteed.

Tu 7:00pm-9:30pm/CC-305**9 mtgs: 1/3 - 2/28****R: \$123, NR: \$160****Instructor: Gina Mai Denn****LEVEL 2 WHEEL 153282-1****Ages 16+**

Recommended for students who can center small pieces consistently, make basic pots and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf in the studio not guaranteed.

M 7:00pm-9:30pm/CC-305**7 mtgs: 1/9 - 3/6 (No class 1/16, 2/20)****R: \$111, NR: \$144****Instructor: Michael Pappas****LEVEL 3 WHEEL 153283-1****Ages 16+**

Recommended for Level 2 "graduates" who can make forms with handles and feet. Group instruction combined with individual support. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

W 7:00pm-9:30pm/CC-305**9 mtgs: 1/4 - 3/1****R: \$123, NR: \$160****Instructor: Gina Mai Denn**

LEVEL 4 WHEEL 153284-1**Ages 16+**

Recommended for Level 3 "graduates" who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

Th 7:00pm-9:30pm/CC-305**10 mtgs: 1/5 - 3/9****R: \$112, NR: \$146****Instructor: Karen Arrington****FIGURATIVE SCULPTURE WORKSHOP 153290-1****Ages 16+**

Join sculptor Trisha Kyner for a day long exploration of figurative pose and character development. The workshop begins with two hours of posing directly from the model, making gestures and poses. The remainder of the day we will explore the integration of academic studies into expressive, narrative sculpture. Students will sharpen their understanding of human anatomy, but also discover the joys of exaggeration and transformation as these studies become individual characters by the class's end. Students will be able to experiment with the effects of color in the last hour, as we paint the figures with terra sigillatas and underglazes. Open studio not included. Clay purchased separately.

Su 9:30am-5:30pm/CC-304 & 305**1 mtg: 1/29****R: \$115, NR: \$138****Instructor: Trisha Kyner****IMAGE TRANSFER WORKSHOP 153291-1****Ages 16+**

Visiting artist Janet Greer will introduce techniques for transferring inkjet and/or laser printed images onto clay. Learn to use ink transfer, decals, pouncing and photo lithography. Create non-permanent images that can be integrated with decoration methods such as cuerda seca, slip trailing or sgraffito. Bring to class: leatherhard ceramic items with a very smooth surface. Tiles, plates and cylindrical items are recommended. Email Ivy McCormick imccormick@greenbeltmd.gov for detailed supply list or any further questions. Open studio not included. Clay purchased separately.

Sa 9:30am-5:30pm/CC-304 & 305**1 mtg: 1/7****R: \$113, NR: \$136****Instructor: Janet Greer****CERAMICS OPEN STUDIO 153261-1****Ages 16+**

Independent access for current and former students of the Greenbelt Community Center ceramic programs whenever the studios are not reserved. Clay purchased separately. Includes use of a studio shelf. Participants who have not attended a program here within the past 6 months must meet with the Studio Manager for an orientation before using the space; contact Peter Holden at p Holden@greenbeltmd.gov to schedule. Potters who are new to this studio must please enroll in a class.

M-Sa 9:00am-9:45pm,**Su 9:00am-6:45pm/CC-304 & 305****1/3 - 3/8****R: \$90, NR: \$100****HEALTH AND FITNESS**

Contact (unless otherwise noted): Rebekah Sutfin,
240-542-2056, rsutfin@greenbeltmd.gov

ULTIMATE GROOVE WORKOUT**Ages 16+**

Move it and lose it! Work out at your own pace to the upbeat rhythms that make you feel like you're dancing. This total body workout features Latin, African, Jazz, and Hip Hop beats. Our cardio, strength and flexibility training exercises are designed to get you in shape by burning lots of calories and toning your muscles. Come have fun and groove to a healthier, sexier you! Please wear form-fitting workout gear and bring water, your workout shoes, and a towel/yoga mat for floor exercises. For more information, please contact instructor at chelsea@groovedancefitness.com or 301-775-5674. All classes take place in the dance studio (Room 10) at the Greenbelt Community Center.

Session Dates: 1/3 - 3/25 (No class 2/16 & 2/18))**Sa 9:00am-10:00am, Tu 7:00pm-8:00pm,****Th 7:00pm-8:00pm****164220-20 20-class card R: \$160, NR: \$180****164220-10 10-class card R: \$90, NR: \$100****164220-5 5-class card R: \$50, NR: \$55****Drop-in: \$12 (no cash)****Instructor: Chelsea Calhoun****FIT 'N' FUN CARDIO 152203-1****Ages 16+**

Participants experience a variety of cardio including dance, boot camp, weights and floor work set to great music! You will need to bring weights, water and a mat, jump rope is optional.

M/W/F 10:00am-11:15am/CC-106**28 mtgs: 1/9 - 3/17 (No class 1/16, 2/20)****R: \$82, NR: \$92, Drop-in: R: \$4, NR: \$5****Instructor: Judy Cocchiari****ZUMBA GOLD 152402-1****Ages 16+**

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes, bring water and a towel.

Sa 9:00am-10:00am/CC-202**10 mtgs: 1/7 - 3/11****R: \$50, NR: \$60, Drop-in: \$8 (no cash)****Instructor: Wanda Crawley-Pearson***Greenbelt's Healthy Initiatives*

The City of Greenbelt has been recognized as a:
Let's Move! City, Healthy Eating Active Living (HEAL)
Cities & Towns, and Kaboom! Playful City USA

If you want to learn more and *Get Active Greenbelt*,
visit us at www.greenbeltmd.gov/recreation.



NEW! **ZUMBA TONING 152404-1** **Ages 16+**
 This class is perfect for those that want to party, but put extra emphasis on toning and sculpting. Adding resistance (lightweight maraca-like Zumba Toning Straps and weights), helps you focus on specific muscle groups so you (and your muscles) stay engaged! **CANCELLED** **JOIN!!** Wear comfortable clothing and shoes, bring water and a towel. Once the Latin and World rhythms take over, you'll see why Zumba®Fitness classes are often called exercise in disguise.

M 7:00pm-8:00pm/CC-202
8 mtgs: 1/9 - 3/13 (No class 1/16, 2/20)
R: \$50, NR: \$60, Drop-in: \$8 (no cash)
Instructor: Wanda Crawley-Pearson

BEE YOGA FUSION VINYASA YOGA 162503-1 **Ages 18+**
Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov

Start your morning with a vigorous adult yoga class! Build stamina and strength while moving through a series of yoga postures choreographed to music. The best workout for your soul and waistline! Beginners and experienced students alike, regardless of your flexibility or level of fitness are welcome. Yoga mat required. Babies (pre-crawling) and home-schooled children are welcome to play quietly next to you while you attend class.

Th 9:30am-10:30am/YC-GYM
8 mtgs: 1/5 - 2/23 **R: \$80, NR: \$96**
Drop-in \$15
Instructor: Gretchen Schock

GENTLE YOGA- WELCOME TO THE NEW YEAR 152202-2 **Ages 16+**

This one day class includes gentle yoga poses, breathing practices, relaxation, and meditation to welcome in the New Year with vitality, clarity, and joy! After a gentle yoga practice, the class will end with a guided yoga nidra meditation. Please bring a mat, a blanket, and a bolster or pillow. For more information, please email Laura Bonkosky at laura.bonkosky@gmail.com, or visit www.laurabonkosky.com.

Tu 6:30pm-8:00pm/CC-202
1 mtg: 1/3 **R/NR: \$15**
Instructor: Laura Bonkosky

GENTLE YOGA 152201-1 **Ages 16+**

This class is designed to offer a gentle yoga experience that includes yogic breathing, postures, relaxation, and simple meditation techniques to help release tension, strengthen and stretch your body, and increase your sense of well-being. Bring a mat and blanket to class, and please refrain from eating 2 hours before class. *Drop-ins are not permitted for this class.*

Tu 6:00pm-7:15pm/CC-202
10 mtgs: 1/10 - 3/14 **R: \$80, NR: \$90**
Instructor: Laura Bonkosky

YOGA & CORE CONDITIONING 152202-2 **Ages 16+**

Develop strength, flexibility, balance and a sense of well-being by combining postures, breathing practices and deep relaxation of yoga with toning and core strengthening movements. Bring a mat. Don't eat 2-3 hours before class. For more information email laura.bonkosky@gmail.com. *Drop-ins are not permitted for this class.*

Th 7:00pm-8:15pm/CC-202
10 mtgs: 1/12 - 3/16 **R: \$80, NR: \$90**
Instructor: Laura Bonkosky

FUN YOGAMIX 152220-1 **Ages 16+**

A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please bring a mat and a blanket to each class. Beginners are welcome; no experience necessary. For more information contact instructor at yogatina@yahoo.com.

