Your quarterly guide to Greenbelt Recreation Activities, Classes, Facilities, and Programs.

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THE 2020 GREENBELT YOUTH MUSICAL

THE SCHOOL FOR SUPER-HEROES (IN EXILE) RETURNS IN THESEUS AND THE MONSTER IN THE MAZE

Written and directed by Chris Cherry
Greenbelt Community Center Auditorium
Saturday, March 7, 7:00pm
Sunday, March 8, 3:00pm
Saturday, March 14, 2:00pm and 7:00pm
Tickets: $5; advance sales at 301-397-2208

Celebrating its 20th year, the Greenbelt Youth Musical is a cherished tradition, showcasing a talented teenaged cast in an original musical production.

This year’s story begins in the boarded-up building of the now-closed School For Super-Heroes, where alumni of the school’s Drama Club gather for a secret reunion – and a meeting of the underground Resistance to the repressive Regime. The founders of the club are missing, but they’ve left behind a tantalizing clue: It’s a partial script, telling the story of Theseus, the legendary hero and founder of democracy. Now, new leaders must step forward to bring the script to life, mounting an audacious production that may be the last hope to rescue their missing comrades and undermine the Regime’s despotic power.
EVENTS AND EXHIBITIONS

ART EXHIBITIONS
Greenbelt Community Center Art Gallery, Room 112.
Open daily during all facility hours except when reserved.
Normal hours: Monday – Saturday, 9:00am – 10:00pm and Sunday, 9:00am – 7:00pm. Holiday hours may vary.
Guests of all ages are invited to enjoy curated exhibits of outstanding contemporary art in many media by regional artists. Shows feature drawing, painting, photography, fiber arts, sculpture, costume, installation, video and more. Exhibits change approximately every 7 weeks. Stop by and see what’s on view!

Chris Corson: Thresholds
Through March 20
Corson, an Artist in Residence at the Greenbelt Community Center, creates pit-fired ceramic sculptures that speak broadly to human experiences of threat, protection and emergence.

Normal hours: Monday – Friday, 8:30am – 4:30pm. Holiday hours may vary. To confirm the facility schedule for a particular day: abelton@greenbeltmd.gov or call 301-474-8000.
Enjoy quarterly exhibits featuring artwork by people of all ages who live, work, study and play in Greenbelt!
Through March 13: student artwork from Eleanor Roosevelt High School
April through June: student artwork from Dora Kennedy French Immersion

ART SHARES
Greenbelt Community Center, Room 113.
Meet up with fellow artists for a constructive, informal discussion of everyone’s work.
Bring 1-3 pieces in any medium. Teens and adults welcome. All experience levels. FREE.
Friday, March 15, 7:00pm-8:00pm
Sunday, April 12, 2:00pm-3:00pm
Friday, May 15, 7:00pm-8:00pm
Sunday, June 7, 2:00pm-3:00pm
Alexandra Young, 10th grade
Greenbelt Community Center Artists in Residence

OPEN STUDIO AND ART SALE
Greenbelt Community Center, Artist Alley (3rd floor)
Sundays, April 5 and June 7, 1:00pm - 4:00pm
The Greenbelt Community Center is home to the studios of eight wonderful artists, including: Larry Anderson (violin maker); Karen Arrington (ceramics); Chris Corson (ceramic sculpture); Rachel Cross (painting and assemblage); Gina Denn (ceramics); Mary Gawlik (ceramic art tile); Kathy Karlson (painting); and Racquel Keller (painting and assemblage). Many of the artists also teach at the Community Center. Enjoy a friendly visit, and see their latest creations!

All ages welcome. Kindly ask permission before taking photos or touching anything in the studios. Thank you. We look forward to your visit!

See our Artful Afternoon listing for information about FREE all-ages art workshops that are also happening on these dates!

ARTFUL AFTERNOONS
Greenbelt Community Center, Ground Floor East
First Sundays
Enjoy free hands-on workshops for guests of all ages, 1:00pm-3:00pm. Materials are provided. Advance online reservations are recommended; follow the links posted monthly at www.greenbeltmd.gov/arts. Add to your fun by visiting the art gallery, the Greenbelt Museum exhibit room, the Greenbelt Farmer’s Market (10:00am-2:00pm), and the Greenbelt Museum historic house museum (tours available 1:00pm-5:00pm, $5 or less). Some Sundays also include an Open Studio and Art Sale, 1:00pm-4:00pm, with the Community Center’s Artists in Residence, as noted below.

Sunday, March 1. Seatings at 1:00pm and 2:00pm.
Celebrate Women’s History Month in a postcard art workshop with Artist in Residence Racquel Keller. Quotations from thoughtful women will provide our inspiration!

Sunday, April 5. Seatings at 1:00pm and 2:00pm.
Make wind-driven art with instructor Aaron Springer. This date also includes an Open Studio and Art Sale with the Community Center’s Artists in Residence, 1:00pm-4:00pm.

Sunday, May 3. Seatings at 1:00pm and 2:00pm.
Workshop TBA.

Sunday, June 7. Seatings at 1:00pm and 2:00pm.
Create obstacles for our mini-golf course, then play a round with instructor Aaron Springer. This date also includes an Open Studio and Art Sale with the Community Center’s Artists in Residence, 1:00pm-4:00pm.

AFTERNOON TEA
Greenbelt Youth Center
Sunday, April 5, 2:30pm-4:00pm
Join us for a lovely afternoon tea with a special friend or relative. Parents and grandparents are encouraged to invite a young family member or friend for a Spring themed afternoon tea. Delicious sweet and savory treats will be provided along with a special craft project for an afternoon of fun. Please register by April 2 so we will have plenty of treats and craft supplies. Registration in advance is required. For more information, please call 301-397-2200.

239501-1 Ages 4+ R/NR: $12
UNDERWATER EGG HUNT
Greenbelt Aquatic & Fitness Center
Friday, April 10
A fun new twist on the traditional Egg Hunt! This is always a very popular event; registration is limited to 35 children per section. PH: $1; RNPH: $2; NRNPH: $3
Registration Dates: Residents, Monday, March 30th; Non-Residents, Wednesday, April 1st
231101-1: 10:00am - Ages 6 months-5 years
231101-2: 11:00am - Ages 4-10 years
231101-3: 12:00pm - Ages 6-15 years
For more information call 301-397-2204.

ANNUAL EGG HUNT
Saturday, April 11, begins at 10:00am (promptly)
18 months-4th grade. FREE
Buddy Attick Park (Greenbelt Lake)
Celebrate spring and this egg-citing event! Bring your baskets to collect all the eggs; each age group will have one golden egg hidden among the eggs. We will also have a special visit from Mr. Bunny. Don’t forget to bring your cameras! Please call the weather hotline, 301-474-0646, the morning of the hunt for updated event status.

BIKE TO WORK DAY 2020
Greenbelt Aquatic & Fitness Center parking lot
Friday, May 15, 6:30am-8:30am
Commuter Connections and the Washington Area Bicyclist Association invites you to join over 18,000 area commuters for a celebration of bicycling as a clean, fun and healthy way to get to work. The Greenbelt Pit Stop will be one of 100 Pit stops in the regional area. Refreshments will be provided to registered participants arriving by bike. Register at biketoworkmetrodc.org. Pit Stop Manager: Di Quynn Reno, 240-542-2053.

SPRING SKATE SERIES
Springhill Lake Recreation Center
Fridays: April 17, and May 15; 5:00pm-7:00pm
Ages 6-12
Bring the family and join your friends at the Springhill Lake Recreation Center gymnasium. Roller-skates provided free of charge or bring your own. For more information call 301-397-2212.

FAMILY FUN AT SPRINGHILL LAKE RECREATION CENTER
Springhill Lake Recreation Center
Sundays, March 29 – May 17; 1:30pm-3:30pm
Families are invited to enjoy group games and drop-in gym time every Sunday afternoon this Spring. Complimentary recreation equipment is available on site. Facility ID is required for participation.

CELEBRATION OF SPRING
Springhill Lake Recreation Center
Saturday, May 16, 2:00pm-6:00pm
Come enjoy arts & crafts, activities, performances, food, and music with Greenbelt Recreation and your neighbors and friends. Children and parents alike will be delighted on this fun-filled day. This will be the perfect family event to help shake off the cold days of winter as we spring into action during our Celebration of Spring. Please call the weather information hotline, 301-474-0646, the morning of the event for updated event status.

PUBLIC WORKS SPRING SPECIAL EVENTS
Spring provides a great opportunity to gather outdoors. Mark your calendars for these upcoming events:
Arbor Day: Saturday, April 4
Earth Day: Saturday, April 18
Public Works Open House: Saturday, May 16
Visit www.greenbeltmd.gov/publicworks or call 240-542-2168 for more information as the date approaches.
Pre-School Programs

Pre-School Programs

activate Play & Athletics
Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov

Gymborama
Ages birth-3
This parent-child playgroup offers creative free play and activities. Each class concludes with instructor-led rhymes, action songs and finger-plays.
212502-1 F 10:00am-10:45am/YC-Gym
10 mtgs: 3/27 - 6/5 (No class 4/10)
R: $40, NR: $50
212502-2 Sa 9:15am-10:00am/YC-Gym
10 mtgs: 3/28 - 5/30
R: $40, NR: $50
Instructor: Jeriann King

Tumble Bugs
212501-1 Ages 2-4
This parent-child class encourages your child to practice balance and coordination through creative play that supports social interaction and offers age appropriate activities and games in a fun and safe environment.
F 9:15am-10:00am/YC-Gym
10 mtgs: 3/27 - 6/5 (No class 4/10)
R: $40, NR: $50
Instructor: Jeriann King

Shorty Sports
222500-1 Ages 3-4
If you are looking to get your young child oriented with team sports and the concept of sportsmanship, then this is the program for you. This class will cover a variety of sports with an emphasis on sportsmanship and learning the game through basic skill instruction.
Tu 6:00pm-6:45pm/YC-Gym
8 mtgs: 3/31 - 5/19
R: $40, NR: $45

Visual Arts
Contact: Amanda Demos Larsen, 240-542-2062, alarsen@greenbeltmd.gov

Pre-School Art Exploration
Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers’ socialization. Different tools and materials will be introduced, encouraging visual and tactile discovery. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary. This is a parent-child activity; caregivers must enroll, attend and actively participate. When registering: sections 1 and 3 are for children; sections 2 and 4 are for caregivers.

Tu 9:30am-10:30am/CC-113
9 mtgs: 3/24 - 5/19
223201-1 Ages 1-5 R: $64, NR: $80
223201-2 Ages 16+ FREE
Th 10:30am-11:30am/CC-113
9 mtgs: 3/26 - 5/21
223201-3 Ages 1-5 R: $64, NR: $80
223201-4 Ages 16+ FREE
Instructor: Sally Davies

Dance
Contact: Angella Foster, 240-542-2067, afoster@greenbeltmd.gov

Our full schedule of dance classes began 1/25 and some classes still have space available for new students. For more information, contact Angella Foster. The minimum age requirement for all classes should be met by the first class meeting. Helpful hints for getting your young performer ready for class at: www.greenbeltmd.gov/dance.

