Winter Activity Guide 2023

Your Quarterly Guide to Greenbelt Recreation Activities, Classes, Facilities, and Programs

10 AM REGISTRATION

RESIDENTS
NOVEMBER 28

NON-RESIDENTS
DECEMBER 5

MAKE A SPLASH

SWIM REGISTRATION DATES ON PAGE 33

holiday events!

SEE PAGES 3-5

Painting by Charlene Clark

Interested in Charlene's art? Visit her at Sparkle Mart. Information on page 3.

GREENBELT MD

GREENBELT RECREATION

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GREENBELT RECREATION
fun • fitness • friendship

Visit us online at:
greenbeltmd.gov/recreation
facebook.com/greenbeltmdrecreation

RECOGNITION SPOTLIGHT

Each quarter, Greenbelt Recreation will highlight various classes, programs, facilities, events, & individuals in our RECognition Spotlight!

TEEN TAKEOVER AT YC

Teen Takeover is a chance for youth between the ages of 13-17 to experience some of the fun activities usually only offered in summer camp during the school year! Every Friday we will host an organized drop-in activity in the Youth Center Gym from 6:30 pm to 8:30 pm where we'll play games like dodgeball, handball, pillow polo, and many more of our favorite camp classics!

For information, please call (301) 397-2200 or visit us at www.greenbeltmd.gov/recreation

FUTSAL AT SHL

What is futsal? Futsal is the FIFA-recognized form of five-a-side game (4v4 plus a goalie), indoor soccer. It is played between two teams who each have five players on the pitch at any one time, with rolling substitutes and a smaller ball (size 3-4) than soccer that is harder and less bouncy. Futsal is played with touchline boundaries. There are no walls in play. This is the game that outdoor soccer players around the globe play when they are indoors to refine and maintain their control skills and touch. Every Friday we will host a drop-in program for families at Springhill Lake Recreation Center from 7 - 9 pm.

Special Events

Mark your calendar for these delightful winter events, which will be tailored to prevailing conditions. For more information, please visit the Greenbelt Virtual Recreation Center.

WINTER LIGHTS FESTIVAL

Cultures around the world celebrate winter holidays with festivals, feasting, dance, song, bonfires, and candles - all emphasizing the persistence of light. Like the bright stars that gleam in the winter sky, lights are burning brightly in the darkness, filling us with hope, joy, and anticipation for spring's return.

SPARKLE MART: GREENBELT'S JURIED ART AND CRAFT FAIR

Saturday, December 3 **10 am - 5 pm**
Sunday, December 4 **10 am - 4 pm**

Greenbelt Community Center. Masks recommended
Over 70 artisans on three floors! (ADA accessible).

Greenbelt Recreation's annual fair features original wares sold directly by local fine artists, artisans and authors. Find beautiful home decor, pottery, wood crafts, clothing, accessories, seasonings, soaps, books, toys and more. Greenbelt Museum and Old Greenbelt Theatre merchandise also available.

VOLUNTEER: Join the crew supporting this event! Adults and high-school students welcome. Shifts available Friday through Sunday. Information and sign-up.

See below for an Elves' Workshop on Sunday, 12/4 at the Youth Center for ages 6-12!

LIGHTS IN HISTORIC ROOSEVELT CENTER

Throughout December **FREE**

Roosevelt Center will sparkle with lights throughout December, with the trees and hedges that line the plaza decked in strings of white lights. Lenore Thomas' statue, Mother and Child, is beautifully illuminated after a careful cleaning by conservators. In the center of the plaza, a new live tree destined for planting elsewhere in the city does the seasonal honors in a coat of colored lights. Take a stroll through the center, or enjoy the lights as you drive past.

COMMUNITY TREE LIGHTING WITH SANTA

Friday, December 2 **7 pm**

Roosevelt Center, All Ages Welcome **FREE**

Roosevelt Center will sparkle with lights as Greenbelters gather to welcome Santa, who arrives on a fire truck to light the community tree. A musical performance by the Greenbelt Concert Band Brass Choir will herald Santa's grand entrance. Complimentary treats and hot chocolate will be provided by the Recreation Department. Immediately following the tree lighting, please come inside the Old Greenbelt Theatre and enjoy *"How the Grinch Stole Christmas" (1966).*

A bit of Greenbelt history: The first tree-lighting ceremony in Greenbelt was held in Roosevelt Center in 1938.

DECO THE HALLS: GREENBELT MUSEUM EVENING OPEN HOUSE

Friday, December 2 **7:30 - 9 pm**
10B Crescent Road **FREE**

Visit the Museum House at 10-B Crescent after the City's tree lighting to see Deco the Halls, an exhibit of art deco and vintage holiday decorations. Take a quick tour of the fully furnished original Greenbelt home, which glows at night. Then peruse the pop-up gift shop inside 10-A Crescent, freshly stocked with new holiday merchandise. House and gift shop open 7:30 pm - 9 pm.

For more information, call (301) 507-6582 or visit greenbeltmuseum.org.

SANTA'S VISIT

Sunday, December 4 **10 am - 12 pm**
***Greenbelt Youth Center,* Ages PRE-K+** **FREE**

Santa has fit time into his busy holiday schedule! All children will receive a **FREE** picture with Santa!

ELVES' WORKSHOP AGES 6-12

Sunday, December 4 **2 - 4 pm**
Greenbelt Youth Center

Pre-registration is required. Spend the afternoon with Santa's Elves creating holiday crafts and treats.

139502-1

ARTFUL AFTERNOONS FREE

Enjoy **FREE** all-ages art workshops at the Greenbelt Community Center!

Sundays, starting at 1 pm: January 8, February 5 and March 5.

Pre-registration recommended.

Sign up for the Artfans e-newsletter for program announcements. www.greenbeltmd.gov/arts

Follow us on Facebook: greenbeltrecreationarts.

GREENBELT CONCERT BAND'S HOLIDAY LIGHTS CONCERT

Sunday, December 11 **3 pm**
Greenbelt Community Center **FREE**

Come hear all your holiday favorites, played live by the members of your community band.

NORTH POLE CALLING FREE

Tuesday, December 13 - Thursday, December 15
PRE-K thru 2nd Grade **6 - 7:30 pm**

Santa and his helpers will make a special call to your home to check whether your kids are being naughty or nice. Complete the informational flyer available online on our Greenbelt Virtual Recreation Center for your child's opportunity to chat by phone.

2023 GREENBELT YOUTH MUSICAL
THE JOY GODS RETURN $5

Greenbelt Community Center, 15 Crescent Road
Dates Vary, See Below

A year after 9/11, actress Felicity Knox makes a surprise appearance as Iris, the messenger goddess of joy, on the Channel Four morning news. The stunt is meant to publicize the Broadway premiere of her late husband's retro-musical, ***The Joy Gods Return***, but it blossoms into a campaign of joy that lifts the spirits of the entire city. New York falls in love with Iris, and so does jaded newscaster Brian Banning, whose quest for an exposé nearly wrecks everything.

The Joy Gods Return celebrates the resurgence of joy after isolation and grief. It's about the return of laughter, music, color, glamour, life – and love. After the hiatus of the pandemic, it's exactly the show we need.

Tickets: $5; advance sales at (301) 397-2208, starting February 6.

Saturday, March 4, 7 pm
Sunday, March 5, 3 pm
Saturday, March 11, 2 pm and 7 pm

ART SHARES — FREE

Greenbelt Community Center, Room 113

Meet up with fellow artists for a constructive, informal discussion of everyone's work. For teens and adults. Bring 1-3 pieces in any medium. All experience levels welcome. **FREE!** Sign up online.

Sunday, December 11, 2 -3 pm
Friday, January 13, 7 - 8 pm
Sunday, February 12, 2 - 3 pm
Friday, March 17, 7 - 8 pm

ART AT THE CAFE

Join Mary Ann Lipovsky for a social painting event at the New Deal Café. All materials are included. Participants will be guided through the creation of their very own finished painting(s). January 15 make your own abstract or floral greeting cards or hangable painting using acrylic ink. February 12 create a watercolor painting of one of your favorite old Greenbelt locations. Snacks and drinks will be available to purchase at the café. This program is a collaboration of Greenbelt Recreation Arts and the New Deal Café.

157999-1: Su, 12 - 1 pm, NDC
1 mtg: 1/15

157999-2: Su, 12 - 1 pm, NDC
1 mtg: 2/12

R: $25, NR: $30

Instructor: Mary Ann Lipovsky

PARENTS NIGHT OUT — AGES 4-12

Greenbelt Community Center, Ground Floor East

An evening of fun for the kids, while you have the night to yourself! Participants will enjoy art activities and a pizza dinner. Drop off and pick-up anytime you wish during the three-hour session. Dinner will be served at 6:15 pm. All children must be potty-trained in order to participate, and they must have no cold or flu-like symptoms on the day of the program.

Household credits or refunds will be issued if advance notice is given (by 4 pm) that a child isn't feeling well.

Fridays, 5 - 8:30 pm

133222-1: January 20

133222-2: February 17

133222-3: March 17

Per child, per date: R: $20, NR: $25

YARN AND DARN

Knitters, crocheters, embroiderers, rughookers, seamsters et al, bring your portable fiber arts to the Community Center to chat and socialize while you work on your individual projects. This is a free social meet-up.

Participants must bring their own projects and materials. No registration required.

Wednesdays, 7 - 9 pm, CC-113

November 30 - March 29

Contact alarsen@greenbeltmd.gov for more information.

CELEBRATING BLACK HISTORY AND CULTURE

This February, the Black History and Culture Committee and the City of Greenbelt will provide programs to celebrate and highlight this year's theme: Anti-Blackness and Resistance in the Diaspora. All programs are free and open to the public. Look for more details on the Greenbelt Virtual Recreation Center in mid-January and plan to participate, learn, appreciate American history, and most of all to have fun!

ART EXHIBITIONS

Greenbelt Community Center Art Gallery
15 Crescent Road, Room 112
Open daily: M-F, 9 am - 9 pm; Sa, 9 am - 6 pm; Su, 9 am - 7 pm

Guests of all ages are invited to enjoy curated exhibits of contemporary art in many media by regional artists. Stop by and see what's on view!

PEGGY FOX: MORALITY TALES

November 7 - December 9

Fox paints on aluminum and photographs, using visual myth and metaphor to explore human folly and the difficulty we have in seeing ourselves. Some images incorporate theatrical, constructed spaces and mysterious figures, inviting the viewer to invent a narrative.

PHOTOGRAPHY BY CHIP IRVINE

December 19 - February 3

Irvine's images portray the figures, landscapes, and dream realities that can be found by closely observing the surfaces of the natural world. His prints capture the "life force" he finds in rocks, streams, puddles, leaves, and other organic places.

Preschool Programs

Preschool Contact

Contact: LaToya Fisher
(240) 542-2191 lifsher@greenbeltmd.gov

Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

GREENBELT LITTLES — AGES 3-5

Formerly known as Mom's Morning Out, we will offer a traditional preschool program that provides activities that encourage social development, offer beginning reading, math and science curriculum, develop fine and gross motor skills, and encourage lots of fun with peers. Children must be fully potty-trained before attending the program.

Please call (301) 397-2200 to receive an email or phone call from our Preschool Director for more details. **Student registration packet due before the first day of class.*

Ages 3-5
127503-1: Tu/Th 9 am - 12:30 pm / YC
42 mtgs: 1/3 - 6/1 *(no class 4/4, 4/6)*
R: $725, NR: $850

Ages 4-5
127503-2: M/W/F 9 am - 1:30 pm / YC
59 mtgs: 1/4 - 6/2 *(no class 1/16, 2/20, 4/3, 4/5, 4/7, 4/10, 5/29)*
R: $1355, NR: $1590

PARENTS NIGHT OUT

An evening of fun for kids ages 4-12 while you have the night to yourself! Participants will enjoy art activities and a pizza dinner. Monthly series.

See page 6 for more information.

PRESCHOOL ART EXPLORATION

Children and caregivers share the experience of creative exploration in a studio setting, while facilitating toddlers' socialization. Emphasis is on process, rather than the completion of a defined project. Families may enter and leave any time during the hour as children's attention spans will vary. This is a parent-child activity; caregivers must please enroll, attend and actively participate. When registering: section 1 is for children; section 2 is for caregivers. Participants may come on Wednesday or Thursday as fits their schedule. Participants who come to both days, please be aware that the same projects may be offered on Wednesdays and Thursdays.