Th 6:00pm-7:00pm/CC-202
10 mtgs: 1/12 - 3/16
R: \$70, NR: \$80, Drop-in: \$10 (no cash)
Instructor: Tina McCloud

LUNCHTIME YOGA **Ages 18+**

This mixed level class offers a balanced practice of warm-ups, postures, yogic breathing, meditative awareness and relaxation designed to stretch, strengthen and energize your body, release tension, enliven your spirit and bring more ease and joy to your life. Bring a mat. Don't eat 2-3 hours before class. *For drop-ins, please pay in CC office prior to class.*

152221-1 **Tu 12:30pm-1:30pm/CC-10**
10 mtgs: 1/10 - 3/14
R: \$77, NR: \$87, Drop-in: \$10

152221-2 **Th 12:30pm-1:30pm/CC-10**
10 mtgs: 1/12 - 3/16
R: \$77, NR: \$87, Drop-in: \$10
Instructor: Laura Bonkosky



YOGA NIDRA 152221-2**Ages 16+**

Yoga Nidra is an accessible form of meditation, rooted in ancient yoga traditions, but uniquely suited to our modern times. Benefits include reduced stress and insomnia, and increased confidence, joy, and well-being. In this series, each week we will take a deeper look at various core elements of yoga nidra, and then relax into a guided yoga nidra meditation. Please bring a mat, blankets, and a pillow or bolster. No previous yoga or meditation experience is necessary. For more information, email Laura Bonkosky at laura.bonkosky@gmail.com, or visit www.laurabonkosky.com

F 7:00pm-8:00pm/CC-202**6 mtgs: 1/27 - 3/3****R/NR: \$60, Drop-in: \$15 (no cash)****Instructor: Laura Bonkosky****PILATES II 152205-1****Ages 16+**

Prerequisite: Pilates Mat Class I or equivalent class (not video) experience and core strength. Class includes basic intermediate exercises for greater flexibility and core strength. Class will move at a faster pace, focusing on flow. Bring a mat (3/8 inch or more) or heavy blanket, and a 10-pound sandbag or rice bag as a foot weight.

W 6:45pm-7:45pm/CC-202**10 mtgs: 1/11 - 3/15****R: \$120, NR: \$130****Instructor: Catherine Turner****PILATES I 152210-1****Ages 16+**

A classic Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a mat or blanket and a 10-pound sandbag or bag of rice as a foot weight.

W 8:00pm-9:00pm/CC-202**10 mtgs: 1/11 - 3/15****R: \$120, NR: \$130****Instructor: Catherine Turner****TKA KARATE****Ages 13+**

Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.

M 7:30pm-9:00pm/YC-GYM**9 mtgs: 1/9 - 3/20 (No class 1/16, 2/20)****R/NR: \$63****TAI CHI ALL LEVELS 152206-1****Ages 16+**

All Levels. Visit www.skyvalleytaiji.com for more information.

Sa 9:00am-10:00am/CC-106**10 mtgs: 1/7 - 3/11****R: \$70, NR: \$80****Instructor: Taj Johnson****TAI CHI LEVEL I/II 152207-1****Ages 16+**

Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov

Beginning levels of Yang Simplified Tai Chi Form instruction as developed by Cheng, Man-Ch'ing (37 postures).

W 6:30pm-7:30pm/YC-MPR**10 mtgs: 1/4 - 3/8****R: \$70, NR: \$80****Instructor: Linda Uphoff****TAI CHI LEVEL III 152209-1****Ages 16+**

Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov

Training and corrections for students who have completed instruction in Cheng Man-Ch'ing's simplified Yang Form. Instructor approval is required. Call 301-345-5386 if you have questions.

W 7:30pm-8:30pm/YC-MPR**10 mtgs: 1/4 - 3/8****R: \$70, NR: \$80****Instructor: Linda Uphoff****LADIES NIGHT BASKETBALL 162432-1****Ages 18+**

Contact: Frank Jones, 240-542-2123, fjones@greenbeltmd.gov

Greenbelt Recreation Facility ID required for all women interested in participating.

Th 8:00pm-9:45pm/SHLRC-GYM**8 mtgs: 1/5 - 2/23****MUSIC**

Contact: Angella Foster, 240-542-2067 afoster@greenbeltmd.gov

STRUM AND SING 164240-1**Ages 18+**

Have you ever wanted to be able to accompany yourself on guitar while singing? We will learn several beginner guitar tunes that sound GOOD (not Mary Had A Little Lamb). We will learn some basic chords and strumming patterns while we sing and strum together. Be prepared to strum, sing, laugh, and enjoy how good you sound! No previous experience necessary. At the end of eight weeks, we will have a class recital to celebrate your success. Students must provide their own acoustic or classical guitar.

W 6:30pm-7:30pm/CC-109**8 mtgs: 1/4 - 2/22****R: \$64, NR: \$74****Instructor: Rachel Cross****STRUM AND SING - CONTINUING 164241-1****Ages 18+**

In this class for the advanced beginner, we will focus on some more right hand techniques such as finger-picking and using a plectrum. We will also learn songs in a variety of rhythms and tempos while continuing to sing as we play. We will grow our repertoire and confidence, and celebrate our success with a recital at the end of eight weeks. Students must provide their own acoustic or classical guitar. Prerequisite: Students must have completed Beginning Strum and Sing or be able to strum and sing a basic three-chord song.

W 7:30pm-8:30pm/CC-109**8 mtgs: 1/4 - 2/22****R: \$64, NR: \$74****Instructor: Rachel Cross**

DANCE

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

MODERN DANCE FOR ALL 154207-1 **Ages 16+**

Modern Dance for All is an open level class designed for beginners as well as more experienced movers who want to develop their bodies into stronger, more expressive instruments with an emphasis on developing strength and efficiency. This class will introduce students to concepts and movement patterns borrowed Barentieff Fundamentals and a wide range of American modern dance styles. No previous dance experience necessary. All ages and body types welcome. Dress comfortably in clothes that are easy to move in but not too baggy; we will dance barefoot in this class.

W 7:00pm-8:00pm/CC-10
8 mtgs: 1/25 - 3/22 (No class 3/1) R: \$80, NR: \$90
Instructor: Angella Foster

BEGINNING BALLET 154202-3 **Ages 15+**

A fun introduction to ballet specifically designed for teen and adult beginners! Emphasis will be on developing strength, flexibility and balance through traditional ballet barre work as well as through conditioning exercises borrowed from Pilates and yoga. Please wear comfortable clothes but not too loose. Soft ballet shoes or bare feet. Leotards & tights not necessary.

M 7:00pm-8:00pm/CC-10
14 mtgs: 1/23 - 5/8 (No class 2/20, 4/17)
R: \$140, NR: \$150
Instructor: Angella Foster

HAND DANCING **Ages 18+**

Hand Dancing is a fun social Swing dance style that developed in the late 1940s, 1950s, and 1960s in the D.C./ Baltimore areas, where it was variously called fast dance, bop, jitterbug, and eventually Hand Dance. Jerry Hart is a certified Hand Dance instructor and founder of the Hand Dance Club, which holds dances in Prince Georges, Anne Arundel, and Howard Counties. For more information, contact Jerry at jerryh375@gmail.com

CANCELLED

154203-1 M 7:00pm-8:00pm/CC-10
8 mtgs: 1/23 - 3/13 (No class 2/20) R: \$44, NR: \$55
154203-2 Th 8:15pm-9:00pm/CC-10
8 mtgs: 1/26 - 3/16 R: \$44, NR: \$55
Instructor: Jerry Hart

GREEK FOLK DANCING 154201-1 **Ages 16+**

Lose weight and keep fit while having fun expressing your unique personality the Greek way through food and dance! No partner required.

Su 4:30pm-6:30pm/CC-10
8 mtgs: 1/29 - 3/19 R/NR: \$32
Instructor: Chris Tennant

SPECIAL INTERESTS

Contact: Karen Haseley, 240-542-2054,
khaseley@greenbeltmd.gov

STRATEGY GAMES CLUB 187501-1 **Ages 10+**

Exercise your brain playing a variety of strategy games, Carcassonne, Mah Jongg, Ticket to Ride, Blokus, Cribbage. Traditional strategy games - Chess, Checkers, Backgammon, and Jenga - are also available. Come join in the fun!

Tu 7:15pm-9:15pm/YC-MPR
12 mtgs: 1/3 - 3/21 FREE
Instructor: Karen Haseley

SIGN LANGUAGE 157202-1 **Ages 15+**

Learn American Sign Language (ASL). This class is for those with minimal experience or no experience at all with ASL. It is a full immersion class.

Tu 6:30pm-8:30pm/CC-109
10 mtgs: 1/3 - 3/7 R: \$52, NR: \$65
Instructor: Michael Dunham

COMMUNICATING IN ASL 157207-1 **Ages 15+**

Continue working on your American Sign Language (ASL) skills and vocabulary. This class is for those who have an understanding of basic ASL signs. It is a full immersion class.

M 6:30pm-8:30pm/CC-114
8 mtgs: 1/9 - 3/13 (No class 1/16, 2/20)
R: \$41, NR: \$52
Instructor: Michael Dunham



TABLE TENNIS CLUB 187520-01 **Ages 8+**

Contact: Andrew Phelan, 240-542-2194
aphelan@greenbeltmd.gov

Table Tennis Club meets every week for fun and challenging play. Sharpen your skills playing with new folks every week! Annual membership fee required. Waived fee for current recreation members and pool pass holders!

Th 7:30pm-9:30pm/YC-MPR
13 mtgs: 1/5 - 3/30 R/NR: \$20



Senior Programs

RECREATION CLASSES

Contact: Karen Haseley for ALL senior adult programs,
240-542-2054, khaseley@greenbeltmd.gov

HEALTH AND FITNESS

SENIOR SWIM 171101-1 Ages 60+

Water exercises that emphasize stretching, strengthening and toning exercises for the swimmer and non-swimmer. FREE to pass holders, resident non-passholders pay \$1.50 each visit; non-resident, non-passholders pay \$2.00 each visit. Registration is REQUIRED.

