



# Elementary/Middle School Programs

## HEALTH & FITNESS

**YC Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov**  
**SHLRC Contact: Frank Jones, 240-542-2123, fjoness@greenbeltmd.gov**

### AFTER SCHOOL FIT CLUB 432501-1 **Ages 5-12**

Does your child have a lot of energy to burn when they leave school? Keep your child active, with the After School Fit Club. "Free play" will occur during the first hour, and the second hour consists of structured games/activities led by staff. Registration for this program is required, but there is no fee. Participants are only required to purchase a valid Greenbelt Recreation Facility ID. A parent/guardian must remain in the facility during the program.

**Tu/Th 3:00pm-5:00pm/YC-FULL**  
**24 mtgs: 9/19 - 12/14 (No class 11/7, 11/23)**

### E.A.G.L.E VISION 432411-1 **Ages 8-12**

Validating inspired students involving outreach and nutrition or V.I.S.I.O.N is an after school program designed to introduce participants to various activities and games that help promote an active and healthy lifestyle. Each session will include nutritional facts and health information. This program is free to facility ID holders.

**W/F 2:30pm-3:45pm/SHLRC-FULL**  
**16 mtgs: 9/13 - 11/3**

### TKA KARATE **Ages 5-12**

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.

**M 6:30pm-7:30pm/YC-Gym**  
**11 mtgs: 9/18 - 11/27** **R/NR: \$66**

## BEGINNER ARCHERY

Shoot for it! PREVIOUS EXPERIENCE NOT REQUIRED. Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position with re-curve bows. All equipment will be provided. Sessions will be led by a certified National Field Archery Association instructor.

**AGES 6-7 437503-1 Sa 11:30am-12:15pm/BF-2**  
**6 mtgs: 9/16 - 10/21**  
**R: \$40, NR: \$50**

**AGES 8-10 437503-2 Sa 12:30pm-1:15pm/BF-2**  
**6 mtgs: 9/16 - 10/21**  
**R: \$40, NR: \$50**

**AGES 11-13 437503-3 Sa 1:30pm-2:15pm/BF-2**  
**6 mtgs: 9/16 - 10/21**  
**R: \$40, NR: \$50**

### CRAZY 8 CLUB 437446-1 **Ages 8-12**

Join Springhill Lake Recreation Center and Bedtime Math's Crazy 8s, where you'll build stuff, run, and jump, make music, and make a mess...it's a totally new kind of math club. This program is free to facility ID holders.

**W 3:15pm-4:15pm/SHLRC-GAME**  
**8 mtgs: 9/13 - 11/1**

### RAIDER BASKETBALL SKILLS CLINIC 436436-1

**Ages 9-14**  
 This basketball skills clinic will be run by Eleanor Roosevelt's boys varsity basketball coach Brendan O'Connell. The clinic will focus on skill development such as shooting, ball handling, and defensive principles. Develop your game and become a part of Raider Nation.

**W 5:15pm-6:15pm/SHLRC-FULL**  
**8 mtgs: 9/13 - 11/1** **R: \$50, NR: \$65**

**VISUAL ARTS**

Contact: Amanda Larsen, 240-542-2062  
alarsen@greenbeltmd.gov



**CERAMIC HAND-BUILDING** Ages 5-15

Learn a variety of hand-building and decorating techniques by creating pots and sculptures. All materials provided.

**433208-1** Th 4:15pm-5:45pm/CC-304

11 mtgs: 9/14 - 12/7 (No class 9/21, 11/23)

R: \$92, NR: \$120

Instructor: Judy Goldberg-Strassler

**433208-2** Sa 9:30am-10:45am/CC-304

8 mtgs: 9/16 - 11/18 (No class 9/30, 11/11)

R: \$62, NR: \$81

Instructor: Janna Riley

**POTTERY ON THE WHEEL** 443251-1 Ages 10-18

Discover the creative possibilities of the potter's wheel. Personalized attention enables students to follow their imagination while cultivating technical skills. Clay is provided for participants under age 16. Participants ages 16+: Ceramic Open Studio is included and purchase of new clay is required.

**W 4:15pm-6:00pm/CC-305**

12 mtgs: 9/13 - 12/6 (No class 9/20) R: \$133, NR: \$173

Instructor: Gina Mai Denn

**AFTERSCHOOL ART ADVENTURES** Ages 6-12

A weekly program of creative play and expression provided at Greenbelt Elementary School. Students who are not enrolled at GES may register on or after 9/18. Caregivers are encouraged to join their child at the final class meeting to participate in an art activity. These classes must meet minimum enrollment by 9/21 in order to run.