Children Ages 1-5
123201-1: W/Th 9:30 - 10:30 am / CC-113
8 mtgs: 1/11 - 2/2
R: $45, NR: $55

123201-2: Caregivers 16+
(No charge, but registration required)

Dance

Contact: Angella Foster or Lisa Pellittiere
afoster@greenbeltmd.gov
lpellittiere@greenbeltmd.gov

Minimum age requirement must be met by first class.

STORYBOOK DANCE THEATER AGES 3-6

Through music and movement, students will develop their coordination, confidence and rhythmic skills while creating original dances inspired by our session theme. We will also make simple crafts to serve as props and set for our storybook dances. This session we will read a selection of Native American stories. Students should wear clothes that are easy to move in and bare feet; no jeans or costumes, please. Hair should be secured off of face and neck. In-studio parent observation day on the last day of class!

124204-1: M 4:30 - 5:15 pm / CC-10
12 mtgs: 1/30 - 5/15
(No class 2/20, 4/3, 4/10, 5/1)
R: $96, NR: $104
Instructor: Gabriela D'Andrea

124204-2: W 4:15 - 5 pm / CC-10
13 mtgs: 2/1 - 5/17 *(No class 3/8, 4/5, 5/3)*
R: $104, NR: $112
Instructor: Lisa Pellittiere

DANCE TOGETHER

Dance Together, a creative movement for ages 1-4 with accompanying adult, will return to the schedule in the spring!

Elementary & Middle School Programs

Health & Fitness

Contact: AJ Sesay
(240) 542-2198 asesay@greenbeltmd.gov

TKA KARATE YOUTH — AGES 5-12

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

132500-1: M 6:30-7:30 pm / YC-GYM
11 mtgs: 12/5 - 3/13
(No class 12/26, 1/2, 1/16, 2/20)
R: $66, NR: $73

Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

FAMILY ART WORKSHOP: LOVE BIRDS — AGES 6+

Celebrate love and community by making art and sharing it! Participants will be provided materials to create two mixed-media bird ornaments. All ages welcome. No experience necessary. Family members who wish to attend, but do not need additional materials may register for section 2 at no cost. At least one member of each group must register as a paying student in section 1.

133206-1: F 6 - 7 pm / CC-GFE
1 mtg: 2/10
R: $5, NR: $10

133206-2: Attending but no materials needed
(No charge, but registration required)

Instructor: Rachel Cross

PARENTS NIGHT OUT — AGES 4-12

An evening of fun for the kids, while you have the night to yourself! Participants will enjoy art activities and a pizza dinner. Drop off and pick-up anytime you wish during the three-hour session. Dinner will be served at 6:15 pm. All children must be potty-trained in order to participate, and they must have no cold or flu-like symptoms on the day of the program. *Household credits or refunds will be issued if advance notice is given (by 4 pm) that a child isn't feeling well.*

133222-1: F 5 - 8:30 pm / CC-GFE
1 mtg: 1/20
R: $20, NR: $25

133222-2: F 5 - 8:30 pm / CC-GFE
1 mtg: 2/17
R: $20, NR: $25

133222-3: F 5 - 8:30 pm / CC-GFE
1 mtg: 3/17
R: $20, NR: $25

INTRO TO DIGITAL ANIMATION — AGES 11+

Learn basic skills to create your own original character and background on the Mac. We'll add simple motions, audio and credits to your project, and share the results on Greenbelt Access Television and YouTube! Some simple drawing required.

147601-1: Tu 5 - 7 pm / CC-204 *(GATe Studio)*
9 mtgs: 1/10 - 3/7
R: $100, NR: $110

Instructor: George Kochell

AFTERNOON ART ADVENTURES: COMMUNITY ART — AGES 6-12

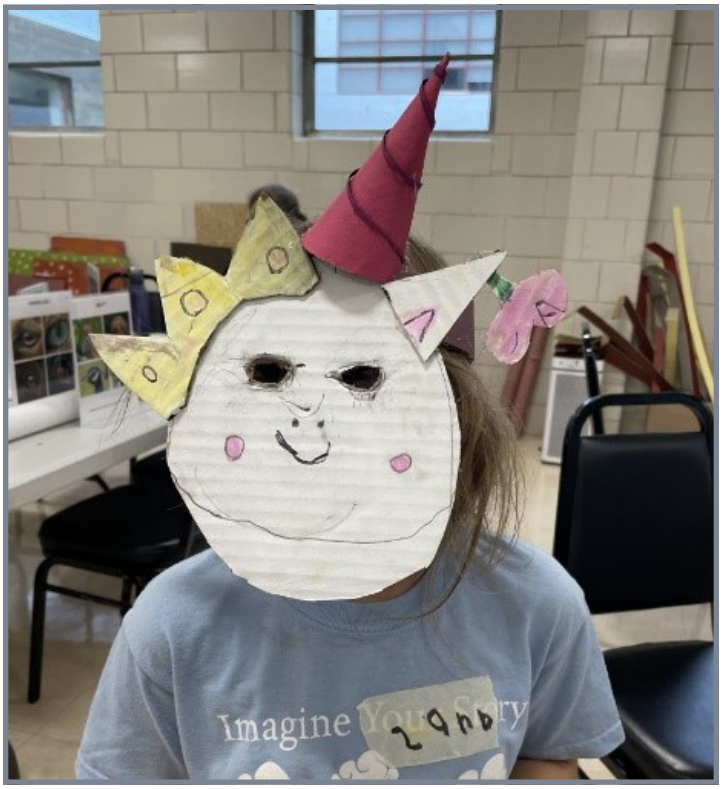
Students will learn about contemporary artists who use their art to build community and will complete a series of projects based on their techniques and styles. Monday and Tuesday classes will complete different projects, allowing students to register for both sections if they choose.

133207-1: M 4:15 - 5:30 pm / CC-113
3 mtgs: 1/9 - 1/30 *(No class 1/16)*

133207-2: Tu 4:15 - 5:30 pm / CC-113
3 mtgs: 1/10 - 1/24

R: $60, NR: $70

Instructor: TBD



INTRO TO MAKING COMICS — AGES 8-15

Learn to tell stories in drawings with this class that will build your creative ideas into comics. We will practice brainstorming, drawing characters in action, framing scenes, and combining words and images. Most class time will be spent drawing. Through the weeks we will develop our work from single frame drawings, to short strips, to full pages. Participants will be encouraged to keep an idea notebook. All drawing levels are welcome.

133200-1: M 4:30 - 6 pm / CC-113
4 mtgs: 2/6 - 3/6 *(No class 2/20)*
R: $75, NR: $85

Instructor: Katy Cummings

CERAMIC HAND-BUILDING — AGES 6-15

Winter is a wonderland and the hand-building ceramic studio is the perfect place to create your own winter joy! Make both pottery you can use and fun sculptures in this class. Learn and improve your hand building and glazing skills. All materials provided.

133208-1: W 4:15 - 5:45 pm / CC-304
7 mtgs: 1/11 - 2/22
133208-2: Th 1 - 2:30 pm / CC-304
7 mtgs: 1/12 - 2/23
133208-3: Th 4:15 - 5:45 pm/ CC-304
7 mtgs: 1/12 - 2/23

R: $100, NR: $110

Instructor: Judy Goldberg-Strassler

ART AROUND THE WORLD — AGES 6-12

Each week, students will explore a different country or region of the world through art and music. Students will keep a portfolio of maps, lyrics, artwork and facts about each place we study. Students should dress in comfortable art-making clothing. The last 20 minutes of the last class will feature a presentation of music and art for our families.

133214-1: Th 11:15 am - 12:30 pm / CC-113
10 mtgs: 1/12 - 3/16
R: $135, NR: $145

Instructor: Rachel Cross

POTTERY ON THE WHEEL — AGES 10-15

Discover the creative possibilities of the potter's wheel! Learn and improve your technical skills while creating functional and decorative pottery. Also learn a variety of fun surface decoration techniques to give your pots personality.

143251-1: Tu 4:15 - 6 pm / CC-305
8 mtgs: 1/3 - 2/21
R: $130, NR: $140
Instructor: Gina Mai Denn

143251-2: W 4:15 - 6 pm / CC-305
8 mtgs: 1/4 - 2/22
R: $130, NR: $140
Instructor: Gina Mai Denn

143251-3: Th 10 am - 12 pm / CC-305
7 mtgs: 1/12 - 2/23
R: $120, NR: $130
Instructor: Judy Goldberg-Strassler

CERAMIC PENDANT MINI-CLASS — AGES 12+

Learn to use porcelain to create beautiful pendants for necklaces or earrings. We will focus on several techniques including drawing and carving images using underglaze, using glass and poured glaze in your work and shaping pendants for wire wrapping. Clay techniques include shaping, glazing and firing. Students will receive 3 lbs. of porcelain clay. Other studio clays (purchased separately) may also be used. This class does not include Ceramics Open Studio.

153247-1: F 5 - 7 pm / CC-304
4 mtgs: 2/3 - 2/24
R: $70, NR: $80

Instructor: Carol Petrucci

ARTWARD BOUND: WORKSHOPS FOR SCOUTS AND OTHER YOUTH

Book an arts workshop for your child and their friends! Programs in drawing, painting, pottery, collage, music, dance and more satisfy the requirements for the Girl Scout arts badges. BSA scouts, Campfire Kids and friend groups are also welcome. See the brochure linked at www.greenbeltmd.gov/arts.

Email agardner@greenbeltmd.gov for more information or to schedule. Most workshops meet once or twice, either in person or on Zoom.

Dance

Contact: Angella Foster or Lisa Pellittiere
afoster@greenbeltmd.gov
lpellittiere@greenbeltmd.gov

Minimum age requirement must be met by first class.

PRE-BALLET — AGES 5-7

In this class young dancers will develop the proper posture, flexibility and discipline needed to begin a more formal study of classical ballet. In a joyful but structured environment, students will learn the elementary positions of ballet and short choreographed dances inspired by famous ballets. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club. Uniform: Hair secured off the face and neck. Girls - leggings or footless tights with a snug fitting top or leotard with pink or flesh tone ballet slippers or bare feet; Boys - leggings or sweatpants with snug fitting t-shirt with black ballet slippers or bare feet.

134200-1: Th 4:30 - 5:15 pm / CC-10
12 mtgs: 2/2 - 5/11 *(No class 3/30, 4/6, 5/4)*
R: $96, NR: $104

Instructor: Viola Pitts

CHINESE CLASSICAL DANCE — AGES 6-9

A fun introduction to Chinese Classical Dance. Emphasis will be on introducing fundamental positions and coordination while learning dances from multiple Chinese Classical Dance styles. Students will also be exposed to general knowledge, history, and culture of Chinese Classical Dance. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club. Uniform: snug fitting shirt with athletic pants and bare feet. Hair must be secured off face and neck.

134204-1: W 5:30 - 6:15 pm / CC-10
13 mtgs: 2/1 - 5/17 *(No class 3/8, 4/5, 5/3)*
R: $104, NR: $112

Instructor: Rose Qi

TAP I / INTRO TO JAZZ — AGES 6-9

In a positive but structured environment, students will learn rhythmic basics of tap and jazz as well as short, upbeat choreographed dances in both styles. In-person parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club. Uniform: Students should wear athletic pants with a snug fitting top. Hair should be secured off the face. Tap shoes are required for this class. Black oxford style taps are recommended; other lace-up, buckle or velcro taps are acceptable. Tap shoes or sneakers may be worn for the jazz portion; jazz shoes are not required. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

124213-1: Tu 4:30 - 5:15 pm / CC-106
13 mtgs: 1/31 - 5/16 *(No class 2/28, 4/4, 5/2)*
R: $104, NR: $112

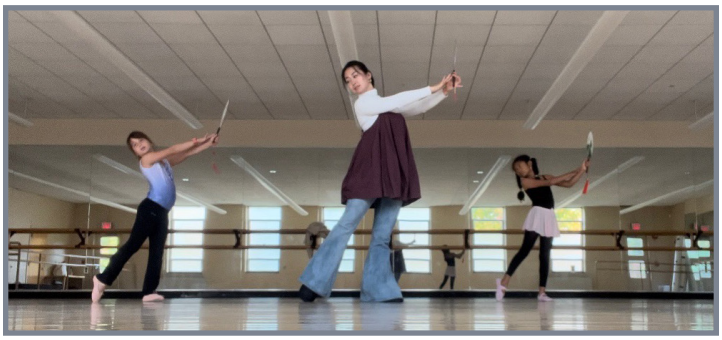
Instructor: Lisa Pellittiere

BALLET I — AGES 7-12

This class teaches young dancers the basic postures and body positions of classical ballet. Emphasis is on developing each student's flexibility, strength and musicality. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club. Uniform: Long hair secured off the face. Girls - pink or flesh tone ballet shoes, pinks or flesh tone tights, black leotard. Boys - black ballet shoes, black leggings, snug white t-shirt.

