

GREENBELT RECREATION ACTIVITY GUIDE

FALL 2019



GREENBELT
RECREATION



fun • fitness • friendship

Your quarterly guide to Greenbelt
Recreation Activities, Classes, Facilities,
and Programs.

Visit us at www.greenbeltmd.gov/recreation
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Upcoming Events

TABLE OF CONTENTS

Events & Exhibitions.....	2-5
Preschool Programs	
Active Play/Athletics.....	6
Visual/Performing Arts.....	7
Mom's Morning Out.....	8
Elementary & Middle School	
Dance/Performing Arts.....	9-11
Health & Fitness.....	12
Visual Arts.....	12-13
Homeschool Visual Art.....	14
Teen & Adult Programs	
Visual Arts.....	15-16
Ceramics.....	17-18
Health & Fitness.....	18-20
Athletics.....	20
Dance.....	21-22
Performance/Music.....	22
Senior Classes and Programs	
Senior Center.....	23
Special Events.....	23
Health & Fitness.....	24
Special Interests.....	24-25
SAGE.....	25-27
Senior Globetrotting.....	28
Aquatic & Fitness Center.....	29-34
Recreational Facilities.....	35
Financial Aid.....	36
Department Contacts.....	36
Rules of Conduct.....	37
Registration Information.....	38
Registration Form.....	39
Clubs & Contacts.....	40



65th ANNUAL LABOR DAY FESTIVAL

August 30 - September 2
Roosevelt Center and Vicinity

Enjoy an entertaining weekend with family and friends! Be on the lookout

for the festival insert in the Greenbelt News Review for the weekend schedule of events, times and locations.

For more information visit www.greenbeltlaborday.com.

Sponsored by: The City of Greenbelt and Labor Day Festival Committee

POOCH PLUNGE



You and your dog are invited to the Annual Pooch Plunge, a swim/splash party for you and your canine pal!

Saturday, September 07

11:00am-3:00pm

Greenbelt Aquatic & Fitness Center (Outdoor Pool) 101 Centerway

Participation is limited to 75 dogs and 75 handlers. A nominal fee is charged. Each dog handler must be 18 years of age or older. One dog per handler; no charge for handler.



FAMILY FUN AT SPRINGHILL LAKE RECREATION CENTER

Sundays, September 15 - December 15
1:30pm-3:30pm

Springhill Lake Recreation Center

Families are invited to enjoy group games and drop-in gym time every Sunday afternoon this Fall. Complimentary recreation equipment is available on site. Facility ID is required for participation. Contact Brian Butler for more information, 240-542-2213 for more information.



Greenbelt Recreation

Business Office, 99 Centerway
301-397-2200

www.greenbeltmd.gov/recreation





Alight Dance Theater. Photo by David Dowling.

ARTFUL AFTERNOON

Sunday, October 6, 1:00pm-4:00pm, Greenbelt Community Center
1:00pm: FREE performance of Faerie – a new work by Alight Dance Theater!* alight puts a lens to centuries of storytelling, exploring the power of belief, investigating stereotypes, and celebrating the value of unique identity.
2:00pm – 4:00pm: participate in art activities related to the performance
1:00pm – 4:00pm: Artists in Residence studio **open house and art market**
 Plus: art gallery and local history exhibits

**Participate in a FREE community movement series with Alight Dance Theater exploring themes of Faerie, and then perform with the professional cast! Ages 6-adult, with parent/child participation encouraged. No dance experience necessary. Participants should plan to attend all three workshops in order to perform in the 10/6 show. All workshops meet in the Greenbelt Community Center Dance Studio. For more information and to RSVP: contact alightdancetheater1@gmail.com.*

Saturday, September 28, 3:30-5:00pm

Sunday, September 29, 3:30-5:00pm

Sunday, October 6, 11am – 12pm. Perform in the show at 1pm.

ART EXHIBITIONS

Greenbelt Community Center Art Gallery, 15 Crescent Road. Room 112.

Open during all facility hours except when reserved. Guests of all ages are invited to enjoy curated exhibits of contemporary art in many media by regional artists. Stop by and see what's on view!



Co:Structure
Paintings by Bobby Coleman and Interactive Sculpture by Kathy Guo
August 26 – October 25
 A playful spirit infuses works in diverse media. Bring a friend; it takes two to ride the sculpture!

Kathy Guo, "The Weight Between You and Me". Photo by Dan Meyers.



Khanh Le, "The Rest of His Family in the Living Room"

Le's family came to the United States from Vietnam through a journey that included time in refugee camps in Thailand and Hong Kong. His work explores and questions the notion of identities through the lenses of culture and memories.

Khanh Le In Collaboration with Thanh T. La
November 3 – January 3

Shimmering, mixed paintings, along with sound/sculpture, evoke a family immigration story.

Greenbelt Municipal Building, 25 Crescent Road, Council Chambers (second floor)

Open during all facility hours except when reserved. To confirm the facility schedule, contact abelton@greenbeltmd.gov or call 301-474-8000.

NEW! See quarterly exhibits featuring the work of youth and adults who live, work, study, and play in Greenbelt.

Greenbelt Celebrates Arts Educators

Through September 26

Artwork by: Jennifer Acree (Dora Kennedy French Immersion), Chrissy Wilkin (Eleanor Roosevelt High School), Kate Conrad (Greenbelt Middle School), and Ingrid Cowan Hass (Greenbelt Association for Visual Arts) along with Sally Davies, Mary Gawlik and Racquel Keller (Greenbelt Recreation).



Sally Davies, "Daddy Drives"



NASA's Global Precipitation Measurement Mission (Artist Rendering)

Greenbelt Celebrates... The 60th Anniversary of Goddard Space Flight Center
October 4 – December 31

A spectacular review of NASA missions and spacecraft worked on at Goddard.



FALL FEST

A FUN FILLED FAMILY EVENT!

Saturday, October 26, 2:00pm-5:00pm

Schrom Hills Park, Hanover Parkway

Greenbelt Recreation will be joining forces with the Public Works, Police, and Fire Departments to host our annual Fall Fest. Make plans now to stroll over to Schrom Hills Park and join us for hay rides, games, amusements, pumpkin patch, pumpkin carving, and live music. Plans are still developing and more information will be available as the event nears.

PUMPKIN CARVING & WALKS

Thanks to dedicated volunteers, Greenbelt has a long tradition of pumpkin carving, followed by a walk to enjoy a brisk fall day and the creative pumpkin trail created by the talented carvers. This year the event will expand to three locations. Plans are still developing and more information will be available in early October.

PUMPKIN CARVING

This popular community event is a family favorite! Come on out and decorate a pumpkin to be used on the Pumpkin Walk

Friday, October 25, 4:00pm, FREE
Roosevelt Center, Centerway

Saturday, October 26, 2:30pm-4:30pm, FREE
Schrom Hills Park

Friday, October 25, 6:00pm, FREE
Springhill Lake Recreation Center

PUMPKIN WALKS

A Greenbelt tradition!
Come out and enjoy the beautiful decorated pumpkins on our Greenbelt trails.

Saturday, October 26, 7:30pm-9:00pm, FREE
Schrom Hills Park

Saturday, October 26, from 6:00pm-9:00pm, FREE,
Northway Fields-End of Northway Rd.



HALLOWEEN MOVIE EVENT IN FRANKLIN PARK

Nightmare Before Christmas

Friday, October 25, 7:00pm

Springhill Lake Recreation Center, 6101 Cherrywood Lane, Contact Frank or Brian at 301-397-2212

Springhill Lake Recreation Center will host a Halloween theme movie to celebrate the spooky season. Come dressed in costume and enjoy this family friendly film. Trick or treat bags will be distributed. Greenbelt Police will provide Trunk-or-Treat. Youth ages 11 and under require adult supervision.



COSTUME CONTEST & PARADE

Wednesday, October 30, 4:30pm, Roosevelt Center

Come dressed in your finest Halloween costume! Prizes will be rewarded to contestants with the most innovative costume in their category: Funny, Spooky, Original, Superhero/Comic, Princess/Fairy, and Group/Family. This year could be yours to win! So, come out in style! Greenbelt Recreation will partner with Greenbelt Police for the 3rd Annual Trunk-or-Treat! Refreshments and a spooky film at Old Greenbelt Theatre will wrap up the evening after contest winner announcements. In the event of inclement weather, call the weather hotline at 301-474-0646 for an updated event status.

Parade line begins at the south end of Roosevelt Center at the tunnel under Crescent Road

4:30pm SHARP! - Parade begins (Lineup as early as 4:00pm)

5:30pm - Costume awards given in Old Greenbelt Theatre

6:00pm - Movie begins in Old Greenbelt Theatre

FREE

TRICK-OR-TREAT

Thursday, October 31, 6:00pm-8:00pm

Residents wishing to participate in trick-or-treat are asked to turn on their porch lights. Apartment dwellers should tie a piece of white cloth on their door.



COMMUNITY ART DROP-IN

Sunday, November 3, 1:00pm-3:00pm.

Greenbelt Community Center

Free recycled object mosaic workshop with Artist in Residence Rachel Cross! All ages welcome. Materials provided; please also bring old beads and broken jewelry to incorporate if available. Visit www.greenbeltmd.gov/arts for details and to reserve your seat. Plus, art gallery and local history exhibits.



ART SHARES

Greenbelt Community Center,
Room 113.

Meet up with fellow artists for a constructive, informal discussion of everyone's work. For teens and adults. Bring 1-3 pieces in any medium. All experience levels welcome. FREE!

Friday, September 13, 7:00pm-8:00pm

Sunday, October 13, 2:00pm-3:00pm

Friday, November 15, 7:00pm-8:00pm

Sunday, December 15, 2:00pm-3:00pm

GOBBLE WOBBLE

Thursday, November 28, 9:00am

Greenbelt Youth Center

Spend Thanksgiving morning with Greenbelt Recreation as we host the 14th annual Gobble Wobble. The Gobble Wobble is roughly a 5K race (2 laps) and a 1.5 mile fun run/walk (1 lap) around Buddy Attick Park lake path. All registrants will receive a Gobble Wobble shirt.

\$15/individual, \$50/family 4-pack (before 11/28)

\$20/individual, \$70/family 4-pack (on 11/28)



FESTIVAL OF LIGHTS

COMMUNITY TREE LIGHTING WITH SANTA

Roosevelt Center

Friday, December 6, 7:00pm

All ages welcome. FREE

Roosevelt Center will sparkle with lights as Greenbelters gather to welcome Santa, who arrives on a fire truck to light the community tree. A musical performance by the Greenbelt Concert Band Brass Choir will herald Santa's grand entrance. Complimentary cookies, hot chocolate, and hot cider will be provided by Greenbelt Recreation. Immediately following the tree lighting, please come inside the Old Greenbelt Theatre and enjoy "How the Grinch Stole Christmas" (1966).

DECO THE HALLS AT THE GREENBELT MUSEUM

Friday, December 6, 7:00pm-9:00pm, FREE

Visit the Museum house at 10-B Crescent immediately after the City's tree lighting, to see Deco the Halls, an exhibit of art deco and vintage holiday decorations. Take a quick free tour of this fully furnished original Greenbelt home, which sparkles and glows at night. Then peruse the gift shop, freshly stocked with new holiday merchandise. House and gift shop open 7:00pm-9:00pm. For more information, call 301-507-6582 or visit www.greenbeltmuseum.org.

FESTIVAL OF LIGHTS JURIED ART AND CRAFT FAIR

Greenbelt Community Center, 15 Crescent Road

Saturday, December 7, 10:00am-5:00pm

Sunday, December 8, 10:00am-4:00pm;

Art Drop-In: 1:00pm-3:00pm

Free admission! Find unique gifts for all occasions, including pottery, wood crafts, textiles, books and cards, jewelry, Greenbelt Museum items and more. Applications accepted through September 27 from local artisans, writers, musicians, filmmakers, youth and community organizations. Guidelines and application forms are available at www.greenbeltmd.gov/arts.

THE NEW DEAL NUT: A GREENBELT NUTCRACKER

Saturday, December 14, 3:00pm

Sunday, December 15, 11:00am and 3:00pm

Greenbelt Community Center Auditorium/Gymnasium

Greenbelt Dance Studio, a program of Greenbelt Recreation, presents an original production inspired by holiday favorite, *The Nutcracker*. Set in Greenbelt past and present, *The New Deal Nut: A Greenbelt Nutcracker* features a range of dance styles including ballet, jazz, tap, and contemporary, performed by a talented cast of dancers from elementary through high school.

Tickets (on sale Tuesday, November 19): \$5: To order tickets, call or visit the Community Center business office (301-397-2208) Monday-Friday, 9:00am to 4:30pm.

Pre-School Programs



ACTIVE PLAY & ATHLETICS

Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov

GYMBORAMA 412502-1

Ages birth-3

This parent-child playgroup offers creative free play and activities. Each class concludes with instructor-led rhymes, action songs and finger-plays. Spaces limited.

F 10:00am-10:45am/YC-Gym

8 mtgs: 9/20 - 11/8

R: \$30, NR: \$38

Instructor: Jeriann King

TUMBLE BUGS 412501-1

Ages 2-4

This parent-child class encourages your child to practice balance and coordination through creative play that supports social interaction and offers age appropriate activities and games in a fun and safe environment. Spaces are limited.

F 9:00am-9:45am/YC-Gym

8 mtgs: 9/20 - 11/8

R: \$30, NR: \$38

Instructor: Jeriann King

SHORTY SPORTS 422500-1

Ages 3-4

If you are looking to get your young child oriented with team sports and the concept of sportsmanship, then this is the program for you. This class will cover a variety of sports, including soccer, t-ball and pillo polo, with an emphasis on sportsmanship and learning the game.

Tu 6:00pm-6:45pm/YC-Gym

8 mtgs: 9/17 - 11/5

R: \$40, NR: \$45

PRESCHOOL ENRICHMENT & FUN

Ages 3-6

Preschoolers will enjoy group games, beginning sports skills, arts & crafts, nature walks, science experiments, cooking classes, nutrition lessons and much more in this fun and enriching program designed to promote a healthy and active lifestyle and a love for learning and having fun with peers. Moms Morning Out students can be picked up at 3:00pm, at the end of the afternoon class.

427504-1

W 1:00pm-3:00pm/YC-Gym

13 mtgs: 9/11 - 12/11 (No class 11/27)

R: \$130, NR: \$147

Instructor: Gaye Houchens

427504-3

F 1:00pm-3:00pm/YC-Gym

13 mtgs: 9/13 - 12/13 (No class 11/29)

R: \$130, NR: \$147

Instructor: Gaye Houchens



VISUAL ARTS

Contact: Amanda Demos Larsen, 240-542-2062
alarsen@greenbeltmd.gov

PRE-SCHOOL ART EXPLORATION

Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers' socialization. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary. This is a parent-child activity; caregivers must please enroll, attend and actively participate. When registering: section 1 is for children; section 2 is for caregivers. Be sure to sign up for the waitlist if the class is full; an additional section may be added.

Tu 9:30am-10:30am/CC-113

11 mtgs: 9/10 - 11/19

423201-1 Ages 1-5

423201-2 Ages 16+

Instructor: Sally Davies

R: \$75, NR: \$92

FREE

PERFORMING ARTS

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

The minimum age requirement for all classes should be met by the first class meeting. Helpful hints for getting your young performer ready for class at: www.greenbeltmd.gov/dance.

BABY MUSIC 424202-1

Ages birth-3

This class will help parents and small children enjoy music together in daily life. Explore nursery rhymes and folk songs, games and movement, recorded music and age-appropriate instruments and more.

Tu 10:45am-11:30am/CC-201

7 mtgs: 9/10 - 10/22

R: \$40, NR: \$45

Instructor: Melissa Sites

DANCE TOGETHER

Ages 1-3

Dance Together is a movement class for children accompanied by a participating adult. This fun, upbeat exploration of movement, music and storytelling is intended to help parents and young children incorporate dance, movement games and rhythm play into their daily life. Participating adults and children should come dressed comfortably and ready to move in bare feet; siblings who are not yet walking are permitted to accompany participating adult and sibling.