**433600-1** M 3:30pm-4:30pm/GES

8 mtgs: 9/25 - 11/27 (No class 10/30, 11/13)

R: \$64, NR: \$79

Instructor: Lucy Silver

**433600-2** W 3:30pm-4:30pm/GES

8 mtgs: 9/27 - 11/15

R: \$64, NR: \$79

Instructor: Amina Rahman

**HOMESCHOOL ARTS PROGRAMS**

Amanda Larsen, 240-542-2062,  
alarsen@greenbeltmd.gov

**HOMESCHOOL CERAMIC HAND-BUILDING** 433201-1  
Ages 5-15

Learn a variety of hand-building techniques by creating pots and sculptures. All materials provided. Children may participate by themselves, or caregivers can register, too!

**Th 1:00pm-2:30pm/CC-304**

11 mtgs: 9/14 - 12/7 (No class 9/21, 11/23)

R: \$92, NR: \$120 per child or adult

Instructor: Judy Goldberg-Strassler

**HOMESCHOOL CERAMICS: WHEEL** 443215-1

Ages 10-18

Take on the potter's wheel and learn the fundamental skills to create and decorate your own pots and sculptures. All materials provided. Children may participate by themselves, or caregivers can register, too!

**Tu 11:00am-12:45pm/CC-305**

11 mtgs: 9/12 - 11/21

R: \$148, NR: \$192 per child or adult

Instructor: Gina Mai Denn

**HOMESCHOOL AROUND THE WORLD THROUGH ART AND MUSIC** 433257-1

Ages 6-12

Each week, students will explore a different country or region of the world through art and music. Students will be keeping a portfolio of maps, lyrics, artwork and facts about each place we study. This is a two hour class. We will do an art project in the first half of class, have a short snack and bathroom break and then continue with a song, dance or game. Students should bring a water bottle and snack to class (no nuts please) and dress in comfortable art-making clothing. The last 20 minutes of the last class will feature a presentation of music and art for our families.

**Th 10:00am-12:00pm/CC -113**

8 mtgs: 9/28 - 11/16

R: \$107, NR: \$139

Instructor: Rachel Cross



**SCHOOL'S OUT**  
(Ages 5-12)

The School's Out program runs from 9:00am-3:30pm. Afternoon snack will be provided. Before care is available beginning at 7:00am for an additional \$7/child per session. After-care is also available from 3:30pm-6:00pm for an additional \$10/child per session. **PRE-REGISTRATION**

• **REQUIRED.** Spaces are limited and program often fills to capacity.

• **SKY ZONE INDOOR TRAMPOLINE PARK** 436501-1

• Friday, October 20, R: \$45, NR: \$54

• Greenbelt Youth Center

• Join us on a trip to Sky Zone in Columbia, home of wall-to-wall trampolines. Participants will have a blast jumping, all while getting a great workout.

• **CLIMB ZONE** 136501-1

• Friday, February 9, R: \$45, NR: \$54

• Greenbelt Youth Center

• This family-focused climbing center has numerous climbing walls suitable for all ages. Climb Mount Rushmore, the Abraham Lincoln Memorial, and so many more uniquely themed walls. Participants will challenge themselves through each obstacle and get great exercise in the process.



**PERFORMING ARTS**

Contact: Angella Foster, 240-542-2067  
afoster@greenbeltmd.gov

*The minimum age requirement for all classes should be met by the first class meeting. For more performance opportunities, see Nutcracker Performance Club to register to perform in our upcoming production of The New Deal Nut: A Greenbelt Nutcracker. Helpful hints for getting your young performer ready for class at: [www.greenbeltmd.gov/dance](http://www.greenbeltmd.gov/dance).*

**PRE-TAP/JAZZ 434204-TU** **Ages 5-7**

In a positive but structured environment, students will learn the basics of both tap and jazz as well as short, upbeat choreographed dances for in-class showings. Perfect for dancers who have completed Pre-Dance and are ready for a fun, new challenge! Students should wear leggings or sweat pants with a snug fitting top; tap shoes required for this class, black preferred. In-Studio performance on last day of class! Note: Tap classes meet on the stage in the Community Center gymnasium, not in the dance studio.