M 11:15am-12:00pm/GAFC
11 mtgs: 1/2 - 3/20 (No class 1/30)
Instructor: Marsha Voigt

HOLY CROSS SENIOR FIT 172202-1 Ages 55+

Increase strength, muscular endurance and improve flexibility for greater mobility. Registration is required with Holy Cross. (See Community Center office for registration form.)

M/W/F 9:00am-9:45am/CC-106
33 mtgs: 1/4 - 3/24 (No class 1/16, 2/20)
FREE
Instructor: Karl Hadda

WWE WALK ON ROUTE 66 172206-1 Ages 60+

Cold outside? Looking for a place to stay warm and walk safely? Then join fellow Walk With Ease students and walk around the gym to keep up your walking contracts and goals. Help us reach LA!

Tu/Th 1:30pm-2:30pm/CC-106
24 mtgs: 1/3 - 3/23 FREE

PICKLEBALL 172210-1 Ages 60+

Pickleball is a cross between tennis and badminton. It is loads of fun and gaining popularity throughout the US.

M/Th 2:30pm-3:45pm/CC-106
21 mtgs: 1/5 - 3/23 (No class 1/16, 2/20)
FREE

AGELESS GRACE 172225-1 Ages 16+

Ageless Grace® is a fitness and wellness program consisting of 21 simple tools for lifelong comfort and ease, designed for all ages and abilities. In this class, exercises are practiced in a chair, and they focus on the healthy longevity of the body and brain, based on movement sequences that are natural and playful.

F 11:00am-12:00pm/CC-202
10 mtgs: 1/6 - 3/17 (No class 2/24)
R: \$40, NR: \$50; Drop-in: R: \$5, NR: \$6
Instructor: Karen Haseley

SPECIAL INTEREST

GIFTS FROM HEART 173208-1 Ages 16+

Knitters and crocheters of all levels make items to donate to various charitable organizations. Yarn, needles and hooks are provided. All ages and skill levels welcome! Instruction is available from group members.

F 10:00am-12:00pm/CC-109
12 mtgs: 1/6 - 3/24 R: \$5, NR: \$10

PINOCHLE 179204-1 Ages 60+

This is a drop-in program. For more information call Shirleyann Egenreider (301)345-1974.

W 12:00pm-3:00pm/CC-109 12 mtgs: 1/4 - 3/22

BRIDGE

Call Robin Schlauch (301-474-2605) if you are interested in joining these groups. THESE ARE NOT INSTRUCTIONAL PROGRAMS.

Ages 60+

THURSDAY BRIDGE 179202-1

Th 12:30pm-3:30pm/CC-109

12 mtgs: 1/5 - 3/23

FRIDAY BRIDGE 179202-5

F 12:30pm-3:30pm/CC-109

12 mtgs: 1/6 - 3/24

STRATEGY GAMES CLUB 187501-1

Ages 10+

Exercise your brain playing a variety of strategy games, Carcassonne, Mah Jongg, Ticket to Ride, Blokus, Cribbage. Traditional strategy games - Chess, Checkers, Backgammon, and Jenga - are also available. Come join in the fun!

Tu 7:15pm-9:15pm/YC-Multi

12 mtgs: 1/3 - 3/21

FREE

Instructor: Karen Haseley



SEASONED ADULTS GROWING EDUCATIONALLY (SAGE)

Ages 60+

A \$75 per semester fee is assessed for SAGE classes for participants age 60 and over. Once this fee is paid to Prince George's Community College, students may take as many SAGE continuing education classes as they like. Participants MUST pre-register. NO REGISTRATIONS ARE ALLOWED AFTER THE CLASS HAS BEGUN! Registration forms are available at the Greenbelt Community Center. To register or for more information, call PGCC at 301-546-0159. SYN: OwlLink Reference numbers for online registration with the college at www.pgcc.edu. Most SAGE classes begin the week of February 13, 2017.

STRETCHING BEYOND

This holistic fitness class will bring strength and balance to the mind, body, and spirit. It is a combination of mild aerobics, strength training using hand weights and stretching and balancing exercises completed by a relaxation of the mind-body.

172220-1 Tu 10:00am-11:00am/CC-106 SYN: 18593

14 mtgs: 2/14 - 5/23 (No class 4/18)

172220-2 Th 10:00am-11:00am/CC-106 SYN: 18595

14 mtgs: 2/16 - 5/25 (No class 4/20)

Instructor: Nancy Shaffer

***MIXED LEVEL INTEGRAL HATHA YOGA 172227-1**

Yoga beginners and beyond are welcome in this mixed level Integral Hatha Yoga® class. All poses can be adapted to the individual.

M 10:00am-12:00pm/CC-10

13 mtgs: 2/13 - 5/22 (No class 2/20, 4/10)

Instructor: Kamla Gupta Smith

***GENTLE CHAIR YOGA 172228-1**

Gentle Chair Yoga practice based on Integral Yoga®, incorporates breathing, stretching, stress reduction and mindfulness. Suitable for those recovering from illness or injury and/or those with arthritis or mobility challenges.

Tu 10:00am-12:00pm/CC-202

14 mtgs: 2/14 - 5/23 (No class 4/11)

Instructor: Christine Romero

***GENTLE/BEGINNING YOGA 172229-1**

Beginner/Gentle/Restorative Integral Yoga® for students just starting Yoga or who want a gentle practice. All poses can be adapted to the individual.

F 10:00am-12:00pm/CC-10

14 mtgs: 2/17 - 5/26 (No class 4/14)

Instructor: Christine Romero

***INTERMEDIATE YOGA 172223-1**

Advanced Beginner to Intermediate level Integral Yoga® for students with some experience in Yoga. NO BEGINNERS. All poses can be adapted to the individual.

W 10:00am-12:00pm/CC-10

14 mtgs: 2/15 - 5/24 (No class 4/12)

Instructor: Christine Romero

***You MUST register at the Greenbelt Community Center for these classes, NOT through PGCC.**

LINE DANCING 172221-1

SYN: 18603

Great for beginners, or advanced dancers. Socialize, exercise, and improve your memory by learning to line dance. Basic line dance steps are taught and lots and lots of dances are performed: some old, some new, some country western, some urban, some soul. Learn to adapt the dances to the music that you might have.

W 1:30pm-3:30pm/Greenbelt Library

14 mtgs: 2/15 - 5/24 (No class 4/12)

Instructor: Bob Meadows

MEDITATION 177233-1**SYN: 18604**

This series will provide an opportunity to "get away from it all" without leaving Greenbelt. Basic principles and benefits of meditation will be taught as well as how to integrate meditation into your daily life. Experiencing guided meditations will be the predominant format for the classes which will lead to slowing down, becoming more mindful, listening to yourself and connecting with others. Come prepared to be as comfortable as possible while sitting on a chair or getting on the floor as desired, (comfortable and layered clothes, cushion, blanket, pillow, and/or mat).

W 3:45pm-4:45pm/CC-202**14 mtgs: 2/15 - 5/24 (No class 4/12)****Instructor: Katrina Boverman****J.O.Y. JUST OBSERVE YOURSELF 177235-1 SYN: 18605**

Just Observe Yourself® (J.O.Y.) is a mindfulness training using meditation to cultivate awareness and reduce stress. It is based on the ancient practice of mindfulness, which is about waking up, being fully alive, and being present for the richness of each moment of our lives. Within this awakening, we gain access to our deepest inner resources for living, healing and coping with stress.

Tu 1:00pm-3:00pm/CC-114**7 mtgs: 2/14 - 3/28****Instructor: Dr. Ollie Goodlow****BEGINNING PAINTING 173206-1 SYN: 18606/18607**

This class is for all painting abilities. It includes painting in acrylic, water soluble oils and watercolor. Subject material includes still life set ups, photographs and magazines. Students can bring in subject matter for their personal use. Contact Susan Crane, 301-922-5136, with any questions including supplies, subject matter or class content. Bring supplies in for the first class beginning with watercolor.

M 9:15am-12:15pm/CC-116**13 mtgs: 2/13 - 5/22 (No class 2/20, 4/10)****Instructor: Susan Crane****DRAWING 173205-1****SYN: 18608/18609**

This class is for all drawing abilities. Art techniques in watercolor pencil, ink, marker, pencil, brush and more will be introduced. An exploration of drawing and painting landscape and people is included. The first four weeks of class will be an emphasis of drawing principles and the next four weeks will explore paint and watercolor pencils in different styles. Included in the first eight weeks we will explore color, composition and perspective. The last four weeks will be exploring animals, water and value.

Tu 1:00pm-4:00pm/CC-116**14 mtgs: 2/14 - 5/23 (No class 4/11)****Instructor: Susan Crane****INTERMEDIATE SPANISH 177204-1****SYN: 18610**

The students will review the present tense forms of verbs and begin learning the past tenses in order to discuss and describe: people, items, feelings and actions.

Tu 10:00am-12:00pm/CC-103**14 mtgs: 2/14 - 5/23 (No class 4/11)****Instructor: Deborah Siero****ADVENTURES IN BIOGRAPHY 177225-1 SYN: 18611**

Let's explore the endlessly fascinating lives of some of history's most influential, bizarre, colorful, admirable people. Though we can never completely understand "the irreducible mystery of the human heart," Hermione Lee's Biography: A Very Short Introduction is a useful guide. (It's highly recommended you buy it.) Ten people who ignite the instructor's curiosity are Cleopatra, Moses, Voltaire, Jesus, Emily Dickinson, Muhammad, Sojourner Truth, Georges Simenon, Empress Theodora and Sandro Botticelli. Who ignites yours?

