

POTTER'S WHEEL TWEENS AND TEENS 243251-1

A course in hand-building and use of the potter's wheel. All materials provided.

Sa 10:00am-12:00pm/CC-305

8 mtgs: 4/10 - 6/5 (No Class 5/8)

Ages 11-16

R: \$102, NR: \$112

Instructor: Mike Pappas

ARTS FOR THE HOME SCHOOLED

Each 3-week section takes students on an in-depth journey through a different medium: Mixed Media, Drawing and Painting, and Printmaking. New projects will be introduced in the spring session. Register for all three 3-week sections and receive a 10% discount. All sections MUST meet minimum enrollment by 3/31; please register early to avoid cancellation. Class is concurrent with Pre-School Art.

MIXED MEDIA 243205-1

Tu 10:00am-11:30am/CC-116

Ages 5-12

3 mtgs: 4/6 - 4/20

R: \$35, NR: \$45

DRAWING AND PAINTING 243205-2

Tu 10:00am-11:30am/CC-116

Ages 5-12

3 mtgs: 4/27 - 5/11

R: \$35, NR: \$45

PRINTMAKING 243205-3

Tu 10:00am-11:30am/CC-116

Ages 5-12

3 mtgs: 5/18 - 6/1

R: \$35, NR: \$45

Instructor: Leah Cohen

MISCELLANEOUS



TKA KARATE

Registration for this class will be held at the Springhill Lake Elementary School the first night of class. For more information please call 301-840-9262.

M 6:00pm-7:00pm/SHLES

10 mtgs: 4/12 - 6/21 (No Class 5/31)

Ages 5-12

R:/NR: \$50

STRATEGY GAMES CLUB 287501-1

Exercise your brain playing a variety of strategy games. Come join in the fun!

Tu 7:00pm-9:00pm/YC-Multi

Ages 10-Adult

13 mtgs: 3/23 - 6/15

FREE

Instructor: Karen Haseley

SCHOLARSHIP ASSISTANCE is available to Greenbelt residents for visual arts, performing arts and senior programs. Applications are available at the main office of the Greenbelt Community Center.

MUSIC & DANCE

AFRICAN DRUMMING 284400-1

Learn the history and techniques of Western and Central African drumming traditions in an atmosphere of empowerment and peer support. Beginners and all levels welcome. Bring your drum or borrow one from the instructor. Instruction will take place 2:30pm-4:00pm, followed by guided drumming for the dance class that follows.

Sa 2:30pm-5:30pm/SHLRC-Gym

6 mtgs: 4/10 - 5/15

Ages 10-Adult

R: \$35, NR: \$50

Instructor: Bros. Yuma and Rahjae Bellomee



AFRICAN DANCE 284401-1

Learn traditional and contemporary dance styles of Western and Central Africa in an atmosphere of empowerment and peer support. Beginners and all levels welcome.

Sa 4:00pm-5:30pm/SHLRC-Gym

6 mtgs: 4/10 - 5/15

Ages 10-Adult

R: \$35, NR: \$50

Instructor: Sis. Brenda Nixon

GREENBELT DANCE STUDIO CLASSES FOR KIDS

The Greenbelt Dance Studio in the Greenbelt Community Center offers a full roster of classes for children and teens, including multiple sections of Creative Movement and Pre-Dance classes, as well as Ballet, Jazz, Contemporary Dance, and Modern Dance – all on a terrific sprung wood floor in our beautiful and spacious mirrored studio. Classes began back in January for the combined Winter-Spring semester and therefore aren't listed in this issue. Go to www.greenbeltmd.gov/dance to see what we offer

– and look for some special dance opportunities in the summer brochure!



FITNESS

HEALTH & FITNESS

Flexibility, strength, and toning movements from many disciplines. Bring a mat.

252202-1 Tu 7:05pm-8:00pm/CC-202

12 mtgs: 3/30 - 6/15

Ages 16-Adult

R: \$72, NR: \$82

252202-2 Th 7:05pm-8:00pm/CC-202

12 mtgs: 3/25 - 6/10

Ages 16-Adult

R: \$72, NR: \$82

Instructor: Amy Derin

FIT 'N' FUN AEROBICS 252203-1

Get yourself moving in the morning with a total body workout using a combination of aerobics, step aerobics, weights and kickboxing.