Dance Together
Ages 1-3
Dance Together is a movement class for children accompanied by a participating adult. This fun, upbeat exploration of movement, music and storytelling is intended to help parents and young children incorporate dance, movement games and rhythm play into their daily life. Participating adults and children should come dressed comfortably and ready to move in bare feet; siblings who are not yet walking are permitted to accompany participating adult and sibling. Please note that the registered child must be walking independently before first class session.
224203-5a Sa 9:15am-10:00am/CC-10
7 mtgs: 3/28 - 5/16 (No class 4/11)
R: $35, NR: $40
224203-W W 10:30am-11:15am/CC-202
7 mtgs: 3/25 - 5/13 (No class 4/8)
R: $35, NR: $40
Instructor: Lisa Pellittiere
Mom’s Morning Out

Pre-School Program is licensed by the Maryland State Department of Education #251208
This traditional pre-school program provides activities that encourage social development, offers beginning reading, math and science curriculum, develops fine and gross motor skills and encourages lots of fun with peers. Children must be fully potty-trained before they are eligible to register.

The Winter/Spring session began in January and ends on May 22.
Registration is ongoing and space is limited!
Program fees will be prorated based on child’s start date.

Ages 3-4  127503-1 Tu/Th 9:00am-12:00pm/YC-AC
Ages 4-5  127503-2 M/W/F 9:00am-1:00pm/YC-AC
Instructor: Gaye Houchens

Send a Kid to Camp Fund
Contributions to the Send a Kid to Camp campaign directly benefit families that would not otherwise be able to afford to provide their children with the opportunity to attend camp. Our Kids to Camp program is an amazing opportunity for donors like you to have an impact on a child’s life. Please consider contributing to the Kids to Camp fund and help a family with financial challenges send their child to camp this summer. For more information on how to contribute, please call Rebekah Sutfin at 240-542-2056.

Registration for Spring and Summer Camps is going on now!
Camps offered this Spring include Fast Break Basketball Clinic at Springhill Lake Recreation Center, Spring Circus Camp at the Community Center and Spring Camp at the Youth Center!
Kinder Camp, Camp Pine Tree, Circus Camp, Creative Kids Camp, Festival Arts Camp, Performance Camp, Camp Encore and Youth on the Go (YOGO) are the day camp choices Greenbelt Recreation plans to offer this coming summer, providing a wide range of aquatic, athletic and artistic choices for children ages 3½ to 17.
In addition to the traditional aftercare program, Greenbelt Recreation will also offer Storybook Theater, Clay at the End of the Day, and a Tennis Clinic for campers that enjoy a more structured and thematic end to the camp day.

Don’t Miss Out! Look for the Camp Brochure on the city website at www.greenbeltmd.gov/camps for details.

Announcing!
Job Openings for Summer Camp Staff:
Seeking Camp Managers, Camp Counselors, Camp Specialists, Inclusion Counselors and Camp Interns
These seasonal summer positions offer employment from mid-June through late August.
Job openings will be posted online in early March.
For more information on job openings and application details: www.greenbeltmd.gov/jobs

On-Line Registration at www.greenbeltmd.gov/recreation
HEALTH & FITNESS
YC Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov
SHLRC Contact: Frank Jones or Brian Butler, 301-397-2212, fjones@greenbeltmd.gov or bbutler@greenbeltmd.gov

YOUTH ARCHERY 232603-1 Ages 8-13
We are excited for the long-awaited return of Youth Archery! Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position from a certified USA Archery Level "3" coach/instructor. All equipment will be provided.
Th 4:30pm-5:15pm/BF
10 mtgs: 4/2 - 6/4
R: $70, NR: $80

YOUTH TENNIS CLINIC 232601-1 Ages 8-14
Children will be exposed to the rewarding game of tennis. This clinic will promote knowledge of basic skills, principles, and agility exercises in a FUN environment intended to foster lifelong participation. Participants will quickly enjoy the skill and experience of rallying, serving and basic sports strategies. Participants should bring their own racket. Directed by a professional high-performance coach with more than 20 years of experience.
W 6:30pm-7:30pm/BFTC
8 mtgs: 4/15 - 6/3
R: $75, NR: $85

Elementary & Middle School Programs

TKA KARATE Ages 5-12
Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.
M 6:30pm-7:30pm/YC-Gym
9 mtgs: 3/9 - 5/18 (No class 4/6, 4/13)
R/NR: $54

EAGLE V.I.S.I.O.N. 232411-1 Ages 8-12
Validating inspired students involving outreach and nutrition or V.I.S.I.O.N is an after school program designed to introduce participants to various activities and games that help promote an active and healthy lifestyle. Each session will include nutritional facts and health information.
W/F 2:30pm-3:30pm/SHLRC-Gym
14 mtgs: 4/15 - 5/29
FREE to Recreation Facility ID Holders
**DANCE**
Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

Our full schedule of dance classes began 1/25 and some classes still have space available for new students. For more information, contact Angella Foster.

The minimum age requirement for all classes should be met by the first class meeting. Helpful hints for getting your young performer ready for class at: www.greenbeltmd.gov/dance.

**CHOOSE YOUR OWN ADVENTURE  134214-2**
**Ages 6-9**

Students will learn some of the tricks of the choreographer's trade and work together under the guidance of experienced choreographers to make a dance of their own. In-studio performance on **Friday, May 22, 5:30pm-6:30pm**. Recommended for young performers concurrently enrolled in a performing arts class. Uniform: Girls - black leotard and pink footless or convertible tights; Boys - black leggings with a plain black t-shirt. Dancers will rehearse and perform in bare feet. Uniform will serve as the base costume for the in-studio performance.

F 4:30pm-6:30pm/CC-GFE
8 mtgs: 3/27 - 5/22 (No class 4/10)
R: $120, NR: $130
Instructors: Angella Foster and Lisa Pellittiere

**CIRCUS**
Contact: Chris Cherry, 240-542-2055
ccherry@greenbeltmd.gov

**CIRCUS SKILLS 234226-1**  **Ages 8-15**
Circus coach Charlie Fahey teaches kids to juggle (scarves, balls, clubs, rings, poi, flower sticks) and balance (rola-bolas, the walking spool, unicycles, and stilts). All participants are safely taught at their individual skill level, from beginners to experienced circus kids.

**Sa 12:00pm-1:00pm/CC-106**
7 mtgs: 3/28 - 5/16 (No class 4/11)
R: $56, NR: $62
Instructor: Charles Fahey

**CIRCUS OPEN STUDIO  234225-1**  **Ages 8-15**
Circus Camp alumni are invited to come and practice their circus skills in this open studio facilitated by Circus Camp Director Mike Funt, head of Circus Programs. (Prerequisite: Previous enrollment in Circus Camp.)

**Sa 1:00pm-2:00pm/CC-106**
7 mtgs: 3/28 - 5/16 (No class 4/11)
R: $56, NR: $62
Instructor: Mike Funt

**CIRCUS FOR PARENTS AND KIDS**  **Ages 6+**
**264225-1**
At last, our circus kids' parents get to join in the fun! This class is designed for parents and kids to enjoy circus together. Juggling, stilt-walking, rola-bola, diablo, rolling globe, unicycle and more are on the agenda for family fun with circus director Mike Funt. A parent (or other caregiver) is welcome to register with more than one child (and vice versa). Tuition is per participant.

**Sa 2:00pm-3:00pm/CC-106**
7 mtgs: 3/28 - 5/16 (No class 4/11)
R: $56, NR: $62
Instructor: Mike Funt

**FACILITY CODES**
BF=Braden Field, CC=Community Center, CC-GFE=Community Center Ground Floor East, GAFC=Greenbelt Aquatic & Fitness Center, SHLRC=Springhill Lake Recreation Center, YC=Youth Center
PARENT’S NIGHT OUT  
Ages 4-12 
Drop your kids with us, while you have a relaxing night out! 
While you are having dinner at your favorite restaurant, your children will enjoy an art project, a pizza dinner and other activities! You are welcome to drop your child(ren) off for all or part of the time. Dinner will be served at 6:15pm. All children must be potty-trained in order to participate. Sibling discount: Additional members of same household receive 10% off regular fees.

- **Dinner will be served at 6:15pm**
- All children must be potty-trained in order to participate
- Sibling discount: Additional members of same household receive 10% off regular fees

- **5:30pm-8:30pm/CC-GFE**
- **R: $20, NR: $25**

**IN BLOOM 233222-1**  
F 4/10

**POCKETS AND PUPPETS 233222-2**  
F 5/8

**FIREFLIES 233222-3**  
F 6/12

ART ADVENTURES
A weekly program of creative play and expression provided at Greenbelt Elementary (GES) and Dora Kennedy French Immersion (DKFI) Schools. Students who are not enrolled at the school may register on or after 4/13.

**233600-1**  
M 3:30pm-4:30pm/GES Grades 3rd-5th
7 mtgs: 4/20 - 6/8 (No class 5/25)
R: $65, NR: $78

**233600-2**  
W 3:30pm-4:30pm/GES Grades 1st-2nd
7 mtgs: 4/22 - 6/3
R: $65, NR: $78

**233600-3**  
Tu 4:00pm-5:00pm/DKFI Grades 1st-3rd
7 mtgs: 4/21 - 6/9 (No class 4/28)
R/DKFI students: $65
Instructor: Aaron Springer

DRAWING AND DESIGN: T-SHIRT SCREEN PRINTING 243206-1  
Ages 10-18
Practice drawing and learn the elements of design. The culminating project will be to design and screen-print an original t-shirt! Students will provide the t-shirt; all other materials will be provided.

- **Tu 5:00pm-6:15pm/CC-113**
- **9 mtgs: 3/24 - 5/19**
- R: $90, NR: $113

Instructor: Amanda Larsen

PRACTICAL SEWING, MENDING AND EMBELLISHMENT 243202  
Ages 12-18
Add patch pockets to practically anything, hem a skirt, mend a tear, embroider on the too-plain-to-be-exciting shirt. Learn a few simple skills to make your wardrobe more functional and exciting! A different project each week will allow eager sewers of all skill levels to be able to choose to focus on function or experiment with embellishments and art wear. Register for one or both sections; activities will vary in each 4-week block. For adult sections see page 12.

- **243202-1**  
Th 4:30pm-6:30pm/CC-116
4 mtgs: 3/26 - 4/23 (No class 4/9)
R: $61, NR: $74

- **243202-2**  
Tu 4:30pm-6:30pm/CC-116
4 mtgs: 5/5 - 5/26
R: $61, NR: $74
Instructor: Leah Cohen

CERAMICS
Contact: Amanda Demos Larsen, 240-542-2062  
alarsen@greenbeltmd.gov

CHILDREN’S CERAMIC HAND-BUILDING 233208-1  
Ages 5-9
Build and create! Use your brain and imagination! Students will learn a variety of hand-building and decorating techniques by creating pots and sculptures. All materials provided.