M 9:30am-11:30am/CC-114**13 mtgs: 2/13 - 5/22 (No class 2/20, 4/10)****Instructor: Jim Link****REVISITING IMPRESSIONISM IN 19TH CENTURY****FRANCE 173222-1****SYN: 18612**

This summer a new book captured Monet's struggles to complete his post-World War I gift to the French nation: the historic cycle of Waterlilies installation at the Musee l'Orangerie. Impressionism remains a vibrant topic 150 years after its development by a band of young French painters. Join us as we use video, lectures, and representations of their works to learn more about the topic.

Th 1:00pm-3:00pm/CC-114**12 mtgs: 2/16 - 5/11 (No class 4/13)****Instructor: Dolores Haverstick****ESOTERIC OPERA 177226-1****SYN: 18613**

There are a number of operas that are not in the standard repertory which have strange and even bizarre plots. Some have very unusual story lines and can be considered esoteric compared to other standard operas in the vast operatic repertory. The seven operas included here are: *Die Gezeichneten (The Stigmatized)* (Schreker), *The Fiery Angel* (Prokofiev), *I Shardana (The Sherden)* (Porrino), *Antikrist (Antichrist)* (Langgaard), *Palestrina* (Pfitzner), *Nina* (Paisiello), and *Manru* (Paderewski). The operas will be sung in German, Russian, English, Danish, Italian and Polish. All of them will have English subtitles.

W 10:00am-12:00pm/CC-114**7 mtgs: 2/15 - 4/5 (No class 3/22)****Instructor: John Cahill****CHORAL MASTERPIECES 177230-1****SYN: 18614**

This course examines many choral masterpieces from a variety of composers including Bach, Beethoven, Brahms, Mozart, Verdi, Berlioz, Elgar, Schumann and others. Video selections will be presented with some of the greatest soloists in the world today performing in concert halls and churches with leading choirs, symphonies and conductors.

W 10:00am-12:00pm/CC-114**7 mtgs: 4/19 - 5/31****Instructor: John Cahill**

BROADWAY MUSICALS TO AMERICAN STANDARDS

173224-1

SYN: 18615

Composers created a special format of theatrical productions where singing and dancing energized popular music. Over time people asked for a recording of these songs. Years later, musicians transformed the music into new styles such as the jazz format. We will trace the development of original productions to interpretive formats as plays become movies. Instrumental adaptations are produced.

Tu 10:00am-12:00pm/CC-114

14 mtgs: 2/14 - 5/23 (No class 4/11)

Instructor: Michael Crane

THE LANGUAGE OF FILM 173223-1

SYN: 18616

Students will learn the structure of the Language of Film: editing, lighting, pacing, set and costume design, etc., and how they are used to tell stories of intrigue, comedy, pathos and drama. A different film will be watched each week, the instructor will discuss its significance to film history, and then the class will discuss the film. In the final class students will review a contemporary film based on the information learned in the class.

Th 10:00am-12:00pm/CC-114

14 mtgs: 2/16 - 5/25 (No class 4/13)

Instructor: Denise Cross

INDUSTRIAL REVOLUTION 173221-1

SYN: 18617

Up to the middle of the 18th century, the world economy was essentially agricultural with some manufacturing of basic essentials particularly clothing and military weapons. In the early 1760s, a British Lord dug a canal to transport coal from his mine ten miles to Manchester which provided for the first time significant amounts of fuel for industrialization. This course will trace the development of the modern industrial world and the ramifications for civilization, using a series of lectures and films that portray this development.

W 1:15pm-3:15pm/CC-114

14 mtgs: 2/15 - 5/24 (No class 4/12)

Instructor: Lawrence Suid



ASTRONOMY 177234-1

SYN: 18619

Students will be introduced to the elements of astronomy including the planets, stars, galaxies, and their relationship to each other and earth. Many other intriguing aspects of space, from the past to the present day will also be covered.

M 1:00pm-3:00pm/CC-114

13 mtgs: 2/13 - 5/22 (No class 2/20, 4/10)

Instructor: Michael Blumenstock

MYSTERIES OF HISTORY: THE COUNTRY OF IRAN

177201-1

SYN: 18618

Iran, and Persia before it, is a product of an ancient civilization whose magnificence rivaled the Greeks, Romans and Egyptians. Because of its Shiite majority, being officially Islamic and its support for various movements worldwide, many of them violent, Iran is politically at odds with much of the world, culturally misunderstood by the West, and seen as a military threat by the United States. Is Iran a threat, and what kinds of weapons do they really have? Iran used to be one of the United States' closest allies and one of its largest oil suppliers; can those relationships be rekindled? Does Iran want to build a nuclear weapon, and will the recent agreement prevent that? Why does Iran have the political system they have, and what are the chances for reform? These are just some of the many questions that we'll explore.

Th 3:30pm-5:30pm/CC-114

14 mtgs: 2/16 - 5/25 (No class 4/13)

Instructor: Mark Croatti



RAIDERS OF THE LOST ARTIFACTS: PRE-UNITED STATES

177202-1

SYN: 18646

Unexplained ruins, structures, human habitations and

artifacts have been discovered all over North America. They call into question everything we thought we knew about the pre-Columbus era, including when the first stone building was built, when humans first arrived in the Americas, whether or not there were additional civilizations whose magnificence rivaled the Aztecs, the various locations of the mounds left behind by the Mississippian culture and whether or not the Bimini Wall is the fabled lost civilization of "Atlantis." Who created the cliff dwellings? Who stacked the stones of the Berkeley Mystery Walls? Did Ancient Iberians walk across a frozen Atlantic Ocean to the east coast of North America? Why did ruins in the Four Corners region cause pioneers to speculate that the Aztecs traveled to what is now the United States? These are just some of the fascinating archaeological "mysteries of history" that we'll explore.

Tu 4:00pm-6:00pm/CC-114

14 mtgs: 2/14 - 5/23 (No class 4/11)

Instructor: Mark Croatti

VIROLOGY AND SUPERBUGS 177236-1

SYN: 18650

This course explores the history and origins of viruses and superbugs; the main types, immune responses, vaccines and other preventative measures.

Tu 1:00pm-3:00pm/CC-114

7 mtgs: 4/4 - 5/23 (No class 4/11)

Instructor: Michael Blumenstock



SENIOR GLOBETROTTING

Contact: Karen Haseley, 240-542-2054, khaseley@greenbeltmd.gov

All trips leave from the library parking lot. Please note: Trip cancellations must be made no later than 36 hours in advance for a refund. Refunds will be awarded according to the provisions in the City of Greenbelt Resolution No. 65. A 10% processing fee will be assessed if money is refunded. Refunds are NOT guaranteed.

SHOPPING TRIPS

Transportation to and from the malls. Lunch is on your own. Green Ridge House residents will be picked up at Green Ridge House.

WEGMANS 478201-4

Th 1/12; 9:30am-3:00pm

R: \$3, NR: \$4

ARUNDEL MILLS 178204-1

Th 2/9; 9:30am-3:00pm

R: \$3, NR: \$4

ANNAPOLIS 178204-2

Th 3/9; 9:30am-3:00pm

R: \$3, NR: \$4

COLUMBIA 178204-3

Th 4/13; 9:30am-3:00pm

R: \$3, NR: \$4

Ages 60+

HISTORY MYSTERY TRIP 178202-1

It's another History Mystery trip! If you enjoy history, all kinds, then this is the trip for you! Trip is all inclusive (entry fees, tips, transportation and lunch). Souvenirs are on your own!

W 3/8; 9:00am-5:30pm

R: \$57, NR: \$71

Ages 60+

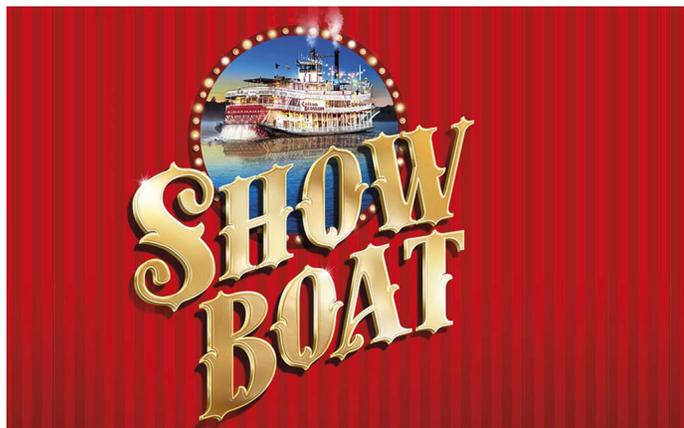
BEAUTY AND THE BEAST AT TOBY'S 178203-1

Ages 60+

This breath taking musical is the story of Belle and the Beast, who happens to be a handsome prince cursed by a beautiful enchantress. If the Beast can learn to love and be loved, the cure will be lifted. If not, he and his servants will be doomed for all eternity. Will their love bloom before time runs out?

W 4/19; 9:45am-4:00pm

R: \$66, NR: \$83



SHOW BOAT AT TOBY'S 178201-1

Show Boat follows life aboard The Cotton Blossom, a Mississippi River show boat. This timeless musical spans generations, telling a powerful story of hope, freedom and love while celebrating the music of vaudeville, jazz and gospel with some of the most beautiful songs ever written, including *Ol' Man River*, *Can't Help Lovin' Dat Man* and *Make Believe*.