134202-1: M 5:30 - 6:30 pm / CC-10
12 mtgs: 1/30 - 5/15
(No class 2/20, 4/3, 4/10, 5/1)
R: $120, NR: $130

Instructor: Gabriela D'Andrea



MUSICAL THEATER JAZZ — AGES 8-12

A fun, upbeat exploration of musical theater jazz styles building upon elementary positions with a focus on jumps and turns. Using a combination of age appropriate music from Broadway shows, movie musicals and pop music from past to present, dancers will learn a variety of choreographed dance routines with an emphasis on musicality and performance energy. In-person parent observation day on the last day of class. For more performance opportunities, see Dance Performance Club. Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes please. Jazz shoes are recommended; bare feet or ballet slippers also permitted. Hair must be secured off face and neck. Note: This class is held in the Community Center gymnasium, not in the dance studio.

134203-1: W 5:15 - 6 pm / CC-106
13 mtgs: 2/1 - 5/17 *(No class 3/8, 4/5, 5/3)*
R: $104, NR: $112

Instructor: Lisa Pellittiere

BALLET II — AGES 8-12

A continuation of Ballet I. Students must have completed at least one full year of ballet training or have permission of instructor to register. Emphasis will be on developing each dancer's understanding and mastery of classical ballet basics. Dancers will also learn choreography and hone their performance skills. In-studio parent observation day on the last day of class! For more performance opportunities, see Dance Performance Club. Uniform: Girls - black leotard with pink or flesh tone tights and pink or flesh tone ballet slippers. Boys - black ballet shoes, black leggings, snug white or black t-shirt. Hair must be secured off face and neck.

134211-1: Th 5:30 - 6:30 pm / CC-10
12 mtgs: 2/2 - 5/11 *(No class 3/30, 4/6, 5/4)*
R: $120, NR: $130

Instructor: Viola Pitts

MUSICAL THEATER TAP III/IV — AGES 10-15

Must have completed at least two full years of tap study or receive permission of instructor to enroll. This class is designed to increase speed and complexity of rhythms and coordination needed to execute classic tap steps and improvisation. Emphasis will be on adding pick-ups, slides, and rhythm turns. In-person observation day on the last day of class. For more performance opportunities, see Dance Performance Club. Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes please. Tap shoes are required. Black oxford style taps are recommended; no character heels please. Hair must be secured off face and neck. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

134210-1: Tu 5:15 - 6:15 pm / CC-106
13 mtgs: 1/31 - 5/16 *(No class 2/28, 4/4, 5/2)*
R: $130, NR: $140

Instructor: Lisa Pellittiere

BALLET III/IV — AGES 10-15

A continuation of Ballet II/III. Students must have completed at least two full years of ballet training. This class will focus on the continued mastery of classical ballet vocabulary with an emphasis on advancing jumping and turning skills. Students will learn short variations to work on their performance quality and acting skills. In-studio observation day on the last day of class. For more performance opportunities, see Dance Performance Club. Uniform: Girls - black leotard with pink or flesh tone tights and pink or flesh tone ballet slippers. Boys - black ballet shoes, black leggings, snug white or black t-shirt. Hair must be secured off face and neck.

134212-1: W 6:30 - 7:30 pm / CC-10
13 mtgs: 2/1 - 5/17 *(No class 3/8, 4/5, 5/3)*
R: $130, NR: $140

Instructors: Angella Foster, Rose Qi

MUSICAL THEATER TAP V/VI — AGES 12-17

Must have completed at least three full years of tap study or receive permission of instructor to enroll. This emphasis of this class is to hone classic tap technique and improvisation through learning choreography. Additional emphasis will be on learning traveling steps and wings. In-person observation day on the last day of class. For more performance opportunities, see Dance Performance Club. Uniform: snug fitting t-shirt or tank top with athletic capris, pants or leggings; no jeans or costumes please. Tap shoes are required. Black oxford style taps are recommended; no character heels please. Hair must be secured off face and neck. Note: Tap classes are held on the stage in the Community Center gymnasium, not in the dance studio.

144205-1: Tu 6:30 - 7:30 pm / CC-106
13 mtgs: 1/31 - 5/16 *(No class 2/28, 4/4, 5/2)*
R: $130, NR: $140

Instructor: Lisa Pellittiere

BALLET V/VI — AGES 12-17

A continuation of Ballet IV/V. Students must have completed at least three full years of ballet training or have permission of instructor to enroll. This class will focus on the continued mastery of classical ballet vocabulary with an emphasis on advanced jumping and turning skills. Students will learn short variations to work on their performance quality and acting skills. Additional emphasis is on developing strength and the safe application of ballet technique to beginning pointe work. In-studio observation day on the last day of class. For more performance opportunities, see Dance Performance Club. Uniform: Girls - black leotard with pink or flesh tone tights and pink or flesh tone ballet slippers. Boys - black ballet shoes, black leggings, snug white or black t-shirt. Hair must be secured off face and neck.

144201-1: M/Th 6:30 - 7:45 pm / CC-10
25 mtgs: 1/30 - 5/18
(No class 2/20, 3/9, 4/3, 4/6, 4/10, 5/1, 5/4)
R: $300, NR: $324

Instructors: Gabriela D'Andrea, Angella Foster

CHECK OUT THE NEXT 2 PAGES!

Check out pages 16 & 17 for information on our Dance Performance Club and the Greenbelt Youth Musical! That's right, the Musical is back for the first time in two years!

POINTE — AGES 12-17

A continuation of Ballet V/VI. Students must have permission of the instructor to register and be concurrently enrolled in Ballet V/VI. Emphasis is on developing strength and the safe application of ballet technique to continuing pointe work. In-studio parent observation day on the last day of class. For more performance opportunities, see Dance Performance Club. Uniform: Girls - pink or flesh tone ballet shoes, pink or flesh tone tights, black leotard. Boys - black ballet shoes, black leggings or sweatpants, snug white t-shirt. Hair secured off of face and neck.

144212-1: M/Th 7:45 - 8:30 pm / CC-10
25 mtgs: 1/30 - 5/18
(No class 2/20, 3/9, 4/3, 4/6, 4/10, 5/1, 5/4)
R: $200, NR: $220

Instructors: Angella Foster, Gabriela D'Andrea

DANCE PERFORMANCE CLUB

AGES 5-TEEN

Dance Performance Club is perfect for young and maturing dancers ready to step into the spotlight. In this class, dancers will prepare to perform in our original production of *The Magic Toy Shop*. This production will incorporate dances in various styles, including ballet, jazz, contemporary, and tap in an enchanting story of magical mischief. Uniform: Girls - Black leotard (tank or camisole style preferred; no long sleeves or attached skirts) with pink or flesh tone tights. Boys - Black dance top (details will be provided after registration) and black leggings. Uniform will serve as the foundation for added costume pieces provided by the dance program. Dancers should bring all dance shoes they currently own (ballet slippers, tap shoes and/or jazz slippers). Weekly rehearsals will take place as scheduled below; however, dancers cast in featured roles may be called to rehearse for longer periods on Friday evenings or on another day. (Additional rehearsals for feature roles will be scheduled as needed based on dancer availability.) Performers who wish to participate in both Dance Performance Club and Winter Youth Musical are encouraged to do so. They will be given rehearsal flexibility in both productions in order to accommodate the overlapping production timelines.

Prerequisite: *To participate, students must also be concurrently enrolled in a weekly technique class in our program and MUST be available for all dress rehearsal and performance dates / times below. Prior permission from instructor is needed if student is not able to meet these requirements.*

REQUIRED DATES:
Dress Rehearsals: 4/28, 4:30 - 7 pm, 5/5, 4- 7 pm
Performances: 5/6, 1 - 4:30 pm, 5/7, 1 - 4:30 pm.

Ages 5-7
134208-1: F 4:30 - 5:30 pm / CC-10
11 mtgs: 2/3 - 5/5 *(No class 2/24, 3/24, 4/7)*
R: $105, NR: $115
Instructors: Lisa Pellittiere, Gabriela D'Andrea

Ages 8-Teen
134215-1: F 4:30 - 6:30 pm / CC-10
13 mtgs: 2/3 - 5/5 *(No class 4/7)*
R: $135, NR: $145
Instructors: Lisa Pellittiere, Gabriela D'Andrea

Cast photo from "The New Deal Nut: A Greenbelt Nutcracker" 2019

GREENBELT YOUTH MUSICAL GRADES 9-12

A beloved Greenbelt tradition returns! Come be a part of the 2023 Greenbelt Youth Musical, featuring teen performers in The Joy Gods Return, written and directed by Chris Cherry. Please plan to attend the two get-to-know-everyone casting rehearsals in December, before regular rehearsals start in January for our planned March performances.

Hoping to participate in both the Youth Musical and the Dance Performance Club spring show? You can! Directors of the two shows will schedule rehearsals to avoid conflicts for performers who are in both casts.

Attendance is required at casting rehearsals, dress rehearsals and all performances. Participants also must generally be available for weekend rehearsals starting January 6.

To download the mandatory schedule form that must be submitted with registration, and for more information about the casting process, rehearsal schedule, and the production, please visit www.greenbeltmd.gov/youthmusical

144230-1

R: $173, NR: $196

CASTING REHEARSALS:
December 16, 6 - 8 pm
December 17, 4 - 6 pm

REGULAR REHEARSALS:
Fridays: 5:30 - 8:30 pm
Saturday: 2 pm - 6 pm
Sundays: 4 pm - 7 pm

SHOW DATES:
Saturday, March 4: 7 pm
Sunday, March 5: 3 pm
Saturday, March 11: 2 pm and 7 pm

Director: Chris Cherry

Teen & Adult Programs

Visual Arts

Contact: Amanda Demos Larsen
(240) 542-2062 alarsen@greenbeltmd.gov

FAMILY ART WORKSHOP: LOVE BIRDS — AGES 6+

Celebrate love and community by making art and sharing it! Participants will be provided materials to create two mixed-media bird ornaments. All ages welcome. No experience necessary. Family members who wish to attend, but do not need additional materials may register for section 2 at no cost. At least one member of each group must register as a paying student in section 1.

133206-1: F 6 - 7 pm / CC-GFE
1 mtg: 2/10
R: $5, NR: $10

133206-2: Attending but no materials needed
(No charge, but registration required)

Instructor: Rachel Cross

Credit: Rachel Cross

INTRO TO DIGITAL ANIMATION — AGES 11+

Learn basic skills to create your own original character and background on the Mac. We'll add simple motions, audio and credits to your project, and share the results on Greenbelt Access Television and YouTube! Some simple drawing required.

147601-1: Tu 5 - 7 pm / CC-204 *(GATe Studio)*
9 mtgs: 1/10 - 3/7
R: $100, NR: $110

Instructor: George Kochell

BEGINNING FILMMAKING — AGES 16+

Learn the basics of putting together a film with the first classes focused on camera usage, filming different types of shots to put together a basic sotry, and the next classes focused on editing, addming music, and exporting a final project. By the end of the class, each student will have their own unique short film.

All necessary equipment will be provided by Greenbelt Access Television (GATe). This class includes memebership to GATe for the winter session.

Visit www.greenbeltaccesstv.org to learn what GATe membership entails.

157601-1: M 5 - 7 pm / CC-204 *(GATe Studio)*
7 mtgs: 1/9 - 3/6 *(No class 1/16, 2/20)*

Also includes access to open lab:
Th 4 - 6 pm / GATe Studio

8 mtgs: 1/12 – 3/2
R: $105, NR: $115

Instructor: Phoebe McFarb

INTERMEDIATE WOODCARVING AGES 16+

This intermediate woodcarving class is designed to refine techniques and skills introduced in the Intro to Woodcarving and/or Advanced Spoon-carving classes. Students will have the flexibility to choose spoon designs or create their own. The instructor will demonstrate and provide individualized direction as needed, focused on improving challenging skills or problematic areas of spoon design and execution. Materials and tools for use during the workshop will be provided. Students are encouraged to bring and use tools of their own including a sloyd knife, hook knife, and small carving axe. Those with no woodworking experience should sign up for Intro to Woodcarving: Serving Spoon which will be offered during spring session.

