

October 2018 Prince George's Nutrition Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1) Potato Crusted Fish Macaroni & Cheese Herbed Green Beans Dinner Roll w/Marg Sliced Peaches Orange Juice Milk</p>	<p>2) Baked Chicken Breast w/Gravy Lima Beans Country Vegetables Wheat Roll w/Marg Tropical Fruit Apple Juice Milk</p>	<p>3) Stuffed Shells w/Meat Sauce Kale Pear Crisp Italian Bread w/Marg Grape Juice Milk</p>	<p>4) Sliced Turkey w/Gravy Whipped Potatoes Sliced Carrots Biscuit w/Marg Pineapple Tidbits Cranberry Juice Milk</p>	<p>5) Swedish Meatballs Buttered Herb Penne Broccoli Wheat Bread w/Marg Fresh Fruit Apple Juice Milk</p>
<p>8) Holiday All sites closed</p>	<p>9) Sloppy Joe Battered Fries Peach Crisp Coleslaw Wheat Hamburger Bun Grape Juice Milk</p>	<p>10) Chicken Cacciatore Braised Lentils Broccoli Wheat Bread w/Marg Pineapple Tidbits Apple Juice Milk</p>	<p>11) Pork Roast w/Apricot Mustard Sauce Scalloped Potatoes Green Peas Wheat Roll w/Marg Fresh Fruit Orange Juice Milk</p>	<p>12) SOUP: Navy Bean Soup Creamy Tikka Chicken Parslied Rice Garlic Parmesan Cauliflower Naan Bread Mandarin Oranges Apple Juice Milk</p>
<p>15) Meatloaf w/Gravy Buttermilk Potatoes Brussels Sprouts Wheat Bread w/Marg Fresh Fruit Apple Juice Milk</p>	<p>16) Glazed Ham Macaroni & Cheese Spinach Dinner Roll w/Marg Mandarin Oranges Cranberry Juice Milk</p>	<p>17) Hamburger Sliced Cheese Baked Beans Apple Raisin Compote Carrot Raisin Salad Wheat Hamburger Bun Ketchup Orange Juice Milk</p>	<p>18) Cranberry Dijon Chicken Rosemary Potatoes Cabbage Wheat Roll w/Marg Pineapple Tidbits Grape Juice Milk</p>	<p>19) Stuffed Salmon w/Newburg Sauce Confetti Rice Mixed Vegetables Wheat Bread w/Marg Fluffy Fruit Salad Orange Juice Milk</p>
<p>22) Turkey Meatballs w/Sweet & Sour Sauce Garden Medley Rice California Blend Vegetables Wheat Roll w/Marg Fresh Fruit Cranberry Juice, Milk</p>	<p>23) SOUP: Corn Chowder Beef Spaghetti Sauce w/Whole Grain Penne Pasta Green Beans Cherry Crisp Italian Bread w/Marg Orange Juice Milk</p>	<p>24) Baked Chicken Thigh Black Eyed Peas Cabbage Wheat Bread w/Marg Tropical Fruit Apple Juice Milk</p>	<p>25) 10 Grain Pollock Crispy Cubed Potatoes Harvard Beets Dinner Roll w/Marg Tartar Sauce Fresh Fruit Orange Juice Milk</p>	<p>26) Pork Roast w/Gravy Mashed Spiced Yams Green Peas Wheat Roll w/Marg Applesauce Cranberry Juice Milk</p>
<p>29) Beef w/Peppers & Onions Lima Beans Stewed Tomatoes Wheat Roll w/Marg Fresh Fruit Orange Juice Milk</p>	<p>30) Brunswick Chicken Stew Whipped Potatoes Spinach Saltine Crackers w/Marg Tropical Fruit Apple Juice Milk</p>	<p>31) Italian Turkey Sausage w/Sauerkraut Crispy Cubed Potatoes Hot Spiced Apples Coleslaw Wheat Hot Dog Bun w/Mustard Cookie Grape Juice & Milk</p>		