- **Tu 4:15pm-5:45pm/CC-304**
- **8 mtgs: 3/24 - 5/19 (No class 4/7)**
- R: $96, NR: $116
  
Instructor: Tom Baker

YOUTH CERAMIC HAND-BUILDING 233208-2  
Ages 8-15
This class is an opportunity for teens and older children to advance their ceramic hand-building skills. Use slump molds, hump molds, pinch pots, slabs, coils, and texture tools! Learn about glazes! Expand your skills while you create sculptures and functional pottery. Good for beginning teens or students who have completed Children’s Ceramic Hand-building and are ready to learn new skills. All materials provided.

- **Th 4:15pm-5:45pm/CC-304**
- **7 mtgs: 4/2 - 5/21 (No class 4/9)**
- R: $78, NR: $95

Instructor: Judy Goldberg-Strassler

SCOUT WORKSHOPS
Arts workshops are available for scout troops who are working toward their badges in pottery, painting, jewelry, dance, music and more! Campfire Kids and other organizations are also welcome.

Contact Anne Gardner at agardner@greenbeltmd.gov for more information and to schedule a workshop.
POTTERY ON THE WHEEL  Ages 10-18
Discover the creative possibilities of the potter’s wheel. Personalized attention enables students to follow their imagination while cultivating technical skills. NEW POLICY: All materials are provided for in-class work, regardless of age of participant. Participants ages 16+ are eligible to register concurrently for Ceramic Open Studio at a discounted rate of $68 for Greenbelt residents and $75 for non-residents. Clay is purchased separately for all work done outside of class.

243251-1  W 4:15pm-6:00pm/CC-305
7 mtgs: 4/1 - 5/20 (No class 4/8)
R: $85, NR: $102
Instructor: Gina Mai Denn

243251-2  Sa 2:00pm-3:45pm/CC-305
7 mtgs: 4/4 - 5/23 (No class 4/11)
R: $85, NR: $102
Instructor: Vejune Svotelis

YOUTH CERAMICS OPEN STUDIO  243261-1
Ages 12-15
With a recommendation from their instructor, current students can enjoy independent access to the ceramic studio during select hours. This add-on program is open to qualified youth who are concurrently enrolled in one of these spring classes: Youth Ceramic Hand-building (afterschool) 233208-2; Homeschool Ceramics Hand-building 233201-1; Pottery on the Wheel (afterschool) 243251-1,2; or Homeschool Ceramics - Potter's Wheel 233215-1. This is not instructional time but an adult studio monitor will be present. Recycled clay is provided. Before registering, please contact Amanda Demos Larsen, Arts Education Specialist, at alarsen@greenbeltmd.gov to inquire about instructor recommendations.

F/Su 3:00pm-6:00pm/CC-305
9 wks: 4/3 - 5/31
R: $30, NR: $40

FAMILY CERAMICS OPEN STUDIO  253261-2
Ages 8-15
An opportunity for parents and children to work together in the studio! Adults who are enrolled in Ceramics Open Studio or a spring class that includes open studio privileges may bring children ages 8 and up to select open studio hours. Participating children must be concurrently enrolled in a spring ceramics class and accompanied in the studio by their participating adult. Limit: two children per adult per visit. Children under 8 may receive special permission from their instructor to participate as well. Recycled clay is provided for participants under age 16.

F/Su 3:00pm-6:00pm/CC-304
10 weeks: 3/27 - 5/31
R: $20, NR: $25

HOMESCHOOL VISUAL ARTS
Contact: Amanda Demos Larsen, 240-542-2062
alarsen@greenbeltmd.gov

HOMESCHOOL CERAMICS: HAND-BUILDING  233201-1
Ages 6-18
Learn a variety of hand-building and decorating techniques by creating pots and sculpture. All materials provided. Children may participate by themselves, or caregivers can register too, for an introductory hand-building experience. Adults are expected to actively participate in the regular class projects. NEW POLICY: All materials are provided for in-class work, regardless of age of participant. Participants ages 16+ are eligible to register concurrently for Ceramic Open Studio at a discounted rate of $68 for Greenbelt residents and $75 for non-residents. Clay is purchased separately for all work done outside of class.

Th 1:00pm-2:30pm/CC-304
7 mtgs: 4/2 - 5/21 (No class 4/9)
R: $78, NR: $95
Instructor: Judy Goldberg-Strassler

HOMESCHOOL CERAMICS: POTTER’S WHEEL  243215-1
Ages 10-17
Take on the potter’s wheel and learn the fundamental skills to create and decorate your own pots and sculpture. All materials provided. Youths may participate by themselves, or caregivers can register too, for an introductory wheel experience. Adults are expected to actively participate in the regular class projects. NEW POLICY: All materials are provided for in-class work, regardless of age of participant. Participants ages 16+ are eligible to register concurrently for Ceramic Open Studio at a discounted rate of $68 for Greenbelt residents and $75 for non-residents. Clay is purchased separately for all work done outside of class.

Th 1:00pm-2:45pm/CC-305
7 mtgs: 4/2 - 5/21 (No class 4/9)
R: $85, NR: $102
Instructor: Gina Mai Denn
VISUAL ARTS
Contact: Amanda Demos Larsen, 240-542-2062, alarsen@greenbeltmd.gov

DRAWING WORKSHOP SERIES  Ages 16+
Using a variety of materials such as pencil, charcoal, and pen & ink on paper, sharpen your skills at drawing from observation. Beginners and all levels welcome. Sign up for all three sections for a well-rounded experience, or sign up for one to add a specific skill to your drawing repertoire.

AN INTRODUCTION TO PERSPECTIVE  
253201-1  Tu 3/24; 7:00pm-9:00pm/CC-GFE  
R: $30, NR: $37

EMBRACING POSITIVE AND NEGATIVE SHAPES  
253201-2  Tu 3/31; 7:00pm-9:00pm/CC-GFE  
R: $30, NR: $37

HOW TO MEASURE OBJECTS FOR YOUR DRAWING  
253201-3  Tu 4/7; 7:00pm-9:00pm/CC-GFE  
R: $30, NR: $37  
Instructor: Racquel Keller

WATERCOLOR PAINTING  Ages 16+
Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Includes Visual Arts Open Studio.

253210-1  Th 7:00pm-9:00pm/CC-113  
9 mtgs: 3/26 - 5/21  
R: $105, NR: $125  
Instructor: Valerie Watson

253210-2  M 10:00am-12:30pm/CC-113  
6 mtgs: 3/23 - 4/27  
R: $86, NR: $106  
Instructor: Racquel Keller

PRACTICAL SEWING, MENDING AND EMBELLISHMENT  Ages 16+
Add patch pockets to practically anything, hem a skirt, mend a tear, embroider on the too-plain-to-be-exciting shirt. Learn a few simple skills to make your wardrobe more functional and exciting! A different project each week will allow eager sewers of all skill levels to be able to choose to focus on function or experiment with embellishments and art wear. For youth sections see page 10.

253202-1  Th 7:00pm-9:00pm/CC-116  
4 mtgs: 3/26 - 4/23 (No class 4/9)  
R: $61, NR: $74

253202-2  Tu 7:00pm-9:00pm/CC-116  
4 mtgs: 5/5 - 5/26  
R: $61, NR: $74  
Instructor: Leah Cohen
LINOCUT FOR FABRIC PRINTING   253228-1 Ages 16+
Learn how to design and make your own linocut. Participants will then learn how to print their linocut on fabric. All supplies included.
F 7:00pm-9:30pm/CC-113
2 mtgs: 4/17, 4/24
R: $55, NR: $67
Instructor: Racquel Keller

SILK SCREEN WORKSHOP   253244-1 Ages 16+
Bring t-shirts, tote bags, pillowcases and/or fabric and screen-print exciting designs in beautiful colors. Designs will be emailed to students ahead of class, so you can plan ahead.
Sa 5/9; 10:00am-12:00pm/CC-113
R: $35, NR: $45
Instructor: Amanda Larsen

BEGINNER STAINED GLASS WORKSHOP: GEOMETRIC DESIGN   253207-1 Ages 16+
Participants will make a small stained glass hanging using the copper foil technique. The goal is to learn to score, cut, foil, and solder a stained glass piece into a finished square or diamond hanging or to make a rectangular night light. Particular emphasis will be placed on developing and practicing the skills needed to score and break glass, as this is a challenging skill. The supplies will include patterns, as well as glass and tools. A fee of $40 for tools, glass, and supplies is included in the price.
Su 4/5; 11:00am-3:00pm/CC-113
R: $65, NR: $82
Instructor: Maureen Stone

FACILITY CODES
BF=Braden Field, CC=Community Center, CC-GFE=Community Center Ground Floor East, GAF=Greenbelt Aquatic & Fitness Center, SHLRC=Springhill Lake Recreation Center, YC=Youth Center

On-Line Registration at www.greenbeltmd.gov/recreation
INTERMEDIATE STAINED GLASS CLASS 253215-1
Ages 16+
A six week class in stained glass for intermediate students. Several patterns will be available, with 20-25 pieces in each pattern. Participants will review how to score, break, foil, and solder glass. Participants will also learn how to cut and fit abutting pieces into a complete framed panel. Patterns will include landscapes, birds, flowers, and abstract designs. Participants must have participated in at least one previous stained glass workshop, where they learned to do straight glass cuts. Students will have the option of bringing in their own glass or purchasing glass from the studio for a one-time session fee of $23. All other materials will be provided. Registered students are eligible for stained glass open studio from 4:00pm-6:00pm in Ground Floor East on scheduled class days. Students are also eligible for visual arts open studio, however soldering and cutting glass are not permitted in visual arts open studio.
W 6:00pm-8:00pm/CC-GFE
6 mtgs: 4/1 - 5/20 (No class 4/8, 5/13)
R: $119, NR: $143
Instructor: Maureen Stone

VISUAL ARTS OPEN STUDIO  Ages 16+
Patrons who register for an eligible visual arts class will receive open studio access. Separate registration not required. Includes independent use of the visual arts studios during Community Center hours whenever the rooms are not reserved for other classes and events. Participants will receive a spring studio calendar with dates and times of reservations; dates and times are subject to change during the session. Ideal for painting, drawing, fiber arts and crafts. Work alone, or arrange to meet up with fellow participants for more sociable studio time. Participants may use the studio’s easels and mat cutter. New participants must meet with the Studio Manager for an orientation before using the space; contact Beth Fendlay at bfendlay@greenbeltmd.gov to schedule.
M-Sa 9:00am-9:45pm; Su 9:00am-6:45pm/CC-113
10 weeks: 3/23-5/31

CERAMICS
Contact: Amanda Demos Larsen,
240-542-2062
alarsen@greenbeltmd.gov

GLAZING AND SURFACE DECORATION MINI CLASSES
Ages 16+
MAKING AND USING BISQUE SPRIG MOLDS TO CREATE RELIEF DESIGNS 253259-1
Do you want to add a little dimensional design interest to your ware? Learn how to make small bisque molds to produce “sprigs” (small relief designs) that you can attach to mugs, bowls, platters, and more. It’s easy and fun to do. Bring wet clay to the first class to make your molds, and bring leatherhard ware to the second class so you can attach your sprigs. Also included will be demos showing options for glazing these relief designs.
Sa 2:00pm-4:30pm/CC-304
2 mtgs: 4/18 - 4/25
R: $42, NR: $52
Instructor: Mary Gawlick