424203-1 W 10:30am-11:15am/CC-202

9 mtgs: 9/11 - 11/13 (No class 10/9)

R: \$45, NR: \$50

424203-SA Sa 9:15am-10:00am/CC-10

10 mtgs: 9/14 - 11/23 (No class 10/19)

R: \$50, NR: \$55

Instructor: Lisa Pellittiere

STORYBOOK THEATER

Ages 3-5

Through music and movement, students will develop their coordination, confidence and rhythmic skills while creating dances inspired by a seasonal theme. This session our storybook theater dances will explore a woodland habitat and take a trip to visit Winnie the Pooh and friends in the 100 Acre Wood. We will also make simple crafts to serve as props and set for our storybook dances. Students should wear clothes that are easy to move in and bare feet; no jeans or costumes. In-studio performance on last day of class!

424204-1 W 4:30pm-5:15pm/CC-10

10 mtgs: 9/11 - 11/20 (No class 10/9)

R: \$80, NR: \$88

Instructor: Angella Foster

424204-SA Sa 10:15am-11:00am/CC-10

10 mtgs: 9/14 - 11/23 (No class 10/19)

R: \$80, NR: \$88

Instructor: Lisa Pellittiere

DANCE THE WORLD

Ages 4-6

Join us as we journey around the world exploring movement, music and imagination! This session our travels will take us to France, Mexico and Russia. Emphasis is on developing each child's creativity and confidence through dance, storytelling and rhythmic games. Students should wear clothes easy to move in and bare feet; no costumes or jeans.

424206-2 Th 4:15pm-5:00pm/CC-10

11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)

R: \$88, NR: \$96

Instructor: Angella Foster

424206-3 M 4:00pm-4:45pm/CC-10

11 mtgs: 9/9 - 12/2 (No class 9/30, 11/11)

R: \$88, NR: \$96

Instructor: Lisa Pellittiere

LITTLE MOVERS AND MAKERS 424205-1

Ages 4-6

Little Movers & Makers gives preschoolers a chance to create their own movement-based performance art and stagecraft based on the theme of the session. This session, our theme will be Seasonal Sights. First, we'll journey through fall with magical pumpkins, then climb aboard The Polar Express to explore the wonder of the artic. This class will culminate in an in-studio performance for friends and family on the last day of class. Students should wear tennis shoes and clothes that are easy to move in. Students enrolled in Mom's Morning Out can be picked up from MMO at 12:50pm by the instructor and walked over to the Greenbelt Community Center. Students who are not enrolled in Mom's Morning Out will be permitted to sign-in at 1:00pm.

M 1:00pm-3:00pm/CC-GFE

13 mtgs: 9/9 - 12/16 (No class 11/11, 11/25)

R: \$156, NR: \$182

Instructor: Lisa Pellittiere

MOM'S MORNING OUT

Contact: Andrew Phelan, 240-542-2194,
aphelan@greenbeltmd.gov

This traditional pre-school program offers beginning reading, math, and science curriculum, develops fine and motor gross skills, facilitates social development and encourages lots of fun with peers! Children must be fully potty-trained prior to enrolling in class. Sessions are not offered on some county scheduled school holidays, school closures, and delays due to inclement weather or emergencies. Please complete a 'Student Profile' packet when registering your child. Program is licensed by MSDE.

427503-1 Ages 3-4
Tu/Th 9:00am-12:00pm/YC-AC
28 mtgs: 9/10 - 12/19 (No class 11/26, 11/28)
R: \$483, NR: \$567

427503-2 Ages 4-5
M/W/F 9:00am-1:00pm/YC-AC
41 mtgs: 9/9 - 12/20
(No class 11/11, 11/25, 11/27, 11/29)
R: \$943, NR: \$1107

*Children may register for both classes with permission from the Preschool Director

NEW! Mom's Morning Out Aftercare class options:

- Pre-School Enrichment & Fun (pg. 6) and
- Little Makers and Movers (pg. 7)





Elementary & Middle School Programs

PERFORMING ARTS

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

The minimum age requirement for all classes should be met by the first class meeting. For dance classes, find helpful hints for getting your young performer ready at: www.greenbeltmd.gov/dance. For performance opportunities, see Dance Performance Club to register for our production of *The New Deal Nut: A Greenbelt Nutcracker*.

MOVEMENT & MIMODYNAMICS 434232-1

Ages 5-7

Join Circus Camp director Mike Funt for M&M, a playful class in theatrical interpretative movement, where students respond to nondramatic artworks such as poetry, painting, and music by expressing their own interpretations of the works through movement. The results are delightful interpretive performance art pieces, created by the students.

W 4:30pm-5:15pm/CC-GFE

7 mtgs: 9/11 - 10/23

R: \$56, NR: \$62

Instructor: Mike Funt

PRE-TAP/HIP HOP 434204-TU

Ages 5-7

In a positive but structured environment, students will learn rhythmic basics of tap and hip hop as well as short, upbeat choreographed dances in both dance styles. In-studio performance on last day of class! Students should wear leggings or sweat pants with a snug fitting top. Tap shoes are required for this class (black oxford or mary jane styles preferred); sneakers are recommended for the hip hop portion. *Note: Tap classes meet on the stage in the Community Center gymnasium, not in the dance studio.*

Tu 4:30pm-5:15pm/CC-106

11 mtgs: 9/10 - 12/3 (No class 10/8, 11/5)

R: \$88, NR: \$96

Instructor: Lisa Pellittiere

PRE-BALLET/JAZZ 434201-WE

Ages 5-7

Young dancers will develop the proper posture, flexibility and discipline needed to begin a more formal study of classical ballet and jazz techniques. In a joyful but structured environment, students will learn the elementary positions of ballet and jazz as well as basic character dance steps used in story ballets and musical theater performances. Emphasis will also be placed on learning correct terminology. In-Studio performance on last day of class! Uniform: Girls -- Pink tights, pink leotard and pink leather ballet shoes or bare feet. Boys -- Black leggings, white t-shirt and black ballet shoes or bare feet.

W 5:15pm-6:00pm/CC-10

10 mtgs: 9/11 - 11/20 (No class 10/9)

R: \$88, NR: \$80

Instructor: Angella Foster

BALLET / JAZZ BASICS

Ages 6-9

Ballet/Jazz Basics introduces students to the grace and precision of ballet as well as the fast-paced rhythms of musical theater jazz in a positive, supportive environment. Students will learn short choreographed dances in both styles of dance. In-studio performance on last day of class! Uniform: Girls-Black or pink leotard, pink tights and pink ballet slippers; Boys - White t-shirt, black knit pants or leggings and black ballet slippers.

434205-3 Th 5:00pm-5:45pm/CC-10

11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)

R: \$88, NR: \$96

Instructor: Angella Foster

434205-SA Sa 11:00am-11:45am/CC-10

11 mtgs: 9/14 - 12/7 (No class 10/19, 11/30)

R: \$88, NR: \$96

Instructor: Lisa Pellittiere

HIP HOP 434206-2

Ages 7-11

A fun, upbeat class for young dancers who completed Pre-Tap/Hip Hop or are looking to try something new. Dancers will learn the basics of popping, locking and isolations as well as fast, fun hip hop routines to a mix of age-appropriate beats. In-studio performance on last day of class! Students should wear comfortable athletic style clothes and bring a clean pair of sneakers with them to class.

Tu 5:30pm-6:30pm/CC-10

11 mtgs: 9/10 - 12/3 (No class 10/8, 11/5)

R: \$110, NR: \$120

Instructor: Lisa Pellittiere

MUSICAL THEATER TAP I/II 434207-1

Ages 7-11

Perfect for students interested in any aspect of performing arts, but musicals in particular! Learn classic tap steps featured in movie musicals like Singin' in the Rain and 42nd Street. In-studio performance on last day of class! Uniform: Black jazz pants or leggings, snug fitting plain t-shirt and black or tan tap shoes. No character heels please. *Note: Tap classes meet on the stage in the Community Center gymnasium, not in the dance studio.*

W 4:15pm-5:00pm/CC-106

11 mtgs: 9/11 - 12/4 (No class 10/9, 11/27)

R: \$88, NR: \$96

Instructor: Lisa Pellittiere

BALLET I/II 434202-1

Ages 7-11

In Ballet I/II, young dancers learn the basic postures and body positions of classical ballet. Emphasis is on developing each student's flexibility, strength and musicality. In-studio performance on last day of class! Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck; Boys - black ballet shoes, black leggings, snug white or black t-shirt.

M 4:45pm-5:45pm/CC-10

11 mtgs: 9/9 - 12/2 (No class 9/30, 11/11)

R: \$110, NR: \$120

Instructor: Lisa Pellittiere

CONTEMPORARY DANCE I/II 434215-2

Ages 8-15

Contemporary dance combines elements of ballet, yoga, Pilates, basic tumbling and modern dance to create a fusion that is fun, expressive and great exercise. No previous dance experience required. In-studio performance on last day of class! Uniform: Students should wear snug-fitting, comfortable athletic style clothes, including pants that cover the knees, and plan to dance bare foot.

Tu 6:30pm-7:30pm/CC-10

11 mtgs: 9/10 - 12/3 (No class 10/8, 11/5)

R: \$110, NR: \$120

Instructor: Lisa Pellittiere

MUSICAL THEATER TAP III 434210-1

Ages 8-15

A continuation of Tap I/II. Must have completed at least two full years of tap study or receive permission of instructor to enroll. This class is designed to give students a chance to further develop the clarity and precision of their tapping as well as hone their performance skills for the stage. In-studio performance on last day of class! Uniform: Black jazz pants or leggings, snug fitting t-shirt and black or tan tap shoes. No character heels please. *Note: Tap classes meet on the stage in the Community Center gymnasium, not in the dance studio.*

W 5:00pm-6:00pm/CC-106

11 mtgs: 9/11 - 12/4 (No class 10/9, 11/27)

R: \$110, NR: \$120

Instructor: Lisa Pellittiere

BALLET III/IV 434203-1

Ages 8-15

A continuation of Ballet I/II. Students must have completed at least one full year of ballet training or have permission of instructor to enroll. Emphasis is on developing each dancer's understanding and mastery of the basic movements and performance quality characteristics of classical ballet. In-studio performance on last day of class! Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck; Boys - black ballet shoes, black leggings and snug white or black t-shirt.

Th 6:00pm-7:00pm/CC-10

11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)

R: \$110, NR: \$120

Instructor: Angella Foster

If you are looking for additional class offerings for ages 12-Adult, please refer to the Teen/Adult courses on pages 14-21.

DANCE PERFORMANCE CLUB **Ages 5-17**

Dance Performance Club is perfect for young and maturing dancers ready to step into the spotlight. Dancers will prepare to perform in our production of *The New Deal Nut: A Greenbelt Nutcracker*. This production will incorporate dances in various styles, including ballet, jazz, contemporary, hip hop and tap in an imaginative retelling of the Nutcracker story. Uniform: Girls - Black leotard (sleeveless; no attached skirts) and pink convertible tights; Boys - Black dance t-shirt and black leggings (more details provided after enrollment). Uniform will serve as the foundation for added costume pieces provided by the dance program. Dancers should bring all dance shoes they currently own (ballet slippers, tap shoes and/or jazz slippers).

Prerequisite: Students must also be concurrently enrolled in a weekly technique class in our program and **MUST** be available for all dates and times below. Prior permission from instructor is needed if student is not able to meet these requirements.

REQUIRED DATES:

Dress Rehearsals:

12/6, 4:30pm-7:00pm, 12/13, 4:00pm-7:00pm;

Performances:

12/14, 1:00pm-4:30pm, 12/15, 10:00am-4:30pm

434208-4 Ages 5-7 F 4:30pm-5:45pm/CC-10

11 mtgs: 9/20 - 12/13 (No class 10/18, 11/29)

R: \$133, NR: \$148

434208-1 Ages 8-Teen F 4:30pm-7:00pm/CC-10

14 mtgs: 9/6 - 12/13 (No class 11/29)

R: \$173, NR: \$196

Instructors: Angella Foster & Lisa Pellittiere



THEATER

Contact: Chris Cherry, 240-542-2055
ccherry@greenbeltmd.gov

CIRCUS

Contact: Chris Cherry, 240-542-2055
ccherry@greenbeltmd.gov

MASKED PERFORMANCE 444235-1 **Ages 8-13**

Focusing on mask work in the style of the training at the famous Lecoq School in Paris, students will learn about and perform in many types of masks, including ceremonial tribal masks of Polynesia, Africa, and the Native Americans of the Pacific Northwest, as well as Commedia dell'Arte half-masks, Classical Greek theatre masks, character masks, and much more.

Su 5:00pm-6:00pm/CC-GFE

7 mtgs: 9/8 - 10/20

R: \$74, NR: \$89

Instructor: Mike Funt

CIRCUS SKILLS 434225-1 **Ages 8-15**

Everyone can learn to juggle or to balance on rola-bolas, the walking pool, unicycles, and stilts. Coach Charlie Fahey from Circus Camp will help you master new circus skills. All participants are taught at their individual skill level, from beginners to experienced circus kids.

Sa 12:00pm-1:00pm/CC-106

7 mtgs: 9/14 - 10/26

R: \$56, NR: \$62

Instructor: Charles Fahey

CIRCUS OPEN STUDIO 434237-1 **Ages 8-15**

Circus Camp alumni are invited to come and practice their circus skills in this open studio facilitated by Circus Camp Director Mike Funt, head of Circus Programs.

Prerequisite: Previous enrollment in Circus Camp.

Sa 1:00pm-2:00pm/CC-106

7 mtgs: 9/14 - 10/26

R: \$56, NR: \$62

Instructor: Mike Funt

FACILITY CODES

BF=Braden Field, CC=Community Center,
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GAFC=Greenbelt Aquatic & Fitness Center,
SHLRC=Springhill Lake Recreation Center,
YC=Youth Center

HEALTH & FITNESS

YC Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov

SHLRC Contact: Frank Jones or Brian Butler, 301-397-2212, fjonas@greenbeltmd.gov or bbutler@greenbeltmd.gov

TKA KARATE

Ages 5-12

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.

M 6:30pm-7:30pm/YC-Gym

10 mtgs: 9/16 - 11/25 (no class 11/11)

R/NR: \$60

EAGLE V.I.S.I.O.N. 432412-1

Ages 8-12

Validating Inspired Students Involving Outreach and Nutrition or V.I.S.I.O.N is an after school program designed to introduce participants to various activities and games that help promote an active and healthy lifestyle. Each session will include nutritional facts and health information. This program is free to Greenbelt Recreation ID holders.

W/F 3:30pm-4:30pm/SHLRC-Game Room

22 mtgs: 9/11 - 11/22

Free

RAIDER BASKETBALL SKILLS CLINIC 436446-1

Ages 9-14

This clinic will focus on skill development such as shooting, ball handling, and defensive principles. Develop your game and become a part of Raider Nation.

W 5:15-6:15pm/SHLRC-Gym

8 mtgs: 9/11 - 10/30

R: \$50, NR: \$65

Instructor: Brendan O'Connell (ERHS Boys Coach)

VISUAL ARTS

Amanda Demos Larsen,

240-542-2062, alarsen@greenbeltmd.gov



PARENT'S NIGHT OUT

Ages 4-12

Drop your kids with us, while you have a relaxing night out! While you are having dinner at your favorite restaurant, your

children will enjoy art activities, a pizza dinner and a movie! You are welcome to drop your child(ren) off for all or part of the time. Dinner will be served at 6:15pm. All children must be potty-trained in order to participate.

R: \$20, NR: \$25

433222-1 F 9/13; 5:30pm-8:30pm/CC-GFE

433222-2 F 10/11; 5:30pm-8:30pm/CC-GFE

433222-3 F 11/8; 5:30pm-8:30pm/CC-GFE

433222-4 F 12/13; 5:30pm-8:30pm/CC-GFE

AFTERSCHOOL ART ADVENTURES

A weekly program of creative play and expression provided at Greenbelt Elementary (GES) and Dora Kennedy French Immersion (DKFI) Schools. Students who are not enrolled at the school may register on or after 9/16. Caregivers are encouraged to join their child at the final class meeting to participate in an art activity. These classes must meet minimum enrollment by 9/19 in order to run. At GES, siblings may sign up for the same class.