M/W/F 9:30am-10:45am/CC-106

29 mtgs: 3/22 - 6/11

(No Class 3/29, 3/31, 4/2, 4/5, 4/7, 4/9, 5/31)

Ages 16-Adult

R: \$100, NR: \$110

Drop-In: R: \$4, NR: \$5

Instructor: Judy Cocchiaro

JAZZERCISE

Ongoing class; register any class night. Drop-ins are welcome. Warm-up, aerobics, toning, strengthening and cool down. For more information: www.bev4jazz.com or 301-776-5405.

M/W 7:00pm-8:00pm/CC-106;

Sa 8:00am-9:00am/YC-Gym

\$45/Month, Drop-in: \$12

JACKI SORENSON AEROBICS

Register with class instructor. Call 301-439-3866 for more information.

Tu/Th 6:00pm-7:00pm/SHLRC-Gym

26 mtgs: 3/23 - 6/17

Ages 16-Adult

Drop-In: \$3.50

Instructor: Janet Anderson

FITNESS BOOT CAMP 252501-1

A new intense interval training class for men and women! This is a fun, effective and interactive exercise class consisting of cardio, strength, balance and flexibility exercises. Please wear proper exercise attire and bring a mat, resistance band, water bottle, and towel to each class.

Su 1:30pm-2:30pm/YC-Multi

10 mtgs: 3/28 - 6/13 (No Class 4/4, 5/9)

Ages 16-Adult

R: \$60, NR: \$70

Instructor: Li'l Dan Celdran

FUN YOGAMIX 252220-1

A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please bring a mat and a blanket to each class. Beginners are welcome; no experience necessary. For more information contact instructor at yogatina@yahoo.com.

Th 6:00pm-7:00pm/CC-202

12 mtgs: 3/25 - 6/10

Ages 16-Adult

R: \$60, NR: \$70

Instructor: Tina McCloud

LUNCHTIME YOGAMIX 252221-1

A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please bring a mat and a blanket to each class. Beginners are welcome; no experience necessary. For more information contact instructor at yogatina@yahoo.com.

Tu 12:30pm-1:30pm/CC-10

11 mtgs: 3/23 - 6/8 (No Class 3/30)

Ages 18-Adult

R: \$55, NR: \$65

Instructor: Tina McCloud

VISHWAYATAN YOGA

Exercise the entire body. DON'T eat 2-3 hours before class. Bring a mat.

252204-1 Tu 6:05pm-6:55pm/CC-202

11 mtgs: 3/23 - 6/8 (No Class 3/30)

Ages 16-Adult

R: \$77, NR: \$87

252204-2

Sa 10:00am-11:00am/CC-202

12 mtgs: 3/27 - 6/12

Ages 16-Adult

R: \$84, NR: \$94

Instructor: Manju Shukla

STROLLER STEPS 252502-1

Upward movement for your baby's health! A new exercise class for parents and their young children! A fun and interactive class where you exercise with your baby by your side. This class incorporates cardio, strength, balance skills, drills, and stretching. Make new friends as you play with your happy baby, becoming more fit and healthy. Please bring a water bottle, mat, and towel to each class. Resistance bands suggested.

Tu 9:30am-10:15am/YC-Multi

8 mtgs: 3/23 - 5/18 (No Class 3/30)

Ages Adult and 6 months-3 years R: \$30, NR: \$35

Instructor: Li'l Dan Celdran

PILATES MAT CLASS I 252205-2

A classic Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a cushy exercise mat or heavy blanket, and a 10 pound sandbag or rice bag as a leg weight.

W 8:00pm-9:00pm/CC-202

12 mtgs: 3/31 - 6/16

Ages 16-Adult

R: \$77, NR: \$87

Instructor: Catherine Turner

PILATES MAT CLASS II 252205-1

Prerequisite: Pilates Mat Class I or equivalent class (not video) experience and core strength. Class includes basic intermediate exercises for greater flexibility and core strength. Class will move at a faster pace, focusing on flow. Bring a mat and a 10-pound sandbag or rice bag as a leg weight.