CREATING AND USING YOUR OWN STAMPS AND TEXTURE MATS 253259-2
Instead of buying and using commercial stamps, make your work really your own by making your own stamps and texture mats. Learn three different techniques for making stamps. First, you will design and coordinate your own clay stamps to create unique patterns (bring wet clay to the class). Second, you will make flexible fabric stamps that can wrap around dimensional surfaces or become great texture mats (materials are provided). And third, you will make ball and cylinder stamps to create incredible designs and textures (again, bring wet clay). By the third class, bring wet slabs or ware to practice using your creations. Also included will be demos showing options for glazing stamped designs.
F 7:00pm-9:30pm/CC-304
3 mtgs: 5/1 - 5/15
R: $56, NR: $71
Instructor: Mary Gawlik

RAKU WORKSHOP 253267-1
Ages 16+
With roots in centuries-old Japan, Raku is a method of fast-firing ceramic art outdoors with beautiful and surprising results. Bring up to five bisque pieces to the glazing session. Firing will take place outside of the Greenbelt Aquatic and Fitness Center. Enroll for multiple slots in the class in order to fire more work. Clay purchased separately.
Orientation meeting: Su, 3/29, 2:00pm-3:00pm/CC-304
Glazing: Su, 4/26 1:00pm-3:00pm/CC-304
Firing: Su, 5/3, 10:00am-4:00pm/GAFC (rain date: 5/10)
R: $68, NR: $83
Instructor: Karen Arrington

INTERMEDIATE STAINED GLASS CLASS 253215-1
Ages 16+
A six week class in stained glass for intermediate students. Several patterns will be available, with 20-25 pieces in each pattern. Participants will review how to score, break, foil, and solder glass. Participants will also learn how to cut and fit abutting pieces into a complete framed panel. Patterns will include landscapes, birds, flowers, and abstract designs. Participants must have participated in at least one previous stained glass workshop, where they learned to do straight glass cuts. Students will have the option of bringing in their own glass or purchasing glass from the studio for a one-time session fee of $23. All other materials will be provided. Registered students are eligible for stained glass open studio from 4:00pm-6:00pm in Ground Floor East on scheduled class days. Students are also eligible for visual arts open studio, however soldering and cutting glass are not permitted in visual arts open studio.
W 6:00pm-8:00pm/CC-GFE
6 mtgs: 4/1 - 5/20 (No class 4/8, 5/13)
R: $119, NR: $143
Instructor: Maureen Stone

VISUAL ARTS OPEN STUDIO  Ages 16+
Patrons who register for an eligible visual arts class will receive open studio access. Separate registration not required. Includes independent use of the visual arts studios during Community Center hours whenever the rooms are not reserved for other classes and events. Participants will receive a spring studio calendar with dates and times of reservations; dates and times are subject to change during the session. Ideal for painting, drawing, fiber arts and crafts. Work alone, or arrange to meet up with fellow participants for more sociable studio time. Participants may use the studio’s easels and mat cutter. New participants must meet with the Studio Manager for an orientation before using the space; contact Beth Fendlay at bfendlay@greenbeltmd.gov to schedule.
M-Sa 9:00am-9:45pm; Su 9:00am-6:45pm/CC-113
10 weeks: 3/23-5/31

City of Greenbelt Arts Programs are sponsored in part by the Maryland-National Capital Park and Planning Commission and the Maryland State Arts Council. Thank you!

Greenbelt Recreation Spring Activity Guide 2020
LEVEL 1 POTTERY 253281-1  Ages 16+
Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf is not guaranteed.

**253281-1 Tu 7:00pm-9:30pm/CC-305**
- 9 mtgs: 3/24 - 5/19
- R: $133, NR: $160
- Instructor: Gina Mai Denn

**LEVEL 2 WHEEL 253282-1  Ages 16+**
Recommended for students who can center small pieces consistently, make basic pots and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

**253282-1 M 7:00pm-9:30pm/CC-305**
- 9 mtgs: 3/23 - 5/18
- R: $133, NR: $160
- Instructor: Michael Pappas

**LEVEL 3 WHEEL 253283-1  Ages 16+**
Recommended for Level 2 "graduates" who can make forms with handles and feet. Group instruction combined with individual support. Includes Ceramics Open Studio and use of a shelf.

**253283-1 W 7:00pm-9:30pm/CC-305**
- 8 mtgs: 4/1 - 5/20
- R: $119, NR: $143
- Instructor: Gina Mai Denn

**LEVEL 4 WHEEL 253284-1  Ages 16+**
Recommended for Level 3 "graduates" who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

**253284-1 Th 7:00pm-9:30pm/CC-305**
- 8 mtgs: 4/2 - 5/21
- R: $119, NR: $143
- Instructor: Karen Arrington

LEVEL 1 FUNCTIONAL HAND-BUILDING 263201-1  Ages 16+
This class is for students new to hand-building techniques. Students will learn the techniques to make cups, bowls, plates, and other useful objects by using their hands and hand tools. They will learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. Beginners and all levels welcome. Includes ceramics open studio and use of a shelf.

**263201-1 Tu 7:00pm-9:30pm/CC-304**
- 9 mtgs: 3/24 - 5/19
- R: $133, NR: $160
- Instructor: Sandra Dwiggins

LEVEL 2 HAND-BUILDING 263202-1  Ages 16+
This class is for students who have already taken Level 1 Functional Hand-building or have experience with hand-building techniques, such as joining, and working with slabs. In addition to functional projects, students will learn how to extend their experience to more complex 3-dimensional forms. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

**263202-1 Tu 7:00-9:30pm/CC-304**
- 9 mtgs: 3/24 - 5/19
- R: $133, NR: $160
- Instructor: Sandra Dwiggins

CERAMIC SCULPTURE 253206-1  Ages 16+
This class is for students who want to learn or expand skills in making figurative or abstract ceramic sculpture. There will be an emphasis on techniques for creating forms with volume. Students will also learn how to work with clay at different stages of construction and drying in order to accomplish more difficult shapes. Participants must have previously taken at least one Greenbelt ceramics class and preferably understand basic hand-building techniques such as working with and joining slabs. Such techniques will be part of the class demonstrations. Please contact Amanda Demos Larsen at alarsen@greenbeltmd.gov if you are unsure if this class is the right fit for your skill level. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

**253206-1 W 7:00pm-9:30pm/CC-305**
- 8 mtgs: 4/1 - 5/20
- R: $119, NR: $143
- Instructor: Chris Corson

CREATING CERAMIC ART TILES 253253-1  Ages 16+
Make beautiful individual ceramic tiles to display. Learn how to roll clay slabs, cut tiles, handle unfired tiles correctly so they remain flat, and decorate/glaze them. You will also have the option to create a panel of multiple tiles that are mounted to a backing and then grouted. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

**253253-1 M 7:00pm - 9:30pm/CC-304**
- 9 mtgs: 3/23 - 5/18
- R: $133, NR: $160
- Instructor: Mary Gawlik

On-Line Registration at www.greenbeltmd.gov/recreation
CIRCUS/ROLE PLAYING GAMES
Contact: Chris Cherry, 240-542-2055
ccherry@greenbeltmd.gov

CIRCUS FOR PARENTS AND KIDS  264225-1  Ages 6+
At last, our circus kids' parents get to join in the fun! This class is designed for parents and kids to enjoy circus together. Juggling, stilt-walking, rola-bola, diablo, rolling globe, unicycle and more are on the agenda for family fun with circus director Mike Funt. A parent (or other caregiver) is welcome to register with more than one child (and vice versa). Tuition is per participant.
Sa 2:00pm-3:00pm/CC-106
7 mtgs: 3/28 - 5/16 (No class 4/11)
R: $56, NR: $62
Instructor: Mike Funt

NEW!  COLLECTIVE STORYTELLING ADVENTURES  244250-1  Ages 14-17
Join with other daring adventurers as we journey into fantastic realms, delve dark forests and haunted crypts, and become heroes! Through collective storytelling and roleplaying, participants will work together to create imaginative new worlds, then overcome adversity as characters in those worlds. Participants will practice problem solving, teamwork, and math skills all while playing popular games such as Dungeons and Dragons.
W 4:00pm-6:00pm/CC-GFE
9 mtgs: 3/25 - 5/20, R: $45, NR: $49
Instructor: Chris Litchfield

ART SOCIALS
Contact: Amanda Demos Larsen, alarsen@greenbeltmd.gov, 240-542-2062

Book a workshop or party with your group

Schedule an event for your group or party! Bring your friends to the community center to make functional, hand-built ceramics, paintings on canvas or stained glass window hangings.
ZUMBA GOLD 252402-1  Ages 16+
This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes, bring water and a towel.
Sa 9:00am-10:00am/CC-202
8 mtgs: 3/28 - 5/30 (No class 4/11, 5/23)
R: $48, NR: $58; Drop-in: $8 (no cash)
Instructor: Wanda Crawley-Pearson

FIT 'N' FUN CARDIO 252203-1  Ages 16+
Participants will tone their bodies and burn calories while having fun with a variety of cardio including boot camp games, cardio kickboxing, dance, weights and floor work set to great music! You will need to bring weights, water and a mat; jump rope is optional.
W/F 10:00am-11:15am/CC-106
18 mtgs: 3/25 - 5/22
R: $54, NR: $64; Drop-in: $5
Instructor: Derrick Faison

FUN YOGAMIX 252220-1  Ages 16+
A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please bring a mat and a blanket to each class. Beginners are welcome; no experience necessary. For more information contact instructor at yogatina@yahoo.com.
Th 6:00pm-7:00pm/CC-GFE
9 mtgs: 3/26 - 5/21
R: $63, NR: $73 Drop-in: $10 (no cash)
Instructor: Tina McCloud

GENTLE YOGA 252201-1  Ages 16+
This class is designed to offer a gentle but powerful practice of yoga suitable for anyone, including seniors. We will explore yogic breathing, gentle postures and simple meditation techniques to help release tension, strengthen and stretch your body, enliven your spirit and increase your sense of well-being. Bring a mat and blanket to class and refrain from eating 2 hours before class. Drop-ins are not permitted for this class.
Tu 7:00pm-8:15pm/CC-202
9 mtgs: 3/24 - 5/19
R: $90, NR: $100
Instructor: Laura Bonkosky

LUNCHTIME YOGA 252221-1  Ages 18+
This mixed level class offers a balanced practice of warm-ups, postures, yogic breathing, meditative awareness and relaxation designed to stretch, strengthen and energize your body, release tension, enliven your spirit and bring more ease and joy to your life. Bring a mat. Don't eat 2-3 hours before class. For drop-ins, please pay in CC office prior to class.
252221-1 Tu 12:30pm-1:30pm/CC-10
9 mtgs: 3/24 - 5/19
R: $77, NR: $87; Drop-in: $12
252221-2 Th 12:30pm-1:30pm/CC-10
9 mtgs: 3/26 - 5/21
R: $77, NR: $87; Drop-in: $12
Instructor: Laura Bonkosky