433600-1 M 3:30pm-4:30pm/GES Grades 3rd-5th

8 mtgs: 9/23 - 11/18 (No class 11/11)

R: \$74, NR: \$89

433600-2 W 3:30pm-4:30pm/GES Grades 1st-2nd

8 mtgs: 9/25 - 11/20 (No class 11/6)

R: \$74, NR: \$89

433600-3 Tu 4:00pm-5:00pm/DKFI Grades 1st-3rd

8 mtgs: 9/24 - 11/12

R: \$74, NR: \$89

Instructor: Aaron Springer

CHILDREN'S CERAMIC HAND-BUILDING 433208-1

Ages 5-9

Build and create! Use your brain and imagination! Students will learn a variety of hand-building and decorating techniques by creating pots and sculptures. All materials provided.

Tu 4:15pm-5:45pm/CC-304

11 mtgs: 9/10 - 12/3 (No class 10/8, 11/26)

R: \$114, NR: \$139

Instructors: Tom Baker

YOUTH CERAMIC HAND-BUILDING 433208-2

Ages 9-18

This class is an opportunity for teens and older children to advance their ceramic hand-building skills. Use slump molds, hump molds, pinch pots, slabs, coils, and texture tools! Learn about glazes! Expand your skills while you create sculptures and functional pottery. Good for beginning teens or students who have completed Children's Ceramic Hand-building and are ready to learn new skills. All materials provided.

Th 4:15pm-5:45pm/CC-304

11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)

R: \$114, NR: \$139

Instructor: Judy Goldberg-Strassler

MAKING MUSICAL INSTRUMENTS 433257-1

Ages 8-12

Explore the science, history, and mechanics of creating musical instruments. You will design and build an idiophone, a chordophone, and an aerophone. You will also compose an original piece of music with our instruments. The last class will end with a celebration of short demonstrations and performances featuring the students and their musical instruments.

Th 4:30pm-6:00pm/CC-113

10 mtgs: 9/12 - 11/21 (No class 10/31)

R: \$115, NR: \$141

Instructor: Rachel Cross



YOUTH CERAMICS OPEN STUDIO 443261-1

Ages 12-15

With a recommendation from their instructor, current students can enjoy independent access to the ceramic studio during select hours. This add-on program is open to qualified youth who are concurrently enrolled in one of these fall classes: Ceramic Hand-building (afterschool) 433208-1,2; Homeschool Ceramics Hand-building 433201-1,2; Pottery on the Wheel (afterschool) 443251-1; or Homeschool Ceramics - Potter's Wheel 433215-1,2. This is not instructional time but an adult studio monitor will be present. Recycled clay is provided. Before registering, please contact Amanda Demos Larsen, alarsen@greenbeltmd.gov, to inquire about instructor recommendations.

F/Su 3:00pm-6:00pm/CC-305

13 wks: 9/20 - 12/15

R: \$30, NR: \$40

POTTERY ON THE WHEEL 443251-1 Ages 10-18

Discover the creative possibilities of the potter's wheel. Personalized attention enables students to follow their imagination while cultivating technical skills. Clay is provided for participants under age 16. Participants ages 16+: Ceramic Open Studio is included and purchase of new clay is required.

W 4:15pm-6:00pm/CC-305

11 mtgs: 9/11 - 12/4 (No class 10/30, 11/27)

R: \$123, NR: \$149

Instructor: Gina Mai Denn

BEGINNING SEWING 453202-1 Ages 12+

Learn how to operate a sewing machine, read a pattern, buy fabric, required notions, and complete either a tote bag, a bathrobe, or both. Participants are invited to bring their own sewing machines to class if they want to (a limited number of sewing machines are available to use in the classroom too). Patterns, irons, and various basic sewing notions will be supplied. If possible, the class will meet at Joann Fabric at Beltway Plaza on the Saturday after the first class for a special field trip to learn about various fabrics and how to buy them.

Tu 7:00pm-9:00pm/CC-116

12 mtgs: 9/10 - 12/3 (No class 10/29)

R: \$139, NR: \$164

Instructor: Mary Gawlik

FAMILY CERAMICS OPEN STUDIO 453261-2

Ages 8-15

An opportunity for parents and children to work together in the studio! Adults who are enrolled in Ceramics Open Studio or a fall class that includes open studio privileges may bring children ages 8+ to select open studio hours. Participating children must be concurrently enrolled in a fall ceramics class and accompanied in the studio by their participating adult. Limit: two children per adult per visit. Children under 8 may receive special permission from their instructor to participate as well. Recycled clay is provided for participants under age 16.

F/Su 3:00pm-6:00pm/CC-304

14 wks: 9/13 - 12/15

R: \$20, NR: \$25

SCOUT WORKSHOPS

Greenbelt Recreation Arts program provides art workshops for Girl Scout troops who are working toward their badges in pottery, painting, jewelry, dance, music and more! Boy Scout troops, Campfire Kids and other organizations are also welcome. Contact Anne Gardner, agardner@greenbeltmd.gov, for more information and to schedule a workshop.

FACILITY CODES

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Homeschool Programs

HOMESCHOOL VISUAL ARTS

Contact: Amanda Demos Larsen, 240-542-2062,
alarsen@greenbeltmd.gov

HOMESCHOOL CERAMICS: HAND-BUILDING

Learn a variety of hand-building techniques by creating pots and sculpture. Children may participate by themselves, or caregivers can register, too! Clay is provided at no cost for children under 16. Participants 16+: Ceramic Open Studio is included and purchase of new clay is required. Please contact Beth Fendlay at bfendlay@greenbeltmd.gov to schedule a studio orientation before using the studio.

433201-1 Ages 6-15

Th 1:00pm-2:30pm/CC-304

11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)

R: \$114, NR: \$139

Instructor: Judy Goldberg-Strassler

433201-2 Ages 6-10

W 10:30am-12:00pm/CC-304

10 mtgs: 9/11 - 11/20 (No class 10/9)

R: \$104, NR: \$126

Instructor: Chris Corson

HOMESCHOOL CERAMICS: POTTER'S WHEEL

Ages 10-18

Take on the potter's wheel and learn the fundamental skills to create and decorate your own pots and sculptures. All materials provided. Children may participate by themselves, or caregivers can register, too! Clay is provided at no cost for children under 16. Participants ages 16+: Ceramic Open Studio is included and purchase of new clay is required. Please contact Beth Fendlay at bfendlay@greenbeltmd.gov to schedule a studio orientation before using the studio.

443215-1 Th 1:00pm-2:45pm/CC-305

11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)

R: \$123, NR: \$150

Instructor: Gina Mai Denn

443215-2 W 10:30am-12:15pm/CC-305

10 mtgs: 9/11 - 11/20 (No class 10/9)

R: \$115, NR: \$138

Instructor: Judy Goldberg-Strassler

HOMESCHOOL PERFORMING ARTS

Contact: Chris Cherry, 240-542-2055,
ccherry@greenbeltmd.gov

SHAKIN' UP SHAKESPEARE 444260-1 Ages 12-16

Shake Shakespeare's plays were never meant to read - they were meant to be performed! Come join instructor Kate Magill Robinson as we bring Shakespeare's plays to life in an active way. The classes will explore the history of Shakespeare's time as well as the sources of the plays and a basic study of poetic language. We will do exercises intended to boost communication skills and self-confidence. Working as a team, we'll prepare an abbreviated Shakespeare performance for family and friends at the end of the semester. Note: The last two class dates are mandatory for all students.

M 11:00am-12:30pm/CC-GFE

13 mtgs: 9/9 - 12/9

R: \$123; NR: \$134

Instructor: Kate Magill Robinson

**PLEASE SEE PAGE 32 FOR
HOMESCHOOL SWIM LESSONS!**



Teen/Adult Programs

VISUAL ARTS

Contact: Amanda Demos Larsen, 240-542-2062,
alarsen@greenbeltmd.gov

INTRO TO SKETCHING 453201-1 Ages 14+

In this workshop participants will examine the drawings of a variety of artists and explore the basics of sketching. Participants will explore a variety of drawing mediums and mark-making techniques for this incredibly versatile and portable medium. Perfect for all levels.

F 9/20; 7:00pm-9:30pm/CC-113

R: \$25, NR: \$32

Instructor: Racquel Keller

ART OF THE ALTERED BOOK 453228-1 Ages 16+

If you like collage and mixed media, then this altered book workshop is for you. This class will explore how to take a book and turn it into a work of art, creative journal or sketchbook. Perfect for anyone who wants to explore the freedom of transformation of an everyday object into a work of art.

F 7:00pm-9:30pm/CC-113

2 mtgs: 10/25 and 11/1

R: \$62, NR: \$77

Instructor: Racquel Keller

ADVANCE WOODWORKING AND WOODCARVING

453205-1

Ages 14+

Greenbelt Artist in Residence and professional violin maker, Laurence Anderson, will offer a detailed study in the use of chisels, gouges, planes, knives and scrapers. Participants will tackle a project with wood using only hand tools. Course is open to both experienced and novice woodworkers. Projects will be tailored to match the interest and skill level of each participant. Participants will be required to supply their own tools and should not be purchased until after the first class.

W 7:00pm-9:00pm/CC-113

6 mtgs: 10/23 - 12/4 (No class 11/27)

R: \$50, NR: \$63

BEGINNING SEWING 453202-1

Ages 12+

Learn how to operate a sewing machine, read a pattern, buy fabric, required notions, and complete either a tote bag, a bathrobe, or both. Participants are invited to bring their own sewing machines to class if they want to (limited number of sewing machines are available for use in the classroom too). Patterns, irons, and various basic sewing notions will be supplied. If possible, the class will meet at Joann Fabric at Beltway Plaza on the Saturday after the first class for a special field trip to learn about various fabrics and how to buy them.

Tu 7:00pm-9:00pm/CC-116

12 mtgs: 9/10 - 12/3 (No class 10/29)

R: \$139, NR: \$164

Instructor: Mary Gawlik

BEGINNER STAINED GLASS WORKSHOP: STARS**453207-1****Ages 16+**

Participants will make one or more small stained glass hangings using the copper foil technique. The goal is to learn to score, cut, foil, and solder stained glass pieces into a finished product. Particular emphasis will be placed on developing and practicing the skills needed to score and break glass, as this is a challenging skill. The supplies will include patterns for snowflakes and stars, as well as glass and tools. A fee of \$35 for tools, glass, and supplies is included in the price.

Su 11/17; 11:00am-4:00pm/CC-GFE**R: \$60, NR: \$75****Instructor: Maureen Stone****INTERMEDIATE STAINED GLASS WORKSHOP****453207-2****Ages 16+**

Several patterns will be available with finished patterns between 4 and 8 inches long. Participants will learn how to cut curved shapes. The supplies will include patterns as well as glass and tools. A fee of \$35 for tools, glass, and supplies is included in the price. Participants must have already learned straight glass cuts in a previous stained glass workshop.

Sa 11/16; 11:00am-4:00pm/CC-GFE**R: \$60, NR: \$75****INTERMEDIATE STAINED GLASS CLASS 453215-1****Ages 16+**

Several patterns will be available, with 30-40 pieces in each pattern. Participants will review how to score, break, foil, and solder glass. Participants also will learn how to cut and fit abutting pieces into a complete framed panel. Patterns will include landscapes, seascapes, flowers, abstract designs. Participants must have participated in at least one previous stained glass workshop, where they learned to do straight glass cuts. Students will have the option of bringing in their own glass or purchasing glass from the studio for a one time session fee of \$20. All other materials will be provided.

W 6:30pm-8:30pm/CC-GFE**6 mtgs: 9/25 - 11/6 (No class 10/9)****R: \$112, NR: \$135****Instructor: Maureen Stone****WATERCOLOR PAINTING****Ages 16+**

Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Includes Visual Arts Open Studio.

453210-1 Th 7:00pm-9:00pm/CC-113**11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)****R: \$130, NR: \$160****Instructor: Valerie Watson****453210-2 M 10:00am-12:30pm/CC-113****6 mtgs: 9/16 - 10/21****R: \$91, NR: \$114****Instructor: Racquel Keller****ACRYLIC PAINTING: LEARNING FROM THE****MASTERS 453212-1****Ages 16+**

This class is designed for the aspiring painter who wants to further their knowledge of painting with Acrylics. Using Master Paintings as a starting point, students will be led step-by-step through a series of projects to teach you what you need to know about how to work in this versatile and rewarding medium.

Tu 7:00pm-9:00pm/CC-113**6 mtgs: 9/10 - 10/15****R: \$77, NR: \$96****Instructor: Racquel Keller****VISUAL ARTS OPEN STUDIO****Ages 16+**

Patrons who register for an eligible visual arts class will receive open studio access. Open studio includes independent use of the visual arts studios during Community Center hours whenever the rooms are not reserved for other classes and events. Participants will receive a spring studio calendar with dates and times of reservations; dates and times are subject to change during the session. Ideal for painting, drawing, fiber arts and crafts. Work alone, or arrange to meet up with fellow participants for more sociable studio time. Participants may use the studio's easels and mat cutter. New participants must meet with the Studio Manager for an orientation before using the space; contact Beth Fendlay at bfendlay@greenbeltmd.gov to schedule.

M-Sa 9:00am-9:45pm; Su 9:00am-6:45pm/CC-113**14 wks: 9/9-12/15****ART SOCIALS****BOOK A WORKSHOP WITH YOUR GROUP**

Schedule an art event for your group or party! Bring your friends to the community center to make functional, hand-built ceramics or paintings on canvas. Contact Amanda Demos Larsen, alarsen@greenbeltmd.gov or 240-542-2062 for more information.

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YC=Youth Center

CERAMICS

Contact: Amanda Demos Larsen, 240-542-2062,
alarsen@greenbeltmd.gov

GLAZING AND SURFACE DECORATION MINI**CLASSES:****Ages 16+****CREATING TEXTURE, DEPTH AND RELIEF DECORATIONS 453259-2**

Learn techniques using slip, applied clay, and simple carving to achieve dramatic texture, depth, and relief on your ware (thrown, hand-built, or tile). Plan to bring wet or leather-hard green-ware to work on—at least 1 to 2 pieces per class. Participants will practice slip trailing, slip painting, creating textures with slip, making and using sprig molds to make relief decorations, creating other applied decorations, and refining relief with carving techniques. The instructor will also share tips and ideas for glazing these kinds of decorations.

F 7:00pm-9:30pm/CC-304**3 mtgs: 9/27 - 10/11****R: \$53, NR: \$66****BASICS OF GLAZES, UNDERGLAZES, ENGOBES, AND OXIDES AND HOW TO USE THEM 453259-1**

Learn important differences between glazes, underglazes, engobes, and oxides, what their characteristics are, plus when and how to use them on your ware. Also learn techniques to apply these products, including brushing, dipping, pouring, and spraying. Plan to bring at least 2 to 4 pieces of bisqued ware (or more if you want) so you can practice applying these products.

Sa 2:00pm-4:30pm/CC-304**2 mtgs: 10/19 - 10/26****R: \$39, NR: \$50****Instructor: Mary Gawlik****CREATING TILES TO FIT A SPACE 453253-1****Ages 16+**

Discover how to plan a design across several tiles and how to measure tile size to allow for shrinkage and grout as you create tiles to mount into a tray, on to a box lid, into a frame, on to a table top, or onto other items. In addition, learn how to properly cut, handle, and dry tiles so they stay flat. Participants will learn how to use a variety of decorating techniques to create their designs, and they will learn how to achieve the looks they want with glaze, oxides, underglazes, or engobes. Participants are invited to bring in trays, frames, etc. that they wish to use for their projects. By the end of the class, participants should have a completed custom tiled piece of art. Ceramics Open Studio included. Clay purchased separately.