W 1/25; 9:45am-4:00pm

R: \$66, NR: \$83

Ages 60+

All the bus trips are partially subsidized by the City of Greenbelt, through the Golden Age Club. All trips will be run on a lottery basis. The lottery will be spun on December 2. Any resident who signs up for the trips listed before 4:30pm on December 2 will be included in the lottery. If there are openings after the lottery has spun, these seats will be filled on a first come, first-served basis. This will give all residents an equal opportunity to participate in the trips. If you have any questions, please call 301-397-2208.

PLEASE NOTE: Beginning December 12, any trip that is not filled will be open up to those younger than 60. Please call 240-542-2054 if interested in participating.

SENIOR CENTER

GREENBELT SENIOR CENTER

The Senior Game Room and Lounge are open to senior citizens, ages 60 and over, during regular operating hours. Call 301-397-2208 for more information.

GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11:00am-12:00pm in the Community Center Multipurpose Room (room 201). Activities include speakers, special programs and field trips. For membership information, call Phyllis Budin at 301-345-3879.

HUNGRY??

The Senior Nutrition Program serves hot lunches at 12:00pm Monday through Friday in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered. Requested meal donation is \$3. Please call 301-397-2208 x4215 to make reservations.



BILLIARDS

The senior game room is open for senior citizens to play pool at any time, with the exception of Thursday and Friday afternoons when the Bridge players use the game room. Call 301-397-2208 for more information.

UPCOMING SENIOR SPECIAL EVENTS



MUSICAL INTERLUDE WITH KRISTIN AND KAITLIN

Community Center Multipurpose Room - 201
 Friday, December 2, 1:00pm
 All ages welcome - FREE

Come hear a variety of classical, Broadway and holiday tunes by very talented 12 year old twins Kristin and Kaitlin Dan. Kristin plays the piano and French Horn and Kaitlin plays the flute and piano. Ms. Christine Sheelor will be leading the participants in a sing-along to some of the holiday tunes.

ICE CREAM SOCIAL

Featuring: The Retro-Rockets
 Friday, March 31, 2017
 1:00pm

Greenbelt Community Center Gym
 Make your own ice cream sundae following the entertainment
FREE

EXPLORATIONS UNLIMITED

Fridays; 1:00pm - 3:00pm/CC-114

Watch the News Review for updates on topics!

- Jan. 13: Shiatsu Massage: Seeking Balance (Irwin)
- Jan. 20: Introduction to Guided Meditation (Boverman)
- Jan. 27: Enhancing Memory Through Essential Oils (Galicinao)
- Feb. 3-March 3: TBA



Greenbelt Aquatic & Fitness Center

ANNIVERSARY 1991-2016

101 Centerway, 301-397-2204
www.greenbeltmd.gov/GAFC
Hours of Operation:
Indoor Pool and Fitness Wing
Monday - Friday 6:00am-10:00pm
Saturday & Sunday 8:00am-9:00pm

Daily Admission Rates

	Resident	Non-Resident
Youth (1-13 yrs)	\$2.75	\$4.00
Young Adult (14-17 yrs)	\$3.75	\$5.00
Adult (18-59 yrs)	\$4.75	\$6.00
Senior (60+)	\$3.50	\$4.25

GAFC Special Hours

Thanksgiving Day	Thursday, November 24 th 8:00am-4:00pm
Christmas Eve	Saturday, December 24 th 8:00am-5:00pm
Christmas Day	Sunday, December 25 th 12:00pm-4:00pm
New Year's Eve	Saturday, December 31 st 8:00am-5:00pm
New Year's Day	Sunday, January 1 st 12:00pm-4:00pm

Important Reminders

- The above hours are subject to change.
- All members are required to scan their membership card to gain entry into the Aquatic & Fitness Center. Please see guidelines below on becoming a member.
- Swimming must cease, and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool that are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during swim team practices, when one (1) open swim lane is available.
- The facility closes at 8:00pm the third Sunday of every month for staff training.
- The hot tub closes every other Wednesday from noon to 8:00pm for regular cleaning.
- All passes are non-refundable and non-transferable.

25-25-25 Bi-Triathlon

No Excuses...Fun and Competition for All Levels

Distance of Monthly Competition:

Swim: 2,500yd ~ Bike: 25mi ~ Run/Walk: 25mi

*** You may substitute rowing (Cocept2 Rower) for Swimming in Triathlon**

Run/Walk: 25mi ~ Bike: 25mi

**** You may use the Elliptical or Treadmill for the Run/Walk portion**

Complete the designated distance in a month time frame to be eligible for giveaways. Complete the designated distance each month for a year and win a free one-month membership for non-pass holders or one month extension for pass holders.

Honor System: All participants responsible for tracking their progress

- Each participant will receive a passport to track their distances
- After each workout log your distance
- Total your distance at the end of the month and receive a prize
- Pick up a registration form at the front desk ...



Rollback Daily Admission 25th of each month:

Fall/Winter/Spring/Summer

Resident

Adult	\$3.00
Young Adult	\$1.75
Youth	\$1.75
Senior	\$1.75

Non-Resident

Adult	\$3.50
Young Adult	\$1.75
Youth	\$2.25
Senior	\$2.25

Becoming a Member

Becoming a member is easy – just follow these steps:

1. Stop by the Greenbelt Aquatic & Fitness Center front desk and ask to become a member.
2. Staff will enter you into our computer system.
3. Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of: a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency at a valid Greenbelt address, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

12 MONTH MEMBERSHIPS (VALID FOR 12 MONTHS FROM DATE OF PURCHASE)		
	Resident	Non-Resident
Youth (up to 13 yrs.)	\$116	\$249
Young Adult (14-17 yrs.)	\$182	\$312
Adult (18-59 yrs.)	\$249	\$375
Senior (60+ yrs.)	\$128	\$262
Single Parent Family	\$365	\$623
Family	\$514	\$671
Corporate	\$1032	\$1032

9 MONTH MEMBERSHIPS (VALID FOR 9 MONTHS FROM DATE OF PURCHASE EXCLUDES SUMMER SEASON)		
	Resident	Non-Resident
Youth (up to 13 yrs.)	\$87	\$196
Young Adult (14-17 yrs.)	\$140	\$246
Adult (18-59 yrs.)	\$196	\$297
Senior (60+ yrs.)	\$94	\$210
Single Parent Family	\$281	\$491
Family	\$396	\$569
Corporate	N/A	N/A

Explanation of Membership Passholder Categories

Youth Membership: 1-13 years of age

Young Adult Membership: 14-17 years of age

Adult Membership: 18-59 years of age

Senior Membership: 60 years of age and older

Single Parent Family Membership: One adult & single dependents, under the age of 21, residing permanently in same household

Family Membership: Two adults & single dependents, under the age of 21, residing permanently in same household.

Residents: Those residing within the corporate limits of Greenbelt who pay City taxes and who are entitled to vote in City elections. (Greenbelt Road and 6999-7699 Hanover Parkway are not considered resident addresses.)

Non-Residents: Those residing outside the corporate limits of Greenbelt.

GREENBELT AQUATIC AND FITNESS CENTER REGISTRATION DATES

Register at the Aquatic And Fitness Center between 6:00am and 10:00pm for all dates noted below.

Please do not pre-write checks. All classes require registration unless otherwise noted.

CLASS RATES DO NOT INCLUDE USE OF FITNESS WING OR POOLS BEFORE OR AFTER CLASS TIMES.

Children's Saturday Swim Lesson Dates:

January 7 - February 25

Children's Home School Lesson Dates:

January 6 - February 24

Passholders & Residents register:

December 19 & 20

Open Registration: December 21 until filled

Pre-Evaluation: December 17, 10:30am-12:00pm

Have your child's skill evaluated

Meet the instructors

Turn in your registration forms

Water Exercise Class Dates:

Session I: January 3 - February 3

Session II: February 13 - March 10

Passholders & Residents register:

December 19 & 20

Open Registration: December 21 until filled

Adult Swim Lesson Dates:

Session 1: January 3 - January 26

Session 2: February 7 - March 2

Passholders & Residents register:

December 19 & 20

Open Registration: December 21 until filled

YOUTH SWIM LESSONS

Contact: Greenbelt Aquatic & Fitness Center,
301-397-2204

AQUA TOTS I

Ages 6mo-2

Parents learn how to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children receive an introduction to basic skills that lay a foundation for learning to swim. In addition, parents are introduced to several water safety topics. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

PH: \$43 RNP: \$48 NRNP: \$54

8 mtgs: 1/7 - 2/25

121116-A Sa 8:15am-8:45am/GAFC

121116-C Sa 4:00pm-4:30pm/GAFC

AQUA TOTS II

Ages 2-4

Parents and children improve on the skills from Aqua Tots I and learn more advanced skills. Water safety topics are also included in this level. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

PH: \$43 RNP: \$48 NRNP: \$54

8 mtgs: 1/7 - 2/25

121117-A Sa 8:15am-8:45am/GAFC

121117-B Sa 3:15pm-3:45pm/GAFC

PRESCHOOL BEGINNER

Ages 3-5

Become comfortable in the water. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/7 - 2/25