YOGA NIDRA 252403-1A  Ages 16+
Yoga Nidra is an accessible form of meditation, rooted in ancient yoga traditions, but uniquely suited to our modern times. Benefits include reduced stress and insomnia, and increased confidence, joy, and well-being. You will be guided through the meditation while lying on a yoga mat or comfortably seated. Please bring a mat, blankets, and a pillow or bolster. No previous yoga or meditation experience is necessary. For more information, email Laura Bonkosky at laura.bonkosky@gmail.com, or visit www.laurabonkosky.com.
7:00pm-8:00pm/CC-202
R/NR: $10, Drop-in: $15 (no cash)
Instructor: Laura Bonkosky
TEEN/ADULT PROGRAMS

TAI CHI ALL LEVELS  252206-1  Ages 16+
Group practice can form the foundation for a successful personal practice. Join us to explore the benefits of Wu, Sun, Chen and Yang styles of Tai Chi along with Qigong and Xingyi fundamentals. All levels welcome to laugh and learn!
Sa 9:00am-10:00am/CC-106
9 mtgs: 3/28 - 5/23
R: $90, NR: $100
Instructor: Taj Johnson

TAI CHI MASTERY- WUDANG NEIJIA  252206-2
Ages 16+
This 90 minute class is for the serious student. Learn the underlying principles and access your personal mastery of the Wudang Neijia Arts. Taiji, Xingyi, Bagua and Liuhebafa (aka water boxing) will be taught with choreography, corrections and adjustments. Learn the small details. Experience the higher levels of your practice. Create your own book of “Master’s Notes” from the group discussions and journal your personal adventures. Admission by instructor permission, a minimum of one recent year of previous practice in Sky Valley Tai Ji classes is strongly recommended.
Sa 10:00am-11:30am/CC-106
9 mtgs: 3/28 - 5/23
R: $135, NR: $145
Instructor: Taj Johnson

TAI CHI LEVEL I/II  252207-1  Ages 16+
Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov
Instruction in beginning/beginning continuing levels of the Yang Simplified T’ai Chi Ch’uan Form (37 postures) as developed by Professor Cheng Man-Ch’ing. The first third of this form of flowing movements is taught in detail to help the student to unify mind, body, and spirit. This quiet activity improves health and longevity. Class participation and home practice is necessary to continue beyond the first third.
W 6:30pm-7:30pm/YC-MPR
12 mtgs: 3/25 - 6/10
R: $84, NR: $96
Instructor: Linda Uphoff

TAI CHI LEVEL III  252208-1  Ages 16+
Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov
Continuing detailed instruction in the Yang Simplified T’ai Chi Ch’uan Form as developed by Professor Cheng Man-Ch’ing. The entire form and form correction will be emphasized. Class participation and home practice is expected. Instructor approval is required for this class.
W 7:30pm-8:30pm/YC-MPR
12 mtgs: 3/25 - 6/10,
R: $84, NR: $96
Instructor: Linda Uphoff

MIXED PILATES  252210-1  Ages 16+
A classic mixed level Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a mat or blanket and a 10-pound sandbag or bag of rice as a foot weight.
W 7:30pm-8:30pm/CC-202
8 mtgs: 3/25 - 5/20 (No class 4/8)
R: $80, NR: $90
Instructor: Catherine Turner

BEGINNER ARCHERY  252602-1  Ages 14+
Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov
Shoot for it! PREVIOUS EXPERIENCE NOT REQUIRED. Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position with re-curve bows. All equipment will be provided. Sessions will be led by a certified USA Archery Level "3" coach/instructor.
Th 5:30pm-6:15pm/BF
10 mtgs: 4/2 - 6/4, R: $70, NR: $80

INTERMEDIATE ARCHERY  252603-1  Ages 14+
Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov
Refine your alignment, release and follow through in an intermediate level course using re-curve and compound bows. PARTICIPANTS REQUIRE SIX MONTHS OF ARCHERY EXPERIENCE and basic knowledge of range safety procedures, shooting technique, hand position and stance. Enhance the skills taught in Beginner Archery. All equipment will be provided. Sessions will be led by a certified USA Archery Level "3" coach/instructor.
Th 6:30pm-7:15pm/BF
10 mtgs: 4/2 - 6/4, R: $70, NR: $80

TKA KARATE  Ages 13+
Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.
M 7:30pm-9:00pm/YC-Gym
9 mtgs: 3/9 - 5/18 (No class 4/6,4/13)
R/NR: $63

OPEN WALK  272208-1  Ages 18+
Just put one step in front of the other! Walking is a great way to improve or maintain overall health. Just 30 minutes a day can increase cardiovascular fitness, strengthen bones, and reduce excess body fat. Open Walk is available whenever the Gym is not reserved. Please call 301-397-2208 for availability. Registration required.
M-Sa 9:00am-9:45pm; Su 9:00am-5:00pm/CC-106
10 weeks 3/23 - 5/31, FREE

TABLE TENNIS CLUB  287520-01  Ages 8+
For more information please call 301-397-2200.
Table Tennis Club meets every week for fun and challenging play. Sharpen your skills playing with new folks every week! Annual membership fee required.
Th 7:30pm-9:30pm/YC-MPR
12 mtgs: 3/26 – 6/11, R/NR: $20 Annual Fee
FREE for Recreation and Pool Pass ID Holders
GOLDEN AGE CLUB
The Golden Age Club meets every Wednesday from 11:00am-12:00pm in the Community Center, Multipurpose Room (room 201). Activities include speakers, special programs and field trips. For membership information, call Kathleen McFarland at 301-474-6892.

HUNGRY?
The Senior Nutrition Program serves hot lunches at 12:00pm Monday through Friday in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered. Requested meal donation is $3. Please call 301-397-2208 x4215 to make reservations. If you are new to the program, paperwork is required prior to reserving meals.

SENIOR GAME ROOM & BILLIARDS  Ages 60+
The Senior Game Room is open to senior citizens to play billiards, cards, or games during regular operating hours, when the room is not in use for scheduled classes or programs. Call 301-397-2208 for more information.

SENIOR LOUNGE  Ages 60+
The Senior Lounge is open to senior citizens to play billiards, cards, or games during regular operating hours, when the room is not in use for scheduled classes or programs. Call 301-397-2208 for more information.

UPCOMING SENIOR SPECIAL EVENTS
Greenbelt Community Center. FREE

ICE CREAM SOCIAL
Featuring: Retro Rockets
Friday, March 20, 1:00pm, Gym
Make your own ice cream sundae following the entertainment.

TURNER MEET-N-GREET
Friday, June 5, 11:00am-1:00pm
CC-201
Come join County Councilman Todd Turner for his fourth annual luncheon at the Greenbelt Senior Center. This is your opportunity to ask questions and hear the county’s updated news. Mr. Turner will also be providing a free lunch.

PRE-REGISTRATION (#279207-1) IS REQUIRED.

SPACE IS LIMITED
HEALTH AND FITNESS
Contact: Rebekah Sutfin for ALL senior adult programs, 240-542-2056, rsutfin@greenbeltmd.gov

SENIOR SWIM Ages 60+
Water exercises that emphasize stretching, strengthening and toning exercises for the swimmer and non-swimmer. Registration is REQUIRED.
271101-1 M 11:15am-12:00pm
9 mtgs: 3/30 - 6/8 (No class 4/13 & 5/25)
Passholders: FREE; RNPH: $1.50/visit; NRNPH: $2/visit
Instructor: Marsha Voigt

SENIOR SWIM Ages 60+
Water exercises that emphasize stretching, strengthening and toning exercises for the swimmer and non-swimmer. Registration is REQUIRED.
271101-2 Th 11:15am-12:00pm
10 mtgs: 4/2 - 6/11 (No class 4/9)
Instructor: Marsha Voigt

HOLY CROSS SENIOR FIT 272201-1 Ages 55+
Increase strength, muscular endurance, and improve flexibility for greater mobility.
Registration is required with Holy Cross AND the Community Center.
M/W/F 9:00am-9:45am/CC-106
31 mtgs: 3/23 - 6/12 (No class 4/6, 4/8, 4/10, 4/13, 5/25) FREE
Instructor: Karl Haddad

GET WII ACTIVE 272203-1 Ages 60+
Come join the Wii Active group and have fun using the Wii to bowl! Other games are also available depending on the interest of the group.
Tu 3:30pm-5:00pm/CC-114
10 mtgs: 3/24 - 5/26 FREE

WALK ON ROUTE 66 272206-1 Ages 60+
Walk the comfortable gym, and "Get your kicks on Route 66!" The group will record how many laps have been walked. How far will you go? We walk Route 66 by way of St. Louis to LA. Come walk with us!
Tu/Th 1:30pm-2:30pm/CC-106

OPEN WALK 272208-1 Ages 18+
Just put one step in front of the other! Walking is a great way to improve or maintain overall health. Just 30 minutes a day can increase cardiovascular fitness, strengthen bones, and reduce excess body fat. Open Walk is available whenever the Gym is not reserved. Please call 301-397-2208 for availability. Registration required.
M-Sa 9:00am-9:30pm; Su 9:00am-5:00pm/CC-106
10 weeks: 3/23 - 5/31 FREE

PURELY FUN PICKLEBALL 272210-1 Ages 60+
Looking for a fun way to get active? Then come learn and play Pickleball, a cross between tennis and badminton. Pickleball is loads of fun and gaining popularity throughout the US. Beginners and beyond are welcome, keeping the "Purely Fun" focus in mind.
M/Th 2:30pm-3:45pm/CC-Gym
18 mtgs: 3/23 - 6/4 (No class 4/6, 4/9, 4/27, 5/25) FREE

SPECIAL INTEREST

SEW FOR CHARITY 253242-1 Ages 16+
Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies, and power strips/cords.
Sa 10:00am-2:00pm/CC-109
8 mtgs: 4/4 - 5/23
R: $5, NR: $10

GIFTS FROM THE HEART 273208-1 Ages 16+
Knitters and crocheters of all levels make items to donate to various charitable organizations. Yarn, needles and hooks are provided. All ages and skill levels welcome! Instruction is available from group members.
F 10:00am-12:00pm/CC-109
11 mtgs: 3/27 - 6/5
R: $5, NR: $10

MAHJONG 273210-1 Ages 50+
Mahjong is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s with the publication of Joseph Park Babcock’s "Rules of Mahjong." American Mahjong utilizes racks, jokers, "Hands and Rules". Mahjong is always played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mahjong" ends the game. THIS IS NOT AN INSTRUCTIONAL PROGRAM.
M 1:00pm-3:30pm/CC-109
11 mtgs: 3/23 - 6/1 FREE

BRIDGE Ages 60+
Call Robin Schlauch, 301-474-2605, if you are interested in joining these groups. THESE ARE NOT INSTRUCTIONAL PROGRAMS.
THURSDAY BRIDGE 279202-1 Ages 60+
Th 12:30pm-3:30pm/CC-109
12 mtgs: 3/26 - 6/11 FREE
FRIDAY BRIDGE 279202-5 Ages 60+
F 12:30pm-3:30pm/CC-109
12 mtgs: 3/27 - 6/12 FREE

PINOCHLE 279205-1 Ages 60+
Call Betty Cookson, 301-577-8097, if you are interested in playing. THIS IS NOT AN INSTRUCTIONAL PROGRAM.
W 12:30pm-3:30pm/CC-109
12 mtgs: 3/25 - 6/10 FREE
MAY is Older Americans Month

Make Your Mark: We would like to encourage and celebrate countless contributions that seniors make to our communities. Their time, experience, and talents benefit family, peers, and neighbors every day. Communities, organizations, and individuals of all ages are also making their marks. This year’s theme highlights the difference everyone can make—in the lives of older adults, in support of caregivers, and to strengthen communities.