W 7:00pm-9:30pm/CC-304**11 mtgs: 9/11 - 12/4 (No class 10/30, 11/27)****R: \$161, NR: \$194****Instructor: Mary Gawlik****LEVEL 1 FUNCTIONAL HAND-BUILDING 463201-1****Ages 16+**

This class is for students new to hand-building techniques. Students will learn the techniques to make cups, bowls, plates, and other useful objects by using only their hands and hand tools. Students will learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. Beginners and all levels welcome. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

Th 7:00pm-9:30pm/CC-304**10 mtgs: 9/12 - 11/21 (No class 10/31)****R: \$148, NR: \$177****Instructor: Sandra Dwiggin****LEVEL 2 HAND-BUILDING 463202-1****Ages 16+**

This class is for students who already have already taken Level 1 Functional Hand-building or have experience with hand-building techniques, such as joining, and working with slabs. In addition to functional projects, students will learn how to extend their experience to more complex 3-dimensional forms. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

Tu 7:00pm-9:30pm/CC-304**11 mtgs: 9/10 - 11/19****R: \$161, NR: \$194****Instructor: Sandra Dwiggin****LEVEL 1 POTTERY 453281-1****Ages 16+**

Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf is not guaranteed.

Tu 7:00pm-9:30pm/CC-305**13 mtgs: 9/10 - 12/3****R: \$189, NR: \$192****Instructor: Gina Mai Denn****LEVEL 2 WHEEL 453282-1****Ages 16+**

Recommended for students who can center small pieces consistently, make basic pots, and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. Ceramics Open Studio included. Clay purchased separately. Use of a shelf in the studio is not guaranteed.

M 7:00pm-9:30pm/CC-305**12 mtgs: 9/9 - 12/2 (No class 11/11)****R: \$175, NR: \$210****Instructor: Michael Pappas**

City of Greenbelt Arts Programs are sponsored in part by the Maryland-National Capital Park and Planning Commission and the Maryland State Arts Council. Thank you!

LEVEL 3 WHEEL 453283-1**Ages 16+**

Recommended for Level 2 "graduates" who are skilled in the basics; centering, trimming and handles. This class includes group instruction combined with individual support. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

W 7:00pm-9:30pm/CC-305**12 mtgs: 9/11 - 12/4 (No class 11/27)****R: \$175, NR: \$210****Instructor: Gina Mai Denn****LEVEL 4 WHEEL 453284-1****Ages 16+**

Recommended for Level 3 "graduates" who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

Th 7:00pm-9:30pm/CC-305**11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)****R: \$161, NR: \$194****Instructor: Karen Arrington****CERAMICS SCULPTURE WORKSHOP 453206-1****Ages 16+**

Students will learn how to hand-build volumetric sculpture by "working hollow" — constructing forms from the inside as well as the outside. These techniques can be used to create human figures, animals and other sculpture that is already hollow and ready to dry and fire, instead of needing to be hollowed after formation. There will be demonstrations, class discussion, and one-on-one work. The goal will be to complete one or more pieces. If work is not completed, arrangements can be made with the instructor for help at a later time. Students will be provided with 25lb. of a very good sculpture body: Soldate 60. They should bring tools (some will be available in the studio) and plastic for wrapping pieces (dry cleaner bags are ideal). Students should think ahead about what they want to create. Photos or drawings are highly recommended.

Sa 12:00pm-3:00pm/CC-304**3 mtgs: 11/2 - 11/16****R: \$81, NR: \$99****Instructor: Chris Corson****CERAMICS OPEN STUDIO 453261-1****Ages 16+**

Independent access for current and former students of the Greenbelt Community Center ceramic programs whenever the studios are not reserved. Clay purchased separately. Includes use of a studio shelf. Participants who have not attended a program here within the past 6 months must meet with the Studio Manager for an orientation before using the space; contact Beth Fendlay at bfendlay@greenbeltmd.gov to schedule. Potters who are new to this studio must please enroll in a class.

**M-Sa 9:00am-9:45pm; Su 9:00am-6:45pm/
CC-304 & 305****14 wks: 9/9 - 12/15****R: \$90, NR: \$100****HEALTH AND FITNESS**

Contact (unless otherwise noted): LaToya Fisher,
240-542-2054, lfisher@greenbeltmd.gov

ZUMBA GOLD 452402-1**Ages 16+**

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes, bring water and a towel.

Sa 9:00am-10:00am/CC-202**11 mtgs: 9/14 - 12/14****(No class 9/28, 11/23, 11/30)****R: \$66, NR: \$76, Drop-in: \$8 (no cash)****Instructor: Wanda Crawley-Pearson****FIT 'N' FUN CARDIO 452203-1****Ages 16+**

Participants will tone their bodies and burn calories while having fun with a variety of cardio including boot camp games, cardio kickboxing, dance, weights and floor work set to great music! You will need to bring weights, water and a mat; jump rope is optional.

W/F 10:00am-11:15am/CC-106**27 mtgs: 9/11 - 12/13 (No class 11/29)****R: \$81, NR: \$91, Drop-in: \$5****Instructor: Derrick Faison****GENTLE YOGA 452201-1****Ages 16+**

This class is designed to offer a gentle but powerful practice of yoga suitable for anyone, including seniors. We will explore yogic breathing, gentle postures and simple meditation techniques to help release tension, strengthen and stretch your body, enliven your spirit and increase your sense of well-being. Bring a mat and blanket to class and refrain from eating 2 hours before class. *Drop-ins are not permitted for this class.*

Tu 7:00pm-8:15pm/CC-GFE**14 mtgs: 9/10 - 12/10****R: \$140, NR: \$150****Instructor: Laura Bonkosky****YOGA & CORE CONDITIONING****Ages 16+**

Develop strength, flexibility, balance and a sense of well-being by combining postures, breathing practices and deep relaxation of yoga with toning and core strengthening movements. Bring a mat. Do not eat 2-3 hours before class. For more information email laura.bonkosky@gmail.com. *Drop-ins are not permitted for this class.*

452202-1 Tu 5:30pm-6:45pm/CC-GFE**14 mtgs: 9/10 - 12/10****R: \$140, NR: \$150****452202-2 Th 7:00pm-8:15pm/CC-GFE****13 mtgs: 9/12 - 12/19 (No class 10/3, 11/28)****R: \$130, NR: \$140****Instructor: Laura Bonkosky**

**FUN YOGAMIX 452220-1****Ages 16+**

A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please bring a mat and a blanket to each class. Beginners are welcome; no experience necessary. For more information contact instructor at yogatina@yahoo.com.

Th 6:00pm-7:00pm/CC-202**12 mtgs: 9/19 - 12/12 (No class 11/28)****R: \$91, NR: \$101; Drop-in: \$10 (no cash)****Instructor: Tina McCloud****LUNCHTIME YOGA****Ages 18+**

This mixed level class offers a balanced practice of warm-ups, postures, yogic breathing, meditative awareness and relaxation designed to stretch, strengthen and energize your body, release tension, enliven your spirit and bring more ease and joy into your life. Bring a mat and refrain from eating 2-3 hours before class.

452221-1 Tu 12:30pm-1:30pm/CC-10**14 mtgs: 9/10 - 12/10****R: \$98, NR: \$108; Drop-in: \$12****452221-2 Th 12:30pm-1:30pm/CC-10****13 mtgs: 9/12 - 12/19 (No class 10/3, 11/28)****R: \$91, NR: \$101; Drop-in: \$12****Instructor: Laura Bonkosky****YOGA NIDRA 452403-1****Ages 16+**

Yoga Nidra is an ancient meditation practice that is uniquely suited to modern times. You will be guided into meditation while lying on a yoga mat or comfortably seated. No previous yoga or meditation experience is required. Benefits of the practice include greater resilience to life's stresses, improved sleep, and greater joy and well-being. Students will explore and deepen our understanding of the various foundations and core elements of the practice. Please bring a mat, blankets, and a pillow or bolster. For more information, please visit www.laurabonkosky.com.

F 7:00pm-8:00pm/CC-202**6 mtgs: 10/11 - 11/22 (No class 11/1)****R/NR: \$60; Drop-in: \$15****Instructor: Laura Bonkosky****PILATES I 452210-1****Ages 16+**

A classic Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a mat or blanket and a 10-pound sandbag or bag of rice as a foot weight.

W 8:00pm-9:00pm/CC-202**13 mtgs: 9/11 - 12/11 (No class 11/27)****R: \$130, NR: \$140****Instructor: Catherine Turner****PILATES II 452205-1****Ages 16+**

Prerequisite: Pilates Mat Class I or equivalent class (not video) experience and core strength. Class includes basic intermediate exercises for greater flexibility and core strength. Class will move at a faster pace, focusing on flow. Bring a mat (3/8 inch or more) or heavy blanket, and a 10-pound sandbag or rice bag as a foot weight.

W 6:45pm-7:45pm/CC-202**13 mtgs: 9/11 - 12/11 (No class 11/27)****R: \$130, NR: \$140****Instructor: Catherine Turner****TAI CHI ALL LEVELS 452206-1****Ages 16+**

Join us to explore the benefits of Wu, Sun, Chen and Yang styles of Tai Chi along with Qigong and Xingyi fundamentals. Group practice can form the foundation for a successful personal practice. All levels welcome to laugh and learn!

Sa 9:00am-10:00am/CC-106**14 mtgs: 9/14 - 12/14****R: \$140, NR: \$150****Instructor: Taj Johnson****TAI CHI MASTERY- WUDANG NEIJIA 452206-2****Ages 16+**

Learn the underlying principles and access your personal mastery of the Wudang Neijia Arts. Taiji, Xingyi, Bagua and Liuhebafa (aka water boxing) will be taught with choreography, corrections, adjustments, and learn the small details. Experience the higher levels of your practice. Create your own book of "Master's Notes" from the group discussions and journal your personal adventures. Instructor permission needed to participate in class. Prerequisite: Strongly recommended for student to have a minimum one recent year of previous practice in Sky Valley Tai Ji classes

Sa 1:00pm-2:00pm/CC-106**14 mtgs: 9/14 - 12/14****R: \$210, NR: \$220****Instructor: Taj Johnson**



TAI CHI LEVELS I/II 452207-1 **Ages 16+**

Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov
 Beginning levels of Yang Simplified Tai Chi Form instruction as developed by Cheng, Man-Ch'ing (37 postures).
W 6:30pm-7:30pm/YC-MPR
12 mtgs: 9/11 - 11/27
R: \$84, NR: \$96
Instructor: Linda Uphoff

TAI CHI LEVEL III 452208-1 **Ages 16+**

Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov
 Training and corrections for students who have completed instruction in Cheng Man-Ch'ing's simplified Yang Form. Instructor approval is required. Call 301-345-5386 if you have questions.
W 7:30pm-8:30pm/YC-MPR
12 mtgs: 9/11 - 11/27
R: \$84, NR: \$96
Instructor: Linda Uphoff

ATHLETICS
Contact: Andrew Phelan, 240-542-2194, aphelan@greenbeltmd.gov

TKA KARATE **Ages 13+**

Registration for this class will be held at the Greenbelt Youth Center the first night of class. For more information please call 301-840-9262.
M 7:30pm-9:30pm/YC-MPR
10 mtgs: 9/16 - 11/25 (no class 11/11)
R/NR: \$70

ARCHERY - BEGINNER 452602-1 **Ages 14+**

Shoot for it! PREVIOUS EXPERIENCE NOT REQUIRED. Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position with re-curve bows. All equipment will be provided.
Th 5:30pm-6:15pm/BF
8 mtgs: 9/12 - 10/31
R: \$50, NR: \$65
Instructor: Stephen 'Doc' Lee
 (Certified by the National Field Archery Association)

ARCHERY - INTERMEDIATE 452603-1 **Ages 14+**

Refine your alignment, release and follow through in an intermediate level course using re-curve and compound bows. PARTICIPANTS REQUIRE SIX MONTHS OF ARCHERY EXPERIENCE and basic knowledge



of range safety procedures, shooting technique, hand position and stance. Enhance the skills taught in Beginner Archery. All equipment will be provided.

Th 6:30pm-7:15pm/BF
8 mtgs: 9/12 - 10/31
R: \$50, NR: \$65
Instructor: Stephen 'Doc' Lee
 (Certified by the National Field Archery Association)

DANCE

Contact: Angella Foster, 240-542-2067
afoster@greenbeltmd.gov

The minimum age requirement for all classes should be met by the first class meeting. For dance classes, find helpful hints for getting your performer ready at: www.greenbeltmd.gov/dance. For performance opportunities, see Dance Performance Club to register for our production of *The New Deal Nut: A Greenbelt Nutcracker*.

BEGINNING BALLET 454202-1 **Ages 15+**

A fun introduction to ballet specifically designed for teen and adult beginners! Emphasis will be on developing strength, flexibility and balance through traditional ballet barre and center work as well as through conditioning exercises borrowed from Pilates and yoga. Please wear comfortable clothes but not too loose; soft ballet shoes or bare feet. Leotards and tights not necessary.

M 7:15pm-8:15pm/CC-10

11 mtgs: 9/9 - 12/2 (No class 9/30, 11/11)

R: \$110, NR: \$120

Instructor: Angella Foster

CONTEMPORARY DANCE III/IV 444216-2 **Ages 12-17**

A continuation of Contemporary I/II. Students must have completed at least three full years of ballet training or have permission of instructor to enroll. Contemporary dance combines elements of ballet, yoga, Pilates, basic tumbling and modern dance to create a fusion that is fun, expressive and great exercise. In-studio performance on last day of class! Uniform: Students should wear snug-fitting comfortable clothes, including pants that cover the knees, and plan to dance bare foot.

Sa 12:00pm-1:00pm/CC-10

11 mtgs: 9/14 - 12/7 (No class 10/19, 11/30)

R: \$110, NR: \$120

Instructor: Lisa Pellittiere

MUSICAL THEATER TAP IV/V **444205-1**
Ages 12-17

A continuation of Tap III. Students must have completed at least three full years of tap study or receive permission of instructor to enroll. At this level, students learn more tap rhythms, sounds, and combinations while progressing in their mastery of riffs, time steps, complex turns, and extensive warm-up. Students will also demonstrate the ability to build speed while keeping the clarity of their taps clean. In-studio performance on last day of class! Uniform: Black jazz pants or leggings, snug fitting t-shirt and black oxford style tap shoes. No character heels please. *Note: Tap classes meet on the stage in the Community Center gymnasium, not in the dance studio.*

W 6:00pm-7:00pm/CC-106

11 mtgs: 9/11 - 12/4 (No class 10/9, 11/27)

R: \$110, NR: \$120

Instructor: Lisa Pellittiere

BALLET V WITH POINTE 444211-2 **Ages 12-17**

A continuation of Ballet IV. Students must have completed at least three full years of ballet training or have permission of instructor to enroll. This class will focus on the continued mastery of classical ballet vocabulary with an emphasis on advanced jumping and turning skills. Students will learn short variations to work on their performance quality and acting skills. Additional emphasis is on developing strength and the safe application of ballet technique to beginning pointe work. In-studio performance on last day of class! Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck; pointe shoes must be purchased under supervision of instructor; Boys - black ballet shoes, black leggings, snug white t-shirt.

M 5:45pm-7:15pm/CC-10

11 mtgs: 9/9 - 12/2 (No class 9/30, 11/11)

R: \$165, NR: \$180

Instructor: Angella Foster

BALLET REPERTORY WITH POINTE
444212-2**Ages 12-17**

Students must be concurrently enrolled in Ballet V with Pointe or have permission from instructor to enroll. Dancers will learn classical and contemporary ballet variations that will challenge them to grow as performers and technicians. Additional emphasis is on building strength and applying the principles of ballet technique to beginning pointe work. This course is designed for intermediate to advanced students with previous performance experience. In-studio performance on last day of class! Uniform: Girls - pink ballet shoes, pink tights, black leotard, long hair secured off face and neck; Boys - black ballet shoes, black leggings, snug white t-shirt.

Th 7:00pm-7:45pm/CC-10

10 mtgs: 9/12 - 11/21 (No class 10/31)

R: \$80, NR: \$88

Instructor: Angella Foster



DANCE PERFORMANCE CLUB 434208-4 **Ages 8-17**

Dance Performance Club is perfect for young and maturing dancers ready to step into the spotlight. Dancers will prepare to perform in our production of *The New Deal Nut: A Greenbelt Nutcracker*. This production will incorporate dances in various styles, including ballet, jazz, contemporary, hip hop and tap in an imaginative retelling of the Nutcracker story. Uniform: Girls - Black leotard (sleeveless; no attached skirts) and pink convertible tights; Boys - Black dance t-shirt and black leggings (more details provided after enrollment). Uniform will serve as the foundation for added costume pieces provided by the dance program. Dancers should bring all dance shoes they currently own (ballet slippers, tap shoes and/or jazz slippers).