121118-A Sa 9:00am-9:30am/GAFC

121118-B Sa 9:45am-10:15am/GAFC

121118-C Sa 10:30am-11:00am/GAFC

121118-D Sa 11:15am-11:45am/GAFC



BEGINNER I

Ages 5-10

Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/7 - 2/25

131120-A Sa 9:00am-9:30am/GAFC

131120-B Sa 9:45am-10:15am/GAFC

131120-C Sa 10:30am-11:00am/GAFC

131120-D Sa 11:15am-11:45am/GAFC

BEGINNER II

Ages 5-12

Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/7 - 2/25

131121-A Sa 9:00am-9:30am/GAFC

131121-B Sa 9:45am-10:15am/GAFC

131121-C Sa 10:30am-11:00am/GAFC

131121-D Sa 11:15am-11:45am/GAFC

BEGINNER III

Ages 5-15

Improve basic swimming skills. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke, and treading water. Scissor kick and dolphin kick will be introduced. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/7 - 2/25

131122-A Sa 9:00am-9:30am/GAFC

131122-B Sa 9:45am-10:15am/GAFC

131122-C Sa 10:30am-11:00am/GAFC

131122-D Sa 11:15am-11:45am/GAFC

ADVANCED BEGINNER

Ages 5-15

Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly, and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/7 - 2/25

131123-A Sa 9:00am-9:30am/GAFC

131123-C Sa 10:30am-11:00am/GAFC

INTERMEDIATE

Ages 5-15

Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisites: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and 1 minute treading water.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/7 - 2/25

131124-B Sa 9:45am-10:15am/GAFC

131124-D Sa 11:15am-11:45am/GAFC



HOMESCHOOL SWIM LESSONS

BEG.I, HOMESCHOOL 131134-B

Ages 4-15

This program is designed for children who are homeschooled - Beginner I swimming level.

PH: \$51 RNP: \$57 NRNP: \$64

8 mtgs: 1/6 - 2/24

F 12:15pm-1:00pm/GAFC

BEG.II & BEG.III, HOMESCHOOL 131135-C

Ages 5-15

This program is designed for children who are homeschooled - Beginner II and Beginner III swimming levels.

PH: \$51 RNP: \$57 NRNP: \$64

8 mtgs: 1/6 - 2/24

F 1:15pm-2:00pm/GAFC

ADV.BEG.,INT.&SWM., HOMESCHOOL 131136-A

Ages 6-15

This program is designed for children who are homeschooled - Advanced Beginner, Intermediate, and Swimmer swimming levels.

PH: \$51 RNP: \$57 NRNP: \$64

8 mtgs: 1/6 - 2/24

F 11:15am-12:00pm/GAFC

ADULT SWIM LESSONS

BEGINNER SWIM LESSONS

Ages 16+

"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/3 - 1/26

151192-1B Tu/Th 8:00pm-8:45pm/GAFC

8 mtgs: 2/7 - 3/2

151192-2A Tu/Th 7:00pm-7:45pm/GAFC

INTERMEDIATE SWIM LESSON

Ages 16+

"Improving Skills and Swimming Strokes" - Learn skills and concepts needed to stay safe in and around water while improving proficiency in basic aquatic skills and the six basic swimming strokes. Prerequisites: Participants must be comfortable in chest-deep water, able to put their face in the water, and able to perform strokes that can be recognized as front crawl, breaststroke, and back crawl, each for 15 yards.

PH: \$47 RNP: \$52 NRNP: \$59

8 mtgs: 1/3 - 1/26

151194-1A Tu/Th 7:00pm-7:45pm/GAFC

8 mtgs: 2/7 - 3/2

151194-2B Tu/Th 8:00pm-8:45pm/GAFC

AQUATIC EXERCISE

DEEP WATER AEROBICS

Ages 16+

A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a floatation belt.

SESSION 1

151170-1A M/W 7:00pm-7:45pm/GAFC

8 mtgs: 1/4 - 2/1 (No class 1/16)

PH: \$36 RNP: \$41 NRNP: \$46

151170-1B Tu/Th 6:00pm-6:45pm/GAFC

10 mtgs: 1/3 - 2/2

PH: \$45 RNP: \$50 NRNP: \$55

151170-A M/W/F 1:00pm-1:45pm/GAFC

13 mtgs: 1/4 - 2/3 (No class 1/16)

PH: \$59 RNP: \$64 NRNP: \$69

SESSION 2

151170-2A M/W 7:00pm-7:45pm/GAFC

7 mtgs: 2/13 - 3/8 (No class 2/20)

PH: \$32 RNP: \$37 NRNP: \$42

151170-2B Tu/Th 6:00pm-6:45pm/GAFC

8 mtgs: 2/14 - 3/9

PH: \$36 RNP: \$41 NRNP: \$46

151170-B M/W/F 1:00pm-1:45pm/GAFC

12 mtgs: 2/13 - 3/13 (No class 2/20)

PH: \$50 RNP: \$55 NRNP: \$60



AQUACIZE

Ages 16+

Emphasizes aerobics, stretching and toning exercises for the swimmer and non-swimmer. Aquacize is designed to condition the heart and lungs and to improve muscle tone while burning calories. Muscle conditioning, use of bottles and spa bells are included in the class.

SESSION 1

151171-1A M/W/F 8:00am-8:45am/GAFC

13 mtgs: 1/4 - 2/3 (No class 1/16)

PH: \$59 RNPH: \$64 NRNPH: \$69

151171-1B M/W/F 10:00am-10:45am/GAFC

13 mtgs: 1/4 - 2/3 (No class 1/16)

PH: \$59 RNPH: \$64 NRNPH: \$69

151171-1C M/W 7:00pm-7:45pm/GAFC

8 mtgs: 1/4 - 2/1 (No class 1/16)

PH: \$36 RNPH: \$41 NRNPH: \$46

151171-1D Tu/Th 7:45am-8:30am/GAFC

10 mtgs: 1/3 - 2/2

PH: \$45 RNPH: \$50 NRNPH: \$55

SESSION 2

151171-2A M/W/F 8:00am-8:45am/GAFC

11 mtgs: 2/13 - 3/10 (No class 2/20)

PH: \$50 RNPH: \$55 NRNPH: \$60

151171-2B M/W/F 10:00am-10:45am/GAFC

11 mtgs: 2/13 - 3/10 (No class 2/20)

PH: \$50 RNPH: \$55 NRNPH: \$60

151171-2C M/W 7:00pm-7:45pm/GAFC

7 mtgs: 2/13 - 3/8 (No class 2/20)

PH: \$32 RNPH: \$37 NRNPH: \$42

151171-2D Tu/Th 7:45am-8:30am/GAFC

8 mtgs: 2/14 - 3/9

PH: \$36 RNPH: \$41 NRNPH: \$46

AQUA ZUMBA

Ages 16+

Known as the Zumba® "pool party," the Aqua Zumba program gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

151172-A1

M/W 6:00pm-6:45pm/GAFC

8 mtgs: 1/4 - 2/1 (No class 1/16)

PH: \$41 RNPH: \$46 NRNPH: \$51

151172-A2

M/W 6:00pm-6:45pm/GAFC

7 mtgs: 2/13 - 3/8 (No class 2/20)

PH: \$36 RNPH: \$41 NRNPH: \$46

FIRST AID/CPR CLASSES

FIRST AID/CPR/AED

Ages 13+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children, and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due the online portion of this class, registration closes one week prior to start date. There is an additional \$27 certification fee that must be paid to the American Red Cross when registering for the online portion of the class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.

157177-1 F 6:00pm-8:00pm/GAFC

1 mtg: 1/13

PH: \$55 RNPH: \$61 NRNPH: \$69

157177-2 F 6:00pm-8:00pm/GAFC

1 mtg: 2/10

PH: \$55 RNPH: \$61 NRNPH: \$69



GREENBELT COMMUNITY CENTER

15 Crescent Road 301-397-2208

Operating Hours: Monday - Saturday 9:00am-10:00pm, Sunday 9:00am-7:00pm

This 55,000 square foot accessible historic facility serves as an integral and active element of the community. Attributes include a gymnasium with stage, multipurpose room, classrooms, dance studio, ceramic studios and more. It is home to the Greenbelt Co-op Nursery School, Greenbelt News Review, Greenbelt Adult Care Center, Greenbelt Museum, Artists in Residence studios, Greenbelt Access Television and the City's Planning and Community Development department. There are many program, activity and special event opportunities along with rooms available for rent. Please visit us at www.greenbeltmd.gov/communitycenter.



The Greenbelt Community Center is the perfect place for your next family gathering! With several rooms available for hourly rental, it is ideal for birthday parties, baby showers, family reunions or celebrations. The center is an alcohol free facility. Contact Rebekah Sutfin at 240-542-2056 or rsutfin@greenbeltmd.gov.

COMMERCIAL KITCHEN AT THE GREENBELT COMMUNITY CENTER

The Commercial Kitchen is a 500 square foot space licensed by Prince George's County Health Department. Features include commercial grade refrigerator, freezer, convection oven, conventional oven and microwave. The space also provides prep counters, three compartment sink and hand washing sink. Dry storage available. Perfect for small caterer or startup. Requirements: Prince George's County Food Service Manager License, Prince George's County Health Department permit, Hazard Analysis and Critical Control Points (HACCP) Plan and liability insurance. For further information contact, Di Quynn-Reno, Recreation Supervisor, dquynnreno@greenbeltmd.gov.