Be on the look out for during the month of May for special activities.

SENIOR GLOBETROTTING

All trips leave from the library parking lot. Please note: Trip cancellations must be made no later than 36 hours in advance for a refund. Refunds will be awarded according to the provisions in the City of Greenbelt Resolution No. 65. A 10% processing fee will be assessed if money is refunded. Refunds are NOT guaranteed.

Contact: Rebekah Sutfin, 240-542-2056, rsutfin@greenbeltmd.gov.

SHOPPING MALL TRIPS

Transportation to and from the mall. Lunch is on your own. Green Ridge House residents will be picked up at Green Ridge House.

COLUMBIA MALL 278202-1
Th 4/9; 9:30am-3:00pm
R: $3, NR: $4

NATIONAL HARBOR OUTLET 278202-3
Th 5/14; 9:30am-3:00pm
R: $3, NR: $4

SHREK THE MUSICAL @ TOBY’S 178203-1
Ages 60+
Everyone’s favorite ogre is back in the hilarious stage spectacle based on the Oscar-winning, smash hit film. In a faraway kingdom an unlikely hero finds himself on a life-changing journey alongside a wisecracking Donkey and a feisty princess who resists her rescue. Throw in a short-tempered bad guy, a cookie with an attitude and over a dozen fairy tale misfits, and you’ve got the kind of mess that calls for a hero...and his name is SHREK.
W 4/1; 9:45am-4:00pm
R: $70, NR: $85

THE NATIONAL LAW ENFORCEMENT MUSEUM 278204-1
Ages 60+
The National Law Enforcement Museum is dedicated to telling the story of American law enforcement. The Museum offers a meaningful opportunity to help citizens understand the role of law enforcement by providing a “walk in the shoes” experience in the history of law enforcement, its current practices, and what the future may hold. Price includes transportation, museum ticket, and lunch. Boxed lunches provided by Potbelly, sign up for lunch when you register.
W 5/6; 9:00am-4:00pm
R: $40, NR: $50

STRASBURG RAIL ROAD 278203-1
Ages 60+
Travel to Lancaster County, Pennsylvania and enjoy a ride on the Strasburg Rail Road; complete with views of the countryside and lunch. Then enjoy the Railroad Museum before returning home. Price includes transportation, train ride, museum ticket, and lunch.
Th 6/11; 9:00am-6:00pm
R: $70, NR: $85

On-Line Registration at www.greenbeltmd.gov/recreation
Greenbelt Aquatic & Fitness Center
101 Centerway, 301-397-2204
www.greenbeltmd.gov/GAFC

HOURS
Monday-Friday: 6:00am-10:00pm;
Saturday & Sunday: 8:00am-9:00pm

DAILY ADMISSION RATES:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (1-13 yrs)</td>
<td>$3.00</td>
<td>$4.25</td>
</tr>
<tr>
<td>Young Adult (14-17 yrs)</td>
<td>$4.00</td>
<td>$5.25</td>
</tr>
<tr>
<td>Adult (18-59 yrs)</td>
<td>$5.00</td>
<td>$6.25</td>
</tr>
<tr>
<td>Senior (60+)</td>
<td>$3.75</td>
<td>$4.50</td>
</tr>
</tbody>
</table>

- Children 11 and under entering the pool must be within sight and accompanied by a responsible person 16 years of age or older in appropriate swim attire (children 12 years of age and over are allowed to enter by themselves).
- Non-swimmers and all children age five (5) and under in the water must be directly supervised by a responsible person 16 years of age or older in appropriate swim attire.

IMPORTANT REMINDERS:
- The listed hours are subject to change.
- All members are required to scan their membership card to gain entry into the Aquatic & Fitness Center. Please see guidelines on page 23 on becoming a member.
- Swimming must cease, and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool that are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during swim team practices, when one (1) open swim lane is available.
- The facility closes at 8:00pm the third Sunday of every month for staff training.
- The hot tub closes at noon every other Wednesday for regular cleaning, will reopen Thursday at 6:00am.
- All passes are non-refundable and non-transferable.
BECOMING A MEMBER

Becoming a member is easy – just follow these steps:
1. Stop by the Greenbelt Aquatic & Fitness Center front desk and ask to become a member.
2. Staff will enter your information into our computer system.
3. Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of: a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency at a valid Greenbelt address, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

<table>
<thead>
<tr>
<th>BECOMING A MEMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Becoming a member is easy – just follow these steps:</td>
</tr>
<tr>
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</tr>
<tr>
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</tr>
<tr>
<td>3. Make payment.</td>
</tr>
</tbody>
</table>

**12 MONTH MEMBERSHIPS**
(Valid for 12 months from the date of purchase)

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (1-13 yrs.)</td>
<td>$119</td>
<td>$256</td>
</tr>
<tr>
<td>Young Adult (14-17 yrs.)</td>
<td>$187</td>
<td>$321</td>
</tr>
<tr>
<td>Adult (18-59 yrs.)</td>
<td>$256</td>
<td>$386</td>
</tr>
<tr>
<td>Senior (60+ yrs.)</td>
<td>$132</td>
<td>$270</td>
</tr>
<tr>
<td>Single Parent Family</td>
<td>$376</td>
<td>$642</td>
</tr>
<tr>
<td>Family</td>
<td>$529</td>
<td>$691</td>
</tr>
<tr>
<td>Corporate</td>
<td>$1063</td>
<td>$1063</td>
</tr>
</tbody>
</table>

**9 MONTH MEMBERSHIPS**
(Valid for 9 months from date of purchase; excludes summer season)

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Resident</th>
<th>Non-Resident</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth (up to 13 yrs.)</td>
<td>$90</td>
<td>$202</td>
</tr>
<tr>
<td>Young Adult (14-17 yrs.)</td>
<td>$144</td>
<td>$253</td>
</tr>
<tr>
<td>Adult (18-59 yrs.)</td>
<td>$202</td>
<td>$306</td>
</tr>
<tr>
<td>Senior (60+ yrs.)</td>
<td>$97</td>
<td>$216</td>
</tr>
<tr>
<td>Single Parent Family</td>
<td>$289</td>
<td>$506</td>
</tr>
<tr>
<td>Family</td>
<td>$408</td>
<td>$586</td>
</tr>
<tr>
<td>Corporate</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

**GAFC REGISTRATION DATES**
Register between 6:00am and 10:00pm for all dates noted below.
Please do not pre-write checks. All classes require registration unless otherwise noted.

CLASS RATES DO NOT INCLUDE: USE of FITNESS WING, POOLS, or BEFORE or AFTER CLASS TIME.

**Youth Swim Lessons**
Pre-Evaluation, Saturday, March 7
10:00am-noon
Saturday Session: March 21 – May 16
(No Class 4/11)

Homeschool Session: March 20 – May 15
(No Class 4/10)

Passholders & Residents register: March 9
Open Registration: March 11

**Adult Swim Lessons**
Session 1: March 17 – April 9
Session 2: April 21 – May 14
Passholders & Residents register: March 1
Open Registration: March 3

**Water Exercise Classes**
Session 1: March 16 – April 3
Session 2: April 14 – May 8
Passholders & Residents register: March 1
Open Registration: March 3

Residents: Those residing within the corporate limits of Greenbelt who pay City taxes and who are eligible to vote in City elections. (Greenbelt Road and 7000-7599 Hanover Parkway are not considered resident addresses.)
Non-Residents: Those residing outside the corporate limits of Greenbelt.

**Youth Membership:** 1-13 years of age
**Young Adult Membership:** 14-17 years of age
**Adult Membership:** 18-59 years of age
**Senior Membership:** 60 years of age and older
**Single Parent Family Membership:** One adult & single dependents, under the age of 21, residing permanently in same household.
**Family Membership:** Two adults & single dependents, under the age of 21, residing permanently in same household.
BEGINNER I  
**Ages 5-10**  
Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.  
PH: $55, RNPH: $61, NRNPH: $68  
8 mtgs: 3/21 - 5/16 (No class 4/11)  
231120-A Sa 9:00am-9:30am  
231120-B Sa 9:45am-10:15am  
231120-C Sa 10:30am-11:00am  
231120-D Sa 11:15am-11:45am

BEGINNER II  
**Ages 5-12**  
Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.  
PH: $55, RNPH: $61, NRNPH: $68  
8 mtgs: 3/21 - 5/16 (No class 4/11)  
231121-A Sa 9:00am-9:30am  
231121-B Sa 9:45am-10:15am  
231121-C Sa 10:30am-11:00am  
231121-D Sa 11:15am-11:45am

BEGINNER III  
**Ages 5-15**  
Improve basic swimming skills. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke, and treading water. Scissor kick and dolphin kick will be introduced. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.  
PH: $55, RNPH: $61, NRNPH: $68  
8 mtgs: 3/21 - 5/16 (No class 4/11)  
231122-A Sa 9:00am-9:30am  
231122-B Sa 9:45am-10:15am  
231122-C Sa 10:30am-11:00am  
231122-D Sa 11:15am-11:45am
ADVANCED BEGINNER  Ages 5-15
Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly, and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

PH: $55, RNPH: $61, NRNPH: $68
8 mtgs: 3/21 - 5/16 (No class 4/11)
231123-A  Sa 9:00am-9:30am
231123-D  Sa 11:15am-11:45am

INTERMEDIATE  Ages 5-15
Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced.

PH: $55, RNPH: $61, NRNPH: $68
8 mtgs: 3/21 - 5/16 (No class 4/11)
231124-B  Sa 9:45am-10:15am
231124-C  Sa 10:30am-11:00am

HOMESCHOOL SWIM LESSONS

BEGIN.I, HOMESCHOOL  231134-A  Ages 4-12
This program is designed for children who are homeschooled - Beginner I swimming level.
F 11:00am-11:30am
8 mtgs: 3/20 - 5/15 (No class 4/10)
PH: $55, RNPH: $61, NRNPH: $68

BEGIN.II HOMESCHOOL  231137-B  Ages 5-17
This program is designed for children who are home schooled, Beginner II swimming levels.
F 11:45am-12:15pm
8 mtgs: 3/20 - 5/15 (No class 4/10)
PH: $55, RNPH: $61, NRNPH: $68

BEGIN.III HOMESCHOOL  231138-C  Ages 5-17
This program is designed for children who are home schooled, Beginner III swimming levels.
F 12:30-1:00pm
8 mtgs: 3/20 - 5/15 (No class 4/10)
PH: $55, RNPH: $61, NRNPH: $68

ADV.BEG., INT.& SWM., HOMESCHOOL  231136-D  Ages 6-17
This program is designed for children who are home schooled. Advanced Beginner, Intermediate, and Swimmer swimming level.
F 1:15pm-1:45pm
8 mtgs: 3/20 - 5/15 (No class 4/10)
PH: $55, RNPH: $61, NRNPH: $68

ADULT SWIM LESSONS

BEGINNER SWIM LESSONS  Ages 16+
"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

PH: $60, RNPH: $68, NRNPH: $75
251192-2A  Tu/Th 7:00pm-7:45pm
8 mtgs: 3/17 - 4/9
251192-3A  Tu/Th 7:00pm-7:45pm
8 mtgs: 4/21 - 5/14

ADVANCED BEGINNER SWIM LESSONS  Ages 16+
Designed to improve basic swimming skills. Students will learn proper breathing techniques for front crawl and breaststroke, and begin to learn more advanced strokes and treading water techniques. Prerequisites: Basic knowledge of front crawl, back crawl, and breaststroke, and ability to swim half a length of the pool and be fairly independent in deep water.