Prerequisite: To participate, students must also be concurrently enrolled in a weekly technique class in our program and **MUST** be available for all dates and times below. Prior permission from instructor is needed if student is not able to meet these requirements.

REQUIRED DATES:**Dress Rehearsals:**

12/6, 4:30pm-7:00pm, 12/13, 4:00pm-7:00pm;

Performances:

12/14, 1:00pm-4:30pm, 12/15, 10:00am-4:30pm

F 4:30pm-5:45pm/CC-10

11 mtgs: 9/20 - 12/13 (No class 10/18, 11/29)

R: \$173, NR: \$196

Instructors: Angella Foster & Lisa Pellittiere

THEATER

**Chris Cherry, 240-542-2055,
ccherry@greenbeltmd.gov**

SHAKESPEARE PERFORMANCE - SPOOKY**SHAKESPEARE 444238-1** **Ages 13-17**

Teen performers will explore classical theater acting technique and master selected scenes from Shakespeare. The class culminates in a performance of spooky scenes just in time for Halloween! Note: Performance will be at 6:00pm on last day of class. Performance will be held outdoors weather permitting.

Sa 3:30pm-6:00pm/CC-GFE

7 mtgs: 9/14 - 10/26

R: \$74, NR: \$89

Instructor: Mike Funt

ACTING SCENE STUDY 464235-1 **Ages 18+**

Go from page to stage in this scene study class! The best way to learn or improve acting technique is through performing scenes. Theater professional Mike Funt will guide you to the next level of your acting with grace and good humor.

Sa 11:00am-12:30pm/CC-GFE

7 mtgs: 9/14 - 10/26

R: \$77, NR: \$88

Instructor: Mike Funt

CIRCUS

**Chris Cherry, 240-542-2055,
ccherry@greenbeltmd.gov**

CIRCUS FOR GROWN-UPS 464225-1 **Ages 16+**

Circus isn't just for kids! Grown-ups can discover their inner circus performer and master circus skills like juggling, stilt-walking, balance boards, rolling globe, slack line and more! Join circus professional Mike Funt each week for an hour of discovery and fun.

Sa 2:00pm-3:00pm/CC-106

7 mtgs: 9/14 - 10/26

R: \$70, NR: \$80

Instructor: Mike Funt

MUSIC

**Chris Cherry, 240-542-2055,
ccherry@greenbeltmd.gov**

UKE CAN DO IT! BEGINNING UKULELE 464242-1**Ages 14+**

This class is designed for students who have never played the ukulele. No previous experience playing or reading music is required. We will be learning basic chords and strumming patterns and singing along. Emphasis will be on strumming and singing together while experiencing the joy of creating music. Final class will be a combined recital with the Uke Continued class. Students must bring their own soprano ukulele with a case to each class. All sheet music and links to gear, songs, and other interesting uke information will be provided by the instructor.

Th 7:00pm-8:00pm/CC-109

8 mtgs: 9/12 - 11/7 (No class 10/31)

R: \$88, NR: \$99

Instructor: Rachel Cross

UKE CONTINUED! 464243-1**Ages 14+**

This class is designed for students who are confident playing and singing 4 songs on the ukulele. This session, we'll be concentrating on songs from the 1920s-1950s to add to our repertoire. Class will learn new strumming and fingerstyle techniques. Final class will be a combined recital with the Uke Can Do It students. Students must bring their own soprano ukulele with a case to each class. All sheet music and links to gear, songs, and other interesting uke information will be provided by the instructor.

Th 8:00pm-9:00pm/CC-109

8 mtgs: 9/12 - 11/7 (No class 10/31)

R: \$88, NR: \$99

Instructor: Rachel Cross

FACILITY CODES

**BF=Braden Field, CC=Community Center,
CC-GFE=Community Center Ground Floor East,
GAFC=Greenbelt Aquatic & Fitness Center,
SHLRC=Springhill Lake Recreation Center,
YC=Youth Center**



Active Aging Programs

GAME ROOM & LOUNGE

Ages 60+

The Senior Game Room and Lounge are open to senior citizens, ages 60+, during regular operating hours. Call 301-397-2208 for more information.

GOLDEN AGE CLUB

The Golden Age Club meets every Wednesday from 11:00am-12:00pm at the Greenbelt Community Center Multipurpose Room (room 201). Activities include speakers, special programs and field trips. For membership information, call Kathleen McFarland at 301-474-6892.

HUNGRY?

The Senior Nutrition Program serves hot lunches at 12:00pm, Monday - Friday in the commercial kitchen at the Greenbelt Community Center. Seniors, ages 60+, must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered. **Requested meal donation is \$3.** Please call 301-397-2208 x4215 to make reservations.

BILLIARDS

The Senior Game Room is open for senior citizens to play pool at any time, with the exception of Thursday and Friday afternoons when the Bridge players use the game room. Call 301-397-2208 for more information.

SENIOR SPECIAL EVENTS

ANNUAL OPEN FORUM

(Sponsored by the Senior Citizens Advisory Committee)
Greenbelt Community Center, Room 202
Saturday, September 21 – 1:00pm
FREE

ACTIVE AGING WEEK: REDEFINING ACTIVE

October 1 – October 7

Free events throughout the week for individuals of all ages. Activities include health and fitness, walks, Wii and more. Watch the News Review for the schedule of events. Stop by a Recreation facility in September for an Active Aging flyer.

HEALTH & WELLNESS FAIR

Greenbelt Community Center, 15 Crescent Road, Gym
Tuesday, October 22, 10:00am-2:00pm
FREE

OKTOBERFEST:

Featuring Helmut Licht

Greenbelt Community Center, 15 Crescent Road, Gym

October 18, 1:30pm-3:30pm,

Light refreshments will be served. FREE!



HEALTH AND FITNESS

Contact: Rebekah Sutfin for ALL senior adult programs, 240-542-2056, rsutfin@greenbeltsmd.gov

SENIOR SWIM 471101-1 **Ages 60+**

Water exercises that emphasize stretching, strengthening and toning for the swimmer and non-swimmer.

Registration is **REQUIRED**.

M 11:15am-12:00pm/GAFC

14 mtgs: 9/9 - 12/16 (No class 11/11)

Passholders: FREE

RNPH: \$1.50/visit; NRNPH: \$2.00/visit.

Instructor: Marsha Voigt

HOLY CROSS SENIOR EXERCISE 472202-1 **Ages 60+**

Increase strength, muscular endurance and improve flexibility for greater mobility. **Registration is required with Holy Cross AND the Community Center.** See Community Center Main Office for both forms.

M/W/F 9:00am-9:45am/CC-106

43 mtgs: 9/9 - 12/20 (No class 11/11, 11/29)

FREE

Instructor: Karl Haddad

GET WII ACTIVE 472203-1 **Ages 60+**

Come join the Wii Active Group and have fun using the Wii to bowl. Other games are available too. Let's get Wii Active!

Tu 3:30pm-5:00pm/CC-114

14 mtgs: 9/10 - 12/17 (No class 10/22)

FREE

WALK ON ROUTE 66 472206-1 **Ages 60+**

Walk the comfortable gym, and "Get your kicks on Route 66!" The group will record how many laps have been walked. How far will you go? Let's see if we can make it to St. Louis on our way to LA by the end of the year! Come walk with us!

Tu/Th 1:30pm-2:30pm/CC-106

27 mtgs: 9/10 - 12/19

(No class 10/22, 11/5, 11/28)

FREE

**PURELY FUN PICKLEBALL****472420-1** **Ages 60+**

Pickleball is a cross between tennis and badminton. It's loads of fun and gaining popularity throughout the US. Beginners and beyond are welcome, keeping the "Purely Fun" focus in mind.

M/Th 2:30pm-3:45pm/CC-106

28 mtgs: 9/9 - 12/19 (No class 11/11, 11/28)

FREE

ZUMBA GOLD 452402-1 **Ages 16+**

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes, bring water and a towel.

Sa 9:00am-10:00am/CC-202

11 mtgs: 9/14 - 12/14

(No class 9/28, 11/23, 11/30)

R: \$66, NR: \$76; Drop-in: \$8 (no cash)

Instructor: Wanda Crawley-Pearson

SPECIAL INTEREST**GIFTS FROM THE HEART 473208-1** **Ages 16+**

Knitters and crocheters of all levels make items to donate to various charitable organizations. Yarn, needles and hooks are provided. All ages and skill levels welcome! Instruction is available from group members.

F 10:00am-12:00pm/CC-109

14 mtgs: 9/13 - 12/20 (No class 11/29)

R: \$5, NR: \$10

SEW FOR CHARITY 453242-1 **Ages 16+**

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats, and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required. **THIS IS NOT AN INSTRUCTIONAL PROGRAM.** Participants supply their own machines, sewing supplies and power strips/cords.

Sa 10:00am-2:00pm/CC-109

16 mtgs: 9/7 - 12/21

R: \$5, NR: \$10

SCRABBLE 473209-1 **Ages 16+**

Challenge your mind while enjoying a relaxing afternoon of conversation and play. All skill levels welcome.

Tu 12:00pm-2:00pm/CC-109

15 mtgs: 9/10 - 12/17

FREE

MAHJONG 473210-1 **Ages 60+**

Mahjong is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s with the publication of Joseph Park Babcock's "Rules of Mahjong." American Mahjong utilizes racks, jokers, "Hands and Rules". Mahjong is always played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mahjong" ends the game. **THIS IS NOT AN INSTRUCTIONAL PROGRAM.**

M 1:00pm-3:30pm/CC-109

14 mtgs: 9/9 - 12/16 (No class 11/11)

FREE

BRIDGE**Ages 60+**

Call Robin Schlauch (301-474-2605) if you are interested in joining these groups. THESE ARE NOT INSTRUCTIONAL PROGRAMS.

THURSDAY BRIDGE 479201-1**Th 12:30pm-3:30pm/CC-109****14 mtgs: 9/12 - 12/19 (No class 11/28). FREE****FRIDAY BRIDGE 479201-3****F 12:30pm-3:30pm/CC-109****14 mtgs: 9/13 - 12/20 (No class 11/29). FREE****PINOCHLE 479205-1****Ages 60+**

Please contact Betty Cookson, 301-577-8097, if you are interested in playing. THIS IS NOT AN INSTRUCTIONAL PROGRAM.

W 12:30pm-3:00pm/CC-109**15 mtgs: 9/11 - 12/18. FREE****WATERCOLOR PAINTING****Ages 16+**

Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Includes Visual Arts Open Studio.

453210-1 Th 7:00pm-9:00pm/CC-113**11 mtgs: 9/12 - 12/5 (No class 10/31, 11/28)****R: \$130, NR: \$160****Instructor: Valerie Watson****453210-2 M 10:00am-12:30pm/CC-113****6 mtgs: 9/16 - 10/21****R: \$91, NR: \$114****Instructor: Racquel Keller****SEASONED ADULTS GROWING EDUCATIONALLY (SAGE)****Ages 60+**

An \$85 per semester fee is assessed for SAGE classes for Maryland participants age 60 and over. Once this fee is paid to Prince George's Community College, students may take as many SAGE continuing education classes as they like, as long as the days and times do not conflict with each other. Participants MUST register before the beginning date of the class. **REGISTRATIONS ARE PERMITTED AFTER THE CLASS HAS BEGUN!** All registration (registration forms and online registration) begins on **Friday, September 6, 2019 at 8:30am**. SYN: OwlLink reference numbers for online registration with the college at www.pgcc.edu. **Most classes begin the week of October 7, 2019.**

REMINDER- Per Prince George's Community College policy; ALL SAGE registration forms and payment must be submitted online, mailed, or delivered in person. Greenbelt can no longer accept registration forms or payment. Mail forms to: Cashier's Office, Prince George's Community College, 301 Largo Road, Largo, MD 20774.

STRETCHING BEYOND

This holistic fitness class will bring strength and balance to the mind, body, and spirit. It is a combination of mild aerobics, strength training using hand weights, and stretching and balancing exercises completed by a relaxation of the mind-body. *Note: Class will meet in CC-202 on 10/22, 11/5, and 1/2.*

Tu 10:00am-11:00am/CC-106**13 mtgs: 10/8 - 1/21****(No class 10/29, 12/24, 12/31)****Th 10:00am-11:00am/CC-106****13 mtgs: 10/10 - 1/23****(No class 11/28, 12/19, 12/26)****Instructor: Nancy Shaffer****LINE DANCING**

Socialize, exercise, and improve your memory by learning to line dance! All dance levels are encouraged to participate. Basic line dance steps are taught and lots of dances are performed to a variety of music. You'll learn to adapt the dances to the music that you might have.

W 1:30pm-3:30pm/CC-106**13 mtgs: 10/9 - 1/22****(No class 11/27, 12/25, 1/1)****Instructor: Bob Meadows****MONDAY MIXED YOGA**

Yoga beginners and beyond are welcome in this mixed level yoga class. All poses are adapted to the individual.

M 10:00am-12:00pm/CC-10**12 mtgs: 10/7 - 1/13 (No class 11/11, 12/23, 12/30)****Instructor: Laura Goff****MEDITATION & YOGA NIDRA**

NEW! Unwind the nervous system using meditation and yoga nidra. While resting comfortably in savasana on a yoga mat, use of guided imagery and body scanning will be used to promote a deep body relaxation to address our psychological, neurological, and subconscious needs. By quieting an overactive mind, a deep sense of calm is achieved. Please bring a blanket and pillow or bolster.

Tu 10:00am-11:00am/CC-10**13 mtgs: 10/8 - 1/21****(No class 10/29, 12/24, 12/31)****Instructor: Laura Goff****WEDNESDAY INTERMEDIATE YOGA**

Advanced Beginner to Intermediate level for students with some experience in Yoga. All poses can be adapted to the individual.

W 10:00am-12:00pm/CC-10**13 mtgs: 10/9 - 1/22 (No class 11/27, 12/25, 1/1)****Instructor: Christine Romero**

CHAIR YOGA

Gentle Chair Yoga, incorporates breathing, stretching, stress reduction and mindfulness. Suitable for those recovering from illness or injury and/or those with arthritis or mobility challenges.

WEDNESDAY CHAIR YOGA

W 12:30pm-1:30pm/CC-202

13 mtgs: 10/9 - 1/22

(No class 11/27, 12/25, 1/1)

FRIDAY CHAIR YOGA

F 12:30pm-1:30pm/CC-202

13 mtgs: 10/11 - 1/24

(No class 11/29, 12/20, 12/27)

Instructor: Christine Romero

FRIDAY GENTLE YOGA

Beginner/Gentle Yoga for students just starting Yoga or who want a gentle practice. All poses can be adapted to the individual.

F 10:00am-12:00pm/CC-10

13 mtgs: 10/11 - 1/24

(No class 11/29, 12/20, 12/27)

Instructor: Christine Romero

THURSDAY GENTLE YOGA/YOGA NIDRA

This class offers beginners as well as experienced students a gentle but powerful yoga practice. The class includes postures and breathing exercises to release tension, and increase strength and flexibility. The yoga practice is followed by Yoga Nidra, a guided meditation practice that is accessible to beginners and experienced meditators alike. Please bring a blanket and pillow or bolster.

Th 10:00am-12:00pm/CC-10

13 mtgs: 10/10 - 1/23

(No class 11/28, 12/19, 12/26)

Instructor: Laura Bonkosky

**LIVING GREEN MADE EASY**

NEW! This interactive course is aimed at leading consumers, homeowners, renters, and your everyday person to make informed decisions on day-to-day living, purchasing, and investing to live more sustainably. This course is neither a science nor technical course. Class will be conducted in simple language, encourage active participation, and will include show and tell.