153205-1: Sa 9:30 am - 12 pm / CC-GFE
4 mtgs: 1/21 - 2/11
R: $115, NR: $125

Instructor: Don Nalezyty

STAINED GLASS WORKSHOP AGES 16+

Participants will make a small stained-glass window hanging using the copper foil technique. The goal is to learn to cut, foil, and solder stained glass pieces into a finished product. Particular emphasis will be placed on developing and practicing the skills needed to score and break glass, as this is a challenging skill. Beginners will focus on straight line cuts and work from patterns such as snowflakes, stars and Mondrian squares. If this is your second workshop there will be patterns with curved lines, such as flowers, birds and seasonal designs to construct.

153207-1: Su 11 am - 3 pm / CC-GFE
1 mtg: 1/8
R: $80, NR: $90

Instructor: Maureen Stone

STAINED GLASS CRAFT & DESIGN AGES 16+

Participants will make a stained glass panel from beginning to end. They will refine their skills in scoring, breaking, foiling, and soldering glass into a complete framed panel. Patterns will include organic and abstract designs and will have 20-30 pieces in each pattern. They will be of varying difficulty, and students are encouraged to bring patterns they want to try. Intermediate students may learn to convert a photograph into a pattern. Please bring photos you like; others will be available. There will be an extra fee of $25 for glass, or you can bring your own. All other materials and tools will be provided for use during class. It is required that beginners take a stained glass workshop prior to taking Stained Glass Craft and Design or get permission from the instructor.

153215-1: Th 6 - 8 pm / CC-GFE
6 mtgs: 1/19 - 2/23
R: $125, NR: $135

Instructor: Maureen Stone

WATERCOLOR PAINTING WITH FOUNDATIONAL DRAWING — AGES 16+

This class will cover foundational drawing skills. Students will learn basic pencil and pen skills, using shape and line into representational compositions and then use their drawings to build watercolor paintings. Students can bring images they wish to paint or paint an image provided by the instructor. Students will supply their own materials, which should include: pencils or pens, watercolor paints, watercolor paper, and watercolor brushes. Additional materials will be available for students to try in class.

153209-1: Th 6:30 - 8:30 pm / CC-113
7 mtgs: 1/12 - 2/23
R: $105, NR: $115

Instructor: Amanda Spaid

EXPLORING WATERCOLOR PAINTING THROUGH ART HISTORY — AGES 16+

Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Students will supply their own materials, which should include: watercolor paints, watercolor paper, and watercolor brushes.

153210-1: W 10 am - 12 pm / *ZOOM*
4 mtgs: 2/8 - 3/1
R: $75, NR: $85

Instructor: Racquel Keller

FUSED GLASS JEWELRY — AGES 16+

Fused glass is the art of melting colored glass into art pieces. Register for both sections to make four pieces of fused glass art, or just one section to make two pieces of fused glass art. Completed pieces will be available for pick up on Monday, February 13. If your teens or older children are interested in taking the class with you, check with us for permission!

153219-1: Sa 11 am - 12:30 pm / CC-GFE
1 mtg: 2/4
R: $60, NR: $70

153219-2: Sa 12:45 - 2:15 pm / CC-GFE
1 mtg: 2/4
R: $60, NR: $70

Instructor: Christina Van Pelt

OIL PAINTING — AGES 16+

Learn how to set up your work station and use oil painting materials and cleaners. The class will introduce basic oil painting techniques, which students will use to paint a series of small studies. Materials will be provided for work in class. In addition, the instructor will assist students who want to purchase their own materials for continued work on their own. This class includes Open Painting Lab 153212-1. Students are encouraged to stay from 7:00pm to 9:00pm.

153211-1: M 6 - 7 pm / CC-113
5 mtgs: 1/23 - 2/27 *(No class 2/20)*
R: $80, NR: $90

Instructor: Amanda Demos Larsen

Painting by Amy Beckrich

PAINTING LAB WITH INSTRUCTIONAL GUIDANCE — AGES 16+

Bring your painting projects and work along with other artists in a friendly, social setting. An instructor will be present to guide students upon request. Acrylic, oil, watercolor and other painting media welcome. Please do not bring paint or solvents that require masks or extra ventilation. Students will supply their own materials. If you have questions about appropriate painting materials, email Amanda Larsen at alarsen@greenbeltmd.gov.

153212-1: M 7 - 9 pm / CC-113
6 mtgs: 1/9 - 2/27 *(No class 1/16, 2/20)*
R: $60, NR: $70

Instructor: Amanda Demos Larsen

MOSAIC — AGES 16+

Create your own mosaic art from start to finish using cut glass and glass tiles. Finished pieces will be approximately 10x10 inches.

153220-1: F 6 - 8 pm / CC-113
3 mtgs: 1/20 - 2/3
R: $100, NR: $110

Instructor: Shahin Talishkhan

BOOKMAKING — AGES 16+

Learn how to cut book board and paper, fold signatures, glue book cloth onto a book board, sew the text block, and join all the elements into an archival book. New participants will learn to make a flat back book. Students who have previously taken Bookmaking may choose a different binding. Fees will cover book board, paper, linen thread and book cloth for one book. Bring in decorative paper and other elements to personalize your book.

153224-1: F 6 - 8:15 pm / CC-113
3 mtgs: 2/10 - 2/24
R: $70, NR: $80

Instructor: Amanda Demos Larsen

CERAMIC PENDANT MINI-CLASS — AGES 12+

Learn to use porcelain to create beautiful pendants for necklaces or earrings. We will focus on several techniques including drawing and carving images using underglaze, using glass and poured glaze in your work and shaping pendants for wire wrapping. Clay techniques include shaping, glazing and firing. Students will receive 3 lbs. of porcelain clay. Other studio clays (purchased separately) may also be used. This class does not include Ceramics Open Studio.

153247-1: F 5 - 7 pm / CC-304
4 mtgs: 2/3 - 2/24
R: $70, NR: $80

Instructor: Carol Petrucci

ART AT THE CAFE

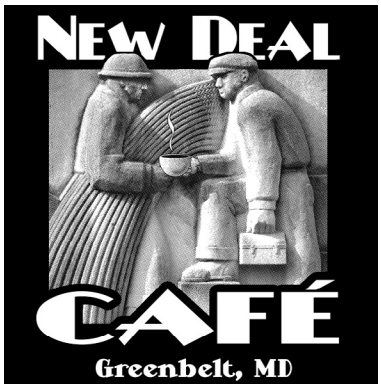
Join Mary Ann Lipovsky for a social painting event at the New Deal Café. All materials are included. Participants will be guided through the creation of their very own finished painting(s). January 15 make your own abstract or floral greeting cards or hangable painting using acrylic ink. February 12 create a watercolor painting of one of your favorite old Greenbelt locations. Snacks and drinks will be available to purchase at the café. This program is a collaboration of Greenbelt Recreation Arts and the New Deal Café.

157999-1: Su, 12 - 1 pm, NDC
1 mtg: 1/15

157999-2: Su, 12 - 1 pm, NDC
1 mtg: 2/12

R: $25, NR: $30

Instructor: Mary Ann Lipovsky



MAKING CERAMIC ART TILE — AGES 16+

Learn various techniques to form, decorate, and glaze tiles. Create stand-alone pieces or several tiles that form a larger design. Learn the secrets to keeping tiles flat and crack free and ways to hang/mount them. Suitable for all levels, especially those with some ceramics experience. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

153253-1: W 7 - 9:15 pm / CC-304
7 mtgs: 1/11 - 2/22
R: $135, NR: $145
Clay: $23

153253-2: M 1 - 3:30 pm / CC-304
7 mtgs: 1/9 - 2/27
(No class 1/16, this class meets on a holiday 2/20)
R: $135, NR: $145
Clay: $23

Instructor: Mary Gawlik

CERAMIC SCULPTURE AGES 16+

Explore the creation of expressive forms in clay, whether representational or abstract. Emphasis on hand-building techniques. Includes an introduction to methods for building larger and more complex forms. Suitable for participants with prior hand-building experience. Students may purchase clay from the studio, Soldate 60 recommended. Includes Ceramics Open Studio and use of a shelf or cubby.

153206-1: M 7 - 9:15 pm / CC-305
6 mtgs: 1/9 - 2/27 *(No class 1/16, 2/20)*
R: $120, NR: $130
Clay: $23

Instructor: Chris Corson

CERAMIC HAND-BUILDING AGES 16+

Students will learn the techniques to make cups, bowls, plates, and other useful objects by using only their hands and hand tools. They will learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. Beginners and all levels welcome. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

153271-1: Tu 12:30 - 3 pm / CC-304
7 mtgs: 1/10 - 2/21
R: $135, NR: $145
Clay: $23

153271-2: Tu 3:45 - 6:15 pm / CC-304
7 mtgs: 1/10 - 2/21
R: $135, NR: $145
Clay: $23

153271-3: Tu 6:30 - 9 pm / CC-304
7 mtgs: 1/10 - 2/21
R: $135, NR: $145
Clay: $23

Instructor: Nadette Boughton

LEVEL 1 POTTERY ON WHEEL AGES 16+

Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf is not guaranteed.

153281-1: Tu 7 - 9:15 pm / CC-305
8 mtgs: 1/3 - 2/21
R: $145, NR: $155
Clay: $23

153281-2: M 12:30 - 3 pm / CC-305
7 mtgs: 1/9 - 2/27
(No class 1/16, this class meets on a holiday 2/20)
R: $135, NR: $145
Clay: $23

Instructor: Gina Mai Denn

LEVEL 2 POTTERY ON WHEEL AGES 16+

Recommended for students who can center small pieces consistently, make basic pots and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

153282-1: M 7 - 9:15 pm / CC-305
6 mtgs: 1/9 - 2/27 *(No class 1/16, 2/20)*
R: $120, NR: $130
Clay: $23

Instructor: Peter Holden

LEVEL 3 POTTERY ON WHEEL — AGES 16+

Recommended for Level 2 "graduates" who can make forms with handles and feet. Group instruction combined with individual support. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

153283-1: W 7 - 9:15 pm / CC-305
8 mtgs: 1/4 - 2/22
R: $145, NR: $155
Clay: $23

Instructor: Gina Mai Denn

LEVEL 4 POTTERY ON WHEEL — AGES 16+

Recommended for Level 3 "graduates" who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf or cubby.

153284-1: Th 7 - 9:15 pm / CC-305
7 mtgs: 1/12 - 2/23
R: $135, NR: $145
Clay: $23

Instructor: Karen Arrington

CERAMICS OPEN STUDIO — AGES 16+

Independent access for current and former students of the Greenbelt Community Center ceramic programs. Clay purchased separately. Includes use of a studio shelf or cubby. Participants must have completed an in-person ceramics class with Greenbelt Recreation. Those who are new to this studio should please enroll in a class.

153261-1: M-Su 9 am - 9:30 pm / CC-304 & CC-305
9 weeks: 1/3 - 3/5
R: $90, NR: $100
Clay: $23

Health & Fitness

Contact (unless otherwise noted): Vernique Robinson
(240) 542-2054 vrobinson@greenbeltmd.gov

GENTLE YOGA — AGES 16+

This class is a gentle yoga experience that includes yogic breathing, gentle dynamic movements and static postures designed to increase strength and flexibility, release tension, and enhance well-being. Please have a mat, a blanket, a yoga strap or old necktie, and any other props you enjoy using for each class. *This class meets on Zoom.*

152201-1: W 6:30 - 7:45 pm / *ZOOM*
11 mtgs: 1/11 - 3/22
R: $115.50, NR: $125.50

Instructor: Laura Bonkosky

YOGA & CORE CONDITIONING — AGES 16+

Develop strength, flexibility, balance, and well-being by combining yoga postures and breathing, mindful awareness and deep relaxation with toning and core strengthening movements. You will need a mat, and you may wish to have a blanket, yoga blocks and any props that you enjoy using. Please refrain from eating for 2 hours before this class.