PH: $60, RNPH: $68, NRNPH: $75
251193-2A  Tu/Th 7:50pm-8:35pm
8 mtgs: 3/17 - 4/9
251193-3A  Tu/Th 7:50pm-8:35pm
8 mtgs: 4/21 - 5/14

INTERMEDIATE SWIM LESSON  Ages 16+
"Improving Skills and Swimming Strokes" - Learn skills and concepts needed to stay safe in and around water while improving proficiency in basic aquatic skills and the six basic swimming strokes. Prerequisites: Participants must be comfortable in chest-deep water, able to put their face in the water, and able to perform strokes that can be recognized as front crawl, breaststroke, and back crawl, each for 15 yards.

PH: $60, RNPH: $68, NRNPH: $75
251194-2A  Tu/Th 8:40pm-9:25pm
8 mtgs: 3/17 - 4/9
251194-3A  Tu/Th 8:40pm-9:25pm
8 mtgs: 4/21 - 5/14

WATER EXERCISE

DEEP WATER AEROBICS  Ages 16+
A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a flotation belt.

251170-1A  M/W 7:00pm-7:45pm
6 mtgs: 3/16 - 4/1
PH: $30, RNPH: $35, NRNPH: $40
251170-1B  Tu/Th 6:00pm-6:45pm
6 mtgs: 3/17 - 4/2
PH: $30, RNPH: $35, NRNPH: $40
251170-2A  M/W 7:00pm-7:45pm
7 mtgs: 4/15 - 5/6
PH: $35, RNPH: $40, NRNPH: $45
251170-2B  Tu/Th 6:00pm-6:45pm
8 mtgs: 4/14 - 5/7
PH: $40, RNPH: $45, NRNPH: $50
AQUACIZE
Emphasizes aerobics, stretching and toning exercises for the swimmer and non-swimmer. Aquacize is designed to condition the heart and lungs and to improve muscle tone while burning calories. Muscle conditioning, use of bottles and spa bells are included in the class.

- **251171-1A** M/W/F 8:00am-8:45am
  9 mtgs: 3/16 - 4/3
  PH: $45, RNPH: $50, NRNPH: $55
- **251171-1B** M/W/F 10:00am-10:45am
  9 mtgs: 3/16 - 4/3
  PH: $45, RNPH: $50, NRNPH: $55
- **251171-1D** Tu/Th 7:45am-8:30am
  6 mtgs: 3/17 - 4/2
  PH: $30, RNPH: $35, NRNPH: $40
- **251172-1A** M/W 6:00pm-6:45pm
  6 mtgs: 3/16 - 4/1
  PH: $35, RNPH: $40, NRNPH: $45
- **251172-1B** M/W 6:00pm-6:45pm
  7 mtgs: 4/14 - 5/7
  PH: $40, RNPH: $45, NRNPH: $50

AQUA ZUMBA
Known as the Zumba "pool party," the Aqua Zumba program gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, and shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into a safe, challenging, water-based workout that is cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

- **251172-A1** M/W 6:00pm-6:45pm
  6 mtgs: 3/16 - 4/1
  PH: $35, RNPH: $40, NRNPH: $45
- **251172-A2** M/W 6:00pm-6:45pm
  7 mtgs: 4/15 - 5/8
  PH: $55, RNPH: $60, NRNPH: $65
- **251171-2D** Tu/Th 7:45am-8:30am
  8 mtgs: 4/14 - 5/7
  PH: $40, RNPH: $45, NRNPH: $50

LIFEGUARDING
All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

PRE-TEST AGES 15+
In order to qualify for the Lifeguarding class participants must complete all of the following:
- Swim 300 yards continuously demonstrating breath control and rhythmic breathing
- Tread water for 2 minutes using only the legs
- Complete a timed event within 1 minute, 40 seconds (Starting in the water, swim 20 yards, Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object, Surface and swim 20 yards on back with both hands holding object, Exit the water without using a ladder or steps)

Participants may drop in at any time during the scheduled times to complete the 10 to 20 minute test. Swim suits are required.

- **PH: $5, RNPH: $5, NRNPH: $5**
- **257180-1** SA 3/14; 9:00am-3:00pm
- **257180-2** SA 3/21; 12:30-3:00pm
- **257180-3** SA 3/28; 12:30-3:00pm

LIFEGUARDING 257181-1 AGES 15+
The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more. Participants must pass Lifeguarding Pre-Test prior to registering.

- **M-Th 9:00am-5:00pm**
  4 mtgs: 4/6 - 4/9
  PH: $160, RNPH: $176, NRNPH: $200

FIRST AID/CPR/AED
All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children, and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency.

Due to the online portion of this class, registration closes one week prior to start date. Class prices below include the $27 certification fee charge for the American Red Cross online portion of the class. You may register at [http://redcrosslearning.com/](http://redcrosslearning.com/) Once completed, you will be issued a certificate which you will need to bring to class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.

- **PH: $60, RNPH: $68, NRNPH: $75**
- **257177-1** F 3/13; 6:00pm-8:00pm
- **257177-2** F 4/10; 6:00pm-8:00pm
- **257177-3** F 5/8; 6:00pm-8:00pm
Greenbelt Recreation is committed to providing quality recreation and educational opportunities in a healthy, positive and enjoyable atmosphere. Our most important goal is to provide a pleasurable and secure environment for all participants. To fulfill this commitment, Greenbelt Recreation has established Rules of Conduct. By signing the waiver on the Greenbelt Recreation registration form (page 35), all class participants agree to abide by these Rules of Conduct.

Individuals may lose the opportunity to participate in programs and services, including the use of all center facilities, subject to approval of the Assistant Director of Greenbelt Recreation, for any of the following:

- Failure to abide by any of the rules established by Greenbelt Recreation
- Failure to comply with the direction given by center staff in the lawful performance of their duties;
- Misuse, destruction, damage or theft of Greenbelt Recreation property or the property of others;
- Indecent or obscene language or conduct, including use of profanity;
- Any action which, in the judgment of Greenbelt Recreation staff, places the health, safety or welfare of any person at risk. This includes but is not limited to: physical and/or verbal abuse, intimidation, coercion, inciting others to violence or disruption, sexual harassment, possession, use or distribution of weapons, instruments used as weapons, fireworks or explosives;
- Possession, use or distribution of alcohol, illegal drugs or controlled substances; and
- Any action that constitutes a violation of local, state or federal law.

CONSEQUENCES
Misconduct by participants will result in temporary or permanent removal from the program or facility. Refund of program fees will not be issued when removal from the program or facility is a result of non-compliance with the Rules of Conduct.

If participant is under the age of 18, a parent will be notified either face-to-face at pick up time or by written correspondence sent home. In the event that a child must be removed from a program or facility, the parent and/or guardian will be contacted and required to pick up the child immediately. Removal from a Greenbelt Recreation program or facility will extend to all Greenbelt Recreation programs and facilities.

WEATHER & INFORMATION HOTLINE:
301-474-0646

Call the Greenbelt Recreation Weather & Information Hotline for updates on activities, classes, facilities, and programs when there is inclement weather or other emergency.
REGISTRATION PROCEDURES

Registration forms will be accepted **beginning** on the registration dates listed below.

To provide equal opportunity to all registrants, **EARLY IN-PERSON, EMAIL, FAX OR MAIL-IN REGISTRATIONS WILL NOT BE ACCEPTED.**

**Resident Registration begins on February 24, 2020**

**Non-Resident Registration begins on March 2, 2020**

For **Aquatic and Fitness Center** course registrations and/or memberships, please reference page 23.

Payments are accepted in the form of check, money order, and credit card. Cash is also accepted in-person during Community Center or Youth Center Business Office hours; Monday-Friday 9:00am-4:30pm.

**ONLINE REGISTRATION**
- Visit www.greenbeltmd.gov/recreation, and follow the Online Registration link.
- Online registration is available beginning at 12:00am on the registration dates.

If you are not a current Greenbelt Recreation customer, please call 301-397-2208 or 301-397-2200 to request an account. Please see information about city residency.
- There are some classes where online registration is NOT permitted. Please see individual class listings for more information.

**IN-PERSON REGISTRATION**
- In-person registration is available on the registration dates during the following times.
  - Community Center, 15 Crescent Road, Monday-Saturday, 9:00am-9:45pm; Sunday 9:00am-6:45pm
  - Youth Center, 99 Centerway, Monday-Saturday, 9:00am-9:45pm; Sunday 1:00pm-9:45pm

**EMAIL & FAX REGISTRATION**
- Fax and email registration will be accepted after 12:00am on the registration dates.
- Community Center, rcampbell@greenbeltmd.gov, fax: 301-220-0561.
- Youth Center, cpracht@greenbeltmd.gov, fax: 301-397-2203.

**MAIL-IN REGISTRATION**
- Mail-in registration will be accepted beginning on the registration dates.
  - Greenbelt Recreation, 25 Crescent Road, Greenbelt, Maryland 20770

**CITY RESIDENCY**
Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 18 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

**CLASS CANCELLATIONS**
Classes will not be held on the following date: **May 25– Memorial Day.** Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course **when possible.** Pre-school and children’s classes scheduled before 5:00pm will **not meet** on **some P.G. County school holidays.** When Prince George’s County Schools are closed or delayed due to inclement weather or emergency, please call Greenbelt Recreation’s Weather & Information Hotline at 301-474-0646 for updated class information.

**COURSE FEES**
Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

**CREDITS/REFUNDS**
If an activity is cancelled by Greenbelt Recreation, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum $2.50) processing fee and will be pro-rated to reflect the number of meetings attended by the participant.

**INCLUSION**
Inclusion is people with and without disabilities participating in recreation together! Greenbelt Recreation offers full and active participation for individuals with disabilities. We provide individuals reasonable accommodations that will enhance their experience. For more information contact Rebekah Sutfin, rsutfin@greenbeltmd.gov, 240-542-2056.

**CLASS SCHEDULE**
Classes will begin on or after the **March 23, 2020.** Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

**LOCATION CODES**
BAP - Buddy Attick Park
BF - Braden Field
BFTC - Braden Field Tennis Courts
CC - Greenbelt Community Center
CC-GFE - Greenbelt Community Center Ground Floor East
GAFC - Greenbelt Aquatic & Fitness Center
GES - Greenbelt Elementary School
GRHS - Green Ridge House
SHLES - Springhill Lake Elementary School
SHLRC - Springhill Lake Recreation Center
SHP - Schrom Hills Park
YC - Greenbelt Youth Center
GREENBELT ACTIVITY REGISTRATION FORM

(PLEASE PRINT)

Adult Participant/Parent/Guardian ____________________________ Preferred Name ____________________________

Address ____________________________________________________________

☐ Please check here if this is a new address.