M 10:00am-12:00pm/CC-114

12 mtgs: 10/7 - 1/13

(No class 11/11, 12/23, 12/30)

Instructor: John Lippert

AMERICAN POPULAR SONG

This class is an examination of the song writers, musicians, band leaders, and personalities who contributed to the standard era of American music (approximately 1930-1965). Each session will include numerous recordings and film clips that illustrate the characteristics of music from this era. Topics will include presentations and discussions to be drawn from the likes of George Gershwin, Cole Porter, Irving Berlin, Johnny Mercer, Frank Loesser, Kurt Weill, and Harold Arlen, among others. Performances by artists such as Dinah Shore, Ella Fitzgerald, Frank Sinatra, Lena Horne, Judy Garland, Count Basie, Duke Ellington and Artie Shaw will be presented. No outside preparation is required.

M 1:00pm-3:00pm/CC-114

7 mtgs: 10/7 - 11/25 (No class 11/11)

Instructor: Stephen Kramer

ENVIRONMENTAL SCIENCE

Students will be introduced to environmental science including chemistry and physics, geology, atmospheric science and oceanography, hydrology, ecology, and biodiversity and wildlife conservation. Many other intriguing aspects of environmental science, from the past to the present day, will also be covered.

M 1:00pm-3:00pm/CC-114

6 mtgs: 12/2 - 1/27 (No class 12/23, 12/30, 1/20)

Instructor: Michael Blumenstock

INTERMEDIATE SPANISH

This class is designed to improve oral communication; through reading and comprehension of different materials and exercises. Some grammar will be introduced, but more significantly students will be able to work on independent presentations to be introduced to their peers. The goal is for students to work on the oral communication skills that most appeal to them.

Tu 10:00am-12:00pm/CC-103

12 mtgs: 10/8 - 1/21

(No class 10/22, 10/29, 12/24, 12/31)

Instructor: Deborah Sieiro

STORY OF INDIA

The history of the long enduring culture of India began in pre-historic times along the Indus Valley and continues today across the entire subcontinent. Situated along the trade routes between China and Europe, Indian merchants cultivated special markets for spices, tea, and fabrics. Religion was a foundation of the emerging identity that was nourished locally and exported regionally. Conquering invaders sought the treasures of India but were ultimately absorbed into the culture. Conflict has been a trait of the politics for thousands of years.

Tu 10:00am-12:00pm/CC-114

12 mtgs: 10/8 - 1/21

(No class 10/22, 10/29, 12/24, 12/31)

Instructor: Michael Crane

JOY - JUST OBSERVE YOURSELF - PART 1

JOY- Just Observe Yourself is a mindfulness training using meditation to cultivate awareness and reduce stress. It is based on the ancient practice of mindfulness, which is about waking up, being fully alive, and being present for the richness of each moment of our lives. Within this awakening, we gain access to our deepest inner resources for living, healing and coping with stress.

Tu 1:00pm-3:00pm/CC-114

6 mtgs: 10/8 - 11/26

(No class 10/22, 10/29)

Instructor: Dr. Ollie Goodlow

JOY - JUST OBSERVE YOURSELF - PART 2

JOY- Just Observe Yourself is a mindfulness training using meditation to cultivate self awareness and reduce stress. JOY (Part 2) will continue to build upon mind body techniques to support a less stressful life. Each class will begin with a mindfulness meditation followed by creative exercises.

Tu 1:00pm-3:00pm/CC-114

6 mtgs: 12/3 - 1/21

(No class 12/24, 12/31)

Instructor: Dr. Ollie Goodlow

BELLINI AND BEL CANTO

This course surveys most of the operas of Vincenzo Bellini, one of the three great bel canto composers along with Donizetti and Rossini. The operas presented here are: *Casta Diva* (Chaste Goddess- a biography of Vincenzo Bellini), *La Sonnambula* (The Sleepwalker), *I puritani* (the Puritans), *Norma*, *I Capuleti e Montecchi* (The Capulets and the Montagues), *Beatrice di Tenda* (Beatrice of Tenda), and *La Straniera* (The Foreign Woman). All presentations are on video with English subtitles.

W 10:00am-12:00pm/CC-114

7 mtgs: 10/9 - 11/20

Instructor: John Cahill

THE PRIMA DONNA

This is a biographical survey of seven prima donnas who sang at the Metropolitan Opera House in New York City; including some of the great divas who performed a variety of operas there during their illustrious careers. The biographies presented here were selected for their availability with stories of their life and art. The divas include Leontyne Price, Maria Callas, Montserrat Caballe, Kiri te Kanawa, Joan Sutherland, Renee Fleming and Cecilia Bartoli. This class also includes the Building of the New Metropolitan Opera House at Lincoln Center in New York City in which Leontyne Price stars. There are many more great divas from the past and present, but biographical videos were not made.

W 10:00am-12:00pm/CC-114

6 mtgs: 12/4 - 1/22 (No class 12/25, 1/1)

Instructor: John Cahill

GUIDED MEDITATION

Basic principles and benefits of meditation will be taught as well as how to integrate meditation into your daily life. Experiencing guided meditations will be the predominant format for the classes which will lead to slowing down, becoming more mindful, listening to yourself and connecting with others. Come prepared to be as comfortable as possible while sitting on a chair or getting on the floor as desired, (comfortable and layered clothes, cushion, blanket, pillow, and/or mat).

W 3:45pm-4:45pm/CC-202

13 mtgs: 10/9 - 1/29 (No class 10/23, 11/27, 12/25, 1/1)

Instructor: Katrina Boverman

THE PEOPLE, THE POLITICS, AND PROGRESSION OF AMERICA

This important period of growth in our country is frequently inadequately sandwiched between discussions of the Civil War and WWI in our history classrooms. Students will investigate the superstars (Carnegie, Vanderbilt, T. Roosevelt, etc); the statecraft (the Bull Moose Party, the Progressive Party, etc.); and the events (women's suffrage, the labor union movement, temperance, etc.) to improve our understanding of this period.

Th 1:00pm-3:00pm/CC-114

13 mtgs: 10/10 - 1/23 (No class 11/28, 12/19, 12/26)

Instructor: Dolores Haverstick

SPANISH I

This communicative beginning-level Spanish course. Students will begin to develop their Spanish proficiency through interactive activities, cultural notes, games and project based learning. The activities will help build competency in each of the four language skills-listening, speaking, reading, and writing. Every week you will be able to verbally interact with both the instructor and the other students in the class.

F 10:00am-12:00pm/CC-114

13 mtgs: 10/11 - 1/24 (No class 12/20, 12/27)

Instructor: Deborah Sieiro

EMERGING TRENDS IN GLOBALIZATION

Human society has evolved from the concept of the singular nation-state to a world where supranational and multi-regional trends have coalesced into a complex network of international integration. Globalization focuses on the emergence of sophisticated trade proposals from established economies that are designed to lead to the development of Third World economies by enlarging existing infrastructure and energy grids, promoting industrialization, and building export-oriented special economic zones across the key routes of trade and commerce. The end result is an interconnected planet where millions of products containing parts from multiple countries flow along vital commercial links serving hundreds of countries and billions of people. Does everyone benefit or are there winners and losers? Can America be First when no single country can afford to stand alone?

F 12:30pm-2:30pm/CC-114

13 mtgs: 10/11 - 1/24 (No class 11/29, 12/20, 12/27)

Instructor: Mark Croatti



SENIOR GLOBETROTTING

All trips leave from the library parking lot. Please note: Trip cancellations must be made no later than 36 hours in advance for a refund. Refunds will be awarded according to the provisions in the City of Greenbelt Resolution No. 65. A 10% processing fee will be assessed if money is refunded. Refunds are NOT guaranteed. Contact: Rebekah Sutfin, 240-542-2056, rsutfin@greenbeltmd.gov.

SHOPPING TRIPS

Transportation to and from the malls. Lunch is on your own. Green Ridge House residents will be picked up at Green Ridge House.

ANNAPOLIS MALL 478201-1

Th 10/10; 9:30am-3:00pm
R: \$3, NR: \$4

WALMART/\$1 STORE 478201-2

Th 11/14; 9:30am-3:00pm
R: \$3, NR: \$4

COLUMBIA MALL 478201-3

Th 12/12; 9:30am-3:00pm
R: \$3, NR: \$4

WEGMAN'S 478201-4

Th 1/9; 9:30am-3:00pm
R: \$3, NR: \$4

THE BODYGUARD @ TOBY'S 478204-1 Ages 60+

Based on the Warner Brothers film starring Whitney Houston and Kevin Costner, The Bodyguard features a score filled with Ms. Houston's greatest hits including: "I Will Always Love You," "I'm Every Woman," "Saving All My Love," "How Will I Know," "I Wanna Dance With Somebody," "So Emotional," "One Moment in Time"...the list of hit songs goes on and on! Former Secret Service agent Frank Farmer is hired to protect superstar Rachel Marron from an unknown stalker. Each expects to be in charge, what they don't expect is to fall in love.

W 9/18; 9:45am-4:00pm
R: \$70, NR: \$85

Ages 60+

SUNFEST 478203-1

Travel to Ocean City via charter bus and enjoy Sunfest! Lots of crafts, entertainment, and food will be available. Lunch and dinner are on your own at Sunfest.

Th 9/19; 8:30am-7:30pm
R: \$40, NR: \$50

Ages 60+



A CHRISTMAS STORY @ TOBY'S 478205-1 Ages 60+

It's the holiday season in 1940s Indiana and bespectacled Ralphie Parker is on a quest for the Holy Grail of Christmas gifts! (You'll shoot your eye out kid!) An infamous leg lamp, pink bunny PJ's and a triple dog dare are just a few of the distractions that stand between Ralphie and his Christmas wish. With a terrific score by Pasek and Paul (Dear Evan Hansen, La La Land, The Greatest Showman) A Christmas Story, The Musical brings this hilarious classic movie to life, LIVE on stage!

W 12/4; 9:45am-4:00pm
R: \$70, NR: \$85

**Stayed tuned for upcoming
Apple Picking trip this Fall!**

Greenbelt Aquatic & Fitness Center

101 Centerway, 301-397-2204, www.greenbeltmd.gov/GAFC



HOURS

Monday - Friday 6:00am-10:00pm;
Saturday & Sunday 8:00am-9:00pm

DAILY ADMISSION RATES:

	Resident	Non-Resident
Youth (1-13 yrs)	\$3.00	\$4.25
Young Adult (14-17 yrs)	\$4.00	\$5.25
Adult (18-59 yrs)	\$5.00	\$6.25
Senior (60+)	\$3.75	\$4.50

- Children 11 and under entering the pool must be within sight and accompanied by a responsible person 16 years of age or older in appropriate swim attire (children 12 years of age and over are allowed to enter by themselves).
- Non-swimmers and all children age five (5) and under in the water must be directly supervised by a responsible person 16 years of age or older in appropriate swim attire.

IMPORTANT REMINDERS:

- The above hours are subject to change.
- All members are required to scan their membership card to gain entry into the Aquatic & Fitness Center. Please see guidelines on page 30 on becoming a member.
- Swimming must cease, and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool that are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during swim team practices, when one (1) open swim lane is available.
- The facility closes at 8:00pm the third Sunday of every month for staff training.
- The hot tub closes at noon every other Wednesday for regular cleaning, will reopen Thursday at 6:00am.
- All passes are non-refundable and non-transferable.

BECOMING A MEMBER

Becoming a member is easy – just follow these steps:

1. Stop by the Greenbelt Aquatic & Fitness Center front desk and ask to become a member.
2. Staff will enter your information into our computer system.
3. Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of: a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency at a valid Greenbelt address, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

12 MONTH MEMBERSHIPS (Valid for 12 months from the date of purchase)		
	Resident	Non-Resident
Youth (1-13 yrs.)	\$119	\$256
Young Adult (14-17 yrs.)	\$187	\$321
Adult (18-59 yrs.)	\$256	\$386
Senior (60+ yrs.)	\$132	\$270
Single Parent Family	\$376	\$642
Family	\$529	\$691
Corporate	\$1063	\$1063

9 MONTH MEMBERSHIPS (Valid for 9 months from date of purchase; excludes summer season)		
	Resident	Non-Resident
Youth (up to 13 yrs.)	\$90	\$202
Young Adult (14-17 yrs.)	\$144	\$253
Adult (18-59 yrs.)	\$202	\$306
Senior (60+ yrs.)	\$97	\$216
Single Parent Family	\$289	\$506
Family	\$408	\$586
Corporate	N/A	N/A

Youth Membership: 1-13 years of age

Young Adult Membership: 14-17 years of age

Adult Membership: 18-59 years of age

Senior Membership: 60 years of age and older

Single Parent Family Membership: **One adult & single dependents, under the age of 21**, residing permanently in same household.

Family Membership: **Two adults & single dependents, under the age of 21**, residing permanently in same household.

Residents: Those residing within the corporate limits of Greenbelt who pay City taxes and who are entitled to vote in City elections. *(Greenbelt Road and 7000-7599 Hanover Parkway are not considered resident addresses.)*

Non-Residents: Those residing outside the corporate limits of Greenbelt.

REGISTRATION DATES

Register between 6:00am and 10:00pm for all dates noted below.

Please do not pre-write checks. All classes require registration unless otherwise noted.

CLASS RATES DO NOT INCLUDE: USE of FITNESS WING, POOLS, or BEFORE or AFTER CLASS TIME.

Youth Swim Lessons

Pre-Evaluation, Saturday, September 14

Saturday Session: September 28 – November 16

Home School Session: September 27 – November 15

Passholders & Residents register: September 16

Open Registration: September 18

Adult Swim Lessons

Session 1: September 10 – October 8

(No Classes: 10/1)

Passholders & Residents register: August 19

Open Registration: August 21

Session 2: October 15 – November 7

Passholders & Residents register: September 30

Open Registration: October 2

Session 3: November 19 – December 17

(No Class 11/28)

Passholders & Residents register: November 12

Open Registration: November 14

Water Exercise Classes

Session 1: September 4 – October 4

(No Classes: 9/30 & 10/1)

Passholders & Residents register: August 19

Open Registration: August 22

Session 2: October 14 – November 15

(No Classes: 11/11)

Passholders & Residents register: September 30

Open Registration: October 2

Session 3: November 19 – December 17

(No class 11/28 & 11/29)

Passholders & Residents register: November 12

Open Registration: November 14

PH= Pass Holder
RNPH=Resident Non Pass Holder
NRNPH=Non Resident, Non Pass Holder

Contact for all GAFC Classes:
301-397-2204

YOUTH SWIM LESSONS

AQUA TOTS I 421116-A **Ages 6 months-2**

Parents learn how to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children receive an introduction to basic skills that lay a foundation for learning to swim. In addition, parents are introduced to several water safety topics. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

Sa 8:15am-8:45am
8 mtgs: 9/28 - 11/16
PH: \$55, RNPH: \$61, NRNPH: \$68

AQUA TOTS II 421117-A **Ages 2-4**

Parents and children improve on the skills from Aqua Tots I and learn more advanced skills. Water safety topics are also included in this level. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

Sa 8:15am-8:45am
8 mtgs: 9/28 - 11/16
PH: \$55, RNPH: \$61, NRNPH: \$68

PRESCHOOL BEGINNER I **Ages 3-5**

Become comfortable in the water. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

PH: \$55, RNPH: \$61, NRNPH: \$68
421118-A Sa 9:00am-9:30am
8 mtgs: 9/28 - 11/16
421118-B Sa 9:45am-10:15am
8 mtgs: 9/28 - 11/16
421118-C Sa 10:30am-11:00am
8 mtgs: 9/28 - 11/16
421118-D Sa 11:15am-11:45am
8 mtgs: 9/28 - 11/16

BEGINNER I **Ages 5-10**
 Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

PH: \$55, RNPH: \$61, NRNPH: \$68
431120-A Sa 9:00am-9:30am
8 mtgs: 9/28 - 11/16
431120-B Sa 9:45am-10:15am
8 mtgs: 9/28 - 11/16
431120-C Sa 10:30am-11:00am
8 mtgs: 9/28 - 11/16
431120-D Sa 11:15am-11:45am
8 mtgs: 9/28 - 11/16

BEGINNER II **Ages 5-12**

Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

PH: \$55, RNPH: \$61, NRNPH: \$68
431121-A Sa 9:00am-9:30am
8 mtgs: 9/28 - 11/16
431121-B Sa 9:45am-10:15am
8 mtgs: 9/28 - 11/16
431121-C Sa 10:30am-11:00am
8 mtgs: 9/28 - 11/16
431121-D Sa 11:15am-11:45am
8 mtgs: 9/28 - 11/16

BEGINNER III **Ages 5-15**

Improve basic swimming skills. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke, and treading water. Scissor kick and dolphin kick will be introduced. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.