**Tu 4:15pm-5:00pm/CC-106**

**12 mtgs: 9/12 - 12/5 (No class 10/31)**

**R: \$84, NR: \$91**

**Instructor: Lisa Pellittiere**

**PRE-BALLET** **Ages 5-7**

In Pre-Ballet, young dancers will develop the proper posture, flexibility and discipline needed to begin a more formal study of classical ballet. In a joyful but structured environment, students will learn the elementary positions and movement phrases of ballet as well as some basic character dance steps used in traditional story ballets like the Nutcracker and Swan Lake. Emphasis will also be placed on learning correct French terminology. In-studio performance for friends and family on last day of class! Uniform: Girls - leggings or footless tights with a snug fitting top or leotard with pink ballet slippers or bare feet; Boys - leggings or sweatpants with snug-fitting t-shirt with black ballet slippers or bare feet.

**434201-TH Th 4:15pm-5:00pm/CC-10**

**11 mtgs: 9/14 - 12/14 (No class 9/21, 10/5, 11/23)**

**R: \$77, NR: \$84**

**Instructor: Catherine Fischer**

**434201-SA Sa 11:00am-11:45am/CC-10**

**10 mtgs: 9/16 - 12/9 (No class 9/30, 10/14, 11/25)**

**R: \$70, NR: \$77**

**Instructor: Angella Foster**

**BALLET/JAZZ BASICS 434205-3** **Ages 6-9**

A fun introduction to grace and precision of ballet as well as the fast-paced rhythms of musical theater jazz in a positive, supportive environment. Students will learn short choreographed dances in both styles of dance. Uniform: Girls - black leotard, pink footless tights and pink ballet slippers; Boys - white t-shirt, black knit pants or shorts and black ballet slippers. In-Studio performance on last day of class!

**M 5:00pm-5:45pm/CC-10**

**12 mtgs: 9/11 - 12/4 (No class 10/16)**

**R: \$84, NR: \$91**

**Instructor: Angella Foster**

**LIL HIP HOP 434206-2****Ages 6-9**

A fun, upbeat introduction to hip hop designed especially for young dancers with little to no previous dance experience. Dancers will learn the basics of popping, locking and isolations as well as fast, fun hip hop routines to a mix of age-appropriate beats. In-studio performance for friends & family on last day of class!

**Tu 5:15pm-6:00pm/CC-10**

**12 mtgs: 9/12 - 12/5 (No class 10/31)**

**R: \$84, NR: \$91**

**Instructor: Lisa Pellittiere**

**MUSICAL THEATER TAP I 434207-1** **Ages 7-11**

Perfect for students interested in any aspect of performing arts, but musicals in particular! Learn classic tap steps featured in movie musicals like *Singin' in the Rain* and *42<sup>nd</sup> Street*. Uniform: black jazz pants or leggings, snug fitting plain t-shirt and black or tan tap shoes. No character heels please. In-studio performance on last day of class!

**W 4:00pm-5:00pm/CC-106**

**11 mtgs: 9/13 - 12/6 (No class 9/20, 11/22)**

**R: \$99, NR: \$108**

**Instructor: Lisa Pellittiere**

**MUSICAL THEATER TAP II/III 434210-1** **Ages 7-11**

A continuation of Tap I/II. This class is designed to give students a chance to further develop the clarity and precision of their tapping as well as hone their performance skills for the stage. Uniform: black jazz pants or leggings, snug fitting t-shirt and black or tan tap shoes. No character heels please. Must have completed at least one full year of tap study or receive permission of instructor to enroll. In-studio performance on last day of class!

**W 5:00pm-6:00pm/CC-106**

**11 mtgs: 9/13 - 12/6 (No class 9/20, 11/22)**

**R: \$99, NR: \$108**

**Instructor: Lisa Pellittiere**

**BALLET I 434202-1****Ages 7-11**

An introduction to the grace and discipline of classical ballet. This class teaches young dancers the basic posture and body positions which lay the foundation of this beautiful dance form. Emphasis is on developing each student's flexibility, strength and musicality. Perfect for aspiring young dancers who have completed Pre-Ballet. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck. Boys - black ballet shoes, black leggings, snug white t-shirt. In-Studio performance on last day of class!

**Th 5:00pm-6:00pm/CC-10**

**11 mtgs: 9/14 - 12/14 (No class 9/21, 10/5, 11/23)**

**R: \$99, NR: \$108**

**Instructor: Catherine Fischer**

**BALLET II/III 434203-1**

**Ages 8-15**

A continuation of Ballet I/II. Students must have completed at least one full year of ballet training. Emphasis is on developing each dancer's understanding and mastery of the basic movements and performance quality characteristics of classical ballet. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck. Boys - black ballet shoes, black leggings, snug white t-shirt. In-studio performance on last day of class!