For more information, email laura.bonkosky@gmail.com. *Drop-ins are not permitted for this class.*

152202-1: Th 6:30 - 7:45 pm / CC-201
11 mtgs: 1/12 - 3/23
R: $121, NR: $131

Instructor: Laura Bonkosky

TAI CHI (ALL LEVELS) AGES 16+

Group practice can form the foundation for a successful personal transformation. Join us to explore the benefits of Yang and Chen TaiJi along with Xingyi and Bagua basics. All levels are welcome to laugh and learn!

152206-1: Sa 9 - 10 am / *ZOOM*
12 mtgs: 1/7 - 3/25
R: $120, NR: $130

Instructor: Taj Johnson

BAGUA & XINGYI FOUNDATIONAL STUDIES AGES 16+

This 60-minute class is ideal for a more experienced and seasoned student of Taiji that would like to expand their horizons. While learning Bagua and Xingyi the "sibling arts" of Tai Chi experience different expressions of "Shen Fa, Bu Fa, Rou and Gong" movements to deepen your Neijia skills. *(Torso Method, Stepping Method, Flexible and Firm movements)*

Nurture the higher levels of your practice by learning the underlying principles as expressed by Wudang Kungfu. Bagua and Hebei Xingyi foundational skills will be taught with choreography, corrections and adjustments. Create your own book of "Master's Notes" from the teachings and group discussions while journaling your personal practice adventures. Learn the small details that seasoned martial artists bring forward in their Neijia Cultivation!

Register and prepare to elevate your practice!

152206-2: Sa 10:15 - 11:15 am / ZOOM
12 mtgs: 1/7 - 3/25
R: $120, NR: $130

Instructor: Taj Johnson

TKA KARATE AGES 13+

Contact: AJ Sesay, (240) 542-2198

Enhance your current martial arts skills and develop new skills while having fun with instructors from Tompkins Karate Association (TKA). The class offers instruction based in Tang Soo Do Korean karate. Accepting all experience levels including beginner.

152500-1: M 7:45 - 9:15 pm / YC-GYM
11 mtgs: 12/5 - 3/13
(No class 12/26, 1/2, 1/16, 2/20)
R: $77, NR: $84

MIXED PILATES AGES 16+

A classic mixed level Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a mat (3/8 inch or more) or heavy blanket, and a 10-pound sandbag or bag of rice as a foot weight. *Drop-ins are not permitted for this class.*

152210-1: W 7 - 8 pm / CC-202
12 mtgs: 1/11 - 3/29
R: $120, NR: $130

Instructor: Catherine Turner

LUNCHTIME YOGA AGES 18+

This mixed level class includes a balanced practice of breathing practices, dynamic warmups, standing and floor yoga postures, meditative awareness and relaxation. For more information, email laura.bonkosky@gmail.com, or visit www.laurabonkosky.com. *Drop-ins are not permitted for this class.*

152221-1: Tu 12:30 - 1:30 pm / CC-10
11 mtgs: 1/10 - 3/21
R: $110, NR: $120

Instructor: Laura Bonkosky

ZUMBA GOLD AGES 16+

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms in a way that is safe and effective for all ages. Easy-to-follow choreography focuses on cardio, balance, range of motion and coordination. Join the FUN!! Wear comfortable clothing and shoes. Have access to water and a towel. *Drop-ins are not permitted for this class.*

152402-1: Sa 9 - 10 am / ZOOM
5 mtgs: 1/7 - 2/4
R: $50, NR: $60

152402-2: Sa 9 - 10 am / *ZOOM*
5 mtgs: 2/18 - 3/18
R: $50, NR: $60

Instructor: Wanda Crawley-Pearson

Dance

Contact: Angella Foster or Lisa Pellittiere
afoster@greenbeltmd.gov
lpellittiere@greenbeltmd.gov

Minimum age requirement must be met by first class.

BEGINNING CONTEMPORARY DANCE AGES 15+

Beginning Contemporary is an open level class designed for beginners as well as more experienced movers who want to develop their bodies into stronger, more expressive instruments with an emphasis on developing strength and efficiency. This class will introduce students to concepts and movement patterns used in contemporary dance, borrowing influences from ballet, modern, yoga, and Pilates. No previous dance experience necessary. Dress comfortably in clothes that are easy to move in but not too baggy; ankle length athletic pants or leggings are recommended with a snug fitting tank or t-shirt. Bare feet are recommended. Socks may be used as appropriate. Hair should be secured off of face and neck.

154207-1: W 7:30-8:30 pm/CC-10
11 mtgs: 2/1 - 5/17 *(No class 3/8, 4/5, 5/3)*
R: $130, NR: $140

Instructor: Rose Qi

BEGINNING MUSICAL THEATER TAP AGES 15+

A fun introduction to the rhythms of tap designed for teen and adult beginners! Classic tap steps and improvisation will be introduced and developed to the sound of musical numbers, Motown, jazz and pop favorites. Please wear comfortable clothes that you can move in. Suggested attire: T-shirt or tank with athletic capris, pants or leggings. Oxford style tap shoes are recommended. Hard soled shoes are permitted. No character heels, please. Note: This class will be held on the stage in the Community Center Gymnasium.

154209-1: W 7 - 8 pm / CC-106
13 mtgs: 2/1 - 5/17 *(No class 3/8, 4/5, 5/3)*
R: $130, NR: $140

Instructor: Lisa Pellittiere

BEGINNING JAZZ AGES 15+

This fun, upbeat class introduces teen and adult beginners to the rhythms and styles of jazz dance. Students will learn a variety of choreographed dance routines using a selection of music from Broadway shows, movie musicals and pop music from past to present. No previous dance experience necessary. Recommended Attire: bare feet, jazz shoes or clean sneakers; yoga pants, athletic pants or leggings with a snug-fitting top. Hair should be secured off face and neck. Note: This class will be held in the Community Center Gymnasium, not the dance studio.

154211-1: W 6 - 7 pm / CC-106
13 mtgs: 2/1 - 5/17 *(No class 3/8, 4/5, 5/3)*
R: $130, NR: $140

Instructor: Lisa Pellittiere

Music

Contact: Chris Cherry
(240) 542-2055 ccherry@greenbeltmd.gov

UKE CAN DO IT! LEVEL 2 — AGES 14+

This class is a continuation of the Autumn beginner class or for students who can strum and sing a 3-chord song and read and play a simple melody in TAB. This session, we will learn more chords, a finger-picking pattern, and an instrumental piece. Students should bring a concert or soprano ukulele to class. Music stands and sheet music provided.

164242-1: Tu 6:45 - 7:45 pm / CC-GFE
8 mtgs: 1/10 - 3/7 *(No class 2/14)*
R: $72, NR: $80

Instructor: Rachel Cross

UKE CAN DO IT! RIFFS & HOOKS — AGES 14+

Intermediate and Advanced Players! This class is for folks who are proficient on a ukulele and can play several picking and strumming patterns, and read and play TAB. We will be learning tunes that combine an instrumental riff or hook as well as a strumming/picking pattern and singing. We will learn tunes from a variety of musical genres. Students should bring a concert or soprano ukulele to class. Music stands and sheet music provided.

164243-1: Tu 8 - 9 pm / CC-GFE
8 mtgs: 1/10 - 3/7
(No class 2/14)
R: $72, NR: $80

Instructor: Rachel Cross

GREENBELT YOUTH MUSICAL

Looking for other ways to be involved in music? The Greenbelt Youth Musical is for students grades 9-12. Rehearsals begin in December with showdates in March!

For more information see page 17 or visit www.greenbeltmd.gov/youthmusical

Active Aging Programs

Contact for all active aging programs:
Anne Oudemans
(240) 542-2189 aoudemans@greenbeltmd.gov

Health & Fitness

SENIOR SWIM — AGES 60+

Water exercises that emphasize stretching, strengthening and toning exercises for the swimmer and non-swimmer. FREE to passholders, resident non-passholders pay $1.50 each visit; non-resident, non-passholders pay $2.00 each visit. **Registration is REQUIRED**.

171101-1: M 11:15 am - 12 pm
8 mtgs: 1/9 - 3/13 *(No class 1/16, 2/20)*

171101-2: Th 11:15 am - 12 pm
10 mtgs: 1/12 - 3/16

Passholders: FREE;
RNPH: $1.50/visit;
NRNPH: $2.00/visit

Instructors: Marsha Voigt, Marsha Gielen

WALK ON ROUTE 66 — AGES 60+

Cold outside? Looking for a place to stay warm and walk safely? Then join fellow Walk on Route 66 students and walk around the gym to keep up your walking contracts and goals.

172206-1: Tu/Th 1 - 2:30 pm / CC-106
19 mtgs: 1/10 - 3/23 *(No class 2/28, 3/2, 3/9)*
FREE

AGELESS GRACE — AGES 60+

This Winter, participants can choose to attend via Zoom or in person. Ageless Grace is timeless fitness for the body and brain consisting of 21 simple tools for lifelong comfort and ease. These fun and imaginative exercises focus on movement sequences that are natural and playful, practiced in a chair to engage the five functions of the brain and the core. Students always leave class with a huge smile on their faces. At home participants need a sturdy chair that they can sit in with both feet on the ground. You will receive an email at least a week before the class begins with the access code for your class. Live on Zoom or in person.

172225-1: F 11 am-12 pm / YC-MPR or *ZOOM*
10 mtgs: 1/6 - 3/17 *(No class 2/17)*
R: $20, NR: $25

Instructor: Karen Haseley

SENIOR GAME ROOM & LOUNGE

The Senior Game Room and Lounge are open to senior citizens, ages 60 and over, during regular operating hours.

Call (301) 397-2208 for more information.

PURELY FUN PICKLEBALL — AGES 60+

Looking for a fun way to get active? Then come learn and play Pickleball, a cross between tennis and badminton. Pickleball is loads of fun and gaining popularity throughout the US.

PURELY FUN PICKLEBALL NOVICE / BEGINNERS — AGES 60+

The Community Center program has been identified as the location for novice/beginners to gather and learn to play. Basic rules and information will be posted to help newcomers learn the game. Beginners are welcome, keeping the "Purely Fun" focus in mind.

179420-1: M/W 1 - 3 pm / CC-106
19 mtgs: 1/9 - 3/22 *(No class 1/16, 2/20, 3/1)*
FREE

PURELY FUN PICKLEBALL CLUB — AGES 60+

This new club is designed for players familiar with the game and looking to play drop-in pickleball on weekday afternoons at the Youth Center. The club will not meet on Prince Georges County Public School holidays. Beginners and beyond are welcome, keeping the "Purely Fun" focus in mind.

179420-2: M-Th 1 - 3 pm / YC-GYM
54 mtgs: 1/9 - 3/23
(No class 1/16, 1/25, 2/20, 3/6)
FREE

Special Interest

SCRABBLE — AGES 16+

Challenge your mind while enjoying a relaxing afternoon of conversation and play. All skill levels welcome.

173209-1: Tu 12 - 2 pm / CC-109
11 mtgs: 1/10 - 3/21
FREE

MAH-JONGG — AGES 50+

Mah-jongg is a game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s with the publication of Joseph Park Babcock's "Rules of Mah-jongg." American Mah-jongg utilizes racks, jokers, "Hands and Rules". Mah-jongg is always played with four players seated around a table. Tiles are shuffled, die are cast, and rituals involving the allocation of tiles and then the exchange of tiles begin. The first person to match a hand of 14 tiles and thus "call Mah-jongg" ends the game. *THIS IS NOT AN INSTRUCTIONAL PROGRAM.*

173210-1: M 1 - 4 pm / CC-109
10 mtgs: 1/9 - 3/20 *(No class 1/16, 2/20)*
FREE

LEARN TO PLAY MAH-JONGG — AGES 50+

Join Mah-Jongg enthusiast Abby Crowley to have fun learning the basics of this fascinating game played with beautiful tiles. You will learn to recognize and name the tiles and suits, learn the rules of play, and practice playing the game trying to match the tiles you pick to a specific hand on the annually distributed card published by the National Mah-Jongg Association. *THIS IS AN INSTRUCTIONAL PROGRAM.*

173210-2: M 12 - 1pm / CC-109
4 mtgs: 1/9 - 2/6 *(No class 1/16)*
FREE

BRIDGE — AGES 60+

Call Robin Schlauch at (301) 474-2605 if you are interested in joining these groups. *THESE ARE NOT INSTRUCTIONAL PROGRAMS.*

THURSDAY BRIDGE
179208-1: Th 12:30 - 4 pm / CC-109
12 mtgs: 1/5 - 3/23
FREE

FRIDAY BRIDGE
179208-3: F 12:30 - 4 pm / CC-109
12 mtgs: 1/6 - 3/24
FREE

LEARN TO PLAY BRIDGE — AGES 60+

Call Harris Maclay at (301) 873-5753 if you are interested in learning to play Bridge. *THIS CLASS IS AN INSTRUCTIONAL PROGRAM.*

179208-2: Th 11 am - 12 pm / CC-109
12 mtgs: 1/5 - 3/23
FREE

GIFTS FROM THE HEART — AGES 16+

Knitters and crocheters of all levels make items to donate to various charitable organizations. Yarn, needles and hooks are provided. All ages and skill levels welcome! Instruction is available from group members.