PH: \$55, RNPH: \$61, NRNPH: \$68
431122-A Sa 9:00am-9:30am
8 mtgs: 9/28 - 11/16
431122-B Sa 9:45am-10:15am
8 mtgs: 9/28 - 11/16
431122-C Sa 10:30am-11:00am
8 mtgs: 9/28 - 11/16
431122-D Sa 11:15am-11:45am
8 mtgs: 9/28 - 11/16

ADVANCED BEGINNER

Ages 5-15

Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly, and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

PH: \$55, RNPH: \$61, NRNPH: \$68

431123-A Sa 9:00am-9:30am

8 mtgs: 9/28 - 11/16

431123-C Sa 10:30am-11:00am

8 mtgs: 9/28 - 11/16

INTERMEDIATE 431124-B

Ages 5-15

Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisites: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and 1 minute treading water.

PH: \$55, RNPH: \$61, NRNPH: \$68

431124-B Sa 9:45am-10:15am

8 mtgs: 8 mtgs: 9/28 - 11/16

431124-D Sa 11:15am-11:55am

8 mtgs: 8 mtgs: 9/28 - 11/16

HOMESCHOOL SWIM LESSONS

BEG.I, HOMESCHOOL 431134-A

Ages 4-12

This program is designed for children who are home schooled. Beginner I swimming level.

F 11:00am-11:30am

8 mtgs: 9/27 - 11/15

PH: \$55, RNPH: \$61, NRNPH: \$68

BEG.II HOMESCHOOL 431137-B

Ages 5-17

This program is designed for children who are home schooled, Beginner II swimming levels.

F 11:45am-12:15pm

8 mtgs: 9/27 - 11/15

PH: \$55, RNPH: \$61, NRNPH: \$68

BEG.III HOMESCHOOL 431138-C

Ages 5-17

This program is designed for children who are home schooled, Beginner III swimming levels.

F 12:30pm-1:00pm

8 mtgs: 9/27 - 11/15

PH: \$55, RNPH: \$61, NRNPH: \$68

ADV.BEG.,INT.&SWM., HOMESCHOOL 431136-D

Ages 6-17

This program is designed for children who are home schooled. Advanced Beginner, Intermediate, and Swimmer swimming levels.

F 1:15pm-1:45pm

8 mtgs: 9/27 - 11/15

PH: \$55, RNPH: \$61, NRNPH: \$68

ADULT SWIM LESSONS

BEGINNER SWIM LESSONS

Ages 14+

"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

PH: \$60, RNPH: \$68, NRNPH: \$75

451192-1A Tu/Th 7:00pm-7:45pm

8 mtgs: 9/10 - 10/8 (No class 10/1)

451192-2B Tu/Th 7:50pm-8:35pm

8 mtgs: 10/15 - 11/7

451192-3C Tu/Th 8:40pm-9:25pm

8 mtgs: 11/19 - 12/17 (No class 11/28)

ADVANCED BEGINNER SWIM LESSONS

Ages 14+

Designed for adults wishing to improve basic swimming skills. Students will learn proper breathing techniques for front crawl and breaststroke, and begin to learn more advanced strokes and treading water techniques. Prerequisites: Basic knowledge of front crawl, back crawl, and breaststroke, and ability to swim half a length of the pool and be fairly independent in deep water.

PH: \$60, RNPH: \$68, NRNPH: \$75

451193-1B Tu/Th 7:50pm-8:30pm

8 mtgs: 9/10 - 10/8 (No class 10/1)

451193-2C Tu/Th 8:40pm-9:25pm

8 mtgs: 10/15 - 11/7

451193-3A Tu/Th 7:00pm-7:45pm

8 mtgs: 11/19 - 12/17 (No class 11/28)

INTERMEDIATE SWIM LESSON

Ages 14+

"Improving Skills and Swimming Strokes" - Learn skills and concepts needed to stay safe in and around water while improving proficiency in basic aquatic skills and the six basic swimming strokes. Prerequisites: Participants must be comfortable in chest-deep water, able to put their face in the water, and able to perform strokes that can be recognized as front crawl, breaststroke, and back crawl, each for 15 yards.

PH: \$60, RNPH: \$68, NRNPH: \$75

451194-1C Tu/Th 8:40pm-9:25pm

8 mtgs: 9/10 - 10/8 (No class 10/1)

451194-2A Tu/Th 7:00pm-7:45pm

8 mtgs: 10/15 - 11/7

451194-3B Tu/Th 7:50pm-8:35pm

8 mtgs: 11/19 - 12/17 (No class 11/28)

SWIMMER WORKOUTS 451195-1A

Ages 14+

"Swimming for Fitness" - Learn skills and concepts needed to stay safe in and around water while refining front crawl, back crawl, and breaststroke strokes and turns and building endurance. Prerequisites: Participants must be able to swim 25yd refined front crawl, 15yd refined breaststroke, and 25yd refined back crawl.

M 7:45-8:30pm |

7 mtgs: 9/9 - 10/28 (No class 9/30)

PH: \$60, RNPH: \$68, NRNPH: \$75

SENIOR SWIM

SENIOR SWIM 471101-1

AGES 60-102

Water exercises that emphasize stretching, strengthening and toning for the swimmer and non-swimmer. FREE to pass holders, resident non-passholders pay \$1.50 each visit; non-resident, non-passholders pay \$2.00 each visit. Registration is REQUIRED.

M 11:15am-12:00pm

14 mtgs: 9/9 - 12/16 (No class 11/11)

Instructor: Marsha Voigt

WATER EXERCISE

AQUA ZUMBA

Ages 16+

Known as the Zumba "pool party," the Aqua Zumba program gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

451172-A1 M/W 6:00pm-6:45pm

8 mtgs: 9/4 - 10/2 (No class 9/30)

PH: \$45, RNPH: \$50, NRNPH: \$55

451172-A2 M/W 6:00pm-6:45pm

9 mtgs: 10/14 - 11/13 (No class 11/11)

PH: \$50, RNPH: \$55, NRNPH: \$60

451172-A3 M/W 6:00pm-6:45pm

8 mtgs: 11/25 - 12/18

PH: \$45, RNPH: \$50, NRNPH: \$55

DEEP WATER AEROBICS

Ages 16+

A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a floatation belt.

SESSION 1

451170-1A M/W 7:00pm-7:45pm

8 mtgs: 9/4 - 10/2 (No class 9/30)

PH: \$40, RNPH: \$45, NRNPH: \$50

451170-1B Tu/Th 6:00pm-6:45pm

9 mtgs: 9/3 - 10/3 (No class 10/1)

PH: \$45, RNPH: \$50, NRNPH: \$55

451170-A M/W 1:00pm-1:45pm

8 mtgs: 9/4 - 10/2 (No class 9/30)

PH: \$40, RNPH: \$45, NRNPH: \$50

SESSION 2

451170-2A M/W 7:00pm-7:45pm

9 mtgs: 10/14 - 11/13 (No class 11/11)

PH: \$45, RNPH: \$50, NRNPH: \$55

451170-2B Tu/Th 6:00pm-6:45pm

10 mtgs: 10/15 - 11/14

PH: \$50, RNPH: \$55, NRNPH: \$60

451170-B M/W 1:00pm-1:45pm

9 mtgs: 10/14 - 11/13 (No class 11/11)

PH: \$45, RNPH: \$50, NRNPH: \$55

SESSION 3

451170-3A M/W 7:00pm-7:45pm

8 mtgs: 11/25 - 12/18

PH: \$40, RNPH: \$45, NRNPH: \$50

451170-3B Tu/Th 6:00pm-6:45pm

7 mtgs: 11/26 - 12/19 (No class 11/28)

PH: \$35, RNPH: \$40, NRNPH: \$45

451170-C M/W 1:00pm-1:45pm

8 mtgs: 11/25 - 12/18 (No class 11/29)

PH: \$40, RNPH: \$45, NRNPH: \$50

AQUACIZE Ages 16+

Emphasizes aerobics, stretching and toning exercises for the swimmer and non-swimmer. Aquacize is designed to condition the heart and lungs and to improve muscle tone while burning calories. Muscle conditioning, use of bottles and spa bells are included in the class.

SESSION 1

451171-1A M/W/F 8:00am-8:45am

13 mtgs: 9/4 - 10/4 (No class 9/30)

PH: \$65, RNPH: \$70, NRNPH: \$75

451171-1B M/W/F 10:00am-10:45am

13 mtgs: 9/4 - 10/4 (No class 9/30)

PH: \$65, RNPH: \$70, NRNPH: \$75

451171-1D Tu,Th 7:45am-8:30am

9 mtgs: 9/3 - 10/3 (No class 10/1)

PH: \$45, RNPH: \$50, NRNPH: \$55

SESSION 2

451171-2A M/W/F 8:00am-8:45am

13 mtgs: 10/14 - 11/13

PH: \$65, RNPH: \$70, NRNPH: \$75

451171-2B M/W/F 10:00am-10:45am

13 mtgs: 10/14 - 11/13

PH: \$65, RNPH: \$70, NRNPH: \$75

451171-2D Tu,Th 7:45am-8:30am

10 mtgs: 10/15 - 11/14

PH: \$50, RNPH: \$55, NRNPH: \$60

SESSION 3

451171-3A M/W/F 8:00am-8:45am

11 mtgs: 11/25 - 12/20 (No class 11/29)

PH: \$55, RNPH: \$60, NRNPH: \$65

451171-3B M/W/F 10:00am-10:45am

11 mtgs: 11/25 - 12/20 (No class 11/29)

PH: \$55, RNPH: \$60, NRNPH: \$65

451171-3D Tu,Th 7:45am-8:30am

7 mtgs: 11/26 - 12/19 No class 11/28

PH: \$35, RNPH: \$40, NRNPH: \$45



FIRST AID & CPR

FIRST AID/CPR/AED

Ages 13+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

These classes follow the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes one week prior to start date. Class prices below include the \$27 certification fee charge for the American Red Cross online portion of the class.

You may register at <http://redcrosslearning.com/auth/login>. Once completed, you will be issued a certificate which you will need to bring to class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.

PH: \$60, RNPH: \$68, NRNPH: \$75

457177-1 F 9/13; 6:00pm-8:00pm

457177-2 F 10/11; 6:00pm-8:00pm

457177-3 F 11/8; 6:00pm-8:00pm

457177-4 F 12/13; 6:00pm-8:00pm

GAFC SPECIAL HOURS

LABOR DAY

Monday, September 2 8:00am-8:00pm

VETERANS DAY

Monday, November 11 6:00am-10:00pm

THANKSGIVING DAY

Thursday, November 28 8:00am-4:00pm

CHRISTMAS EVE

Tuesday, December 24 6:00am-5:00pm

CHRISTMAS DAY

Wednesday, December 25 12:00pm-4:00pm

NEW YEARS EVE

Tuesday, December 31 6:00am-5:00pm

NEW YEARS DAY

Wednesday, January 1 12:00pm-4:00pm

LIFEGUARDING

LIFEGUARDING PRE-TEST

Ages 15+

In order to qualify for the Lifeguarding class participants must complete all of the following: -Swim 300 yards continuously demonstrating breath control and rhythmic breathing -Tread water for 2 minutes using only the legs -Complete a timed event within 1 minute, 40 seconds (starting in the water, swim 20 yards, surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object, surface and swim 20 yards on back with both hands holding object, exit the water without using a ladder or steps). Participants may drop in at any time during the scheduled times to complete the 10 to 20-minute test. Swim suits are required.

PH: \$5, RNPH: \$5, NRNPH: \$5

457180-1 Sa 9/14; 12:00pm-3:00pm

457180-2 Sa 9/21; 9:00am-3:00pm

457180-3 F 9/27; 9:00am-3:00pm

457180-A Sa 11/2; 12:00pm-3:00pm

457180-B Sa 11/9; 12:00pm-3:00pm

457180-C F 11/15; 9:00am-3:00pm

LIFEGUARDING

Ages 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more. Participants must pass Lifeguarding Pre-Test prior to registering.

PH: \$160, RNPH: \$176, NRNPH: \$200

457181-1 Su 9:00am-4:30pm 4 mtgs: 10/6 - 10/27

457181-2 Su 9:00am-4:30pm 4 mtgs: 11/24 - 12/15



LIFEGUARDING REVIEW Ages 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. Those who are currently certified (or those that have certifications expired by no more than 12 months) as a Lifeguard may take this review class for recertification. Participants are expected to bring their own breathing barrier. Participants will review topics before given an opportunity to complete all requirements for the Lifeguarding class. Pre-Test will be conducted during first class.

457182-1 Su 9:00am-4:30pm

2 mtgs: 9/22 - 9/29

PH: \$100, RNPH: \$110, NRNPH: \$125



GREENBELT COMMUNITY CENTER

15 Crescent Road 301-397-2208

Operating Hours: Monday - Saturday 9:00am-10:00pm, Sunday 9:00am-7:00pm

This 55,000 square foot accessible historic facility serves as an integral and active element of the community. Attributes include a gymnasium with stage, multipurpose room, classrooms, dance studio, ceramic studios and more. It is home to the Greenbelt Co-op Nursery School, Greenbelt News Review, Greenbelt Adult Care Center, Greenbelt Museum, Artists in Residence studios, Greenbelt Access Television and the City's Planning and Community Development department.

There are many program, activity and special event opportunities along with rooms available for rent. Please visit us at www.greenbeltmd.gov/communitycenter.

The Greenbelt Community Center is the perfect place for your next family gathering! Ideal for birthday parties, baby showers, family reunions or celebrations. The center is an alcohol free facility.

Contact LaToya Fisher at 240-542-2054 or lfisher@greenbeltmd.gov.

GREENBELT YOUTH CENTER AND SPRINGHILL LAKE RECREATION CENTER

Youth Center, 99 Centerway 301-397-2200

Monday - Friday 3:00pm-9:45pm

Saturday 9:00am-9:45pm, Sunday 1:00pm-9:45pm

**Springhill Lake Recreation Center,
6101 Cherrywood Lane 301-397-2212**

Monday - Friday 2:00pm-9:45pm

Saturdays 9:00am-9:45pm, Sundays 1:00pm-9:45pm



The Youth Center and the Springhill Lake Recreation Center are open to the public 365 days a year. A Recreation Center ID is required for entry to each facility. They may be purchased at each facility. You must show proof of residency at the time of purchase. All those age 17 and under must have your parent or guardian sign the Recreation Center ID Application prior to the card being issued.

These facilities offer a wide variety of drop-in activities for teens. Each facility has a game room with ping pong tables, foosball, board games and television. In addition, each facility has a gymnasium that offers opportunities for drop-in basketball and other games and activities.

GYM RENTALS

The Greenbelt Youth Center and the Springhill Lake Recreation Center gymnasiums are available for rent to play basketball, Monday - Saturday 6:00am-8:00am and 10:00pm-12:00am. On Sundays the gym may be rented from 10:00pm-12:00am. The fees are based on an hourly rate and are \$45 for residents and \$55 for non-residents. Showers and lockers are only available at the Youth Center.

FACILITY RENTALS

Greenbelt Youth Center: Conference Room (capacity 15) and the Multipurpose Room (capacity 40)

Springhill Lake Recreation Center: Clubhouse (capacity 20) and the Classroom (capacity 15).



COMPUTER LAB AT SPRINGHILL LAKE RECREATION CENTER

The lab features 10 Dell laptops with Microsoft Office 2010.

Open lab hours:

Monday - Friday from 3:00pm-7:00pm.

Ages 8-13: 3:00pm-5:00pm,

Ages 14+: 5:00pm-7:00pm

The lab is free for recreation ID holders.

