

Senior Citizen Advisory Committee (SCAC) Minutes

Tuesday, March 26, 2019

Present: April Ashpes, Cathy Brannan, Marti Galvin, Jeannette Grotke (chair elect), Henry Haslinger, Elisabeth Kevorkian, Frank Pearlman, Betty Timer (secretary), David West, Warren Wilcox, Becky Sutfin (City liaison)

Absent: Ronnie Scotkin (chair)- excused

The meeting was called to order at 3:30 by chair elect, Jeannette Grotke. The agenda was approved (moved by Marti Galvin and seconded by Elisabeth Kevorkian.) The minutes of the previous meeting were approved (moved by Elisabeth Kevorkian and seconded by Frank Pearlman.) New member, April Ashpen was welcomed.

OLD BUSINESS:

FORA/GAIL update- Free produce distribution is April 4 at Springhill Lake Elementary. Gail in partnership with Captel is offering no cost internet based captioning telephones for Greenbelt residents with hearing loss. Contact GAIL at 301-345-6660 ext. 2012 or 2029 for an application. Jeannette stated that there is a tax credit for people who added devices to their home to make it more handicap accessible.

Widowed Persons update- The present session being held at the Greenbelt Community Senior Lounge on Saturdays from 1:00 to 3:00 has four people enrolled.

Staircase Edging update- No new information was available.

Not For Seniors Only presenters update- Sharon Johnson has confirmed for aroma therapy. The speakers contacted for acupuncture and mindfulness therapy declined. The committee had a brainstorming session about other possibilities. Becky said she would contact a speaker for Tai Chi. Marti will contact speakers for Reiki, fishing, and dog whispering. April will contact speakers on Qi Gong. Elisabeth is willing to talk about the calming effect in knitting and crocheting. Ronnie is contacting someone about acupuncture. The results of the requests will be discussed at the next meeting. It is envisioned that each speaker will have 15 minutes.

Grant Review Committee update- Marti, our representative to this committee, discussed her work thus far in the committee.

NEW BUSINESS: none

ANNOUNCEMENTS: Betty encouraged our participation in the Help Unite Greenbelt (HUG) walk on Sunday, March 31 at starting at 1:00 pm since it coincided with one of our 2018 Open Forum recommendations.

A motion to adjourn (moved by Marti Galvin and seconded by Warren Wilcox.)

Respectfully submitted, *Betty Timer* (Secretary)

The next meeting is at 3:30pm on April 30, 2019