City ____________________________ State __________ Zip __________

Phone (home)_____________________ (work)_____________________ (cell) ______________________

E-mail ____________________________ Receipts are sent via e-mail whenever possible.

Emergency Contact ____________________________ Emergency Phone ____________________________

A modification due to a disability is needed for an individual below to participate in this program. YES __ NO __
If yes, please complete a Special Assistance Request Form provided by Greenbelt Recreation or download it from www.greenbeltmd.gov/special_assistance.

<table>
<thead>
<tr>
<th>Participant’s Name/ Preferred Name</th>
<th>Gender</th>
<th>Date of Birth</th>
<th>Activity Registration #</th>
<th>Activity Name</th>
<th>Activity Fee</th>
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Please make checks payable to: City of Greenbelt __________ TOTAL __________

☐ Please charge my (please circle): VISA MC AM EX DIS

Expiration Date: _______________ Credit Card #: ___________________________ CVV ________

Signature: ______________________ Date: ________________________________

PLEASE READ THE FOLLOWING CAREFULLY AND SIGN.

INSURANCE: I hereby inform the City of Greenbelt and Greenbelt Recreation that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents or injuries to the above named participant(s) received during any phase of this program.

RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury or property damage arising out of the above named participant’s participation in this program. I further agree to save harmless the City of Greenbelt and Greenbelt Recreation by reason of, or arising out of injuries to persons (including death) or property damage caused by or attributed to the above named participant’s participation in this program.

PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs and videos of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. No personal information other than the participant’s first name will be released under any circumstances.

RULES OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by Greenbelt Recreation’s Rules of Conduct as outlined on page 27 of this brochure.

X ____________________________ X ____________________________

Adult Participant or Guardian’s Signature Date Additional Adult Participant’s Signature Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.
Financial Assistance for Greenbelt Recreation Programs
The City of Greenbelt, an inclusive community, recognizes the fact that some residents may require financial assistance in order to participate in certain recreational activities offered through Greenbelt Recreation. As a result, the Financial Assistance program was designed to assist eligible individuals and families to participate in our programs at a reduced fee. Only Greenbelt residents can apply. Proof of Greenbelt residency is required.

The Financial Assistance Application will determine your eligibility for assistance. Regardless of your income, there are opportunities to participate.

Please apply online at greenbeltmd.gov/recreation or pick up an application in any Recreation facility.

A completed application and proper documentation are required for consideration.

Mary Purcell Geiger Scholarship Fund
Arts and Senior Programs:
The Mary Purcell Geiger Scholarship Fund provides support for Greenbelt residents of any age who are interested in participating in Greenbelt Recreation visual arts, performing arts and senior programs. Assistance is available on a limited basis according to need. Individuals who have not received scholarship assistance during the current program year (July through June) will be given priority status in the awarding of support. Otherwise, assistance will be offered on a first-come, first-served basis.

Please note: Funds cannot be applied to the cost of Prince George’s Community College (SAGE) classes, camps, courses offered by independent individuals and organizations, or Greenbelt Recreation programs costing less than the minimum required patron contribution. Applications are available at the Greenbelt Community Center.

Greenbelt Recreation

GREENBELT CITY COUNCIL
Colin Byrd, Mayor, Emmett V. Jordan, Mayor Pro-Tem, Judith “J” Davis, Leta M. Mach, Silke I. Pope, Edward V.J. Putens, Rodney M. Roberts

CITY MANAGER
Nicole Ard

GREENBELT CITY COUNCIL ADVISORY GROUPS
Contact Bonita Anderson, City Clerk at 301-474-3870. Boards affiliated with Greenbelt Recreation include: Arts Advisory Board, Senior Citizens Advisory Committee, Park and Recreation Advisory Board and Youth Advisory Committee.

GREENBELT RECREATION ADMINISTRATIVE OFFICE,
99 Centerway, 301-397-2200
Joe McNeal, CPRP, Assistant Director of Operations
Greg Varda, CPRP, Assistant Director of Recreation Programs
Cathy Pracht, Administrative Coordinator

GREENBELT AQUATIC AND FITNESS CENTER
101 Centerway, 301-397-2204
Stephen Parks, AFO, Aquatics Supervisor
Cheryl Conrad, Aquatics Coordinator II
Cynthia Brown, AFO, Aquatics Coordinator
Caroline Soter, Administrative Assistant

SPRINGHILL LAKE RECREATION CENTER
6101 Cherrywood Lane, 301-397-2212
Brian Butler, Recreation Coordinator I
Frank Jones, III, Recreation Coordinator I

YOUTH CENTER, 99 Centerway, 301-397-2200
Anne Oudemans, CPRP, Recreation Supervisor
Andrew Phelan, CPRP, Sports and Recreation Coordinator II
Alison Longworth, CPRP, Recreation Coordinator II

GREENBELT COMMUNITY CENTER
15 Crescent Road, 301-397-2208
Di Quynn Reno, CPRP, Community Center Supervisor
Chris Cherry, Performing Arts Program Coordinator II
Ruth Campbell, Administrative Assistant

ARTS PROGRAMS, 15 Crescent Road, 240-542-2057
Nicole DeWald, Arts Supervisor

THERAPEUTIC RECREATION PROGRAMS
SENIOR & INCLUSION PROGRAMS
15 Crescent Road, 240-542-2056
Rebekah Sutfin, CPRP, Therapeutic Recreation Supervisor

SCHROM HILLS PARK
6915 Hanover Parkway, 301-397-2200
CLUBS AND CONTACTS

alight dance theater
www.alightdancetheater.org

Astronomical Society of Greenbelt
Martha Gay, 301-474-3305

Boy Scout Troop 746,
Lenny Wertz, 301-864-0254

Boys to Men Mentoring Network of Greater Washington
Walter Augustine, waugustine@eicorp.net

Center for Dynamic Community Governance, Inc
Aileen Kroll, 202-644-1129

Chesapeake Education, Arts and Research Society (CHEARS), Carolyn Lambright-Davis, lambbrightdavis@yahoo.com, 301-977-2312, www.chears.org

Citizens to Conserve and Restore Indian Creek
Lutz Rastaetter, 301-286-1085

County Informational & Referral Services for the Aging, 301-265-8450

Cub Scout Pack 202
Candice Shipp, 301-775-5152
greenbeltcubscoutspack202@yahoo.com

Eleanor and Franklin Roosevelt Democratic Club,
www.rooseveltclub.com

Friends of the Greenbelt Library
Joyce Griffin, President, 240-508-9162

Friends of the Greenbelt Museum
Megan Searing -Young, 301-507-6582

Friends of Greenbelt Theatre, Caitlin McGrath, hello@greenbelttheatre.org, 301-329-2034

Friends of New Deal Café Arts
LeAnn Irwin, paxirwin@yahoo.com

Friends of the Resource Advocate
Kris White, 301-474-4285

Greenbelt Access Television (GATE)
Phoebe McFarb, 301-507-6581

Greenbelt American Legion Post 136
Steven Messer, 301-345-0136

Greenbelt Animal Shelter
240-508-7533

Greenbelt Arts Center, 301-441-8770
www.greenbeltartscenter.org

Greenbelt Association for the Visual Arts
Ingrid Cowan Hass
ingridcowanhass@larkov.de
Greenbelt Babe Ruth
Ian Gleason, 240-305-7458
ianerhs@terpmail.umd.edu

Greenbelt Boys & Girls Club
www.greenbeltbgc.org
Greenbelt Branch, P. G. County Library
301-345-5800

Greenbelt CARES, 301-345-6660
Greenbelt CERT (Citizen Emergency Response Team), Ken Theodos
greenbeltcert@gmail.com

Greenbelt Community Development Corp.
info@greenbeltcdc.org

Greenbelt Community Foundation
info@greenbeltfoundation.org, 240-745-4641

Greenbelt Concert Band, Brass Choir and Wind Ensemble,
Eli Zimet, zimet@verizon.net, 301-977-2312

Greenbelt Connection, 301-474-4100
Greenbelt Dog Park Assoc.
Marjorie Whitacre, 301-345-3791

Greenbelt Farmers Market
info@greenbeltfarmersmarket.org

Greenbelt Girl Scouts
Lori Davis, 1-800-834-17029, www.gsnc.org

Greenbelt Golden Age Club
greenbeltgoldenageclub@gmail.com

Greenbelt Homeschoolers
L’il Dan, dlcdran@hotmail.com, 240-645-3768

Greenbelt Intergenerational Volunteer Exchange Service (GIVES), Carol Drees, gives@gmail.com, 301-507-6580

Greenbelt Labor Day Festival Committee
Linda Ivy, 301-675-0585

Greenbelt Lions Club
Harvey Hauptman, 301-908-5582

Greenbelt Mamas and Papas
Alyssa Sickle, 410-615-1402

Greenbelt Municipal Swim Team
www.greenbeltswimteam.com

Greenbelt Museum, 301-507-6582 or 301-474-1936

Greenbelt National Park and Campground, 301-344-3948

Greenbelt Pottery Group
Debra Suarez, debra.suarez@gmail.com (class/studio information: 240-542-2060)

Greenbelt Pride
Andrea Waters, 301-982-1881

Greenbelt Rotary Club
Louis Pope 301-441-1100

Greenbelt Senior Softball
George Harrison, 301-538-3636

Greenbelt Soccer Alliance
David Whiteman, 240-391-8598
www.greenbeltsoccer.org

Greenbelt Tennis Association
Valerie Pierce, 301-802-4336
valpierce@verizon.net

Greenbelt Toastmasters
greenbelt.toastmastersclubs.org
240-542-8625

Greenbelt Volksmarchers
Yvonne Pennington, 301-431-6668

Greenbelt Writers Group
Barbara Ford, 301-441-8241

Greenbelt Youth Baseball
www.gyblittleleague.org

Greenbelt Youth Double Dutch Sity Stars
Kim Bradshaw, 301-503-6962

Greenbriar Community Center,
301-441-1096

Green Ridge House, 301-474-7595

Green Ridge Community Center
301-345-1777

Maryland-National Capital Park and Planning Commission, 301-699-2255

Maryland 4-H Youth Development,
Karna Thompson, 301-868-9366

Miss Greenbelt Scholarship Organization
Devin Fendley, 240-838-9996
devinfendley@hotmail.com

Potomac Pedalers Touring Club
Bill Clarke, 301-474-7280

Transit Riders United of Greenbelt (Tru-G)
Stephen Holland, 240-485-4793

Windsor Green Community Center, 301-345-4837

Follow Greenbelt Recreation on Facebook!
@greenbeltrecreation
Your participation is worth $18,250

How? Our community loses more than $18,250 in federal funding over a 10-year period for each person who does not fill out their Census survey.

THE CENSUS INVITES EVERYONE TO RESPOND STARTING IN MARCH 2020.

www.PGCensus2020.org