GREENBELT YOUTH CENTER AND SPRINGHILL LAKE RECREATION CENTER

Youth Center, 99 Centerway 301-397-2200

Operating Hours: Monday - Friday 3:00pm-9:45pm

Saturday 9:00am-9:45pm, Sunday 1:00pm-9:45pm

SHL Recreation Center, 6101 Cherrywood Lane 301-397-2212

Operating Hours: Monday - Friday 2:00pm-9:45pm

Saturdays 9:00am-9:45pm, Sundays 1:00pm-9:45pm

The Youth Center and the Springhill Lake Recreation Center are open to the public 365 days a year. A Recreation Center ID is required for entry to each facility. They may be purchased at each facility. You must show proof of residency at the time of purchase. All those age 17 and under must have your parent or guardian sign the Recreation Center ID Application prior to the card being issued.

These facilities offer a wide variety of drop-in activities for teens. Each facility has a game room with ping pong tables, foosball, board games and television. In addition, each facility has a gymnasium that offers opportunities for drop-in basketball and other games and activities. Please call the Youth Center at 301-397-2200 or the Springhill Lake Recreation Center at 301-397-2212 for open gym hours.

GYM RENTALS

The Greenbelt Youth Center and the Springhill Lake Recreation Center gymnasiums are available for rent to play basketball, Monday - Saturday 6:00am-8:00am and 10:00pm-12:00am. Springhill Lake Recreation Center is available for volleyball rental, Monday-Friday from 9:00am-2:00pm. On Sundays the gym may be rented from 10:00pm-12:00am. The fees are based on an hourly rate and are \$45 for residents and \$55 for non-residents. Showers and lockers are only available at the Youth Center. Please call 301-397-2200 for more information.

FACILITY RENTALS

Greenbelt Youth Center: Conference Room (capacity 15) and the Multipurpose Room (capacity 40)

Springhill Lake Recreation Center: Clubhouse (capacity 20) and the Classroom (capacity 15).

Facility Rental information is also available at www.greenbeltmd.gov/recreation.

COMPUTER LAB AT SPRINGHILL LAKE RECREATION CENTER!

The lab features 10 Dell laptops with Microsoft Office 2010. Open lab hours are Monday - Friday from 3:00pm-7:00pm. The hours of 3:00pm-5:00pm are for ages 8 to 13, while 5:00pm-7:00pm are reserved for ages 14 and older. The lab is free for recreation ID holders.

For more information contact the Springhill Lake Recreation Center at 301-397-2212.

REGISTRATION INFORMATION (SAGE PROGRAM PROCEDURES LISTED ON PAGE 21.)

Registration forms may be dropped off or mailed in at any time. For your convenience, there are two drop off locations where completed registration forms can be deposited when the office is closed but the building remains open. These include the Community Center Welcome Desk and the Youth Center business office drop slot. PLEASE NOTE: All courses have a limited enrollment. Early registration improves the likelihood that you will be enrolled in your courses of choice.

Resident Registration begins on November 28 and is ongoing through December 4, 2016.

Non-Resident Registrations will be processed beginning on December 5, 2016.

On-line Non-Resident Registrations will begin at 5:00pm on December 5, 2016.

MAIL-IN REGISTRATION PROCESS

1. Complete in its entirety the registration form located in this brochure.
2. Make payment using one of the following forms: check, money order, or credit card (Visa/MasterCard/American Express/Discover). Cash payments will not be accepted via the mail.
3. Seal in an envelope, affix proper postage and mail to: **The Greenbelt Recreation Department
25 Crescent Road
Greenbelt, Maryland 20770**

IN-PERSON REGISTRATION PROCESS

1. Visit the business office at the Community Center or Youth Center Monday through Friday, 9:00am-4:30pm. For walk-in Aquatic and Fitness course registrations and/or memberships, visit the Greenbelt Aquatic and Fitness Center.
2. Complete a registration form in its entirety.
3. Make payment using one of the following forms: cash, check, money order, or credit card (Visa/MasterCard/American Express/Discover).

ON-LINE REGISTRATION PROCESS

1. Visit www.greenbeltmd.gov/recreation click on Online Registration then follow the online instructions.
2. To log into the website, your initial username is your home phone number and your password is your home zip code. If you were entered as a NEW household into the database AFTER 3/12/2010, then your default password is the primary guardian's LAST NAME. It is HIGHLY RECOMMENDED that you change this information on your first log-in. If you have NEVER enrolled in a Greenbelt Recreation Department class, you will need to call 301-397-2200 or 2208 to get your household set up. To get the RESIDENT rates, you must show proof of residency at one of the recreation department facilities

3. Please note: there are a few classes where on-line registration is NOT allowed. Please see the class listings for more information.

CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 18 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

CLASS CANCELLATIONS

Classes will not be held on the following dates: **January 1 – New Year's Day, January 16 – Martin Luther King, Jr. Day, February 20 – Presidents' Day.** Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course when possible. Pre-school and children's classes scheduled before 5:00pm will not meet on some P.G. County school holidays. When Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call the Greenbelt Recreation Department Weather & Information Hotline at 301-474-0646 for updated class information.

COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

CREDITS/REFUNDS

If an activity is cancelled by the Recreation Department, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum \$2.50) processing fee and will be pro-rated to reflect the number of meetings attended by the participant.

INCLUSION

Individuals who are physically, mentally, and/or emotionally challenged are encouraged to participate in any of our programs. Please call Karen Haseley, CTRS at 240-542-2054 to make arrangements.

CLASS SCHEDULE

Classes will begin the week of January 3, 2017. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.



GREENBELT DEPARTMENT OF RECREATION RULES OF CONDUCT

The Greenbelt Recreation Department is committed to providing quality recreation and educational opportunities in a healthy, positive and enjoyable atmosphere. Our most important goal is to provide a pleasurable and secure environment for all participants. To fulfill this commitment, the Department has established

Rules of Conduct. By signing the waiver on the Greenbelt Recreation Department registration form (page 39), all class participants agree to abide by these Rules of Conduct.

Individuals may lose the opportunity to participate in programs and services, including the use of center facilities throughout the Department of Recreation, subject to approval of the Assistant Director of Recreation, for any of the following:

- failure to abide by any of the rules established by the Department;
- failure to comply with the direction given by center staff in the lawful performance of their duties;
- misuse, destruction, damage or theft of Department property or the property of others;

- indecent or obscene language or conduct, including use of profanity;
- any action which, in the judgment of Department staff, places the health, safety or welfare of any person at risk. This includes but is not limited to: physical and/or verbal abuse, intimidation, coercion, inciting others to violence or disruption, sexual harassment, possession, use or distribution of weapons, instruments used as weapons, fireworks or explosives;
- possession, use or distribution of alcohol, illegal drugs or controlled substances; and
- any action that constitutes a violation of local, state or federal law.

CONSEQUENCES

Misconduct by participants will result in temporary or permanent removal from the program or facility. Refund of program fees will not be issued when removal from the program or facility is a result of non-compliance with the Rules of Conduct.

If participant is under the age of 18, a parent will be notified either face-to-face at pick up time or by written correspondence sent home. In the event that a child must be removed from a program or facility, the parent or guardian will be contacted and required to pick up the child immediately. Removal from a Recreation Department program or facility will extend to all Recreation Department programs and facilities.

LOCATION CODES: **BF** - Braden Field, **BFTC** - Braden Field Tennis Courts, **CC** - Greenbelt Community Center, **GAFC** - Greenbelt Aquatic & Fitness Center, **GES** - Greenbelt Elementary School, **GRHS** - Green Ridge House, **MES** - Magnolia Elementary School, **SHLES** - Springhill Lake Elementary School, **SHLRC** - Springhill Lake Recreation Center, **SHP** - Schrom Hills Park, **SHP-CC** - Schrom Hills Park Community Center, **YC** - Greenbelt Youth Center



WEATHER & INFORMATION HOTLINE: 301-474-0646

Call the weather and information hotline for updates on classes, programs and activities when there is inclement weather or another emergency.

Financial Assistance (Greenbelt residents only)

Financial Assistance for all Greenbelt Recreation Programs

The City of Greenbelt, an inclusive community, recognizes the fact that some residents may require financial assistance in order to participate in certain recreational activities that are offered through the Greenbelt Recreation Department. As a result, the City of Greenbelt's Financial Assistance program was developed and designed to assist eligible individuals and families experiencing financial difficulties to access our programs, by providing the option to apply for a reduced fee. **Greenbelt residents ONLY can apply and proof of Greenbelt residency is required.**

The Financial Assistance Application was designed to help us determine your eligibility and the best possible solution to meet your specific needs. Please complete and return the form and the proper documentation to our office as soon as possible at: Greenbelt Recreation Department, 25 Crescent Road, Greenbelt, Maryland, 20770, ATTENTION: Financial Assistance. Regardless of your income, there are opportunities to participate. Application forms are available online and at all Recreation Department offices.

Arts and Senior Programs: Mary Purcell Geiger Scholarship Fund

The Mary Purcell Geiger Scholarship Fund supports partial financial assistance for Greenbelt residents of any age who are interested in participating in Greenbelt Recreation Department visual arts, performing arts and senior programs. Assistance is available on a limited basis according to need. Individuals who have not yet received scholarship assistance during the current program year (July through June) will be given priority status in the awarding of support. Otherwise, assistance will be offered on a first-come, first-served basis.

