

Senior Citizen Advisory Committee (SCAC) Minutes

Tuesday, January 31, 2017

Present: Brenda Cooley, Bunny Fitzgerald, Jeannette Grotke, Karen Haseley (City Liaison), Henry Haslinger (chair elect), Edward Hickey, Frank Pearlman, Bernard Robbs, Betty Timer (Secretary), David West

Absent: Paula Williams(chair), *Phyllis Budin (***unexcused**)

Guests: Jean Snyder and Sandra Willi

The meeting was called to order at 3:30 pm by Chair-elect Henry Haslinger. The agenda was approved (moved by: Bunny Fitzgerald, seconded by Brenda Cooley). The minutes of the November meeting were approved as distributed (moved by: Bernard Robbs, seconded by Brenda Cooley).

OLD BUSINESS

Widowed Persons update The next support group will be held at Bowie Senior Center on Thursdays from 2:00-4:00 on February 16 to March 23. Call 301-577-4312 to register.

FORA/GAIL

The *Mobility Survey* is available in paper form and by email. All are encouraged to submit it by February 10.

Cooking Matters a series of classes is being sponsored by the Capital Food Bank will meet on Tuesday afternoons from February 7 to March 14. It is income sensitive. Call Cristal Parker for information and to sign up.

Spring Hill Lake Elementary will be the site of this month's Free Food Distribution on February 2 at 2:30 and March 2 follows.

OPEN FORUM report

The first draft of the final report was discussed. Minor changes were made. The final report will be available at the next meeting.

NEW BUSINESS

Not For Seniors Only Three topics of interest were suggested. They are: Successful Brain Aging, Safe Walking, and Where Do We Go from Here?

Member, Betty Timer requested a solution to the issue of the need for advanced reporting to the seniors attending Senior Fit when the instructor will be absent. It was suggested that the Holy Cross director should be asked to help.

ANNOUNCEMENTS

The Recreation Department's Spring brochure is in its final draft presently.

Upcoming Explorations for February are: Colorectal Cancer Screening by a speaker from Doctor's Hospital, Manifesting a New Life, Battle of France in 1940, and Fate vs. Souls.

Next Meeting –February 28, 2017 at 3:30 pm.

There was a motion to adjourn (moved by Bunny Fitzgerald and seconded by David West).

Respectfully Submitted,

Betty Timer

Secretary