173208-1: F 10 am - 12 pm / CC-109
12 mtgs: 1/6 - 3/24
R: $5, NR: $10

HUNGRY?? FOOD & FRIENDSHIP PROGRAM RETURNS SOON!

After a long pause, the Senior Nutrition Program will return to the Community Center in early January.

Please contact Anne Oudemans for more information in late November either by phone (240) 542-2189 or by email at aoudemans@greenbeltmd.gov.

The Senior Nutrition Program serves hot lunches in the commercial kitchen at the Community Center. Senior citizens must reserve a hot lunch at least two days in advance to ensure that enough meals are delivered.

Requested meal donation is $3.

SEW FOR CHARITY — AGES 16+

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies and power strips/cords.

153242-1: SA 10 am - 2 pm / CLASS-CC-109
12 mtgs: 1/7 - 3/25
R: $5, NR: $10

Senior Globetrotting

Contact for all active aging programs:
Anne Oudemans
(240) 542-2189 aoudemans@greenbeltmd.gov

All trips leave from the library parking lot. Please note: Trip cancellations must be made no later than 36 hours in advance for a refund. Refunds will be awarded according to the provisions in the City of Greenbelt Resolution No. 65. A 10% processing fee will be assessed if money is refunded. Refunds are NOT guaranteed.

All the bus trips are partially subsidized by the City of Greenbelt, through the Golden Age Club.

SHOPPING TRIPS AGES 60+

Transportation to and from the malls. Lunch is on your own. Green Ridge House residents may be picked up at Green Ridge House.

ANNAPOLIS MALL
178204-1: Th 9:30 am - 3 pm
1 mtg: 1/12
R: $3, NR: $4

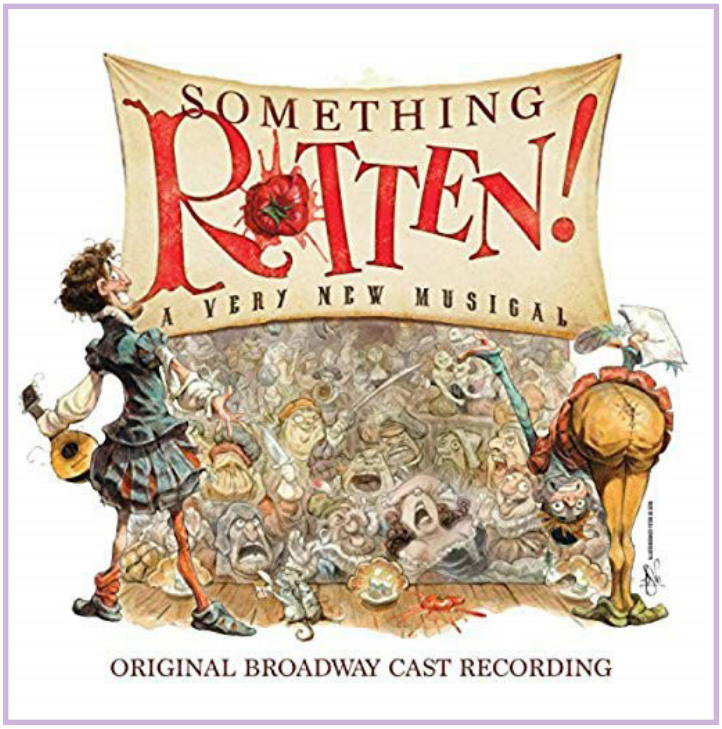
WEGMAN'S
178204-2: Th 9:30 am - 3 pm
1 mtg: 2/9
R: $3, NR: $4

COLUMBIA MALL
178204-3: Th 9:30 am - 3 pm
1 mtg: 3/9
R: $3, NR: $4

SOMETHING ROTTEN! @ TOBY'S AGES 60+

Set in the 1590's, two brothers are determined to create the FIRST MUSICAL. They are certain the future of theater will include singing, dancing, and acting at the same time! Critics and audiences went wild for *SOMETHING ROTTEN*, an outrageous, crowd-pleasing, musical farce that received several Best Musical nominations. The trip fee covers transportation, a delicious buffet, and a wonderful show.

178201-1: W 9:45 am - 4 pm
1 mtg: 3/15
R: $70, NR: $85



Upcoming Special Events

ICE CREAM SOCIAL **AGES 60+**

Community Center

Make your own ice cream sundae following the entertainment. Featuring: Retro Rockets

Friday, February 17, 1 pm
FREE

Seasoned Adults Growing Educationally (SAGE)

Prince Georges Community College offers SAGE classes at the Greenbelt Community Center!

Winter/Spring class schedule should be available in early December. Please check the SAGE website for more information on the Winter/Spring semester classes and registration details.

NEW FEE: A $40 per class fee is assessed for SAGE classes for Maryland participants age 60 and over. Participants should register before the beginning date of the class.

ALL REGISTRATION (REGISTRATION FORMS AND ONLINE REGISTRATION) BEGINS ON FRIDAY, JANUARY 6, 2023 AT 8:30 AM.

SYN: OwlLink reference numbers for online registration with the college at www.pgcc.edu

Most classes begin the week of February 6, 2022.

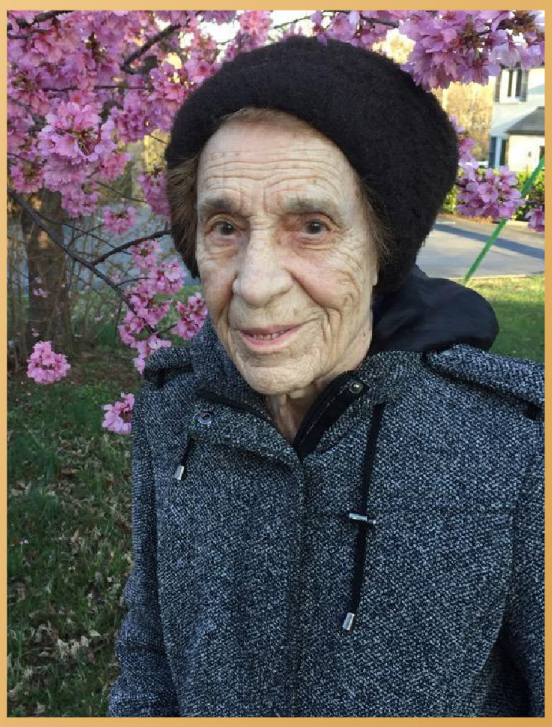
REMINDER: Per Prince George's Community College policy; ALL SAGE registration forms and payment must be submitted online, mailed, or delivered in person. Greenbelt can no longer accept registration forms or payment. Mail forms to: Cashier's Office, Prince George's Community College, 301 Largo Road, Largo, MD 20774.

Celebration of Centenarians

The City of Greenbelt would like to celebrate Greenbelt residents who have reached the milestone age of 100 years. If you would like to recognize your loved one or a friend, please contact Anne Oudemans.

The Centenarian will choose from a variety of options to celebrate their birthday! The City of Greenbelt will continue to promote senior services and appreciation throughout the year. Recognizing the diverse population, we will celebrate their experience and wisdom, provide activities that meet their needs, and we will continue to encourage seniors to age in place here in the City.

Contact: Anne Oudemans
(240) 542-2189 | aoudemans@greenbeltmd.gov



Pictured: Mame Ellis Photo by Marti Galvin

Aquatics & Fitness Programs

101 CENTERWAY, GREENBELT, MD 20770 ~ (301) 397-2204

ENJOY THE POOL THIS WINTER

Children 11 and under entering the pool must be within sight and accompanied by a responsible person 16 years of age or older in appropriate swim attire *(children 12 years of age and over are allowed to enter by themselves).*

Non-swimmers and all children age five (5) and under in the water must be directly supervised by a responsible person 16 years of age or older in appropriate swim attire.

IMPORTANT REMINDERS

- Hours for the Aquatic & Fitness Center are subject to change.
- All members are required to scan their pass to gain entry into the Aquatic & Fitness Center. Please see guidelines on becoming a member.
- Swimming must cease and pools must be vacated 15 minutes before the scheduled end of day for maintenance and closing procedures.
- Aquatic classes take precedence over recreational swimming. Patrons may use whatever sections of the pool are not being utilized by classes. A minimum of three (3) lap lanes are available at all times, except during indoor swim team practices when (1) open lap lanes is available.
- The hot tub closes at 1 pm every other Wednesday for regular cleaning.
- All passes are non-refundable and non-transferable.

Hours

Indoor Pool & Fitness Wing
Monday - Friday 6 am - 8:30 pm
Saturday 8 am - 7:30 pm
Sunday 9 am - 7:30 pm

Special Hours

Thanksgiving
Thursday, November 24: 8 am - 4 pm

Christmas Eve
Saturday, December 24: 8 am - 5 pm

Christmas Day
Sunday, December 25: 12 - 4 pm

New Year's Eve
Saturday, December 31: 8 am - 5 pm

New Year's Day
Sunday, January 1: 12 - 4 pm

Martin Luther King Jr. Day
Monday, January 16: Normal Hours

President's Day
Monday, February 20: Normal Hours

DAILY ADMISSION RATES

	Greenbelt Resident	Non-Resident
Youth	$3.00	$4.25
Young Adult	$4.00	$5.25
Adult	$5.00	$6.25
Senior	$3.75	$4.50

FEE CODES

PH: Passholder

RNPH: Resident, Non-Passholder

NRNP: Non-Resident, Non-Passholder

Memberships

GAFC REGISTRATION DATES

Youth Swim Lessons

Pre-Evaluation: December 17, 10 am - 12 pm
Saturday Session: January 7 - February 25
Passholders & Residents register: December 19
Open Registration: December 21

Adult Swim Lessons

Session 1: January 10 - February 2
Passholders & Residents register: December 19
Open Registration: December 21

Session 2: February 14 - March 9
Passholders & Residents register: February 6
Open Registration: February 8

Water Exercise Classes

Session 1: January 9 - February 2 *(No Class 1/16)*
Passholders & Residents register: December 19
Open Registration: December 21

Session 2: February 13 - March 9 *(No Class 2/20)*
Passholders & Residents register: February 6
Open Registration: February 8

9 MONTH MEMBERSHIPS:
Valid 9 months from date of purchase; excludes summer months.

	Resident	Non-Resident
Youth	$90	$202
Young Adult	$144	$253
Adult	$202	$306
Senior	$97	$216
Single Parent Family	$289	$506
Family	$408	$586

12 MONTH MEMBERSHIPS

	Resident	Non-Resident
Youth	$119	$256
Young Adult	$187	$321
Adult	$256	$386
Senior	$132	$270
Single Parent Family	$376	$642
Family	$529	$691
Corporate	$1063	$1063

Becoming a member is easy, just follow these steps:

- Stop by the Greenbelt Aquatic & Fitness Center front desk and ask to become a member.
- Staff will enter you into our computer system.
- Make payment.

If you are purchasing a Resident Membership, you will be required to provide proof of residency in the form of a state issued photo ID or current lease with a valid Greenbelt address. Without proof of residency at a valid Greenbelt address, you can only be issued a Non-Resident Membership at the Non-Resident Membership rate.

EXPLANATION OF MEMBERSHIP CATEGORIES

Youth Membership: 1 - 13 years of age

Young Adult Membership: 14 - 17 years of age

Adult Membership: 18 - 59 years of age

Senior Membership: 60 years of age and older

Single Parent Family Membership: One adult & single dependent, under the age of 21, residing permanently in same household.

Family Membership: Two adults & single dependents, under the age of 21, residing permanently in same household.

Residents: Those residing within the corporate limits of Greenbelt who pay City taxes and who are entitled to vote in City elections. (Greenbelt Road and 6999-7699 Hanover Parkway are not considered resident addresses.)