Please note: funds cannot be applied to the cost of PG Community College classes, camps (for which separate scholarship assistance is available), courses offered by independent individuals and organizations, or programs costing less than the minimum required patron contribution. Mary Purcell Geiger Scholarship application forms are available at the Greenbelt Community Center.

Greenbelt Recreation Department

GREENBELT CITY COUNCIL

Emmett V. Jordan, Mayor, Judith "J" Davis, Mayor Pro-Tem, Konrad E. Herling, Leta M. Mach, Silke I. Pope, Edward V.J. Putens, Rodney M. Roberts

CITY MANAGER: Michael P. McLaughlin

GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact Cindy Murray, City Clerk 301-474-3870. Boards affiliated with the Greenbelt Recreation Department include: Arts Advisory Board, Senior Citizens Advisory Committee, Park and Recreation Advisory Board and Youth Advisory Committee.

DEPARTMENT OF RECREATION ADMINISTRATIVE OFFICE, 99 Centerway, 301-397-2200

Julie McHale, CPRP, Recreation Director
Joe McNeal, AFO, CPRP, Assistant Director of Operations
Greg Varda, CPRP, Assistant Director of Recreation Programs
Debbie Coulter, Administrative Coordinator
Cathy Pracht, Administrative Assistant

GREENBELT AQUATIC AND FITNESS CENTER 101 Centerway, 301-397-2204

Stephen Parks, AFO, Aquatics Supervisor
Cheryl Conrad, Aquatics Coordinator
Mitch Kallemyn, Aquatics Coordinator
Souzan Noaman, Administrative Assistant

SPRINGHILL LAKE RECREATION CENTER

6101 Cherrywood Lane, 301-397-2212
Brian Butler, Recreation Coordinator I
Frank Jones, III, Recreation Coordinator I

YOUTH CENTER, 99 Centerway, 301-397-2200

Anne Oudemans, CPRP, Recreation Supervisor
Andrew Phelan, CPRP, Recreation Coordinator II
Alison Longworth, CPRP, Recreation Coordinator I

GREENBELT COMMUNITY CENTER

15 Crescent Road, 301-397-2208
Di Quynn-Reno, CPRP, Community Center Supervisor
Chris Cherry, Performing Arts Program Coordinator
Rebekah Sutfin, CPRP, Community Center Coordinator II
Ruth Campbell, Administrative Assistant
Frank Ellis, Administrative Assistant

ARTS PROGRAMS

15 Crescent Road, 240-542-2057
Nicole DeWald, Arts Supervisor

THERAPEUTIC RECREATION PROGRAMS

15 Crescent Road, 240-542-2054
Karen Haseley, CTRS, Therapeutic Recreation Supervisor

SCHROM HILLS PARK

6915 Hanover Parkway, 301-397-2200

GREENBELT ACTIVITY REGISTRATION FORM

(PLEASE PRINT)

Adult Participant/Parent/Guardian _____ Preferred Name _____

Address _____

Please check here if this is a new address.

City _____ State _____ Zip _____

Phone (home) _____ (work) _____ (cell) _____

E-mail _____ *Receipts are sent via e-mail whenever possible.*

Emergency Contact _____ Emergency Phone _____

A modification due to a disability is needed for an individual below to participate in this program. YES ___ NO ___
 If yes, please complete a Special Assistance Request Form provided by the Recreation Department or download it from www.greenbeltmd.gov/special_assistance.

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: City of Greenbelt				TOTAL	

Please charge my (please circle): VISA MC AM EX DIS

Expiration Date: _____ Credit Card Number: _____

Signature: _____ Date: _____

PLEASE READ THE FOLLOWING CAREFULLY AND SIGN.

INSURANCE: I hereby inform the City of Greenbelt and the Greenbelt Recreation Department that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents or injuries to the above named participant(s) received during any phase of this program.

RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and the Greenbelt Recreation Department, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and the Greenbelt Recreation Department, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and the Greenbelt Recreation Department by reason of, or arising out of injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.

PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs and videos of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. No personal information other than the participant's first name will be released under any circumstances.

RULES OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by the Recreation Department's Rules of Conduct as outlined on page 33 of this brochure.

X _____ **X** _____
 Adult Participant or Guardian's Signature Date Additional Adult Participant's Signature Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.

Clubs and Contacts

alight dance theater Angella Foster
www.alightdancetheater.org,
301-821-1331

Astronomical Society of Greenbelt
Martha Gay, 301-474-3305

Boy Scout Troop 746
Lenny Wertz, 301-864-0254

Boys to Men Mentoring Network of Greater Washington
Blix Winston, 301-607-9185
fblixwinston@aol.com

Center for Dynamic Community Governance, Inc
Aileen Kroll, 202-644-1129

Chesapeake Education, Arts and Research Society (CHEARS)
Maggie Cahalan, maggie@chears.org,
301-642-4851,
www.chears.org

Citizens to Conserve and Restore Indian Creek

Lutz Rastaetter, 301-286-1085

County Informational & Referral Services for the Aging 301-265-8450

Cub Scout Pack 202
Canice Shipp, 301-775-5152
GreenbeltCubScoutsPack202@yahoo.com

Eleanor and Franklin Roosevelt Democratic Club
www.rooseveltclub.com

Friends of the Greenbelt Library
Joyce Griffin, President,
240-508-9162

Friends of the Greenbelt Museum
Megan Searing -Young,
301-507-6582

Friends of Greenbelt Theatre
Caitlin McGrath,
hello@greenbeltheatre.org

Friends of New Deal Café Arts
LeAnn Irwin,
paxirwin@yahoo.com

Friends of the Resource Advocate
Kris White, 301-848-0914

Greenbelt Access Television (GATe)
Malia Murray 301-507-6581

Greenbelt American Legion Post 136
Steven Messer, 301-345-0136

Greenbelt Animal Shelter
240-508-7533

Greenbelt Aquatic Boosters
Khanh Pham, 240-314-9333

Greenbelt Arts Center 301-441-8770
www.greenbeltartscenter.org

Greenbelt Association for the Visual Arts Ingrid Cowan Hass,
ingridcowanhass@larkov.de

Greenbelt Babe Ruth
Bob Sonneveldt, 301-345-1033

Greenbelt Boys & Girls Club

Information Line
www.greenbeltbgc.org

Greenbelt Branch, P. G. County Library
301-345-5800
Greenbelt CARES
301-345-6660
Greenbelt CERT (Citizen Emergency Response Team) Ken Theodos
greenbeltcert@gmail.com

Greenbelt Community Development Corp.

www.greenbeltcdc.org
Greenbelt Community Foundation
Melissa Ehrenreich, 202-412-7942

Greenbelt Concert Band, Brass Choir and Wind Ensemble Eli Zimet,
zimete@verizon.net, 301-977-2312

Greenbelt Connection 301-474-4100

Greenbelt Dog Park Assoc.
Marjorie Whitacre, 301-345-3791

Greenbelt Farmers Market
info@greenbeltfarmersmarket.org

Greenbelt Girl Scouts
Lori Davis, 1-800-834-1702,
www.gscnc.org

Greenbelt Golden Age Club
Brenda Cooley, 301-345-1388

Greenbelt Green Man Festival
Jean Newcomb, 301-441-9023

Greenbelt Homeschoolers
Li'l Dan Celdran, 240-643-3768,
dceldran@hotmail.com

Greenbelt Intergenerational Volunteer Exchange Service (GIVES) 301-345-2597

Greenbelt Labor Day Festival Committee

Linda Ivy, 301-675-0585

Greenbelt Lions Club
Harvey Hauptman, 301-908-5582

Greenbelt Mamas and Papas
Amy Knesel, 301-318-9621

Greenbelt Museum
301-507-6582 or 301-474-1936

Greenbelt National Park and Campground 301-344-3948

Greenbelt Pottery Group
Madeleine Golde, 301-233-5107
mtgolde@verizon.net, (class/
studio information: 240-542-2060)

Greenbelt Pride,
Andrea Waters, 301-474-0294

Greenbelt Rotary Club
Louis Pope 301-441-1100

Greenbelt Senior Softball
George Harrison, 301-538-3636



Greenbelt Soccer Alliance
David Whiteman, 240-391-8598
www.greenbeltsoccer.org

Greenbelt Tennis Association
Theresa Henderson, 301-345-1014

Greenbelt Toastmasters
240-542-8625,
www.greenbelt.toastmastersclubs.org

Greenbelt Volksmarchers
Yvonne Pennington, 301-431-6668

Greenbelt Writers Group
Barbara Ford, 301-441-8241

Greenbelt Youth Baseball
www.greenbeltyouthbaseball.siplay.com

Greenbelt Youth Double Dutch City Stars Kim Bradshaw, 301-503-6962

Greenbriar Community Center,
301-441-1096

Green Ridge House 301-474-7595
Hunting Ridge Community Center
301-345-1777

Miss Greenbelt Scholarship Organization
Devin Fendlay, 240-838-9996,
devinfendlay@hotmail.com

Maryland-National Capital Park and Planning Commission

Carlos Ocasio, 301-345-2808

Maryland 4-H Youth Development
Karna Thompson, 301-868-9366

Patuxent Widowed Persons Service
301-693-5210

Potomac Pedalers Touring Club
Bill Clarke, 301-474-7280

Transit Riders United of Greenbelt (Tru-G)

Stephen Holland, 240-485-4793

Well-Wishers for the Animals of the Greenbelt Shelter (WAGS)

Michele Touchet, 301-602-8502

Windsor Green Community Center
301-345-4837