W 6:45pm-7:45pm/CC-202

12 mtgs: 3/31 - 6/16

Ages 16-Adult

R: \$77, NR: \$87

Instructor: Catherine Turner

TAI CHI LEVELS I/II 252207-1

Beginning levels of Yang Simplified Tai Chi Form instruction as developed by Cheng, Man-Ch'ing (37 postures).

W 6:30pm-7:30pm/YC-Multi **13 mtgs: 4/21 - 7/14**
Ages 16-Adult **R: \$76, NR: \$86**
Instructor: Linda Uphoff

TAI CHI LEVEL III 252207-2

An in depth form correction and two person interplay to develop greater understanding of form and self-cultivation. Students must have completed the Yang Simplified Form; 37 Postures. Instructor approval needed prior to class, unless continuing from the winter session. Please call at 301-345-5386 if you have any questions.

W 7:30pm-8:30pm/YC-Multi **13 mtgs: 4/21 - 7/14**
Ages 16-Adult **R: \$76, NR: \$86**
Instructor: Linda Uphoff

TAI CHI ALL LEVELS 252206-1

Sa 9:00am-10:00am/CC-106 **12 mtgs: 3/27 - 6/12**
Ages 16-Adult **R: \$77, NR: \$87**
Instructor: Thomas Johnson

TKA KARATE

Registration for this class will be held at the Springhill Lake Elementary School the first night of class. For more information please call 301-840-9262.

M 7:00pm-8:30pm/SHLES
10 mtgs: 4/12 - 6/21 (No Class 5/31)
Ages 13-Adult **R:/NR: \$60**

ULTIMATE GROOVE WORKOUT 264220-1

The Ultimate Groove is an upbeat, high/low impact; go at your own pace, total body workout designed to make you feel like you're dancing. The dance routines incorporate hip-hop, ballet, jazz, Latin, African, line dancing, and other dance styles. Plus, it includes traditional cardio, strength and flexibility training exercises. Please wear form fitting workout gear and comfortable tennis shoes. Bring water and a towel or yoga mat for floor exercises. For more information, please contact instructor at chelsea@groovedancefitness.com or 240-297-9423.

Tu 7:00pm-8:00pm/Sa 9:00am-10:00am/CC-10
20 mtgs: 4/3 - 6/8 **Ages 18-Adult**
R: \$120, NR: \$140 **Drop-in: \$10**
5-Class Card: R: \$40, NR: \$45

MUSIC & DANCE

GREEK FOLK DANCING 254201-1

Lose weight and keep fit while having fun expressing your unique personality the Greek way through food and dance! No partner required.

Su 4:30pm-6:30pm/CC-10 **6 mtgs: 3/28 - 5/2**
Ages 16-Adult **R:/NR: \$25**
Instructor: Chris Tennant

MAD HOT BALLROOM DANCING

Frank Solomon teaches the hottest ballroom and club dances and dance etiquette in a fun and supportive environment designed for both teens and adults. No partners required. For help choosing a course or for more information, ask Frank at f50solomon@yahoo.com or call (301) 439-0723.

INTERMEDIATE SWING AND SALSA 254203-3

M 6:30pm-7:30pm/CC-10
10 mtgs: 4/5 - 6/14 (No Class 5/31)
Ages 16-Adult **R: \$55, NR: \$65**

BEGINNING RUMBA AND QUICKSTEP 254203-1

M 7:30pm-8:30pm/CC-10
10 mtgs: 4/5 - 6/14 (No Class 5/31)
Ages 16-Adult **R: \$55, NR: \$65**

INTERMEDIATE VIENNESE WALTZ AND MAMBO 254203-2

M 8:30pm-9:30pm/CC-10
10 mtgs: 4/5 - 6/14 (No Class 5/31)
Ages 16-Adult **R: \$55, NR: \$65**
Instructor: Frank Solomon

INTERNATIONAL FOLK DANCING 254501-1

FREE open house will be held on March 26th at 7:30pm. A variety of dances for all skill levels. Partners are welcome, but not necessary.