**Th 6:00pm-7:00pm/CC-10**

**11 mtgs: 9/14 - 12/14 (No class 9/21, 10/5, 11/23)**

**R: \$99, NR: \$108**

**Instructor: Catherine Fischer**

**CONTEMPORARY DANCE 434215-2**

**Ages 8-15**

Contemporary dance combines elements of ballet, yoga, Pilates, basic tumbling and modern dance to create a fusion that is fun, expressive and great exercise. No previous dance experience required. Uniform: Students should wear snug-fitting comfortable clothes, including pants that cover the knees, and plan to dance bare feet. In-studio performance on last day of class!

**Tu 6:00pm-7:00pm/CC-10**

**12 mtgs: 9/12 - 12/5 (No class 10/31)**

**R: \$108, NR: \$117**

**Instructor: Lisa Pellittiere**

**MUSICAL THEATER TAP IV 444205-1**

**Ages 11-17**

A continuation of Tap III. At this level, students learn more tap-rhythms, sounds, and combinations while progressing in their mastery of riffs, time steps, complex turns, and extensive warm-up. Students will also demonstrate the ability to build speed while keeping the clarity of their taps clean. Uniform: Black jazz pants or leggings, snug fitting t-shirt and black or tan tap shoes. No character heels please. Must have completed at least two full year of tap study or receive permission of instructor to enroll. In-studio performance on last day of class!

**W 6:00pm-7:00pm/CC-106**

**11 mtgs: 9/13 - 12/6 (No class 9/20, 11/22)**

**R: \$99, NR: \$108**

**Instructor: Lisa Pellittiere**



**BALLET IV/V 444201-1**

**Ages 11-17**

A continuation of Ballet II/III. Students must have completed at least three full years of ballet training. This class will focus on the continued mastery of classical ballet vocabulary with an emphasis on advanced jumping and turning skills. In addition, students will learn short variations to work on their performance quality and acting skills. Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck. Boys - black ballet shoes, black leggings, snug white t-shirt. In-studio performance on last day of class!

**M 6:00pm-7:15pm/CC-10**

**12 mtgs: 9/11 - 12/4 (No class 10/16) R: \$120, NR: \$130**

**Instructor: Angella Foster**

**MUSICAL THEATER JAZZ II/III 444204-1**

**Ages 11-17**

A fun, fast-paced survey of a wide variety of musical theater jazz styles set to music from popular Broadway shows past and present. Dancers will learn choreographed dance routines to a wide range of musical selections with an emphasis on turning and jumping skills. Uniform: Students should wear snug fitting comfortable clothes. Jazz slippers or dance sneakers preferred but not required. In-studio performance on last day of class!

**Sa 12:00pm-1:00pm/CC-10**

**10 mtgs: 9/16 - 12/9 (No class 9/30, 10/14, 11/25)**

**R: \$90, NR: \$99**

**Instructor: Angella Foster**

**NUTCRACKER PERFORMANCE CLUB**

Nutcracker Performance Club is perfect for young dancers ready to step into the spotlight. In this class, dancers will prepare to perform in our original production of *The New Deal Nut: A Greenbelt Nutcracker*. This production will incorporate dances in various styles, including ballet, jazz, contemporary, hip hop and tap in an imaginative retelling of the Nutcracker story set in Greenbelt past and present. Uniform: Girls - Black leotard (no attached skirts) with pink tights. Boys - White t-shirt and black leggings. Uniform will serve as the foundation for added costume pieces. Dancers should bring all dance shoes they currently own (ballet slippers, tap shoes and/or jazz slippers).

*Prerequisite: To participate, students must also be concurrently enrolled in a weekly technique class in our program and **MUST** be available for all dates and times below. Prior permission from instructor is needed if student is not able to meet these requirements.*

**REQUIRED DATES:**

Dress Rehearsals: 12/8, 4:30pm-7:00pm,  
12/15, 4:00pm-7:00pm;  
Performances: 12/16, 1:00pm-4:30pm  
12/17, 1:00pm-4:30pm.

**AGES 8-17 434208-1 F 4:30pm-6:30pm/CC-10**

**13 mtgs: 9/8 - 12/15 (No class 11/10, 11/24)**

**R: \$135, NR: \$145**

**AGES 5-7 434208-4 F 4:30pm-5:30pm/CC-10**

**10 mtgs: 9/22 - 12/15 (No class 10/13, 11/10, 11/24)**

**R: \$95, NR: \$105**

**Instructors: Angella Foster & Lisa Pellittiere**