

RAKU WORKSHOP 253267-1

Try your hand at Raku, a centuries-old Japanese method of fast-firing ceramic art outdoors. Join fellow artists and students in this fun, day-long workshop. Bring up to five bisqued pieces (white clay only) to the Friday evening glazing session on 5/21, 7:00pm-9:00pm, Community Center room 304. Firing will take place outside of the Greenbelt Aquatic and Fitness Center on Saturday, as well as a pot-luck lunch. In case of rain: glazing will take place as scheduled; firing will take place on June 5.

F/Sa 10:00am-4:00pm

2 mtgs: 5/21 - 5/22

Ages 16-Adult

R: \$60, NR: \$70

Instructors: Diana Guillermo and Mary Gawlik

ADVANCED HAND-BUILDING 253268-1

Take your hand-building skills to the next level. Includes Ceramics Open Studio. Class will operate in a semi-private format. Clay purchased separately.

M 7:00pm-9:30pm/CC-304

8 mtgs: 4/12 - 6/7 (No Class 5/31)

Ages 16-Adult

R: \$130, NR: \$140

Instructor: Sandra Dwiggin

DAYTIME POTTERY FOR 11-ADULT 253269-1

A course in hand-building and use of the potter's wheel for all skill levels. Includes Ceramics Open Studio for participants ages 16+. Clay purchase required for ages 16+.

Tu 2:00pm-4:00pm/CC-305

8 mtgs: 4/13 - 6/1

Ages 11-Adult

R: \$80, NR: \$90

Instructor: Gina Mai Denn

COOKING

VEGETARIAN CUISINE 257205-2

Here is your chance to learn how to cook great vegetarian dishes that are easy and nutritious. We'll do it all, from appetizers to soups to desserts. After we're done cooking... you'll get to enjoy a nice meal. All supplies and food are included in the fees. No experience required.

W 7:00pm-9:00pm/CC-107

4 mtgs: 3/31 - 4/21

Ages 15-Adult

R: \$50, NR: \$62.50

Instructor: Sonia Srivastava

BASIC VEGAN CUISINE 257204-1

Spring is coming! Enjoy the season with juicing, raw foods, salad preparation and recipes to detox your body. Each week provides an opportunity to participate in preparing and cooking new recipes. All supplies and food are included in the fees. No experience required.

Tu 7:00pm-9:00pm/CC-107

4 mtgs: 3/30 - 4/20

Ages 15-Adult

R: \$50, NR: \$62.50

Instructor: Yvette Morton

GAMES

STRATEGY GAMES CLUB 287501-1

Exercise your brain playing a variety of strategy games: Go, Mah Jongg, Ticket To Ride. Come join in the fun!

Tu 7:00pm-9:00pm/YC-Multi

13 mtgs: 3/23 - 6/15

Ages 10-Adult

FREE

Instructor: Karen Haseley

SENIOR PROGRAMS

GREENBELT SENIOR CENTER

The Senior Game Room and Lounge are open to senior citizens, ages 60 and over, during regular operating hours. Call 301-397-2208 for more information.

GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11:00am-12:00noon in the Community Center Multipurpose Room (room 201). Activities include speakers, special programs and field trips. For membership information, call Rose Remenick at 301-474-7087.

HUNGRY???

The Senior Nutrition Program serves hot lunches at 12:00pm Monday through Friday in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered. Requested meal donation is \$3. Please call 301-397-2208 x4215 to make reservations.



2010 Golden Age Club officers

BILLIARDS

The senior game room is open for senior citizens to play pool at any time, with the exception of Tuesday and Thursday afternoons when the Bridge players use the game room. Call 301-397-2208 for more information.

CARDS ANYONE?

Bridge groups play from 12:30pm to 3:30pm in the senior game room at the Community Center every Thursday and every other Tuesday. If you are interested in joining the groups call Ruth Burton (Tuesday Bridge) at 301-345-0323 or Robin Schlauch (Thursday Bridge) 301-474-2605.