F 8:00pm-10:00pm/YC-Multi
9 mtgs: 3/26 - 5/28 (No Class 4/2)
Ages 16-Adult **R:/NR: \$32**
Instructor: Roland Forbes

AFRICAN DRUMMING 284400-1

AFRICAN DANCE 284401-1

Ages 10-adult Sa 4/10 - 5/15 **R: \$35, NR: \$50**
See page 10 for class details.

VISUAL ARTS and CRAFTS

VISUAL ARTS OPEN STUDIO 253216-1

Independent use of the studio whenever the room is not reserved. For individual projects in painting, drawing, and other fine arts. Participants may use the studio's easels, drymount press and mat cutter. All participants must attend a mandatory orientation meeting on Monday, April 5 at 8:15pm.

M-Sa 9:00am-9:45pm, Su 9:00am-6:45pm/CC-116
10 wks: 4/6 - 6/6
Ages 16-Adult **R: \$30, NR: \$40**

STAINED GLASS MOSAICS 253207-3

Learn the basics of applied mosaics and how to select materials for successful outdoor and garden applications such as stepping stones and markers. Materials and tools will be provided as part of the cost of the class for either a garden stone or a wall plaque.

Su 4/11 2:00pm-5:00pm; 4/18 2:00pm-4:00pm/CC-116
Ages 14-Adult **R: \$40, NR: \$45**
Instructor: Richard McMullin

STAINED GLASS - ALL LEVELS 253215-1

This class provides all the basics for starting to create stained glass panels using the Copper Foil Method. No prior experience required. Existing glass crafters can advance their skills and learn new tricks of the trade. Materials for one project and all tools are provided; additional materials may need to be purchased for additional projects. After completing this class, students are eligible for Stained Glass Open Studio sessions through the end of the spring session.

Sa 3:00pm-6:00pm/CC-116 **4 mtgs: 4/10 - 5/1**
Ages 16-Adult **R: \$70, NR: \$80**
Instructor: Richard McMullin

STAINED GLASS OPEN STUDIO 253217-1

Independent use of the studio for individuals with prior glass experience. May access studio, tools and grinders anytime when room is not reserved for another use. For inspiration, join other glass artists Saturdays, 12:00pm-3:00pm. Instruction and project materials are not included. Registered applicants must attend the orientation and certification test on Saturday, April 10 at noon unless certified within the past 6 months.

M-Sa 9:00am-9:45pm, Su 9:00am-6:45pm/CC-116
9 wks: 4/6 - 6/6
Ages 16-Adult **R: \$30, NR: \$40**

FABRIC AND NEEDLE CRAFT CIRCLE 253223-1

Bring your fabric/fiber projects to this informal, weekly gathering of crafters. Make new friends and gain artistic inspiration in a supportive, relaxing environment. Formal instruction not provided. Students enrolled in Visual Arts Open Studio may attend free of charge.

Th 7:00pm-9:00pm/CC-116 **9 mtgs: 4/8 - 6/3**
Ages 16-Adult **R:/NR: \$15**

QUILTING 253229-1

Create a beautiful sampler wall-hanging/table topper while gaining the knowledge to make almost any quilt. Learn the basics of machine piecing, quilting and binding. Focus on beginners, but all skill levels welcome. Bring a sewing machine if you have one. Some machines are available for general use. Call 240-542-2060 to inquire and for materials purchase list. Includes Visual Arts Open Studio.

W 7:00pm-9:00pm/CC-116 **9 mtgs: 4/7 - 6/2**
Ages 14-Adult **R: \$90, NR: \$100**
Instructor: Danielle Beitzell

SEW FOR CHARITY 283204-1

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies and power strips/cords. All ages welcome.

Th 10:00am-2:00pm/CC-116 **9 mtgs: 4/8 - 6/3**
Ages 16-Adult **R: \$5, NR: \$10**

FABRIC COIL BOWLS 253249-1

Turn your scrap fabric and a cotton clothesline into a decorative bowl. This workshop will cover the basics of Susan Breier's *It's A Wrap!* Participants need a sewing machine capable of zig-zag stitching to create these fantastic pieces. Course fee includes \$25 for starter materials; additional purchases may be required. Call 240-542-2060 for more information. Participants are eligible for a \$10 discount on Visual Arts Open Studio.