Financial Assistance (Greenbelt Residents Only)

Contact: Rebekah Sutfin, rsutfin@greenbeltmd.gov, 240-542-2056

Financial Assistance for Greenbelt Recreation Programs

The City of Greenbelt, an inclusive community, recognizes the fact that some residents may require financial assistance in order to participate in certain recreational activities offered through Greenbelt Recreation. As a result, the Financial Assistance program was designed to assist eligible individuals and families to participate in our programs at a reduced fee. Only Greenbelt residents can apply and proof of Greenbelt residency is required.

The Financial Assistance Application will determine your eligibility for assistance. Regardless of your income, there are opportunities to participate.

Please apply online at greenbeltmd.gov/recreation or pick up an application in any Recreation facility.

A completed application and proper documentation are required for consideration.

Mary Purcell Geiger Scholarship Fund Arts and Senior Programs:

The Mary Purcell Geiger Scholarship Fund provides support for Greenbelt residents of any age who are interested in participating in Greenbelt Recreation visual arts, performing arts and senior programs. Assistance is available on a limited basis according to need. Individuals who have not received scholarship assistance during the current program year (July through June) will be given priority status in the awarding of support. Otherwise, assistance will be offered on a first-come, first-served basis.

Please note: Funds cannot be applied to the cost of Prince George's Community College (SAGE) classes, camps, courses offered by independent individuals and organizations, or Greenbelt Recreation programs costing less than the minimum required patron contribution. Applications are available at the Greenbelt Community Center.

Greenbelt Recreation

GREENBELT CITY COUNCIL

Emmett V. Jordan, Mayor, Judith "J" Davis, Mayor Pro-Tem, Colin Byrd, Leta M. Mach, Silke I. Pope, Edward V.J. Putens, Rodney M. Roberts

CITY MANAGER

Nicole Ard

GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact Bonita Anderson, City Clerk at 301-474-3870. Boards affiliated with Greenbelt Recreation include: Arts Advisory Board, Senior Citizens Advisory Committee, Park and Recreation Advisory Board and Youth Advisory Committee.

GREENBELT RECREATION ADMINISTRATIVE OFFICE, 99 Centerway, 301-397-2200

Joe McNeal, CPRP, Assistant Director of Operations
Greg Varda, CPRP, Assistant Director of Recreation Programs
Debbie Coulter, Administrative Coordinator
Cathy Pracht, Administrative Assistant

GREENBELT AQUATIC AND FITNESS CENTER

101 Centerway, 301-397-2204
Stephen Parks, AFO, Aquatics Supervisor
Cheryl Conrad, Aquatics Coordinator II
Cynthia Brown, Aquatics Coordinator
Caroline Soter, Administrative Assistant

SPRINGHILL LAKE RECREATION CENTER

6101 Cherrywood Lane, 301-397-2212

Brian Butler, Recreation Coordinator I
Frank Jones, III, Recreation Coordinator I

YOUTH CENTER, 99 Centerway, 301-397-2200

Anne Oudemans, CPRP, Recreation Supervisor
Andrew Phelan, CPRP, Sports and Recreation Coordinator II
Alison Longworth, CPRP, Recreation Coordinator II

GREENBELT COMMUNITY CENTER

15 Crescent Road, 301-397-2208

Di Quynn Reno, CPRP, Community Center Supervisor
Chris Cherry, Performing Arts Program Coordinator II
LaToya Fisher, CPRP, Community Center Coordinator
Ruth Campbell, Administrative Assistant
Dawn Eberly, Administrative Assistant

ARTS PROGRAMS, 15 Crescent Road, 240-542-2057

Nicole DeWald, Arts Supervisor

THERAPEUTIC RECREATION PROGRAMS

SENIOR & INCLUSION PROGRAMS

15 Crescent Road, 240-542-2056

Rebekah Sutfin, CPRP, Therapeutic Recreation Supervisor

SCHROM HILLS PARK

6915 Hanover Parkway, 301-397-2200

GREENBELT RECREATION RULES OF CONDUCT



Greenbelt Recreation is committed to providing quality recreation and educational opportunities in a healthy, positive and enjoyable atmosphere. Our most important goal is to provide a pleasurable and secure environment for all participants. To fulfill this commitment, Greenbelt Recreation has established Rules of Conduct. By signing the waiver on the Greenbelt Recreation registration form (page 39), all class participants agree to abide by these Rules of Conduct.

Individuals may lose the opportunity to participate in programs and services, including the use of all center facilities, subject to approval of the Assistant Director of Greenbelt Recreation, for any of the following:

- Failure to abide by any of the rules established by Greenbelt Recreation
- Failure to comply with the direction given by center staff in the lawful performance of their duties;
- Misuse, destruction, damage or theft of Greenbelt Recreation property or the property of others;
- Indecent or obscene language or conduct, including use of profanity;
- Any action which, in the judgment of Greenbelt Recreation staff, places the health, safety or welfare of any person at risk. This includes but is not limited

to: physical and/or verbal abuse, intimidation, coercion, inciting others to violence or disruption, sexual harassment, possession, use or distribution of weapons, instruments used as weapons, fireworks or explosives;

- Possession, use or distribution of alcohol, illegal drugs or controlled substances; and
- Any action that constitutes a violation of local, state or federal law.

CONSEQUENCES

Misconduct by participants will result in temporary or permanent removal from the program or facility. Refund of program fees will not be issued when removal from the program or facility is a result of non-compliance with the Rules of Conduct.

If participant is under the age of 18, a parent will be notified either face-to-face at pick up time or by written correspondence sent home. In the event that a child must be removed from a program or facility, the parent and/or guardian will be contacted and required to pick up the child immediately. Removal from a Greenbelt Recreation program or facility will extend to all Greenbelt Recreation programs and facilities.

WEATHER & INFORMATION HOTLINE: 301-474-0646

Call the Greenbelt Recreation Weather and Information Hotline for updates on activities, classes, facilities, and programs when there is inclement weather or other emergency.



REGISTRATION PROCEDURES

Registration forms will be accepted **beginning** on the registration dates listed below.

To provide equal opportunity to all registrants, **EARLY in-person, email, fax or mail-in registrations WILL NOT BE ACCEPTED.**

Resident Registration begins on August 19, 2019

Non-Resident Registration begins on August 26, 2019

For **Aquatic and Fitness Center** course registrations and/or memberships, please reference page 30.

Payments are accepted in the form of check, money order, and credit card. Cash is also accepted in-person during Community Center or Youth Center Business Office hours; Monday-Friday 9:00am-4:30pm.

ONLINE REGISTRATION

- Visit www.greenbeltmd.gov/recreation, and follow the Online Registration link.
- Online registration is available beginning at 12:00am on the registration dates.
- If you are not a current Greenbelt Recreation customer, please call 301-397-2208 or 301-397-2200 to request an account. Please see information about city residency.
- There are some classes where online registration is NOT permitted. Please see individual class listings for more information.

IN-PERSON REGISTRATION

- In-person registration is available on the registration dates during the following times.
- Community Center, 15 Crescent Road, Monday-Saturday, 9:00am-9:45pm; Sunday 9:00am-6:45pm
- Youth Center, 99 Centerway, Monday-Saturday, 9:00am-9:45pm; Sunday 1:00pm-9:45pm

EMAIL & FAX REGISTRATION

- Fax and email registration will be accepted after 12:00am on the registration dates.
- Community Center, rcampbell@greenbeltmd.gov, fax: 301-220-0561.
- Youth Center, cpracht@greenbeltmd.gov, fax: 301-397-2203.

MAIL-IN REGISTRATION

- Mail-in registration will be accepted beginning on the registration dates.
- Greenbelt Recreation, 25 Crescent Road, Greenbelt, Maryland 20770

CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 18 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

CLASS CANCELLATIONS

Classes will not be held on the following date: **September 2- Labor Day; November 11- Veteran's Day (observed); November 28 & 29 (Thanksgiving).** Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course *when possible*. Pre-school and children's classes scheduled before 5:00pm *will not meet* on **some P.G. County school holidays**. When Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call Greenbelt Recreation's Weather & Information Hotline at 301-474-0646 for updated class information.

COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

CREDITS/REFUNDS

If an activity is cancelled by Greenbelt Recreation, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum \$2.50) processing fee and will be pro-rated to reflect the number of meetings attended by the participant.

INCLUSION

Inclusion is people with and without disabilities participating in recreation together! Greenbelt Recreation offers full and active participation for individuals with disabilities. We provide individuals with reasonable accommodations that will enhance their experience. For more information contact Rebekah Sutfin, rsutfin@greenbeltmd.gov, or 240-542-2056.

CLASS SCHEDULE

Classes will begin on or after the **September 9, 2019**. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

LOCATION CODES

BAP - Buddy Attick Park
 BF - Braden Field
 BFTC - Braden Field Tennis Courts
 CC - Greenbelt Community Center
 GAFC - Greenbelt Aquatic & Fitness Center
 GES - Greenbelt Elementary School
 GRHS - Green Ridge House
 SHLES - Springhill Lake Elementary School
 SHLRC - Springhill Lake Recreation Center
 SHP - Schrom Hills Park
 YC - Greenbelt Youth Center

GREENBELT ACTIVITY REGISTRATION FORM

(PLEASE PRINT)

Adult Participant/Parent/Guardian _____ Preferred Name _____

Address _____

Please check here if this is a new address.

City _____ State _____ Zip _____

Phone (home) _____ (work) _____ (cell) _____

E-mail _____ *Receipts are sent via e-mail whenever possible.*

Emergency Contact _____ Emergency Phone _____

A modification due to a disability is needed for an individual below to participate in this program. YES __ NO __
 If yes, please complete a Special Assistance Request Form provided by Greenbelt Recreation or download it from www.greenbeltmd.gov/special_assistance.

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: <i>City of Greenbelt</i>				TOTAL	

Please charge my (please circle): VISA MC AM EX DIS

Expiration Date: _____ Credit Card #: _____ CVV _____

Signature: _____ Date: _____

PLEASE READ THE FOLLOWING CAREFULLY AND SIGN.

INSURANCE: I hereby inform the City of Greenbelt and Greenbelt Recreation that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents or injuries to the above named participant(s) received during any phase of this program.

RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and Greenbelt Recreation by reason of, or arising out of injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.

PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs and videos of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. No personal information other than the participant's first name will be released under any circumstances.

RULES OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by Greenbelt Recreation's Rules of Conduct as outlined on page 37 of this brochure.

X _____ **X** _____
 Adult Participant or Guardian's Signature Date Additional Adult Participant's Signature Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.

REGISTRATION INFORMATION

CLUBS AND CONTACTS

- Alight Dance Theater**
www.alightdancetheater.org
- Astronomical Society of Greenbelt**
Martha Gay, 301-474-3305
- Boy Scout Troop 746**
Lenny Wertz, 301-864-0254
- Boys to Men Mentoring Network of Greater Washington**
Walter Augustine,
waugustine@eicorp.net
- Center for Dynamic Community Governance, Inc**
Aileen Kroll, 202-644-1129
- Chesapeake Education, Arts and Research Society (CHEARS)**
Carolyn Lambright-Davis,
lambrightdavis@yahoo.com,
301-977-2312, www.chears.org
- Citizens to Conserve and Restore Indian Creek**
Lutz Rastaetter, 301-286-1085
- County Informational & Referral Services for the Aging** 301-265-8450
- Cub Scout Pack 202**
Candice Shipp, 301-775-5152
GreenbeltCubScoutsPack202@
yahoo.com
- Eleanor and Franklin Roosevelt Democratic Club**
www.rooseveltclub.com
- Friends of the Greenbelt Library**
Joyce Griffin, President,
240-508-9162
- Friends of the Greenbelt Museum**
Megan Searing Young,
301-507-6582
- Friends of Greenbelt Theatre**
Caitlin McGrath,
hello@greenbelttheatre.org
- Friends of New Deal Café Arts**
LeAnn Irwin,
paxirwin@yahoo.com
- Friends of the Resource Advocate**
Kris White, 301-848-0914
- The GEMZ**
Adeola Ariyo, 301-437-8828
adeola@makeamegem.org
- Greenbelt Access Television (GATe)**
Phoebe McFarb, 301-507-6581
- Greenbelt American Legion Post 136**
Steven Messer, 301-345-0136
- Greenbelt Animal Shelter**
240-508-7533
- Greenbelt Arts Center** 301-441-8770
www.greenbeltartscenter.org
- Greenbelt Association for the Visual Arts** Ingrid Cowan Hass,
ingridcowanhass@larkov.de
- Greenbelt Babe Ruth**
Ian Gleason, 240-305-7458
ianerhs@terpmail.umd.edu
- Greenbelt Boys & Girls Club**
www.greenbeltbgc.org
- Greenbelt Branch, P. G. County Library**
301-345-5800
- Greenbelt CARES** 301-345-6660
- Greenbelt CERT (Citizen Emergency Response Team)** Ken Theodos
greenbeltcert@gmail.com
- Greenbelt Community Development Corp.** www.greenbeltcdc.org
- Greenbelt Community Foundation**
info@greenbeltfoundation.org,
240-745-4641
- Greenbelt Concert Band, Brass Choir and Wind Ensemble** Eli Zimet,
zimete@verizon.net,
301-977-2312
- Greenbelt Connection** 301-474-4100
- Greenbelt Dog Park Assoc.**
Marjorie Whitacre, 301-345-3791
- Greenbelt Farmers Market**
info@greenbeltfarmersmarket.org
- Greenbelt Girl Scouts**
Lori Davis, 1-800-834-1702,
www.gscnc.org
- Greenbelt Golden Age Club**
Marti Galvin, 301-908-0975
- Greenbelt Homeschoolers**
L'il Dan, dceldran@hotmail.com
240-645-3768
- Greenbelt Intergenerational Volunteer Exchange Service (GIVES)**
301-345-2597
- Greenbelt Labor Day Festival Committee** Linda Ivy, 301-675-0585
- Greenbelt Lions Club**
Harvey Hauptman, 301-908-5582
- Greenbelt Mamas and Papas**
Alyssa Sickel, 410-615-1402
- Greenbelt Municipal Swim Team**
www.greenbeltswimteam.com
- Greenbelt Museum**
301-507-6582 or 301-474-1936
- Greenbelt National Park and Campground**
301-344-3948
- Greenbelt Pottery Group**
Debra Suarez,
debra.suarez@gmail.com
(class/studio information:
240-542-2060)
- Greenbelt Pride**
Andrea Waters, 301-474-0294
- Greenbelt Rotary Club**
Louis Pope 301-441-1100
- Greenbelt Senior Softball**
George Harrison, 301-538-3636
- Greenbelt Soccer Alliance**
David Whiteman, 240-391-8598
www.greenbeltsoccer.org
- Greenbelt Tennis Association**
Valerie Pierce, 301-802-4336,
valpierce@verizon.net
- Greenbelt Toastmasters** 240-542-8625
www.greenbelt.toastmastersclubs.org
- Greenbelt Volksmarchers**
Yvonne Pennington, 301-431-6668
- Greenbelt Writers Group**
Barbara Ford, 301-441-8241
- Greenbelt Youth Baseball**
greenbeltyouthbaseball.siplay.com
- Greenbelt Youth Double Dutch City Stars** Kim Bradshaw, 301-503-6962
- Greenbriar Community Center,**
301-441-1096
- Green Ridge House** 301-474-7595
- Hunting Ridge Community Center**
301-345-1777
- Miss Greenbelt Scholarship Organization**
Devin Fendlay, 240-838-9996,
devinfendlay@hotmail.com
- Maryland-National Capital Park and Planning Commission**
301-699-2255
- Maryland 4-H Youth Development**
Karna Thompson, 301-868-9366
- Patuxent Widowed Persons Service**
301-474-6892
- Potomac Pedalers Touring Club**
Bill Clarke, 301-474-7280
- Transit Riders United of Greenbelt (Tru-G)** Stephen Holland, 240-485-4793
- Well-Wishers for the Animals of the Greenbelt Shelter (WAGS)**
Michele Touchet, 301-602-8502
- Windsor Green Community Center**
301-345-4837



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