Non-Residents: Those residing outside the corporate limits of Greenbelt.

Youth Swim Lessons

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

AQUA TOTS I — AGES 6-24 MONTHS

Parents learn how to safely work with their child in the water, including how to appropriately support and hold their child in the water and how to prepare and encourage their child to participate fully and try the skills. Children receive an introduction to basic skills that lay a foundation for learning to swim. In addition, parents are introduced to several water safety topics. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

121116-A: Sa 8:15 - 8:45 am
8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

AQUA TOTS II — AGES 2-4

Parents and children improve on the skills from Aqua Tots I and learn more advanced skills. Water safety topics are also included in this level. Each child must be accompanied into the water by only one adult dressed in a bathing suit prepared to participate in class. Children who wear diapers are required to wear a swim diaper underneath a bathing suit.

121117-A: Sa 8:15 - 8:45 am
8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

BEGINNER I, PRESCHOOL — AGES 3-5

Become comfortable in the water. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

121118-A: Sa 9 - 9:30 am

121118-C: Sa 10:30 - 11 am

Saturday-8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

BEGINNER II, PRESCHOOL — AGES 3-5

Learn basic swimming skills. The preschool program is designed for young children who have not yet finished kindergarten but are able to perform independently; parent participation is not permitted. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

121119-B: Sa 9:45-10:15 am

121119-D: Sa 11:15-11:45 am

Saturday-8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

BEGINNER I — AGES 5-10

Become comfortable in the water. Students will learn to be comfortable in shallow and deep water and practice floating techniques. Proper leg and arm movements for strokes will be introduced.

131120-A: Sa 9 - 9:30 am

131120-B: Sa 9:45 - 10:15 am

131120-C: Sa 10:30 - 11 am

131120-D: Sa 11:15 - 11:45 am

Saturday-8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

BEGINNER II — AGES 5-12

Learn basic swimming skills. Class will be held in water over swimmers' heads. Students will learn proper body position and arm movements for front crawl, elementary backstroke and breaststroke. Back crawl, treading water, and breathing techniques will be introduced. Prerequisites: assisted float on front and back in deep water, streamline glide from wall on front and back, and object retrieval from bottom of pool with head submerged.

131121-A: Sa 9:00-9:30 am

131121-B: Sa 9:45-10:15 am

131121-C: Sa 10:30-11:00 am

131121-D: Sa 11:15-11:45 am

Saturday-8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

BEGINNER III — AGES 5-15

Improve basic swimming skills. Students will learn rhythmic breathing, proper kick for elementary backstroke and breaststroke, and treading water. Scissor kick and dolphin kick will be introduced. Prerequisites: 10 yards front crawl, 10 yards basic elementary backstroke, 5 yards basic breaststroke.

131122-A: Sa 9 - 9:30 am

131122-B: Sa 9:45 - 10:15 am

131122-C: Sa 10:30 - 11 am

131122-D: Sa 11:15 - 11:45 am

Satuday-8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

ADVANCED BEGINNER — AGES 5-15

Transition from basic swimming to more advanced swimming skills. Students will learn basic dives and improve front crawl, back crawl, elementary backstroke and breaststroke. Sidestroke, butterfly, and underwater swimming will be introduced. Prerequisites: 15 yards front crawl, 15 yards back crawl, 15 yards elementary backstroke, 10 yards breaststroke and 30 seconds treading water.

131123-A: Sa 9 - 9:30 am

131123-C: Sa 10:30 - 11 am

Saturday-8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

INTERMEDIATE — AGES 5-15

Learn distance swimming skills. Students will swim full lengths of the pool to improve front crawl, back crawl, breaststroke, sidestroke, and butterfly, and retrieve objects from the deep end. Flip turns and long shallow dives will be introduced. Prerequisites: 25 yards front crawl, 25 yards back crawl, 25 yards elementary backstroke, 15 yards breaststroke, and 1 minute treading water.

131124-B: Sa 9:45 - 10:15 am

131124-D: Sa 11:15 - 11:45 am

8 mtgs: 1/7 - 2/25
PH: $55, RNPH: $61, NRNPH: $68

Adult Swim Lessons

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

BEGINNER SWIM LESSONS — AGES 16+

"Learning the Basics" - Learn skills and concepts needed to stay safe in and around water while gaining basic aquatic skills and swimming strokes.

151192-1: Tu/Th 6:30 - 7:15 pm
8 mtgs: 1/10 - 2/2
PH: $60, RNPH: $68, NRNPH: $75

151192-2: Tu/Th 6:30 - 7:15 pm
8 mtgs: 2/14 - 3/9
PH: $60, RNPH: $68, NRNPH: $75

ADVANCED BEGINNER SWIM — AGES 16+

Designed to improve basic swimming skills. Students will learn proper breathing techniques for front crawl and breaststroke, and begin to learn more advanced strokes and treading water techniques. Prerequisites: Basic knowledge of front crawl, back crawl, and breaststroke, and ability to swim half a length of the pool and be fairly independent in deep water.

151193-1: Tu/Th 7:30 - 8:15 pm
8 mtgs: 1/10 - 2/2
PH: $60, RNPH: $68, NRNPH: $75

151193-2: Tu/Th 7:30 - 8:15 pm
8 mtgs: 2/14 - 3/9
PH: $60, RNPH: $68, NRNPH: $75

Water Exercise

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

AQUA MANIA — AGES 16+

If you're looking to get crazy and let all your worries go, then this is the class for you. You will keep moving and never stop. A moderate to vigorous aqua workout that includes cardiovascular, toning and stretching exercises for any ability level.

151173-A1: Tu/Th 6:15 - 7:15 am
8 mtgs: 1/10 - 2/2
PH: $55, RNPH: $60, NRNPH: $65

151173-A2: Tu/Th 6:15 - 7:15 am
8 mtgs: 2/14 - 3/9
PH: $55, RNPH: $60, NRNPH: $65

AQUA FITNESS — AGES 16+

A non-impact exercise class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants will be use of spa/water bells which are provided for the class.

151174-A1: M/W 6 - 6:45 pm
7 mtgs: 1/9 - 2/1 *(No class 1/16)*
PH: $48, RNPH: $53, NRNPH: $58

151174-A2: M/W 6 - 6:45 pm
7 mtgs: 2/13 - 3/8 *(No class 2/20)*
PH: $48, RNPH: $53, NRNPH: $58

DEEP WATER AEROBICS — AGES 16+

A non-impact class designed to improve cardiovascular endurance. The class uses a variety of water movements to increase tone and definition of upper and lower body. Participants can use a floatation belt.

151170-A1: Tu/Th 6 - 6:45 pm
8 mtgs: 1/10 - 2/2
PH: $48, RNPH: $53, NRNPH: $58

151170-A2: Tu/Th 6 - 6:45 pm
8 mtgs: 2/14 - 3/9
PH: $48, RNPH: $53, NRNPH: $58

First Aid / CPR / AED & Lifeguarding

Contact: Greenbelt Aquatic & Fitness Center
(301) 397-2204

FIRST AID / CPR / AED — AGES 13+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

Learn to recognize and respond appropriately to cardiac, breathing, and first aid emergencies in adults, children, and infants. This course teaches skills, including CPR and the use of an AED, that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over.

This class follows the Blended Learning format which combines online learning with an in-person skills session where participants will practice skills and demonstrate competency. Due to the online portion of this class, registration closes one week prior to start date. Class prices below include the $40 certification fee charge for the American Red Cross online portion of the class.

When registered you will receive a link to the American Red Cross Learning Center to do the online portion of the course. Once completed, you will be issued a certificate which you will need to bring to class. Participants MUST complete the online session of the training two (2) days prior to the classroom skills session.

157177-1: F 1/13, 6 - 8 pm / GAFC

157177-2: F 2/10, 6 - 8 pm / GAFC

PH: $60, RNPH: $68, NRNPH: $75

LIFEGUARDING PRE-TEST AGES 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification.

In order to qualify for the Lifeguarding class participants must complete all of the following: -Swim 300 yards continuously demonstrating breath control and rhythmic breathing -Tread water for 2 minutes using only the legs -Complete a timed event within 1 minute, 40 seconds (Starting in the water, swim 20 yards, Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10-pound object, Surface and swim 20 yards on back with both hands holding object, Exit the water without using a ladder or steps). Participants may drop in at any time during the scheduled times to complete the 10 to 20-minute test. Swimsuits are required.

157180-A: F 12/9: 11 am - 5 pm

157180-1: SA 12/10: 12 pm - 3:30 pm

157180-B: F 12/16: 11 am - 5 pm

157180-2: SA 12/17: 12 pm - 3:30 pm

157180-C: F 1/6: 11 am - 5 pm

157180-3: SA 1/7: 12 pm - 3 pm

PH: $5, RNPH: $5, NRNPH: $5

LIFEGUARDING AGES 15+

All classes will be led by an American Red Cross certified instructor. Participants must attend and participate in all course sessions, demonstrate competency in all required skills, and pass each section of the written exam with a score of 80 percent or better in order to receive certification. The Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED and more.

This blended course combines award-winning, engaging and interactive online simulation learning plus an in-person classroom session to learn and practice critical lifesaving skills for certification.

IMPORTANT! You must complete the online portion of this course prior to attending your in-person skills session, and provide proof of completion to your instructor.

You can access the online portion using the link, provided by the GAFC at time of registration, where you will be asked to create an account. You may register at http://redcrosslearning.com/auth/ login. Once completed, you will be issued a certificate which you will need to bring to class. Participants MUST complete the online session of the training prior to the classroom skills session, and bring proof to the class. Participants must pass Lifeguarding Pre-Test prior to registering.

157181-A: Sa / Su 9 am - 5 pm
2 mtgs: 1/14 - 1/15
PH: $160, RNPH: $176, NRNPH: $200

Registration Procedures

Registration forms will be accepted beginning on the registration dates listed below.

To provide equal opportunity to all registrants, **EARLY in-person, email, fax or mail in registrations WILL NOT BE ACCEPTED.**

Resident Registration
begins at 10 am on November 28, 2022
Non-Resident Registration
begins at 10 am on December 5 , 2022

Payments are accepted in the form of check, money order, and credit card.

ONLINE REGISTRATION

• Register online with RecLink.
Online registration is available beginning at 10 am on the registration dates (Greenbelt residents, November 28; non-residents, December 5).

• If you have registered for Greenbelt Recreation classes before but are new to RecLink, please contact Carrie Hannigan: channigan@greenbeltmd.gov or Cathy Pracht: cpracht@greenbeltmd.gov.

• If you are not a current Greenbelt Recreation customer, please call (301) 397-2208 or (301) 397-2200 to request an account. Please see information about residency below.

EMAIL & FAX REGISTRATION

• Fax and email registration will be accepted after 10 am on the registration dates.

• Community Center, channigan@greenbeltmd.gov, fax: (301) 220-0561

• Youth Center, cpracht@greenbeltmd.gov

MAIL-IN REGISTRATION

• Mail-in registration will be accepted beginning on the registration dates.

• Greenbelt Recreation, 25 Crescent Road, Greenbelt, Maryland 20770

CITY RESIDENCY

Resident rates apply to those persons who reside in, pay taxes to and are eligible to vote in Greenbelt elections (if 16 years of age or older). Non-resident rates apply to those who live outside of Greenbelt or those who have a Greenbelt mailing address but do not pay taxes to the City. When registering for a class or conducting business as a Greenbelt resident, proof is required in the form of a state issued photo ID or current lease with a valid Greenbelt address.

CLASS CANCELLATIONS

Classes will not be held on the following dates:
New Year's Holiday - January 1 & 2
Martin Luther King Kr. Day - January 17
President's Day - February 21
Please reference the individual course description for other scheduled class cancellations. If an individual class meeting is canceled, a make-up will be held at the end of the regularly scheduled course when possible. Pre-school and children's classes scheduled before 5 pm will not meet on **some P.G. County school holidays**. When Prince George's County Schools are closed or delayed due to inclement weather or emergency, please call Greenbelt Recreation's Weather & Information Hotline at (301) 474-0646 for updated class information.

CREDITS/REFUNDS

If an activity is cancelled by Greenbelt Recreation, all enrolled patrons will receive a full credit or refund according to their preference. Under any other circumstances, the availability of a household credit or refund is not guaranteed regardless of the timing of the request. In order to be considered, requests must be received before 1/3 of the program in question has elapsed. Credit/refund request forms are available at the Community Center and Youth Center business offices. Approved credits and refunds are subject to a 10% (minimum $2.50) processing fee and will be pro-rated to reflect the number of meetings which have transpired.