Su 1:00pm-4:00pm/CC-116 **1 mtg: 5/23**
Ages 10-Adult **R: \$45, NR: \$55**
Instructor: Danielle Beitzell

DARKROOM OPEN STUDIO 253231-1

Independent access for experienced darkroom users whenever the lab is not reserved. Registered applicants must attend the orientation and certification test on Monday, April 5 at 7:00 pm unless they have been certified previously. Refunds will be issued to any applicants not qualifying for this program. Basic chemistry provided.

M-Sa 9:00am-9:45pm, Su 9:00am-6:45pm/CC-309
9 wks: 4/6 - 6/6
Ages 16-Adult **R: \$50, NR: \$60**

MAT CUTTING AND FRAMING 253240-1

Preserve and beautify your artwork. Learn to frame and mat photographs, paintings, drawings and prints using the Community Center's mat cutter. Covers proper measurement and cutting of mat board and art mounting. Budget friendly framing options will also be discussed. Fee includes all materials. Please bring a small piece of art to mat. Participants receive a \$10 discount on spring or summer Visual Arts Open Studio. Bring 1 piece of art (up to 11"x14").

Su 12:30pm-5:30pm/CC-113 **1 mtg: 5/16**
Ages 16-Adult **R: \$50, NR: \$60**
Instructor: Sherill Anne Gross

DRAWING FROM LIFE 253241-1

Learn basic techniques of rendering in line, tone and color while drawing a live, nude model. Students bring their own drawing materials. Easels provided. All skill levels welcome. Includes Visual Arts Open Studio.

Sa 10:00am-12:00pm/CC-116
5 mtgs: 4/10 - 5/15 (No Class 5/8)
Ages 14-Adult **R: \$95, NR: \$105**
Instructor: Lucy Dirksen

WATERCOLOR EXPLORATIONS 253210-1

Even beginners can create beautiful paintings using a loose, impressionistic layering of color and a precise rendering of form through transfers of photographs or drawings. Both processes yield stunning results! Starter materials provided. Includes Visual Arts Open Studio.

Tu 7:00pm-9:00pm/CC-116 **8 mtgs: 4/6 - 5/25**
Ages 16-Adult **R: \$87, NR: \$97**
Instructor: Barbara Stevens

SCHOLARSHIP ASSISTANCE is available to Greenbelt residents for visual arts, performing arts and senior programs. Applications are available at the main office of the Greenbelt Community Center.

JEWELRY

JEWELRY: CLAY BEADS AND PENDANTS 253247-1

Learn how to create one-of-a-kind, handcrafted clay beads, buttons and pendants – ideal for use in jewelry and as adornments for pillows, purses, lampshades and more. Price includes clay and glazes, FREE enrollment in the Beaded Jewelry workshop (below), and Ceramics Open Studio 4/11 – 4/25 for participants ages 16 and up.

Su 2:00pm-5:00pm/CC-304 **3 mtgs: 4/11 - 4/25**
Ages 16-Adult **R: \$60, NR: \$70**
Instructor: Karen Arrington

BEADED JEWELRY 253248-1

Learn techniques for creating your own beaded jewelry. Participants supply their own beads, whether handmade, recycled or purchased. Wire and basic findings provided. Tools available for use. Call 240-542-2060 for the optional supply list.

Su 1:00pm-5:00pm/CC-116 **1 mtg: 5/16**
Ages 14-Adult **R: \$30, NR: \$40**
Instructor: Karen Arrington

FUSED GLASS WORKSHOP 253219-1

Design and complete 5 original pieces of jewelry (pins, pendants, earrings and more) using a variety of techniques and applications: Italian glass millefiori, silver and copper foil, glass rod “wiggles”. To view examples, visit the artist’s website: www.profusionsofglass.com. Course fee includes \$60 materials fee. Finished pieces may be picked up after 7:00pm on day of class.