Following the Golden Age Club on Wednesdays, **Pinochle** players gather to play.

Call Shirleyanne Egenreider at 301-345-1974 for more information.

MONTHLY MOVIES

Enjoy popular movies at the Senior Center each month. Movies begin at 1:00pm in the Senior Lounge. Following is the tentative movie schedule:

Monday, March 8 – *Letter to Three Wives*

A 1949 black-and-white classic drama starring Jeanne Crain, Linda Darnell, Ann Sothern and Kirk Douglas.

Monday, April 12 – *Lilies of the Field*

This 1963 classic drama starring Sidney Poitier and Lilia Skala is an Oscar winning film.

Monday, May 10 – *The King and I*

This 1956 musical masterpiece is the true story of Englishwoman Anna Leonowens (Deborah Kerr), who comes to Siam as a teacher to the royal court in the 1860s and finds herself at odds with the stubborn monarch (Yul Brynner).

Monday, June 14 – *Rear Window*

This 1954 Hitchcock thriller stars James Stewart and Grace Kelly. Wheelchair-bound Jeffries (Stewart) becomes absorbed with the parade of life across the courtyard. When one individual disappears, he suspects foul play — and finds himself in the center of the action with nowhere to run.



STRATEGY GAMES CLUB 287501-1

Exercise your brain playing a variety of strategy games.
Come join in the fun!

Tu 7:00pm-9:00pm/YC-Multi

13 mtgs: 3/23 - 6/15

Ages 10-Adult

FREE

Instructor: Karen Haseley



EXPLORATIONS UNLIMITED

Fridays; 1:00pm-3:00pm/CC-114
Watch the *News Review*
for updates on topics!

March 26: *National Federation of the Blind Outreach*
(Riccobono)

April 2: **NO PROGRAM** (Good Friday)

April 9: *Ways of Experiencing the Cultural Arts* (Nixon)

April 16: *Health Reform* (Cohen)

April 23: *Line Dancing with Carolyn* (Carroll)

April 30: TBA

May 7: (Griesbach)

May 14: **NO PROGRAM** (Wii Bowling tournament)

May 21: TBA



NEW Wii BOWLING TOURNAMENT

Friday, May 14, 2010

City Council Chambers

**Come Cheer on your neighbors as they compete for
Greenbelt's**

First Wii Bowling Championship!

Light refreshments and lots of camaraderie

**If you are interested in participating, you must sign up
for the Wii Bowling League (page 16).**



Senior Special Event:

Ice Cream Social

New Dimension Singers present

JUKEBOX JAMBOREE

Friday, March 19, 2010 at 1:00pm

Greenbelt Community Center Gym

**Make your own ice cream sundaes following the
entertainment!**

Free

PRINCE GEORGE'S COMMUNITY COLLEGE (SAGE)

A \$50 per semester fee is assessed for SAGE classes. Once this fee is paid, students may take as many SAGE continuing education classes as they like. Participants MUST pre-register. NO REGISTRATIONS ARE ALLOWED AFTER THE CLASS HAS BEGUN! Registration forms are available at the Greenbelt Community Center. To register or for more information, call PGCC at 301-322-0159. SYN: OwlLink Reference numbers for online registration with the college at www.pgcc.edu. Most spring SAGE classes began in February. Below are the ones that begin in April.

EXERCISE 272401-1 SYN: 21770
Tu/Th 8:30am-11:30am/CC-106 16 mtgs: 4/27 - 6/17
Instructors: Nancy Shaffer, Tom Fink

ALASKA HISTORY 277221-1 SYN: 23993
The foundations of the Alaskan culture and economic life have been evolving from a series of European migrations culminating in the purchase of Alaska in 1867 by the United States. Natural resource abundance has driven the economic dynamics, but the extremes of weather and transportation challenges have limited the expansion of population growth. Critical world events have been catalysts for cultural transformations (World War II and the Cold War). Technological innovations have had significant impacts on the distribution of information and transportation. Focus on the cultural and social context will define the human existence of Alaska.

