



CITIZENS GUIDE TO PREPARATION AND RESPONSE TO TERRORIST THREAT

Preparation and Response

One of the first steps to take when preparing for an emergency is to make a family plan. You must realize that a fire is considered a disaster for your family and as such the family plan should address this. With this in mind you should plan two emergency family meeting places. The first should be somewhere just outside your house where your family can safely meet in the case of a house fire. The second should be outside your neighborhood in case you can't return home or are evacuated. Ask an out-of-state friend or family member to be your "family contact". Make sure all family members have this person's name and telephone number. After a disaster, it's often easier to call long distance. Each family member should call this person to tell them where they are. A sudden emergency involving chemicals, or hazardous materials, can force emergency officials to ask you to take immediate action to protect yourselves and your families. You may be asked to shelter in place, prepare to evacuate or to evacuate. Here's what to do:

What to do in Case of a Chemical Emergency

- **Stay Calm**
- **If you are outdoors in the vicinity of a chemical incident, leave the immediate area, moving at least two miles away from the site of the release.**
- **If you are in your residence, turn on your radio to an Emergency Alerting System (EAS) station for information and directions.**
- **Stay off the telephone. The lines may be needed for official business.**
- **Emergency Activation Radio Stations**
 - **WMAL 630 AM · WTOP 1500 AM · WWRC 1260 AM · WKYS 93.9 FM**

Shelter in Place:

Shelter-in-Place is one way to protect yourself. If you are told to

Shelter-in-Place, do the following:

- 1. Immediately go inside. Bring pets inside also.**
- 2. Close and lock all windows and doors. Stay calm. Stay off the telephone.**
- 3. Turn off heating and cooling systems.**
- 4. Go to an interior room with no or few windows. Seal all openings into the room with plastic sheeting and tape.**
- 5. Turn on a radio to a local EAS station for information and directions. Stay tuned to the station until you are given instructions that the emergency is over.**
- 6. If told to protect breathing, cover your nose and mouth with a wet cloth, if possible.**
- 7. After the emergency is over, you will be instructed to air out your house.**

Prepare to Evacuate:

You may be told to Prepare-to-Evacuate. When informed of this, you should do the following:

- 1. Stay calm. Stay off the telephone.**
- 2. Turn on your radio or television to the local EAS station for emergency instructions.**
- 3. Pack only what you need. Gather critical medicines, appropriate clothing for the weather conditions, portable radio, flashlight, and spare batteries, check book, credit cards, and other essential items.**
- 4. Lock your house.**
- 5. If you have children in school, they will be taken to a reception center for the school. You may pick them up after the all clear.**
- 6. PETS ARE NOT PERMITTED IN SHELTERS. Special pet shelter accommodations will be made available.**
- 7. You may return home as soon as the emergency is declared over, and have been instructed to return.**

Evacuation:

Evacuating means leaving the area that is affected by the potential hazard. Sometimes a chemical accident, such as an overturned tanker truck, will force people from their homes for health and safety reasons. If you are asked to evacuate, here's what to do:

- Remain calm.**
 - Listen carefully to the instructions you are given and be sure you are in an area that is being evacuated.**
 - If told to evacuate, do so!**
 - Do not use the phone except to dial 911 in a life-threatening situation.**
 - Take your Disaster Supply Kit with you.**
 - DO NOT go to your children's school. If they are in the evacuation area they will be taken care of. They will probably be gone by the time you get there.**
 - Close and lock windows and doors.**
 - Turn off all fans, heating and cooling units.**
 - Bring pets indoors and leave food and water for them.**
- Remember, pets ARE NOT allowed in emergency shelters!**
- Keep vehicle windows and vents closed while evacuating.**
 - Follow instructions of emergency personnel along evacuation routes.**
 - Stay tuned to radio and television for further instructions from emergency officials.**