COURSE FEES

Please refer to the individual course description for current fees and pricing. A 10% discount will be given to any senior citizen 60 years of age or over registering for adult courses, with the exception of those courses designed specifically for senior citizens.

FINANCIAL ASSISTANCE

Financial assistance is available to qualified Greenbelt residents. An application and supporting documentation are required. Prior to registration, please call (301) 397-2208 or email us at recreationfinancialassistance@greenbeltmd.gov for additional information.

INCLUSION

Greenbelt Recreation offers full and active participation for individuals with disabilities. We provide individuals with reasonable accommodations that will enhance their recreation experience. We help provide social, physical, educational, and cultural development for all individuals of all abilities.

Please contact Anne Oudemans by email at aoudemans@greenbeltmd.gov or phone (240) 542-2189 to make arrangements.

CLASS SCHEDULE

Classes will begin on or after the week of January 2, 2022. Please see the course descriptions for exceptions and specific information pertaining to class meeting dates.

LOCATION CODE

BAP - Buddy Attick Park

BF – Braden Field

BFTC - Braden Field Tennis Courts

CC - Greenbelt Community Center

CC-DSLAWN - Greenbelt Community Center Dance Garden

CC-GFE – Greenbelt Community Center Ground Floor East

GAFC - Greenbelt Aquatic & Fitness Center

GES – Greenbelt Elementary School

GRHS – Green Ridge House

SHLES - Springhill Lake Elementary School

SHLRC - Springhill Lake Recreation Center

SHP - Schrom Hills Park

YC - Greenbelt Youth Center

WEATHER & INFORMATION HOTLINE

(301) 474-0646

Call the weather and information hotline for updates on classes, programs and activities when there is inclement weather or another emergency.

Greenbelt Recreation Activity Registration Form:

Adult Participant or Parent/Guardian _____ Preferred Name _____

Address _____ ☐ **Please check here if this is a new address**

City _____ State _____ Zip _____

Phone: (day) _____ (eve) _____ E-Mail _____

Receipts are sent via e-mail whenever possible.

Emergency Contact: _____ Emergency Phone: _____

Do you need any special accommodations for any of the individuals listed below? YES ☐ NO ☐.
If yes, please explain below and complete a Special Assistance Request form provided by Greenbelt Recreation or located at www.greenbeltmd.gov/recreation/special_assistance.

Participant's Name/ Preferred Name	Gender	Date of Birth	Activity Registration #	Activity Name	Activity Fee
Please make checks payable to: ***City of Greenbelt***				**TOTAL**	

☐ **Please charge my (please circle): VISA ☐ MC ☐ AM EX ☐ DIS ☐**

Expiration Date: _____/_____ Credit Card Number: _____-_____-_____-_____ CVV#: _____

Signature:_____ Date: _____

INSURANCE: I hereby inform the City of Greenbelt and Greenbelt Recreation that I will assume any and all medical insurance coverage for the above named participant(s), and that said coverage shall be adequate to cover any and all possible accidents, illnesses or injuries to the above named participant(s) received during any phase of this program.
RELEASE: I hereby release and agree to hold harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from any act of commission or omission which may result in any personal injury, illness or property damage arising out of the above named participant's participation in this program. I further agree to save harmless the City of Greenbelt and Greenbelt Recreation, its employees, volunteers, coaches and other participants from all losses, costs and expenses (including attorney's fees and court costs), settlement payment (whether or not reduced final judgment) and all liabilities, damages and fines paid, incurred, or suffered by the City of Greenbelt and Greenbelt Recreation by reason of, or arising out of illnesses or injuries to persons (including death) or property damage caused by or attributed to the above named participant's participation in this program.
PHOTO/VIDEO RELEASE: Unless otherwise indicated in writing by participant or parent/guardian at the time of registration, photographs of participants may be taken while participating in the program activities for use in City of Greenbelt publications, social media or other advertising venues. In the case of minors, no personal information other than the participant's first name will be released. Online classes will be recorded for use by staff and registered participants.
CODE OF CONDUCT: I agree that I and/or the minors for whom I am responsible will abide by the Greenbelt Recreation Code of Conduct, online class policies, and all applicable facility rules.

X_____ **X**_____

Adult Participant or Guardian's Signature Date Additional Adult Participant's Signature Date

If more than one adult in the same household is signing up for an activity, both must sign the waiver.

GREENBELT CITY COUNCIL

Emmett V. Jordan, Mayor
Kristen K.L. Weaver, Mayor Pro-Tem
Colin Byrd
Brandon "Ric" Gordon
Judith "J" Davis
Silke I. Pope
Rodney M. Roberts

ACTING CITY MANAGER

Tim George

GREENBELT CITY COUNCIL ADVISORY GROUPS

Contact: Bonita Anderson, *City Clerk*
(301) 474-3870

Boards affiliated with Greenbelt Recreation include:
Arts Advisory Board
Senior Citizens Advisory Committee
Park and Recreation Advisory Board
Youth Advisory Committee

GREENBELT RECREATION
fun • fitness • friendship

Administrative Offices
99 Centerway, (301) 397-2200

Greg Varda, *CPRP, Recreation Director*

Anne Oudemans, *CPRP, Assistant Director of Programs*

Andrew Phelan, *CPRP, Assistant Director of Facilities and Operations*

Cathy Pracht, *Administrative Coordinator*

Caroline Soter, *Administrative Assistant II*

Youth Center
99 Centerway, (301) 397-2200

LaToya Fisher, *Recreation Program Supervisor*

AJ Sesay, *Recreation Coordinator*

Greenbelt Aquatic & Fitness Center
101 Centerway, (301) 397-2204

Stephen Parks, *AFO, Aquatics Supervisor*

Cynthia Brown, *AFO, Aquatics Coordinator*

Trevin Green, *Aquatics Coordinator*

Patrick Mullen, *Administrative Assistant*

Schrom Hills Park
6915 Hanover Parkway, (301) 397-2200

Greenbelt Community Center
15 Crescent Road, (301) 397-2208

Di Quynn Reno, *CPRP, Community Center Supervisor*

Vernique Robinson, *Community Center Coordinator*

Ruth Campbell, *Administrative Assistant*

Carrie Hannigan, *Administrative Assistant*

Arts Programs
15 Crescent Road, (240) 542-2057

Nicole DeWald, *Arts Supervisor*

Chris Cherry, *Performing Arts Program Coordinator II*

Amanda Demos Larsen, *Visual Arts Coordinator*

Therapeutic Recreation
Senior & Inclusion Programs
15 Crescent Road, (240) 542-2189

Anne Oudemans *CPRP, Assistant Director of Programs*

Springhill Lake Recreation Center
6101 Cherrywood Lane, (301) 397-2212

Brian Butler, *Recreation Coordinator II*

Frank Jones, III, *Recreation Coordinator II*

Clubs and Contacts

alight dance theater
www.alightdancetheater.org

Astronomical Society of Greenbelt
Cleton Henry, (301) 385-2978

Boy Scout Troop 746
Lenny Wertz, (301) 864-0254

Boys to Men Mentoring Network of Greater Washington
Walter Augustine
waugustine@eicorp.net

Center for Dynamic Community Governance, Inc
Aileen Kroll, (202) 644-1129

Chesapeake Education, Arts and Research Society (CHEARS)
Maggie Cahalan, (301) 642-4851
maggie@chears.org www.chears.org

County Informational & Referral Services for the Aging
(301) 265-8450

Cub Scout Pack 202
Candice Shipp, (301)775-5152
GreenbeltCubScoutsPack202@yahoo.com

Eleanor and Franklin Roosevelt Democratic Club
www.rooseveltclub.com

Friends of the Greenbelt Library
Annie Shaw, President
(301) 275-9870

Friends of the Greenbelt Museum
Megan Searing-Young
(301) 507-6582

Friends of Greenbelt Theatre
Caitlin McGrath, (301) 329-2034
hello@greenbelttheatre.org

Friends of New Deal Café Arts
Meg Haney,
Haney.Meghan@gmail.com

The GEMZ
Adeola Ariyo,
adeola@makemeagem.org
(301) 437-8828

Greenbelt Access Television (GATe)
Phoebe McFarb, (301) 507-6581

Greenbelt American Legion Post 136
(301) 345-0136

Greenbelt Animal Shelter
(240) 508-7533

Greenbelt Arts Center
(301) 441-8770
www.greenbeltartscenter.org

Greenbelt Association for the Visual Arts
Ingrid Cowan Hass,
ingridcowanhass@larkov.de

Greenbelt Babe Ruth Baseball
Ian Gleason, (240) 305-7458
ianerhs@terpmail.umd.edu

Greenbelt Black History and Culture Committee
Co-Chairs: Dr. Lois Rosado &
Ms. Leann Irwin
blackhistoryandculturegb@gmail.com

Greenbelt Boys & Girls Club
www.greenbeltbgc.org

Greenbelt Branch, P. G. County Library
(301) 345-5800

Greenbelt CARES
(301) 345-6660

Greenbelt CERT (Citizen Emergency Response Team)
Ken Theodos, greenbeltcert@gmail.com

Greenbelt Community Foundation
greenbeltcommunityfoundation@gmail.com
(240) 745-4641

Greenbelt Concert Band, Brass Choir and Wind Ensemble
Eli Zimet, zimete@verizon.net
(301) 977-2312

Greenbelt Connection
(301) 474-4100

Greenbelt Dog Park Assoc
Kris White, KRSWHT@yahoo.com
(301) 848-0914

Greenbelt Farmers Market
info@greenbeltfarmersmarket.org

Greenbelt Girl Scouts
Lori Davis, www.gscnc.org
1-800-834-1702

Greenbelt Golden Age Club
greenbeltgoldenageclub@gmail.com

Greenbelt Homeschoolers
L'il Dan, dceldran@hotmail.com
(240) 645-3768

Greenbelt Intergenerational Volunteer Exchange Service (GIVES)
Carol Drees, cardre@msn.com
(301) 982-0137

Greenbelt Labor Day Festival Committee
Linda Ivy, (301) 675-0585

Greenbelt Lions Club
Harvey Hauptman, (301) 908-5582

Greenbelt Mamas and Papas
Denna Lambert, (301) 801-6075

Greenbelt Municipal Swim Team
www.greenbeltswimteam.com

Greenbelt Museum
(301) 507-6582 or (301) 474-1936

Greenbelt National Park and Campground
(301) 344-3948

Greenbelt Pottery Group
Debra Suarez
class/studio info - (240) 542-2060
debra.suarez@gmail.com

Greenbelt Rotary Club
Louis Pope (301) 441-1100

Greenbelt Senior Softball
Misty Walker McGill, (240) 444-3261
franny9181@icloud.com

Greenbelt Soccer Alliance
Erik Blaufuss, blaufuss@gmail.com
(301) 318-4485
www.greenbeltsoccer.org

Greenbelt Tennis Association
Valerie Pierce, valpierce@verizon.net
(301) 802-4336

Greenbelt Toastmasters
www.greenbelt.toastmastersclubs.org
(240) 542-8625

Greenbelt Volksmarchers
Yvonne Pennington, (301) 431-6668

Greenbelt Writers Group
Barbara Ford, (301) 441-8241

Greenbelt Youth Baseball
Greenbeltyouthbaseball.siplay.com

Greenbelt Youth Double Dutch Sity Stars
Kim Bradshaw, (301) 503-6962

Greenbriar Community Center
(301) 441-1096

Green Ridge House
(301) 474-7595

Hunting Ridge Condominiums
(301) 345-1777

Maryland-National Capital Park and Planning Commission
(301) 699-2255

Miss Greenbelt Scholarship Organization
Devin Fendlay, (240) 838-9996
devinfendlay@hotmail.com

Patuxent Widowed Persons Service
(301) 474-6892

Prince George's County 4-H Youth Development
Jenna Jones, (301) 868-9366

Potomac Pedalers Touring Club
Bill Clarke, (301) 474-7280

Transit Riders United of Greenbelt (Tru-G)
Stephen Holland, (240) 485-4793

Well-Wishers for the Animals of the Greenbelt Shelter (WAGS)
Michele Touchet, (301) 602-8502

Windsor Green Community Center
(301) 345-4837