Sa 10:00am-1:00pm/CC-113 **1 mtg: 5/8**
Ages 14-Adult **R: \$85, NR: \$95**
Instructor: Tina Van Pelt

SILVER SOLDERING FOR JEWELRY 253250-1

Create rings, bracelets, pendants and earrings using basic soldering techniques with wire and beads. Supplies, which do not exceed \$90, must be purchased separately. Call 240-542-2060 for supply list.

M 11:00am-12:30pm/CC-116
8 mtgs: 4/12 - 6/7 (no class 5/31)
Ages 16-adult **R: \$85, NR: \$95**
Instructor: Lucy Dirksen

CERAMICS

FACES IN CLAY 253246-1

Stretch your style and your skills by exploring how faces can become a part of your hand-built, wheel-thrown, or tile pieces. Learn ways to create realistic and abstract faces that can stand alone, become part of a mosaic or mural, be attached to ceramic pieces, or be built in to the fundamental shape of a piece. Includes Ceramics Open Studio.

Th 7:15pm-9:15pm/CC-304
8 mtgs: 4/8 - 6/3 (No Class 4/15)
Ages 16-Adult **R: \$106, NR: \$116**
Instructor: Mary Gawlik

CERAMIC ART WITHOUT A WHEEL 253256-1

Explore the artistic and utilitarian possibilities of hand-building while learning construction and glazing techniques. Includes Ceramics Open Studio. Clay purchased separately.

W 7:00pm-9:30pm/CC-304 **9 mtgs: 4/7 - 6/2**
Ages 16-Adult **R: \$88, NR: \$98**
Instructor: Sandra Dwiggin

INTRO TO WHEEL

Participants learn to use clay, basic skills on the potter’s wheel, and how to decorate and glaze your work. Ceramics Open Studio included. Clay purchased separately.

253257-1 Tu 7:00pm-9:30pm/CC-305 **8 mtgs: 4/13 - 6/1**
Ages 16-Adult **R: \$100, NR: \$110**

253257-2 W 7:00pm-9:30pm/CC-305 **8 mtgs: 4/14 - 6/2**
Ages 16-Adult **R: \$100, NR: \$110**

Instructor: Gina Mai Denn

INTERMEDIATE WHEEL 253258-1

Group instruction combined with individualized support for students who can consistently center and throw basic forms, and are ready for new skills. Clay purchased separately. Includes Ceramics Open Studio.

Th 7:00pm-9:30pm/CC-305 **9 mtgs: 4/8 - 6/3**
Ages 16-Adult **R: \$112, NR: \$122**

Instructor: Mea Rhee

ADVANCED WHEEL 253237-1

Challenging throwing projects plus theories of design and function and group critiques. Students will be working towards the development of a personal body of work. Instructor’s permission required to register for this course. Includes Ceramics Open Studio. Clay purchased separately.

F 7:00pm-9:30pm/CC-305 **9 mtgs: 4/9 - 6/4**
Ages 16-Adult **R: \$112, NR: \$122**

Instructor: Mea Rhee

CERAMICS OPEN STUDIO 253261-1

For current and former students of the Greenbelt Community Center ceramic programs. Independent access whenever the studios are not reserved. Orientation meeting required for all participants who have not attended a program here within the past 6 months: Monday, April 5, at 7:30pm, room 304. Clay to be purchased separately. Space is limited; please register early to ensure your participation.

M-Sa 9:00am-9:45pm, Su 9:00am-6:45pm/CC-304/305

9 wks: 4/6 - 6/6

Ages 16-Adult

R: \$65, NR: \$75

WEEKEND PROJECT: LIDDED CASSEROLE 253271-1

Throw on Saturday, trim on Sunday ... a fast-paced tutorial on casseroles, including lids, feet, and forms that are functional for the oven. This workshop is ideal for self-directed potters who want some occasional instruction one project at a time. Participants should bring 6 lbs of clay. All skill levels welcome.