Th 1:00pm-3:00pm/CC-114 7 mtgs: 4/8 - 5/20
Instructor: Michael Crane

ART OF BEL CANTO 177230-1 SYN: 22134
This course on the Art of Bel Canto (or beautiful singing) comprises the operas of the three greatest composers in this field in music of the 18th and 19th centuries: Gaetano Donizetti, Gioachino Rossini, and Vincenzo Bellini. Many other composers are also included including Carafa, Paisiello, Mercadante, and Pergolesi. You will hear and see many of the greatest singers in the bel canto repertory.

W 10:00am-12:00pm/CC-114 7 mtgs: 4/7 - 5/19
Instructor: John Cahill

HOLLYWOOD PORTRAYS POLITICS (Part 2)
273221-1 SYN: 24627

This course will look at films which portray the American political system on both national and local levels. It will include some of the most famous political movies including *Mr. Smith Goes to Washington*, *All the President's Men*, *Dave*, and *The American President*. This course also looks at TV series, where possible, including *The West Wing*. At the same time, it will look at less "famous" movies, in particular *Deterrence*, which very well portrays the manner in which a president receives advice from his top aides.

W 1:30pm-3:30pm/CC-114
7 mtgs: 4/7 - 5/19 Instructor: Larry Suid

HEALTHY PRACTICAL COOKING
277201-1 SYN: 24671, 24672

(Must register for both SYNs with PGCC!)
Eating healthy doesn't have to be costly nor does it require a lot of time in the kitchen. Come learn some practical ways of preparing your favorite foods that will be good for your body and your budget. You will be taught how to prepare soups, salads and entrees using simple techniques.

M 1:00pm-3:00pm/CC-114, 107

7 mtgs: 4/12 - 5/24

Lab fee: \$35 paid to City of Greenbelt

Instructor: Chef Lou

RECREATION CLASSES

HOLY CROSS SENIOR EXERCISE
272201-1

Increase strength, muscular endurance, and improve flexibility for greater mobility.

M/W/F 9:00am-9:45am/CC-10

31 mtgs: 4/7- 6/18 (No Class 5/31)

Ages 50-Adult

FREE

Instructor: Bonnie Johnson, Karl Haddad

CURRENT ISSUES 277210-1

Drop-in class. Lively discussions on current issues. Registration appreciated but not required.

F 10:00am-12:00pm/CC-111

13 mtgs: 3/26 - 6/18

Ages 60-Adult

FREE

STITCH FOR CHARITY 273208-1

Stitchers of all levels (beginners included) will create items to donate to local charitable organizations. Yarn and needles provided. All ages welcome! Instruction is offered by group members.

F 10:00am-12:00pm/CC-109

12 mtgs: 3/26 - 6/18 (No Class 4/2)

Ages 16-Adult

R: \$5, NR: \$10

GET Wii ACTIVE 272203-1

Come bowl, play tennis, golf, or baseball all from the comfort of the senior classroom and get credits for the Greenbelt Get Active Program. We will be using the Wii to participate in these games and more, so you won't want to miss this opportunity for some fun and games! Lets get Wii Active!

Th 10:30am-12:30pm/CC-114

13 mtgs: 3/25 - 6/17

Ages 60-Adult

FREE

Instructor: Karen Haseley

Wii BOWLING LEAGUE 272204-1

Join the inaugural Greenbelt Wii Bowling league. Participants will compete every Monday morning. Test your skills, compete, and improve your ranking as you ultimately prepare for the season finale. The season will end with a tournament on May 14th, in the Council Chambers. You must register and participate in league play to enter in the season ending tournament.

M 10:00am-12:00pm/CC-111

8 mtgs: 3/22 - 5/10

Ages 60-Adult

FREE

Instructor: Jim Marley