Sa, Su 1:00pm-3:00pm/CC-305 **2 mtgs: 4/24 - 4/25**
Ages 16-adult **R: \$35, NR: \$45**

Instructor: Mea Rhee

RAKU WORKSHOP 253267-1

Try your hand at Raku, a centuries-old Japanese method of fast-firing ceramic art outdoors. Join fellow artists and students in this fun, day-long workshop. Bring up to five bisqued pieces (white clay only) to the Friday evening glazing session on 5/21, 7:00pm-9:00pm, Community Center room 304. Firing will take place outside of the Greenbelt Aquatic and Fitness Center on Saturday, as well as a pot-luck lunch. In case of rain: glazing will take place as scheduled; firing will take place on June 5.

F/Sa 10:00am-4:00pm

2 mtgs: 5/21 - 5/22

Ages 16-Adult

R: \$60, NR: \$70

Instructors: Diana Guillermo and Mary Gawlik

ADVANCED HAND-BUILDING 253268-1

Take your hand-building skills to the next level. Includes Ceramics Open Studio. Class will operate in a semi-private format. Clay purchased separately.

M 7:00pm-9:30pm/CC-304

8 mtgs: 4/12 - 6/7 (No Class 5/31)

Ages 16-Adult

R: \$130, NR: \$140

Instructor: Sandra Dwiggin

DAYTIME POTTERY FOR 11-ADULT 253269-1

A course in hand-building and use of the potter's wheel for all skill levels. Includes Ceramics Open Studio for participants ages 16+. Clay purchase required for ages 16+.

Tu 2:00pm-4:00pm/CC-305

8 mtgs: 4/13 - 6/1

Ages 11-Adult

R: \$80, NR: \$90

Instructor: Gina Mai Denn

COOKING

VEGETARIAN CUISINE 257205-2

Here is your chance to learn how to cook great vegetarian dishes that are easy and nutritious. We'll do it all, from appetizers to soups to desserts. After we're done cooking... you'll get to enjoy a nice meal. All supplies and food are included in the fees. No experience required.

W 7:00pm-9:00pm/CC-107

4 mtgs: 3/31 - 4/21

Ages 15-Adult

R: \$50, NR: \$62.50

Instructor: Sonia Srivastava

BASIC VEGAN CUISINE 257204-1

Spring is coming! Enjoy the season with juicing, raw foods, salad preparation and recipes to detox your body. Each week provides an opportunity to participate in preparing and cooking new recipes. All supplies and food are included in the fees. No experience required.

Tu 7:00pm-9:00pm/CC-107

4 mtgs: 3/30 - 4/20

Ages 15-Adult

R: \$50, NR: \$62.50

Instructor: Yvette Morton

GAMES

STRATEGY GAMES CLUB 287501-1

Exercise your brain playing a variety of strategy games: Go, Mah Jongg, Ticket To Ride. Come join in the fun!

Tu 7:00pm-9:00pm/YC-Multi

13 mtgs: 3/23 - 6/15

Ages 10-Adult

FREE

Instructor: Karen Haseley

SENIOR PROGRAMS

GREENBELT SENIOR CENTER

The Senior Game Room and Lounge are open to senior citizens, ages 60 and over, during regular operating hours. Call 301-397-2208 for more information.

GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11:00am-12:00noon in the Community Center Multipurpose Room (room 201). Activities include speakers, special programs and field trips. For membership information, call Rose Remenick at 301-474-7087.

HUNGRY???

The Senior Nutrition Program serves hot lunches at 12:00pm Monday through Friday in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered. Requested meal donation is \$3. Please call 301-397-2208 x4215 to make reservations.



2010 Golden Age Club officers

BILLIARDS

The senior game room is open for senior citizens to play pool at any time, with the exception of Tuesday and Thursday afternoons when the Bridge players use the game room. Call 301-397-2208 for more information.

CARDS ANYONE?

Bridge groups play from 12:30pm to 3:30pm in the senior game room at the Community Center every Thursday and every other Tuesday. If you are interested in joining the groups call Ruth Burton (Tuesday Bridge) at 301-345-0323 or Robin Schlauch (Thursday Bridge) 301-474-2605.

Following the Golden Age Club on Wednesdays, **Pinochle** players gather to play.

Call Shirleyanne Egenreider at 301-345-1974 for more information.